## **Cover Page for the Data Analysis Plan**

Official Title:	Mobile health (mHealth) application called CBCT Sessions to Treat and Reduce Elevated Stress among Students (C-STRESS)
NCT Number:	NCT05776901
Document Type:	Data Analysis Plan
Document Date:	08/09/2023

## **C-STRESS Statistical Analysis Plan**

The primary outcome will be C-STRESS's usability as reflected in usability scores and measured by the System Usability Scale (SUS). Descriptive statistics (i.e., mean and standard deviation) of the usability scores of the C-STRESS platform at the baseline, week 3, and week 6 will be computed. Two-sided, paired-sample t-tests will be used to evaluate the change in mean SUS scores from baseline at week 3 and week 6.