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**INTERMITTENT EXOTROPIA STUDY 1
(IXT1)**

**A Randomized Trial of Bilateral Lateral
Rectus Recession versus Unilateral Lateral
Rectus Recession with Medial Rectus
Resection for Intermittent Exotropia**

PROTOCOL

**Version 5.0
June 21, 2017**

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INTERMITTENT EXOTROPIA STUDY 1 (IXT1)
**A Randomized Trial of Bilateral Lateral Rectus Recession versus Unilateral Lateral Rectus
Recession with Medial Rectus Resection for Intermittent Exotropia**

PROTOCOL AMENDMENT IV (6-21-17)

This amendment applies to subjects participating in the optional extension study from >3 years to 8 years after randomization, which is described in Protocol Amendment II.

Protocol Change #1

Current Protocol (Protocol Amendment III 6-18-15)

Symptoms of diplopia are not assessed in the current version of the protocol.

Proposed Change

To assess symptoms of diplopia by asking subjects to complete the Diplopia Questionnaire at the 8-year visit.

Rationale for Change

Diplopia (double vision) is an important long-term outcome following surgery for strabismus and may be an adverse effect of either or both the surgical approaches used in the study. We proposed to collect standardized data to determine the frequency of this potential adverse effect and whether it differs between treatment groups. The Diplopia Questionnaire¹ is a validated, reliable 8-item self-administered questionnaire designed to assess the presence and frequency of diplopia in specific gaze positions.

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INTERMITTENT EXOTROPIA STUDY 1 (IXT1)
A Randomized Trial of Bilateral Lateral Rectus Recession versus Unilateral Lateral Rectus
Recession with Medial Rectus Resection for Intermittent Exotropia

PROTOCOL AMENDMENT III (6-18-15)

This amendment applies to subjects participating in the optional extension study described in Protocol Amendment II.

Protocol Change #1

Current Protocol (Protocol Amendment II 2-10-15)

In the additional 5 years of follow up provided for by Protocol Amendment II (>3 years to 8 years after randomization), the study will cover the costs of each annual visit because they include testing procedures that are not standard care in all practices. Any other visits that are part of routine care will be the subject's (or his/her insurance companies) responsibility.

Proposed Change

In the additional 5 years of follow up provided for by Protocol Amendment II (>3 years to 8 years after randomization), the study will pay for visits specific to the research study, but will not pay for usual care visits that would occur whether or not the child was in the study. The cost of usual care visits will be the parent(s) or their insurance company's responsibility.

Rationale for Change

Some visits will be needed as part of normal care; while some will be research related. The investigator will determine whether each annual visit is considered routine patient care or specific to the research study.

86 **INTERMITTENT EXOTROPIA STUDY 1 (IXT1)**
87 **A Randomized Trial of Bilateral Lateral Rectus Recession versus Unilateral Lateral Rectus**
88 **Recession with Medial Rectus Resection for Intermittent Exotropia**
89

90 **PROTOCOL AMENDMENT II (2-10-15)**
91

92 This optional amendment provides for study subjects to have an additional five years of follow
93 up after the 3-year primary outcome (>3 years to 8 years from randomization).
94

95 **Objective**

96 To compare long-term outcomes between subjects originally treated with bilateral lateral rectus
97 muscle recession versus unilateral lateral rectus recession with medial rectus resection for the
98 treatment of basic type and pseudo divergence excess type intermittent exotropia.
99

100 **Protocol Specified Follow-up Visits**

101 Visits will occur at 4, 5, 6, 7, and 8 years (± 2 months) from randomization. Additional follow-up
102 visits are at investigator discretion.
103

104 **Study Procedures and Data Collection**

105 The following testing procedures will be performed in the following order:*

- 106
- 107 1. Health-Related Quality of Life Questionnaire (*8-year visit only*)
 - 108 2. Diplopia Questionnaire (*8-year visit only*)
 - 109 3. Visual acuity
 - 110 • Testing will be performed using the electronic E-ETDRS testing protocol
 - 111 • Testing must be performed in current refractive correction, if worn.
 - 112 • If prism is currently prescribed, visual acuity testing should be performed *with* prism.
 - 113 • If deliberate overminus** is currently prescribed, visual acuity testing should be
114 performed *with* the overminus correction.
 - 115 • If visual acuity is 20/32 or worse (75 letters or less) in either eye, a manifest refraction
116 must be performed. If the examiner believes that the patient's current correction is not
117 optimal, trial frames with new correction should be used for all testing at the visit. This
118 includes testing visual acuity again, with the patient wearing trial frames.
 - 119 4. Control of exodeviation assessment at distance and near #1:
 - 120 • Testing must be performed in current refractive correction.
 - 121 • If prism is currently prescribed, testing should be performed *without* prism.
 - 122 • If deliberate overminus** is currently prescribed, testing should be performed in trial
123 frames *without* the overminus component of the prescription.
 - 124 5. Preschool Randot stereoacuity testing at near (performed at 40 cm)
 - 125 • Testing must be performed in current refractive correction.
 - 126 • If prism is currently prescribed, stereoacuity testing should be performed *with* prism.
 - 127 • If deliberate overminus** is currently prescribed, stereoacuity testing should be
128 performed *with* the overminus correction.
 - 129 • Stereoacuity is tested immediately following the first assessment of control of the
130 exodeviation; no 10-minute break is needed.
 - 131 6. Ocular alignment testing in prism or deliberate overminus (*for patients currently prescribed
132 prism or deliberate overminus*)

- 133 • Measure ocular alignment at near only, in the primary position using cover/uncover,
134 SPCT and PACT
135 • This testing should be performed *with* prism or deliberate overminus (as applicable).
136 7. Control of exodeviation assessment at distance and near #2 (repeat) (*see item #2*)
137 • The second control testing is performed immediately after the previous testing—it does
138 not need to be performed before dissociative testing and no 10-minute break is needed.
139 • The same examiner should assess IXT control each of the three different times that
140 control is assessed during the annual study visit.
141 8. Ocular alignment in the primary position using cover/uncover, SPCT and PACT at distance
142 and near
143 • Testing must be performed in current refractive correction.
144 • If prism is currently prescribed, ocular alignment testing should be performed *without*
145 prism.
146 • If deliberate overminus** is currently prescribed, ocular alignment testing should be
147 performed in trial frames *without* the overminus component of the prescription.
148 9. Control of exodeviation assessment at distance and near #3 (repeat) (*see item #2*)
149 • The third control testing is to be performed immediately after the previous testing—it
150 does not need to be performed before dissociative testing and no 10-minute break is
151 needed.
152 • The same examiner should assess IXT control each of the three different times that
153 control is assessed during the annual study visit.
154 10. Cycloplegic refraction (*7-year visit only*)
155 • If the current correction at the 7-year visit is not optimal based on the cycloplegic
156 refraction, new spectacles should be prescribed.

157
158 *Testing procedures are performed as described in section 2.5 *unless otherwise specified above*.

159
160 **Deliberate overminus lenses = lenses that yield > 0.50 D *more minus* spherical equivalent (SE)
161 than the refraction SE.

162
163 All testing procedures are assessed unmasked.

164
165 At each annual visit, data on treatments used or prescribed, current refractive correction, and the
166 last refraction will be recorded.

167 **Treatment**

168
169 Treatment in the extension study is at investigator discretion, including non-surgical treatment
170 and reoperation.

171 **Costs**

172
173 The parent/guardian of each subject will be compensated \$50 per visit for completion of each
174 annual protocol-specified follow-up visit (4-, 5-, 6-, 7-, and 8- year) for a maximum of \$250. If
175 there are extenuating circumstances, and the subject is unable to complete the annual study visits
176 without additional funds due to travel costs, additional funds may be provided.

177
178 In the additional 5 years of follow up provided for by Protocol Amendment II (>3 years to 8
179 years after randomization), the study will pay for visits specific to the research study, but will not

180 pay for usual care visits that would occur whether or not the child was in the study. The cost of
181 usual care visits will be the parent(s) or their insurance company's responsibility.
182

183 Treatment is at investigator discretion and is not part of this protocol. Any costs associated with
184 treatment will not be paid for by the study. The study will pay for a pair of spectacles (lenses
185 and frames) at the 7-year visit; spectacle changes / new spectacles prescribed at other times will
186 not be paid for by the study.
187

188 **Risks**

189 The procedures in this study are part of daily eye care practice in the United States and pose no
190 known risks.
191

192 **Subject Contact During Follow Up**

193 Between annual visits, subjects will be called by the Jaeb Center to promote retention; birthday
194 and holiday cards will be sent annually, and a subject newsletter may be sent.
195

196 **Re-consenting of Subjects**

197 An informed consent form for the extension study will be signed by parents who elect to
198 continue their child's study participation. An assent for the extension study will be signed by the
199 participating subject, as applicable. Re-consenting generally will occur at the 3-year visit but
200 could occur at other times either before or after participation in the 3-year study has ended. A
201 subject (and respective parent) may withdraw from the study at any time.
202

203 **Statistical Analysis**

204 Statistical analyses will primarily be cross-sectional comparisons of outcomes including ocular
205 alignment, exotropia control, and stereoacuity between treatment groups at each annual visit.
206

207 The analysis of the primary basic IXT cohort will be considered primary whereas the analyses in
208 the smaller primary pseudo divergence excess IXT cohort and the secondary cohort will be
209 considered exploratory.
210

211 Statistical analyses may also be performed combining some or all of the cohorts.
212

213 A detailed statistical analysis plan will be written and finalized prior to the completion of the
214 study and may supersede the plan briefly described herein.
215
216
217

