

Figure 1. Design of lifestyle intervention with physical activity and diet.

Date: 12 of April 2024.

Precision health (grey)

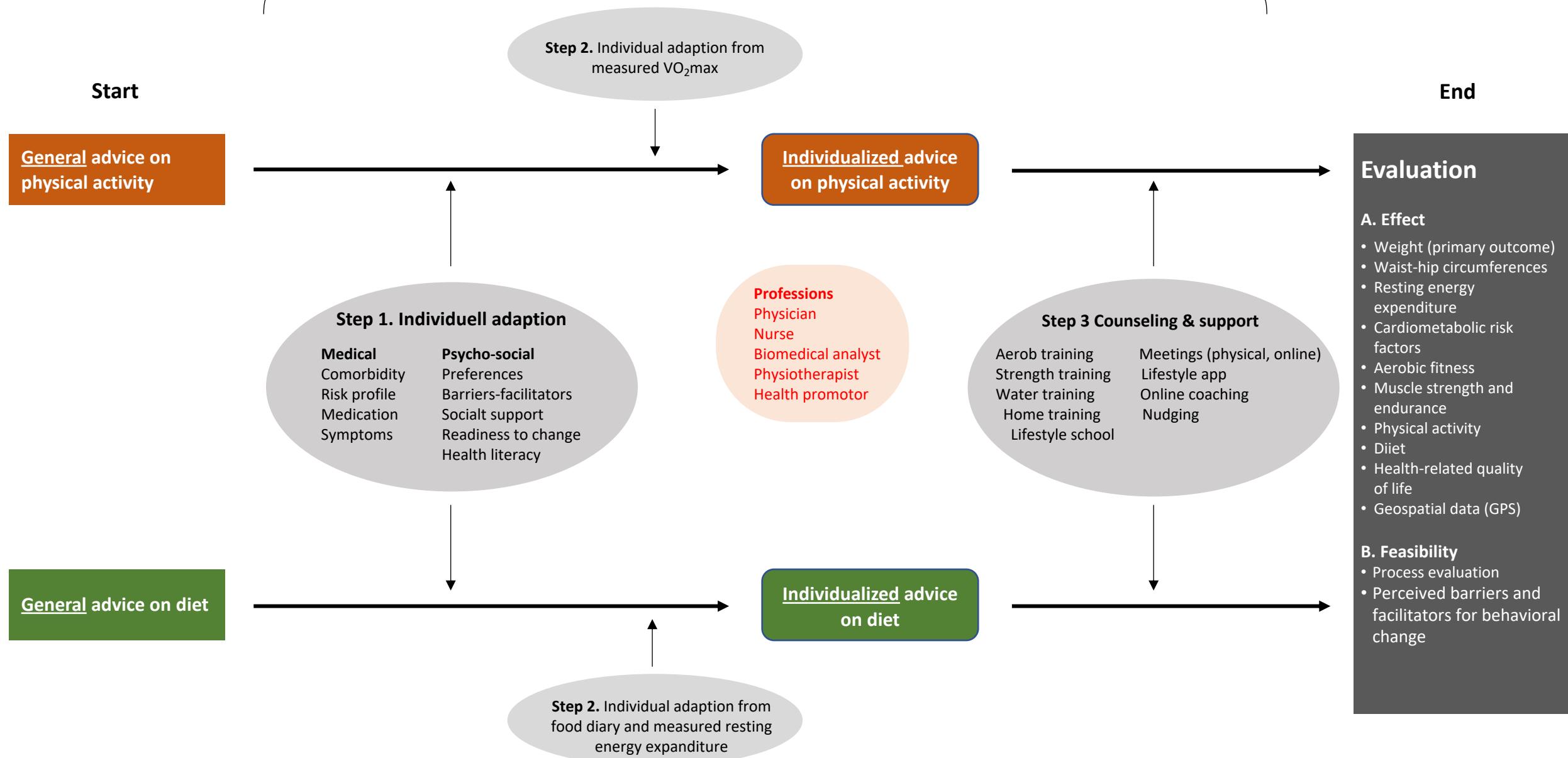


Figure 2. Design of randomized controlled trial, with measurements and time plan.

Date: 12 of April 2024