218 **INTERMITTENT EXOTROPIA STUDY 1 (IXT1)**
219 **A Randomized Trial of Bilateral Lateral Rectus Recession versus Unilateral Lateral Rectus**
220 **Recession with Medial Rectus Resection for Intermittent Exotropia**
221 **PROTOCOL AMENDMENT (4-30-10)**
222

223 **This amendment provides for the following protocol changes:**
224

225 **Protocol Change #1**
226

227 Current Protocol

228 One of the eligibility criteria requires the largest exodeviation at either distance or near to be
229 between 15 and 50 PD (inclusive) by prism and alternate cover test (PACT).
230

231 Proposed Change

232 Change the eligibility criteria to require that the largest exodeviation at either distance, near, *or*
233 *remote distance* be between 15 and 50 PD (inclusive) by prism and alternate cover test (PACT)
234 (sections 1.3, 1.4, 2.2.1, and 6.1). Add an additional eligibility criterion requiring that the
235 exodeviation must be at least 15 PD at distance or near (sections 1.3, 1.4, and 2.2.1).
236

237 Rationale for Change

238 Surgical dose must be based on the largest angle uncovered by PACT at distance (6 meter), near,
239 or remote distance (at least 50 feet). The largest angle in the surgical dose tables in the protocol
240 is 50 PD because BLRrec is considered by many clinicians to be inadequate for correcting angles
241 larger than 50 PD. Because randomization would not be appropriate for patients with angles
242 greater than 50 PD, the eligibility criteria is being tightened to exclude not only patients with
243 distance or near angles >50 PD, but also those patients with remote distance angles >50 PD.
244

245 Because one of the criteria for surgical success at 3 years requires a reduction of more than 10PD
246 in the largest of the distance and near angles at enrollment, the additional eligibility criteria
247 requiring that the angle be at least 15 PD at distance or near was needed to ensure that more than
248 10 PD improvement would be possible in at least the distance or the near angles.
249

250 **Protocol Change #2**
251

252 Current Protocol

253 There is no upper limit on the amount of hyperopia allowed for eligibility. Refractive correction is
254 required for patients with hyperopia >+5.00 D and the guidelines for prescribing refractive correction
255 specify that residual (uncorrected) hyperopia cannot exceed +5.00 D.
256

257 Proposed Change

258 Add an eligibility criterion which specifies ‘no hyperopia greater than +3.50 D spherical
259 equivalent (SE) in either eye’ (sections 1.3, 1.4, and 2.2.1). Omit from the enrollment chapter the
260 guideline requiring spectacle correction be prescribed for hyperopia >+5.00 D and the guideline
261 requiring that spectacle correction have no more than +5.00 D residual hyperopia (section 2.2.1).
262 For follow up, change to require refractive correction for patients with hyperopia >+3.50D
263 (section 5.3.1) and change refractive correction guidelines to specify that residual (uncorrected)
264 hyperopia cannot exceed +3.50 D (section 5.3.2).
265

266 Rationale for Change

267 The proposed changes are to make refractive error eligibility and prescription guidelines
268 consistent with those in the IXT2 study. The reasons for this change are as follows: 1) it was felt
269 that making these items parallel between the two studies will avoid confusion among study
270 investigators, 2) it is expected that the percentage of otherwise-eligible IXT patients with
271 hyperopia greater than +3.50 D SE is very low, and 3) that patients with very high hyperopia
272 might be more likely to have a neurologic condition and might be a different than the typical IXT
273 patient

274

275 **Protocol Change #3**

276

277 Current Protocol

278 All patients are randomized regardless of whether the magnitude of their exodeviation increased or
279 decreased out of study eligibility range (15 to 50 PD) before surgery has occurred.

280

281 Proposed Change

282 Patients in whom the magnitude of the largest of the most recent distance, near, and remote
283 distance angles has decreased to <15 PD or increased to >50 PD before surgery will be dropped
284 from the study if they have not yet been randomized. If such patients have already been
285 randomized, it is at investigator discretion whether to perform surgery and what type of surgical
286 method to perform (i.e. BLRrec, R&R, or any other type of procedure). Changes made to
287 sections 2.6 and 3.1.

288

289 Rationale for Change

290 The study is aiming to evaluate surgical outcomes in patients whose largest preoperative angle is
291 between 15 and 50 PD. Given that the surgery window extends to 60 days after enrollment and
292 that surgery could potentially occur even later, it is possible that a patient's exotropia could
293 increase or decrease out of the eligibility range of 15 to 50 PD before surgery. As discussed in
294 protocol change #1 above, randomization to BLRrec or R&R would not be appropriate in
295 patients whose angle was greater than 50 PD. In addition, the largest preoperative angle is
296 required to be a minimum of 15 PD to ensure that a reasonable amount improvement would be
297 required to meet one of the study's treatment success criteria--an exodeviation less than 10 PD
298 by PACT at distance and near and reduction of more than 10 PD from largest of distance and
299 near angles at enrollment.

300

301 **Protocol Change #4**

302

303 Current Protocol

304 Currently the surgical dose tables start with doses for 15 PD angles.

305

306 Proposed Change

307 In surgical dose tables 1 and 2 (section 3.3), removed 15 PD angles, added 16 PD angles using
308 the 15 PD doses, and added 18 PD angles using the 20 PD doses.

309

310 Rationale for Change

311 There was an inconsistency between the angles listed in the surgical dose tables and the prism
312 increments that the IXT1 Procedures Manual specifies should be used for measuring ocular

313 alignment. Prisms in 2 PD increments should be used for angles between 10 and 20 PD, therefore
314 an angle between 15-20 PD could be measured as 16 PD or 18 PD, but not as 15 PD.

315

316 **Protocol Change #5**

317

318 Current Protocol

319 Control of exodeviation is measured at enrollment only.

320

321 Proposed Change

322 Control of exodeviation would be measured at masked exams as well as at enrollment (sections
323 1.3 and 4.5).

324

325 Rationale for Change

326 Although control of exodeviation will not be included in the definition of the primary outcome of
327 surgical failure, it is felt worthwhile to evaluate whether patients who received one type of
328 surgical procedure might have better control if their exodeviation persists or recurs, particularly
329 if the primary analysis does not find a difference in surgical failure rates between the two
330 procedures.

331

332 **Protocol Change #6**

333

334 Current Protocol

335 Currently the protocol is inconsistent with regard to whether treatment with overminus refractive
336 correction is allowed during postoperative follow up. The protocol on post-operative treatment
337 (section 4.1) indicates that any non-surgical treatment of any overcorrection, undercorrection, or
338 deviations associated with diplopia is at investigator discretion at any time during the study.
339 However, the guidelines for refractive correction during follow-up (section 5.3.2) indicate that
340 deliberate overminus using refractive correction with more than 0.50 D of overminus will not be
341 allowed.

342

343 Proposed Change

344 The prohibition of deliberate overminus with more than 0.50 D of overminus will be removed
345 from the refractive correction guidelines during follow up (section 5.3.2), although it will be
346 retained in the refractive correction guidelines for enrollment.

347

348 Rationale for Change

349 This change resolves a protocol inconsistency.

350

351 **Protocol Change #7**

352

353 Current Protocol

354 Mandatory treatment with prism is currently required for patients with a constant esotropia of
355 *greater than* 6 PD at distance and near at 8 weeks, however the level of constant esotropia at
356 distance and near which constitutes surgical failure at 6 months or later is *at least* 6 PD.

357

358 Proposed Change

359 Require mandatory treatment with prism at 8 weeks for patients with a constant esotropia of *at*
360 *least* 6 PD at distance and near (sections 1.4, 4.1, and 4.4.1).

361

362 Rationale for Change

363 Although these concepts are different—i.e. what level of constant esotropia should receive
364 mandatory prism treatment for patient safety, and what level is appropriate for determining
365 surgical failure—it was felt it would be less confusing and easier for investigators to remember if
366 the cutoffs used were identical.

367

368 **Protocol Change #8**

369

370 Current Protocol

371 The current protocol does not specify whether patients wearing prism and/or overminus should
372 have clinical assessments performed with prism and/or overminus, or without.

373

374 Proposed Change

375 Clarified refractive correction to be used for testing during follow-up (section 4.3, 4.4, 4.5).

376 Ocular alignment testing (and control assessments at masked exams) should be performed in
377 current correction *without* any prism or deliberate overminus that has been prescribed.

378 Stereoacuity testing and visual acuity testing should be performed in current correction *with* any
379 prism or deliberate overminus that has been prescribed.

380

381 Rationale for Change

382 For ocular alignment, it was felt that the patient’s true deviation should be assessed and that this
383 would best be achieved by taking measurements in current correction but without prism and
384 without overminus

385 For stereoacuity and visual acuity testing, it was felt that we should measure the patient’s best
386 stereoacuity and visual acuity, which for patients prescribed prism and/or deliberate overminus
387 would likely be achieved with current correction including prism and/or deliberate overminus.

388

389 **Protocol Change #9**

390

391 Current Protocol

392 Protocol change #8 specifies that during follow up, stereoacuity testing should be performed with
393 any prism or deliberate overminus that has been prescribed.

394

395 Proposed Change

396 At the 3-year visit, patients who are currently prescribed prism and/or deliberate overminus will
397 have Preschool Randot Stereoacuity at near repeated *without* wearing prism or overminus

398 (sections 4.5.3 and 6.3.1). This additional Preschool Randot retest without prism and without
399 overminus should occur after all initial stereoacuity testing has been completed (ie. after the

400 Titmus Fly at near) and before the control of exodeviation assessment. This testing without prism
401 and overminus is for an exploratory analysis and is not considered in the determining whether

402 the patient meets surgical failure criteria.

403

404 Rationale:

405 Although patients wearing prism will have stereoacuity measured with prism, is of interest to
406 know whether a patient classified as a success would still be classified as a success if the patient
407 had been measured without prism. Because ‘success’ only applies to the 3-year visit (whereas
408 failure can be called at any visit from 6 months onward), we propose to measure stereoacuity

409 both with prism and without prism at the 3-year visit only. The with-prism measurement will
410 count toward the primary outcome, and the without-prism measurement will be used in an
411 exploratory analysis which would avoid calling a patient a success at 3-years on the basis of a
412 better stereo that is enhanced by prism. The same logic should apply to patients wearing
413 deliberate overminus—ie. stereoacuity should be measured with the overminus throughout the
414 study but that it should be repeated without the overminus at the 3-year exam with this latter test
415 used in the exploratory analysis.

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419

420 **This amendment also provides for the following minor protocol clarifications:**

- 421 • Clarified guidelines for prescribing the spherical component of refractive correction (sections
422 2.2.1 and 5.3.2)
- 423 • Specified test distances for stereoacuity testing and for ocular alignment testing (sections 2.5,
424 4.3, 4.4, 4.5).
- 425 • Clarified refractive error eligibility criteria that treatment with prism or overminus lenses
426 must be discontinued at least one week prior to enrollment (section 2.2.1).
- 427 • Clarified eligibility criteria that visual acuity in the worse eye must be ‘0.3 logMAR or
428 better,’ to eliminate confusion about whether ‘at least 0.3 logMAR’ meant at least 0.3
429 logMAR numerically (meaning worse acuity) or qualitatively (meaning better acuity)
430 (sections 1.4 and 2.2.1).
- 431 • Clarified that hangback, hemi-hangback, and adjustable techniques will not be allowed for
432 this protocol, however, the surgeon may make epi-scleral tickbites at the intended insertion
433 site and then bring the sutures forward to take a standard scleral bite at the original insertion
434 site (section 3.3).

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CHAPTER 1: BACKGROUND AND SUMMARY

This study is being conducted by the Pediatric Eye Disease Investigator Group (PEDIG) and funded through a cooperative agreement from the National Eye Institute. It is one of a series of randomized trials and observational studies underway or planned that address management of intermittent exotropia.

1.1 Background

Intermittent exotropia (IXT) is the most common form of childhood onset exotropia with an incidence of 32.1 per 100,000 in children under 19 years of age.² Intermittent exotropia is characterized by an exotropia that is not constant and is mainly present when viewing at distance, but may also be present at near. Normal binocular single vision (BSV) is typically present at near when the exotropia is controlled, with evidence of normal (occasionally sub-normal) stereoacuity. Although the natural history of the condition is largely unknown, many children with IXT are treated using either surgical or non-surgical interventions. The rationale for intervention in childhood IXT is that extended periods of misalignment may lead to entrenched suppression, resulting in loss of BSV. Intervention may also aim to address the social effects caused by the appearance of misaligned eyes. Many children treated for IXT are currently treated surgically.³⁻⁵

There is poor agreement as to which type of surgery is most effective for the correction of IXT and the debate has long been related to differentiation between IXT sub-types. Based on distance-near angle disparity, IXT sub-types are classified as: 1) basic (similar magnitude of misalignment at distance and near); 2) true divergence excess (larger at distance); 3) pseudo divergence excess (initially larger at distance, but near angle increases following occlusion or with addition of plus lenses at near); 4) convergence insufficiency (larger at near). Basic and pseudo divergence excess appear to be the most common of the sub-types,⁶ and are also the types for which there is most disagreement regarding the optimum surgical approach. The two most common procedures are bilateral lateral rectus recession (BLRrec) and unilateral lateral rectus recession combined with a medial rectus resection in the same eye (R&R). Traditionally, BLRrec has been advocated where there is a larger distance angle, and R&R where there is a similar angle at distance and near.^{7,8} A survey of American strabismus surgeons published in 1990⁹ found that the majority performed BLRrec for both basic and divergence excess types. Similarly, we found by polling our investigator group that the majority still perform a BLRrec for basic type IXT. Nevertheless, controversy still exists as to which of these surgical approaches is superior.¹⁰ Advocates of the BLRrec procedure tend to hold that surgery should be based purely on the distance angle of deviation.^{5,11} Proponents of R&R surgery suggest resection of the medial rectus best addresses the exodeviation at near.^{7,12}

The proposed advantage of the R&R procedure is that resecting the medial rectus, with a possible longer term initial overcorrection, is necessary for a stable and superior long-term outcome. Nevertheless, those who favor the BLRrec procedure suggest that the more profound and prolonged initial overcorrection occurring with R&R is not only unnecessary, but may in fact be harmful. A persistent overcorrection may be associated with the development of diplopia, amblyopia, and loss of stereoacuity. On the other hand, critics of the BLRrec procedure suggest that long-term recurrence rates are higher. Poor motor outcomes are likely to require reoperation and therefore the long-term success rates of these surgeries have public health importance in terms of cost to society.

584 Evaluating initial and long-term surgical outcomes in the proposed RCT will answer questions
585 regarding the failure rates of these surgeries and also provide needed data on the potential harm
586 of each procedure.

587
588 Only one prospective randomized clinical trial addresses success rates of BLRrec versus R&R
589 for IXT.¹² After between 12-15 months of follow up, 82% of 17 patients undergoing an R&R
590 had a satisfactory outcome compared to 52% of 19 patients undergoing a BLRrec. Nevertheless,
591 there are some important limitations of this previous study. The sample size was very small.
592 The study population was a sub-group of patients with basic type IXT, excluding patients with
593 basic IXT whose angle of deviation increased at far distance or following occlusion, thus
594 limiting the generalizability of the results. In addition, outcomes were assessed unmasked,
595 potentially biasing the results. One observational study¹³ of 103 patients (90% of whom had
596 basic type IXT) found 1-year success rates of 56% for BLRrec and 60% for R&R. A
597 retrospective study¹⁴ of 115 patients with basic type IXT reported success rates of 69% for
598 BLRrec and 77% for R&R after an average of 15 months of follow up. Other studies comparing
599 surgery types are limited not only by retrospective study design but also by inclusion of other
600 types of exotropia, making it difficult to interpret results. In addition, many different criteria for
601 success are used, precluding meaningful comparison of success rates between studies. This lack
602 of evidence makes it very difficult to counsel parents of children with IXT regarding the likely
603 success and complication rate of either procedure, limiting our ability to make informed
604 management decisions. Establishing the respective failure rates through the proposed study will
605 allow physicians to offer patients the type of surgery with the highest chance of long-term
606 success, minimizing suboptimal results and repeat surgeries.

607
608 The present study is being conducted to compare the effectiveness of BLRrec with R&R for the
609 surgical treatment of basic type and pseudo divergence excess type IXT.

610

611 **1.2 Study Objective**

612 To evaluate the effectiveness of bilateral lateral rectus muscle recession versus unilateral lateral
613 rectus recession with medial rectus resection procedures for the treatment of basic type and
614 pseudo divergence excess type intermittent exotropia

615

616 **1.3 Synopsis of Study Design**

617 Major Eligibility Criteria (see sections 2.2 and 2.3 for a complete listing and definition of type of
618 IXT)

619

- 620 • Age 3 to < 11 years
- 621 • Intermittent exotropia (manifest deviation) meeting all of the following:
 - 622 ○ Intermittent exotropia at distance OR constant exotropia at distance and either
623 intermittent exotropia or exophoria at near
 - 624 ○ Exodeviation at least 10 PD at distance AND near by prism and alternate cover test
(PACT)
 - 625 ○ Exodeviation at least 15 PD at distance OR near by PACT
 - 626 ○ Largest exodeviation at either distance, near, or remote distance between 15 and 50
627 PD (inclusive)
 - 628 ○ Basic type or pseudo divergence excess type (as defined in *section 2.3*)
- 629 • Stereoacuity of 400 arcsec or better at near by Preschool Randot stereotest (better of 2
630 measures)

- 631 • Visual acuity in the worse eye 0.3 logMAR or better (20/40 on ATS HOTV or 70 letters on
632 E-ETDRS)
- 633 • No interocular difference of visual acuity more than 0.2 logMAR (2 lines on ATS HOTV or
634 10 letters on E-ETDRS testing)
- 635 • No hyperopia greater than +3.50 D spherical equivalent in either eye
- 636 • Absence of high AC/A ratio (exclude > 6:1)
- 637 • No previous intraocular surgery, strabismus surgery, or botulinum toxin treatment
- 638 • Investigator planning to perform surgery for correction of IXT

639

640 Sample Size

641 189 patients with basic type IXT with largest exodeviation between 15 and 40 PD by PACT at
642 remote distance, distance, or near, and 189 patients with pseudo divergence excess type IXT with
643 largest exodeviation between 15 and 40 PD by PACT at remote distance, distance, or near (total
644 of 378 patients). Additional patients with exotropia > 40 PD to 50 PD will be enrolled during
645 recruitment of the above sample size.

646

647 Treatment

648 Randomization (1:1) to surgical correction of IXT with a bilateral lateral rectus recession
649 (BLRrec) or a unilateral lateral rectus recession with medial rectus resection (R&R)

650

651 Visit Schedule

- 652 • Enrollment
- 653 • Randomization (the day of surgery or the working day before surgery)
- 654 • Surgery
- 655 • 1 week \pm 3 days from surgery
- 656 • 8 weeks \pm 2 weeks from surgery
- 657 • 6 months \pm 1 month from randomization (masked)
- 658 • 12 months \pm 2 months from randomization (masked)
- 659 • 18 months \pm 2 months from randomization (masked)
- 660 • 24 months \pm 2 months from randomization (masked)
- 661 • 30 months \pm 2 months from randomization (masked)
- 662 • 3-Year Primary Outcome Exam: 3 years \pm 2 months from randomization (masked)

663

664 Ocular alignment and visual acuity will be tested at each visit. Control of the exodeviation will
665 be assessed at enrollment and at all masked exams. Stereoacuity will be tested at all visits except
666 the 1-week visit. Health-related quality of life will be assessed at baseline, at 6 months, and at 3
667 years after randomization.

668

669 Primary Analysis

670 As defined in the analysis plan, the primary analysis will consist of a treatment group
671 comparison of the proportion of patients who meet criteria for failure at the 3-year outcome
672 exam (*section 4.5.1*) among patients with largest baseline preoperative exodeviation between 15
673 and 40 PD by PACT at remote distance, distance, or near.

674

675 Separate analyses will be conducted within groups defined by IXT type:

- 676 • Basic type IXT
- 677 • Pseudo divergence excess type IXT

678

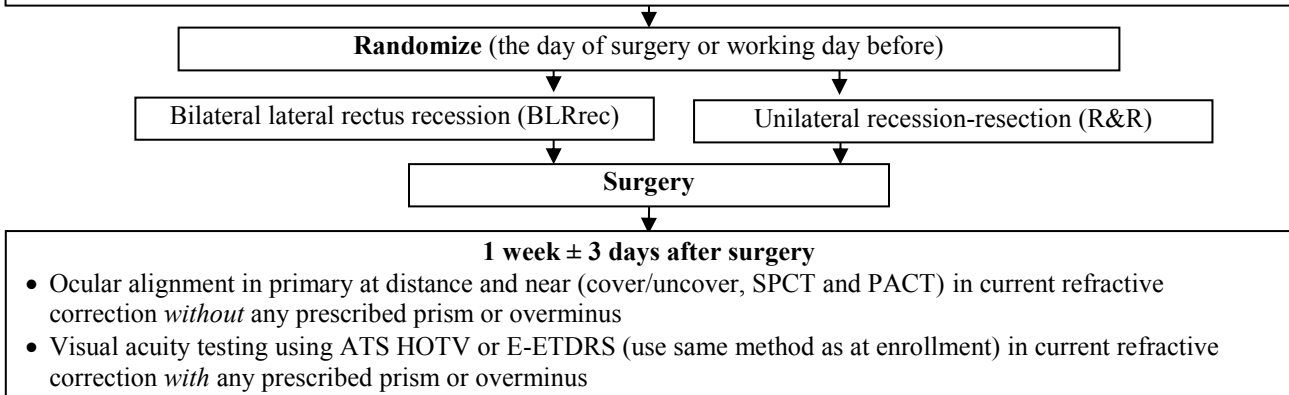
1.4 Study Flow Chart

Major Eligibility Criteria

- Age 3 to < 11 years
- Intermittent exotropia (manifest deviation) meeting all of the following:
 - Intermittent exotropia at distance OR constant exotropia at distance and either intermittent exotropia or exophoria at near
 - Exodeviation at least 10 PD at distance AND near by PACT
 - Exodeviation at least 15 PD at distance OR near by PACT
 - Largest exodeviation at either distance, near, OR remote distance between 15 and 50 PD (inclusive) by PACT
 - Basic type or pseudo divergence excess type (as defined in *section 2.3*)
- Stereoacuity of 400 arcsec or better at near by Preschool Randot Stereotest
- Visual acuity in the worse eye 0.31 **NO** or better (20/40 by ATS HOTV for patients < 7 years or 70 letters on E-ETDRS for patients ≥ 7 years old)
- No interocular difference of visual acuity more than 0.2 logMAR (2 lines by ATS HOTV for patients < 7 years old or 10 letters by E-ETDRS for patients ≥ 7 years old)
- No hyperopia greater than +3.50 D spherical equivalent in either eye
- Wearing appropriate spectacles or contact lenses for at least one week if refractive error meets refractive correction criteria
- Absence of high AC/A ratio (exclude >6:1)
- No previous strabismus surgery or botulinum toxin treatment
- No previous intraocular eye surgery or refractive surgery
- No ocular disorders which would reduce visual acuity (other than refractive error)
- No coexisting vertical deviation, oblique muscle dysfunction, and A or V pattern, if condition warrants vertical transposition of horizontal rectus muscles, oblique surgery, or vertical rectus muscle surgery
- No limitation of ocular rotations due to restrictive or parietic strabismus
- No significant neurological impairment such as cerebral palsy
- Investigator wishes to perform surgery for correction of IXT

Enrollment Testing Procedures

- Health-related quality of life questionnaire
- Stereoacuity testing with current correction
 - Preschool Randot at near - if stereoacuity is worse than 40 arcsec, retest and use better of 2 measurements for eligibility
 - Distance Randot
 - Titmus Fly/Circles at near
- IXT control at distance and near
- Ocular alignment with current correction tested using cover/uncover, SPCT, and PACT, at distance, remote distance (PACT only), and near
- Visual acuity with current correction and using ATS HOTV (patients < 7 years old) or E-ETDRS (patients ≥ 7 years old)
- Ocular exam (if not done in last 6 months)
- Cycloplegic refraction (if not done in last 6 months)



681
682

- 8 weeks ± 2 weeks after surgery**
- Stereoacuity testing (Preschool Randot at near, Distance Randot, and Titmus Fly & Circles at near) in current refractive correction *with* any prescribed prism or overminus
 - Ocular alignment with in primary at distance and near (cover/uncover, SPCT and PACT) in current refractive correction *without* any prescribed prism or overminus
 - Visual acuity testing using ATS HOTV or E-ETDRS (use same method as at enrollment) in current refractive correction *with* any prescribed prism or overminus

Constant ET at least 6 PD by SPCT at distance AND near?

Manage at investigator discretion

Manage with prism

- Masked exams every 6 months between 6 and 30 months after surgery**
- Health-related quality of life questionnaire (6-month exam only)
 - Stereoacuity testing (Preschool Randot at near, Distance Randot, Titmus Fly & Circles at near) in current refractive correction *with* any prescribed prism or overminus – **Masked**
 - IXT control at distance and near in current refractive correction *without* any prescribed prism or overminus - **Masked**
 - Ocular alignment, in primary at distance and near (cover/uncover, SPCT and PACT) in current refractive correction *without* any prescribed prism or overminus - **Masked**
 - Retesting of stereoacuity and/or ocular alignment to confirm surgical failure **Masked** (if required—*see section 4.5.1*)
 - Visual acuity testing using ATS HOTV or E-ETDRS (use same method as at enrollment) in current refractive correction *with* any prescribed prism or overminus
 - Cycloplegic refraction (if not performed within the last 12 months)

Are any of the surgical failure criteria met?

- Exotropia at distance OR near at any time during the exam with a magnitude of at least 10 PD by SPCT, confirmed by a retest
- Constant esotropia at least 6 PD by SPCT at distance OR near, confirmed by a retest
- Decrease in Preschool Randot near stereoacuity at least 2 octaves from enrollment, or to nil, confirmed by a retest

No – continue follow-up

If 30-month visit

Yes – Surgical failure

- Investigator may re-operate
- Continue follow-up

If 30-month visit

- Primary Outcome Exam (Masked) 3 years ± 3 months after surgery**
- Health-related quality of life questionnaire
 - Same testing as visits occurring between 6 months and 30 months
 - For patients wearing prism or deliberate overminus, after the initial stereoacuity testing, the Preschool Randot at near should be repeated in current refractive correction without prism or deliberate overminus.

Are any of the surgical failure criteria met? (see above)

No – End of study

**Yes – Surgical failure
End of study**

CHAPTER 2: ENROLLMENT AND RANDOMIZATION

2.1 Eligibility Assessment and Informed Consent

A minimum of 378 subjects (189 with basic type IXT and 189 with pseudo divergence excess type IXT) are expected to be enrolled for the primary cohort (*section 6.1*), with a goal to enroll an appropriate representation of minorities. An additional 76 patients are expected to be enrolled for the secondary cohort (*section 6.3*) during recruitment for the primary cohort. As the enrollment goal approaches, sites will be notified of the end date for recruitment. Subjects who have signed an informed consent form can be randomized up until the end date, which means the expected recruitment might be exceeded. The maximum number of randomized subjects will be 474.

For patients who appear eligible for the study following a “standard-care” or preliminary examination, the study will be discussed with the child’s parent(s) or guardian(s) (referred to subsequently as parent(s)). Parent(s) who express an interest in the study will be given a copy of the informed consent form to read. Written informed consent must be obtained from the parent prior to performing any study-specific procedures that are not part of the patient’s routine care.

2.2 Eligibility and Exclusion Criteria

2.2.1 Eligibility

The following criteria must be met for the patient to be enrolled in the study:

1. Age 3 to < 11 years
2. Intermittent exotropia (manifest deviation) meeting all of the following:
 - Intermittent exotropia at distance OR constant exotropia at distance and either intermittent exotropia or exophoria at near
 - Exodeviation at least 10 PD at distance AND near by PACT
 - Exodeviation at least 15 PD at distance OR near by PACT
 - Largest exodeviation at distance, near OR remote distance between 15 and 50 PD (inclusive) by PACT
 - Basic type or pseudo divergence excess type (as defined in *section 2.3*)
3. Stereoacuity of 400 arcsec or better at near by Preschool Randot stereotest (better of 2 measures if initial test shows worse than 40 arcsec)
4. Visual acuity in the worse eye 0.3 logMAR or better (20/40 by ATS HOTV for patients < 7 years old or 70 letters E-ETDRS testing for patients \geq 7 years old)
5. No hyperopia greater than +3.50 D spherical equivalent in either eye
6. Patients must be wearing spectacles or contact lenses for at least one week if refractive error (based on cycloplegic refraction performed within 6 months prior to enrollment) meets any of the following:
 - Myopia > -0.50 D spherical equivalent in either eye
 - Anisometropia > 1.00 D spherical equivalent
 - Astigmatism > 2.00 D in either eye if \leq 5 years old and > 1.50 D if > 5 years oldRefractive correction for patients meeting the above refractive error criteria must meet the following guidelines:
 - Anisometropia spherical equivalent must be within 0.25 D of full correction.

- 727 • Astigmatism cylinder must be within 0.25 D of full correction and axis must be
728 within 5 degrees of full correction.
- 729 • For hyperopia, the spherical component can be reduced at investigator discretion
730 provided the reduction is symmetrical. Prescribing any refractive correction to yield
731 lenses that are more myopic than -0.50 D spherical equivalent (SE) is considered
732 deliberate overminus and is not allowed *at enrollment*. However, prescribing no
733 correction or prescribing less than the full cycloplegic hyperopic correction (i.e.,
734 prescribing reduced plus) is not considered the same as overminusing for this protocol
735 and is allowed because most patients without intermittent exotropia and hyperopic SE
736 refractions in this range would not typically be prescribed a refractive correction.
- 737 • For myopia, the intent is to fully correct, but the spherical component can be
738 undercorrected by investigator discretion provided the reduction is symmetrical and
739 results in no more than -0.50 D SE residual (i.e., uncorrected) myopia. Prescribing a
740 correction that yields more than 0.50 D *more minus* SE than the cycloplegic refraction
741 SE is considered deliberate overminus and is not allowed *at enrollment*.

742 Patients who have undergone treatment with prism or deliberate overminus refractive
743 correction (as defined above) must have discontinued prism and/or any deliberate
744 overminus for at least one week prior to enrollment.

745 Note that the refractive correction guidelines and the requirement to wear refractive
746 correction for at least one week apply not only to patients who require refractive correction
747 under the above criteria but also to any other patient who is wearing refractive correction.

- 748 7. No atropine use within the last week
- 749 8. Gestational age > 34 weeks
- 750 9. Birth weight > 1500 grams
- 751 10. Investigator plans to perform surgery, is willing to perform either surgical procedure, and is
752 not planning to use adjustable sutures.
- 753 11. Parent understands protocol, has agreed to surgery, and is willing to accept randomization to
754 one-eye surgery or two-eye surgery
- 755 12. Parent has home phone (or access to phone) and is willing to be contacted by Jaeb Center
756 staff
- 757 13. Relocation outside of area of an active PEDIG site within next 3 years is not anticipated
758

759 **2.2.2 Exclusion Criteria**

- 760 1. Coexisting vertical deviation, oblique muscle dysfunction, DVD, or A or V pattern, any of
761 which the investigator plans to address with vertical transposition of horizontal rectus
762 muscles, oblique surgery, or vertical rectus muscle surgery, i.e., only small vertical
763 deviations, oblique muscle dysfunction, DVD, and A or V patterns *not* requiring surgery are
764 allowed
- 765 2. Limitation of ocular rotations due to restrictive or paretic strabismus
- 766 3. Craniofacial malformations affecting the orbits
- 767 4. Interocular visual acuity difference of more than 0.2 logMAR (2 lines on ATS HOTV
768 for patients 3 to < 7 years old or 10 letters on E-ETDRS for patients ≥ 7 years old)
769 and/or investigator plans to initiate amblyopia treatment at this time.

- 770 5. High AC/A ratio (exclude > 6:1 by gradient method)
771 6. Prior strabismus surgery or botulinum toxin injection
772 7. Ocular disorders that would reduce visual acuity (except refractive error)
773 8. Prior intraocular or refractive surgery
774 9. Significant neurological impairment such as cerebral palsy. Patients with mild speech and/or
775 learning disabilities are eligible.
776 10. Investigator planning to change refractive correction at this time (if the patient is otherwise
777 eligible, the investigator should consider prescribing refractive correction and bringing the
778 patient back at a later time for enrollment).
779

780 2.3 Determination of IXT Type

781 IXT will be classified (*see classification below*) at enrollment prior to randomization as:

- 782 • Basic Type
- 783 • Pseudo Divergence Excess Type

784

785 The following types of IXT are not eligible:

- 786 • True Divergence Excess Type
- 787 • Convergence Insufficiency Type
- 788 • High AC/A Type

789

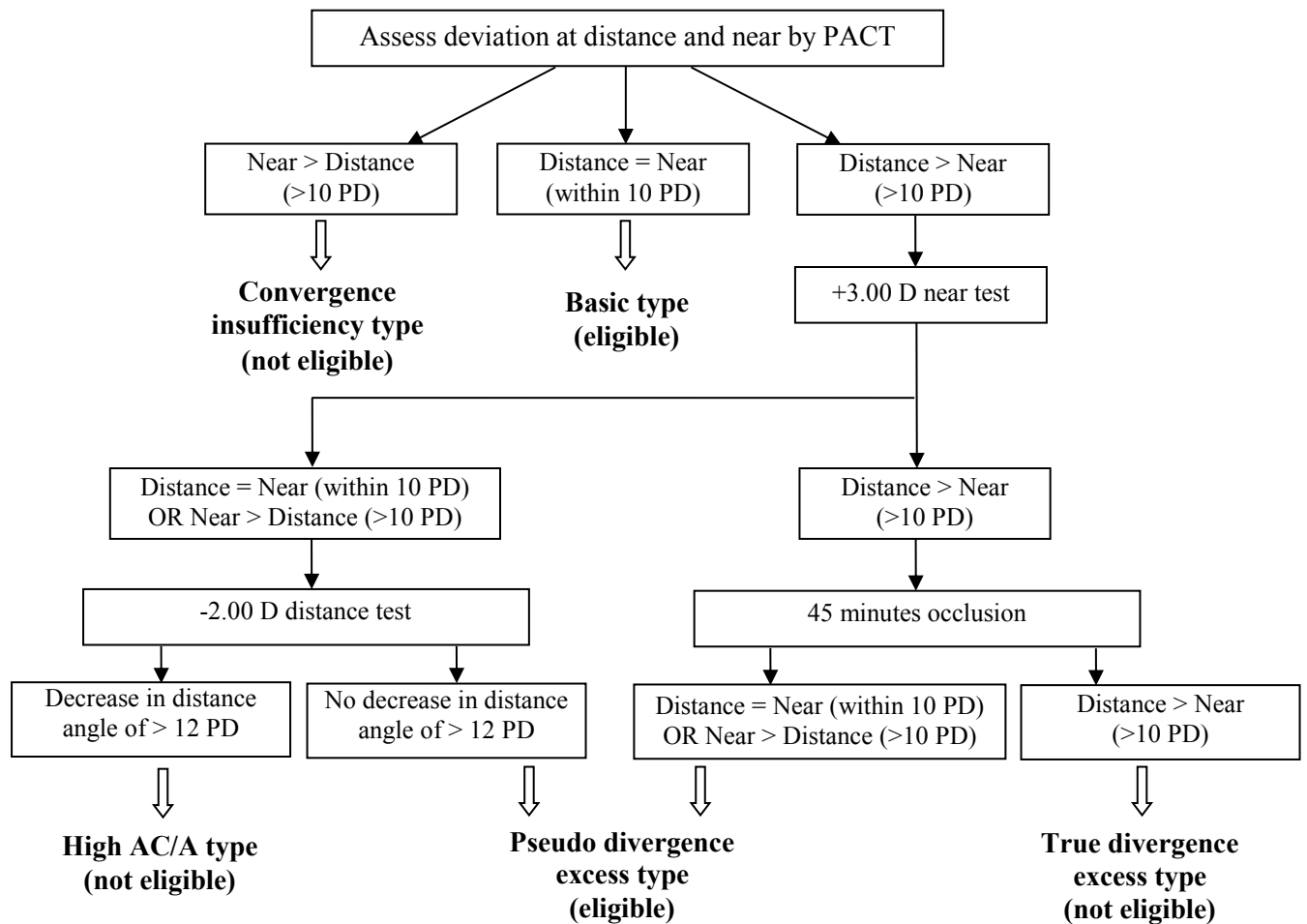
790 Classification of IXT type will be done as follows (*also see flowchart on next page*):

791

792 Using the PACT at distance and near:

- 793 • If the measured deviation at near is > 10 PD larger than at distance, the IXT is classified as
794 **convergence insufficiency type**.
- 795 • If the distance and near deviations are within 10 PD of one another, the IXT is classified as
796 **basic type**.
- 797 • If the measured deviation at distance is > 10 PD larger than at near, +3.00 D lenses should be
798 placed over the current correction (using trial frames or Halberg clips) and the deviation at
799 near should be re-measured by the PACT.
 - 800 ○ If the angles equalize (distance and near within 10 PD) OR near exceeds distance by > 10
801 PD, the +3.00 D lenses at near should be removed and -2.00 D lenses should be placed
802 over the current correction (using trial frames or Halberg clips) and the deviation at
803 distance should be re-measured.
 - 804 ▪ If the distance angle with the -2.00 D lenses decreases by > 12 PD (compared to
805 the distance measure without the -2.00 D lenses), the IXT type is classified as
806 **high AC/A type**; otherwise the IXT type is classified as **pseudo divergence**
807 **excess type**.
 - 808 ○ If the distance angle exceeds near by > 10 PD measured with the +3.00 D lenses at near,
809 the patient should be occluded for 45 minutes, after which the distance and near
810 deviations should be measured again in the current refractive correction, while
811 maintaining the dissociation. If the near and distance deviations equalize (within 10 PD)
812 or if near exceeds distance, the type of IXT is classified as **pseudo divergence excess**
813 **type**. Otherwise, the type IXT is classified as **true divergence excess type**.

814



815

816 2.4 Historical Information

817 Historical information elicited will include the following: date of birth, gender, race, ethnicity,
 818 prior treatment, and spectacle correction. In addition, investigators will be asked to provide the
 819 reason(s) for performing surgery.

820

821 2.5 Examination Procedures at the Enrollment Visit

822 1. Health-Related Quality of Life Questionnaire: Health-related quality of life (HRQOL) will be
 823 assessed using the Intermittent Exotropia Questionnaire (IXTQ).¹⁵ This questionnaire
 824 consists of 3 components:

- 825 1. Child questionnaire (for children ages 5 years or older) – consists of 12 items which
 826 assess how the child feels about his/her eye condition.
 - 827 ○ The version for children aged 5 to < 8 years has a three-level response scale (not at
 828 all, sometimes, a lot) and is administered by clinical staff either verbally or using a
 829 matching card.
 - 830 ○ The version for children aged 8 years and older has a five-level response scale
 831 (never, almost never, sometimes, often, almost always) and is self-administered.
 832 However, it may be administered verbally by clinical staff if the child cannot read
 833 the questionnaire by him- or herself.

- 834 ○ If possible, children should be positioned such that they are unable to view their
835 parents during testing and parents should be advised not to influence their child's
836 responses.
837 ○ Children 4 years and younger will not complete a child questionnaire.
- 838 2. Parent proxy questionnaire – consists of 12 items which assess how the parent feels the
839 child's eye condition affects the child.
840 ○ The questionnaire has a five-level response scale (never, almost never, sometimes,
841 often, almost always) and is self-administered.
- 842 3. Parental questionnaire – consists of 17 items which assess how the child's eye condition
843 affects the parent.
844 ○ The questionnaire has a five-level response scale (never, almost never, sometimes,
845 often, almost always) and is self-administered.
- 846 2. Stereoacuity Testing: stereoacuity will be assessed in current refractive correction using the
847 following:
848 • Preschool Randot stereotest at near (performed at 40 cm): If stereoacuity is worse than 40
849 arcsec, it must be retested and the better of the 2 measurements will be used for
850 eligibility.
851 • Distance Randot stereotest (performed at 3 meters)
852 • Titmus Fly & Circles stereotest at near (performed at 40 cm) (note: Animals are not
853 tested)

854 Stereoacuity should be tested before any other clinical testing. If stereoacuity is not tested
855 first, the patient must take a 10 minute break following any dissociative testing (e.g., visual
856 acuity or ocular alignment) prior to testing stereoacuity.

- 857 3. Control of exodeviation: Control of exodeviation will be measured in current refractive
858 correction at distance and near using the Office Control Score.¹⁶
859 • Distance (6 meters) - fixating on an accommodative target such as a video for younger
860 children or reading optotype letters for older children
861 • Near (1/3 meter – fixating on Lang-near viewing stick or similar accommodative target)

862
863 The scale below applies to both distance and near.

864 Intermittent Exotropia Control Scale¹⁶

- 865 5 = Constant Exotropia
866 4 = Exotropia > 50% of the 30-second period before dissociation
867 3 = Exotropia < 50% of the 30-second period before dissociation
868 2 = No exotropia unless dissociated, recovers in > 5 seconds
869 1 = No exotropia unless dissociated, recovers in 1-5 seconds
870 0 = No exotropia unless dissociated, recovers in < 1 second (phoria)

- 871
872 • Levels 5 to 3 are assessed during a 30-second period of observation first at distance
873 fixation and then assessed at near fixation for another 30-second period.
874 • If no exotropia is observed during the 30-second period of observation, levels 2 to 0 are
875 then graded as the worst of three rapidly successive trials:
876 1. An occluder is placed over the right eye for 10 seconds and then removed,
877 measuring the length of time it takes for fusion to become re-established.
878 2. The left eye is then occluded for a 10-second period and the time to re-establish
879 fusion is similarly measured.

- 880 3. A third trial of 10-second occlusion is performed, covering the eye that required the
881 longest time to re-fuse.
- 882 • The worse level of control observed following the three 10-second periods of occlusion
883 should be recorded. If the patient has a micro-esotropia by SPCT but an exodeviation by
884 PACT, the scale applies to the exodeviation.
 - 885 • Testing of control must be performed by a pediatric ophthalmologist, pediatric
886 optometrist, or a certified orthoptist.
 - 887 • Testing must be done prior to dissociative testing or at least 10 minutes after such testing.
- 888 4. Ocular alignment testing:
- 889 • Strabismic deviations will be assessed in current refractive correction (either spectacles,
890 contact lenses, or a trial frame) by the cover/uncover test and then measured with the
891 Simultaneous Prism and Cover Test (SPCT) (if tropia is of sufficient duration to
892 measure) and Prism and Alternate Cover Test (PACT) in primary position at near (1/3
893 meter), distance (6 meters) and remote distance (at least 50 feet, e.g., out the window or
894 down a long hallway) (PACT only) as outlined in the IXT Testing Procedures Manual.
 - 895 • The deviation will be recorded as constant if a manifest tropia is present 100% of the time
896 during the examination, determined by at least 3 cover/uncover tests (one must be before
897 any dissociation), or as intermittent if a manifest tropia is present (including after
898 dissociation) but not 100% of the time during the entire exam. The magnitude of the
899 deviation may change (vary) independently of the frequency of the deviation; frequency
900 of tropia (constant vs. intermittent) is determined solely by whether the manifest tropia is
901 present all or some of the time, including after dissociation. If a tropia is not observed at
902 any time but a phoria is present, then the deviation will be recorded as not tropic (phoric
903 only). If no deviation is present at any time, 'no deviation' will be recorded.
 - 904 ○ If the child appears to have a constant tropia but shows excellent stereoacuity that
905 may be inconsistent with the diagnosis of constant tropia, the examiner should look
906 over the child's polarized glasses to determine whether the child is indeed
907 constantly tropic (by direct observation by cover/uncover test).
 - 908 • The deviating eye will be recorded as "right", "left", or "alternates."
 - 909 • Testing will be performed following control of exodeviation testing and prior to any
910 cycloplegia.
 - 911 • Ocular motility will be assessed including: ductions, oblique muscle dysfunctions,
912 dissociated vertical deviations, and nystagmus.
 - 913 • Ocular alignment testing must be performed by a pediatric ophthalmologist, pediatric
914 optometrist, or certified orthoptist.
- 915 5. Visual Acuity Testing: Visual acuity testing will be done with current refractive correction
916 without cycloplegia by a certified examiner with the Electronic Visual Acuity tester (EVA)
917 using the ATS single surround HOTV protocol for patients < 7 years old and using the E-
918 ETDRS for patients ≥ 7 years old. The protocol for conducting the visual acuity testing is
919 described in the ATS Testing Procedures Manual. For each patient, the same visual acuity
920 testing protocol used at enrollment will be used throughout the study.
- 921 6. Ocular Examination as per investigator's clinical routine (if not performed within 6 months)
- 922 7. Cycloplegic Refraction (if not performed within 6 months)
- 923 • If refractive error as measured by cycloplegic refraction meets any of the following, then
924 the patient must be wearing spectacles or contact lenses for at least a week:
 - 925 ○ Myopia > -0.50 D spherical equivalent in either eye

- 926 ○ Anisometropia > 1.00 D spherical equivalent
927 ○ Astigmatism > 2.00 D astigmatism in either eye if ≤ 5 years old and > 1.50 D if > 5
928 years old
929

930 **2.6 Randomization**

931 Randomization will be done on the day of surgery or the working day before surgery, to
932 minimize potential treatment-group-related patient withdrawals between randomization and
933 surgery.
934

935 Patients enrolled in the study will be randomized (1:1) to receive surgical correction of their IXT
936 by one of the 2 following surgical procedures:

- 937 1. Bilateral lateral rectus recessions (BLRrec)
938 2. Unilateral lateral rectus recession with medial rectus resection (R&R) - a unilateral lateral
939 rectus recession combined with a medial rectus resection in the same eye. Choice of eye at
940 investigator discretion based on any interocular difference, position under anesthesia, fixation
941 preference, or forced duction testing. Reason for choice of eye will be recorded.
942

943 The Jaeb Center will construct a separate Master Randomization List using a permuted block
944 design stratified by site and cohort type (patients with basic type IXT with baseline angle size
945 15-40 PD, patients with pseudo divergence excess type IXT with baseline angle size 15-40 PD,
946 all other patients) which will specify the order of treatment group assignments. A patient is
947 officially enrolled when the website randomization process is completed.
948

949 Patients in whom the magnitude of the largest of the most recent distance, near, and remote
950 distance angles has decreased to <15 PD or increased to >50 PD before surgery will be dropped
951 from the study if they have not yet been randomized. If such patients have already been
952 randomized, it is at investigator discretion whether to perform surgery and what type of surgical
953 method to perform (i.e. BLRrec, R&R, or any other type of procedure).
954

955 Patients not randomized within 12 months of enrollment will be dropped from the study.
956

957 **2.7 Repeat Enrollment Visit**

958 If surgery is delayed for any reason to a date more than 60 days from the enrollment visit, the
959 visit must be repeated. All examination procedures listed in *section 2.5* must be repeated at this
960 visit. For surgeries occurring within 60 days of enrollment, the investigator has the option of
961 repeating the alignment measurements prior to surgery—if repeated, the measurement used to
962 determine surgical dose will be recorded on the Randomization Form.
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CHAPTER 3: SURGICAL TREATMENT

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3.1 Surgery Timing

Once randomized, the investigator is required to perform the assigned surgery type the same day or the next working day.

In the rare case that surgery is cancelled after randomization, surgery should be rescheduled within 60 days. For surgeries occurring within 60 days of enrollment, the investigator has the option of repeating the alignment measurements prior to surgery. If surgery is not performed within 60 days, the enrollment exam must be repeated (*section 2.7*).

If a patient has been randomized but the magnitude of the largest of the most recent distance, near, and remote distance angles has decreased to <15 PD or increased to >50 PD before surgery, it is at investigator discretion whether to perform surgery and what type of surgical method to perform (i.e., BLRrec, R&R, or any other type of procedure).

If a patient has been randomized, even if surgery is not performed, the patient will remain in the study and will complete all follow-up visits between 6 months and 3 years from randomization.

3.2 Surgical Treatment

Each patient is randomly assigned to one of the two surgical procedures.

1. Bilateral lateral rectus recessions (BLRrec)
2. Unilateral lateral rectus recession with medial rectus resection (R&R) – a unilateral lateral rectus recession combined with a medial rectus resection in the same eye. Choice of eye is at investigator discretion based on any interocular difference, position under anesthesia, fixation preference, or forced duction testing. Reason for choice of eye will be recorded.

3.3 Surgical Dose

The magnitude of deviation for which to perform surgery will be the largest preoperative deviation recorded at near, distance, or remote distance fixation by PACT. Data on this deviation will be entered on the Randomization Form. The recommended surgical doses are listed in Table 1 and Table 2, and will be generated as part of the randomization report. For recessions, the measurement of surgical dose should be made from the insertion of the muscle after muscle disinsertion. For resections, the measurement of surgical dose should be made from the insertion of the muscle prior to muscle disinsertion. Surgeons may adjust the surgical dose within 1.0 mm for each muscle at their discretion to account for individual patient variables, such as lateral incomitance and age.

Hangback, hemi-hangback, and adjustable techniques will not be allowed for this protocol, however, the surgeon may make epi-scleral tickbites at the intended insertion site and then bring the sutures forward to take a standard scleral bite at the original insertion site.

The target deviation, actual surgical dose, and any reasons for departure from the recommended dose tables will be recorded on the Surgery Form. Any complications during surgery will be recorded.

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Table 1: Bilateral lateral rectus recession (BLRrec):

Angle of largest deviation	Amount to recess each LR
16 PD	4.0 mm
18 PD	5.0 mm
20 PD	5.0 mm
25 PD	6.0 mm
30 PD	7.0 mm
35 PD	7.5 mm
40 PD	8.0 mm
45 PD	8.5 mm
50 PD	9.0 mm

1014 LR = lateral rectus

1015
1016

Table 2: Unilateral lateral rectus recession with medial rectus resection (R&R):

Angle of largest deviation	Amount to recess LR	Amount to resect MR
16 PD	4.0 mm	3.0 mm
18 PD	5.0 mm	4.0 mm
20 PD	5.0 mm	4.0 mm
25 PD	6.0 mm	5.0 mm
30 PD	7.0 mm	5.5 mm
35 PD	7.5 mm	6.0 mm
40 PD	8.0 mm	6.5 mm
45 PD	8.5 mm	6.5 mm
50 PD	9.0 mm	7.0 mm

1017 LR = lateral rectus MR = medial rectus

1018

CHAPTER 4: FOLLOW-UP

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4.1 Treatment

Initial treatment consists of the randomly-assigned surgery as described in chapter 3.

Following the surgery, nonsurgical treatment of any overcorrection, undercorrection, or deviations associated with diplopia is at investigator discretion at any time during the study, with the following stipulation:

- If at the 8 week visit a constant esotropia at least 6 PD by SPCT at distance and near is present, the condition must be managed with prism (*section 4.4.1*).

Reoperation or treatment with botulinum toxin is not permitted during the first 6 months following surgery. After the 6-month exam, a patient may undergo reoperation or treatment with botulinum toxin only after criteria for surgical failure are met (*section 4.5.1*).

4.2 Follow-up Visit Schedule

Follow-up visits will be conducted at the following times:

- 1 week \pm 3 days after surgery
- 8 weeks \pm 2 weeks after surgery
- 6 months \pm 1 month after randomization (masked)
- 12 months \pm 2 months after randomization (masked)
- 18 months \pm 2 months after randomization (masked)
- 24 months \pm 2 months after randomization (masked)
- 30 months \pm 2 months after randomization (masked)
- 3-Year Primary Outcome Exam: 3 years \pm 2 months (masked)

4.3 1-Week Follow-up Exam

The 1-week follow-up exam will be 1 week \pm 3 days following surgery.

At this visit, the following will occur:

- Ocular alignment in the primary position using cover/uncover, SPCT (if tropia is of sufficient duration to measure), and PACT, both at distance (6 meters) and near (1/3 meter) fixations (*section 2.5*)
 - Testing must be performed in current refractive correction.
 - If prism is currently prescribed, ocular alignment testing should be performed *without* prism.
 - If deliberate overminus is currently prescribed, ocular alignment testing should be performed in trial frames *without* the overminus component of the prescription but which correct the remaining refractive error to within study guidelines.
 - Testing must be performed without cycloplegia.
- Visual acuity by the same testing method used at enrollment
 - Testing must be performed in current refractive correction.
 - If prism is currently prescribed, visual acuity testing should be performed *with* prism.
 - If deliberate overminus is currently prescribed, visual acuity testing should be performed *with* the overminus correction.

- 1064 • If visual acuity is found to be reduced by 0.2 logMAR or more (2 lines or 10 letters) from
1065 the previous visit and the patient is wearing a Fresnel prism, visual acuity should be
1066 retested in trial frames.
1067 • Recording of any surgical or post-surgical complications.
1068

1069 **4.4 8-Week Follow-up Exam**

1070 The 8-week follow-up exam will be 8 weeks \pm 2 weeks following surgery. Prior to the patient's
1071 examination, spectacle correction will be verified using a lensometer. For patients wearing
1072 contact lenses, a dry over-refraction (i.e., non-cycloplegic retinoscopy) should be performed.
1073

1074 At this visit, the following procedures will occur in the specified order:

1075 1. Stereoacuity - stereoacuity will be assessed using the following as in *section 2.5*:

- 1076 • Preschool Randot stereotest at near (performed at 40 cm)
1077 • Distance Randot stereotest (performed at 3 meters)
1078 • Titmus Fly & Circles stereotest at near (performed at 40 cm) (note: Animals are not
1079 tested)

1080 Testing must be performed in current refractive correction.

- 1081 • If prism is currently prescribed, stereoacuity testing should be performed *with* prism.
1082 • If deliberate overminus is currently prescribed, stereoacuity testing should be
1083 performed *with* the overminus correction.

1084 In the case of a protocol testing order violation, stereoacuity should be performed 10
1085 minutes after any dissociation.

1086 2. Ocular alignment in the primary position using cover/uncover, SPCT (if tropia is of sufficient
1087 duration to measure), and PACT, at both distance (6 meters) and near (1/3 meters) fixations
1088 (*section 2.5*).

- 1089 • Testing must be performed in current refractive correction.
1090 • If prism is currently prescribed, ocular alignment testing should be performed
1091 *without* prism.
1092 • If deliberate overminus is currently prescribed, ocular alignment testing should be
1093 performed in trial frames *without* the overminus component of the prescription
1094 but which correct the remaining refractive error to within study guidelines.
1095 • Testing must be performed without cycloplegia.

1096 3. Visual acuity by the same testing method used at enrollment

- 1097 • Testing must be performed in current refractive correction.
1098 • If prism is currently prescribed, visual acuity testing should be performed *with*
1099 prism.
1100 • If deliberate overminus is currently prescribed, visual acuity testing should be
1101 performed *with* the overminus correction.
1102 • If visual acuity is found to be reduced by 0.2 logMAR or more (2 lines or 10 letters)
1103 from the previous visit, and the patient is wearing a Fresnel prism, visual acuity
1104 should be retested in trial frames.
1105 • If visual acuity is found to be reduced by 0.2 logMAR or more (2 lines or 10 letters)
1106 from the previous visit (after removal of Fresnel prism if applicable), a cycloplegic
1107 refraction must be performed and visual acuity retested in current refractive
1108 correction based on the cycloplegic refraction
1109

1110 Any additional post-surgical complications which have been recognized since the 1-week visit
1111 will be recorded.
1112

1113 **4.4.1 Management of Esotropia and Diplopia at the 8-week Exam**

1114 At the 8-week exam:

- 1115 • Constant esotropia at least 6 PD by SPCT at distance AND near must be managed with prism
1116 (either ground-in or Fresnel Press-On Optics; however, the study will only provide temporary
1117 press-on prisms). The amount of prism prescribed should be the minimum amount of prism
1118 needed to neutralize the angle. At each subsequent visit, an attempt should be made to
1119 reduce or discontinue prism. Despite initiation of treatment with prism, patients will not be
1120 considered a surgical failure at the 8-week exam.
 - 1121 ○ Treatment of any esotropia greater than 6 PD that cannot be managed with prism
1122 should be discussed with the protocol chair. If a second surgical treatment is
1123 considered, this should be discussed with the protocol chair.
- 1124 • Any other esotropia, exotropia, or diplopia can be managed with nonsurgical treatment at
1125 investigator's discretion (*section 4.1*).
1126

1127 **4.5 Masked Exams at Six-month Intervals from Six Months to 3 Years**

1128 The six masked exams are timed every 6 months from randomization as follows:

- 1129 • 6 months \pm 1 month after randomization
- 1130 • 12 months \pm 2 months after randomization
- 1131 • 18 months \pm 2 months after randomization
- 1132 • 24 months \pm 2 months after randomization
- 1133 • 30 months \pm 2 months after randomization
- 1134 • 3 years \pm 2 months after randomization (primary outcome exam)
1135

1136 Prior to the patient's examination, spectacle correction will be verified using a lensometer. For
1137 patients wearing contact lenses, a dry over-refraction (i.e., noncycloplegic retinoscopy) should be
1138 performed.
1139

1140 At these visits, the following testing procedures will occur in the specified order:

- 1141 1. Health-related quality of life questionnaires (6-month and 3-year visits only)
- 1142 2. Stereoacuity (masked) - stereoacuity will be assessed in current refractive correction, with
1143 prism if applicable, using the following as in *section 2.5 and 4.5.2*:
 - 1144 ○ Preschool Randot stereotest at near (performed at 40 cm)
 - 1145 ○ Distance Randot stereotest (performed at 3 meters)
 - 1146 ○ Titmus Fly & Circles stereotest at near (performed at 40 cm) (note: Animals are not
1147 tested)Testing must be performed in current refractive correction.
 - 1148 • If prism is currently prescribed, stereoacuity testing should be performed *with* prism.
 - 1149 • If deliberate overminus is currently prescribed, stereoacuity testing should be
1150 performed *with* the overminus correction.In the case of a protocol testing order violation, stereoacuity should be performed 10
1151 minutes after any dissociation.
1152
- 1153 3. Control of exodeviation: Control of exodeviation will be measured at distance (6 meters) and
1154 near (1/3 meter) using the Office Control Score¹⁶ as described in section 2.5.
1155

- 1156 • Testing must be performed in current refractive correction.
1157 • If prism is currently prescribed, testing should be performed *without* prism.
1158 • If deliberate overminus is currently prescribed, testing should be performed in trial
1159 frames *without* the overminus component of the prescription but which correct the
1160 remaining refractive error to within study guidelines.
- 1161 4. Ocular alignment (masked) in the primary position using cover/uncover, SPCT (if tropia is of
1162 sufficient duration to measure), and PACT, at both distance (6 meters) and near (1/3 meter)
1163 fixations (*sections 2.5 and 4.5.2*).
- 1164 • Testing must be performed in current refractive correction.
1165 • If prism is currently prescribed, ocular alignment testing should be performed *without*
1166 prism.
1167 • If deliberate overminus is currently prescribed, ocular alignment testing should be
1168 performed in trial frames *without* the overminus component of the prescription but
1169 which correct the remaining refractive error to within study guidelines.
- 1170 • Testing must be performed without cycloplegia.
- 1171 5. Retesting of stereoacuity and/or ocular alignment to confirm surgical failure (masked) (if
1172 required)
- 1173 ○ If any of the surgical failure criteria appear to be met (*section 4.5.1*) based on initial
1174 testing, the criterion met will be retested by a masked examiner (*section 4.5.2*).
1175 ○ All retesting should be performed at least 10 minutes after the initial ocular
1176 alignment testing.
- 1177 6. Visual acuity in current refractive correction (without prism if worn) by the same testing
1178 method used at enrollment
- 1179 • Testing must be performed in current refractive correction.
1180 • If prism is currently prescribed, visual acuity testing should be performed *with*
1181 prism.
1182 • If deliberate overminus is currently prescribed, visual acuity testing should be
1183 performed *with* the overminus correction.
1184 • If visual acuity is found to be reduced by 0.2 logMAR from the previous visit and the
1185 patient is wearing a Fresnel prism, visual acuity should be retested in trial frames.
1186 • If visual acuity is found to be reduced by 0.2 logMAR or more (2 lines or 10 letters)
1187 from the previous visit (after removal of Fresnel prism if applicable), a cycloplegic
1188 refraction must be performed and visual acuity retested in current refractive
1189 correction based on the cycloplegic refraction.
- 1190 7. Cycloplegic refraction if not performed within the last 12 months
1191 ○ Management of refractive error is subject to the guidelines in *section 5.3*.

1192
1193 In addition, the following will be recorded:

- 1194 • Any nonsurgical treatment of exotropia, esotropia or symptomatic diplopia (e.g., prism)
1195 • Any treatment of amblyopia [interocular visual acuity difference of more than 0.2
1196 logMAR (2 lines on ATS HOTV or 10 letters on E-ETDRS) and worse eye acuity of
1197 worse than 0.3 logMAR (20/40 on ATS HOTV or 70 letters on E-ETDRS)]
1198 • Any change in refractive correction
1199

1200 Treatment can be prescribed as follows:

- 1201 • Nonsurgical treatment of any overcorrection, undercorrection, or deviations associated
- 1202 with diplopia is at investigator discretion.
- 1203 • If any of the surgical failure criteria are met (*section 4.5.1*), the investigator may elect to
- 1204 reoperate (*section 4.7*). If none of the surgical failure criteria are met, the investigator
- 1205 should not reoperate.

1206
 1207 All patients should continue in follow up through 3-years, regardless of whether they undergo
 1208 reoperation.
 1209

1210 **4.5.1 Surgical Failure Criteria**

1211 Patients will be considered a surgical failure if at any visit occurring 6 months or later any of the
 1212 following failure criteria are present by masked examiner testing (*section 4.5.2*)*:

- 1213 1. Exotropia at distance OR near at any time during the exam (i.e., can be constant or
- 1214 intermittent; determined by a cover/uncover test) with a magnitude of at least 10 PD by
- 1215 SPCT, confirmed by a retest
- 1216 2. Constant esotropia at distance OR near (determined by at least 3 cover/uncover tests—one
- 1217 must be before any dissociation) with a magnitude of at least 6 PD by SPCT, confirmed by a
- 1218 retest
- 1219 3. Decrease in Preschool Randot near stereoacuity at least 2 octaves (at least 0.6 log arcsec) (*see*
- 1220 *Table 3*) from the enrollment measurement, or to nil, confirmed by a retest

1221
 1222 **Table 3: Preschool Randot Stereotest**

Baseline Stereoacuity, in arcsec	Level needed at follow up visit to meet surgical failure criteria, in arcsec
40''	200'' or worse
60''	400'' or worse
100''	400'' or worse
200''	800'' or worse
400''	Nil

1223
 1224 *Note that both the initial testing and the retest must be performed by a masked examiner
 1225 (*section 4.5.2*). If a patient appears to have met one or more of the above surgical failure criteria
 1226 but the retest(s) do not confirm that at least one criterion is met, the patient is not considered to
 1227 be a surgical failure.
 1228

1229 Patients will also be considered a surgical failure if they undergo a second surgery or treatment
 1230 with botulinum toxin at any time during the study.
 1231

1232 All patients will continue to return for all protocol-specified follow-up exams regardless of
 1233 whether surgical failure criteria are met.
 1234

1235 **4.5.2 Masked Examiner Testing**

1236 Stereoacuity and ocular alignment testing at the visit must be performed by a masked examiner.
 1237

1238 If retesting is needed, retesting should be performed at least 10 minutes after the initial ocular
 1239 alignment testing.

- 1240
- First, if the surgical failure criterion related to a drop in Preschool Randot stereoacuity at near appears to be met (*section 4.5.1*); the masked examiner will retest Preschool Randot stereoacuity at near.
 - Second, if either of the surgical failure criteria related to presence of a tropia appear to be met (*section 4.5.1*), the masked examiner will retest cover/uncover testing and SPCT at distance and near (if tropia is of sufficient duration to measure).
- 1241
- 1242
- 1243
- 1244
- 1245
- 1246

1247 Because this examiner must be masked to the patient's treatment group, the masked examiner
1248 must be someone other than the investigator/surgeon.

1249

1250 **4.5.3 Patients Wearing Prism and/or Deliberate Overminus at 3-Years**

1251 In addition to the assessments listed in section 4.5, *at the 3-year masked exam only*, patients who
1252 are currently prescribed prism and/or deliberate overminus will have Preschool Randot
1253 Stereoacuity at near repeated in current refractive correction but *without* prism or overminus.
1254 This additional Preschool Randot retest without prism and without overminus should occur after
1255 all initial stereoacuity testing has been completed (ie. after the Titmus Fly at near) and before the
1256 control of exodeviation assessment. This testing without prism and overminus is for an
1257 exploratory analysis only (section 6.3.1) and is not considered in determining whether the patient
1258 meets surgical failure criteria for the primary analysis.

1259

1260 **4.6 Additional Visits**

1261 Investigators may schedule additional visits at their own discretion. If the investigator feels the
1262 patient has met surgical failure criteria, then he/she must arrange a masked examiner testing
1263 (*section 4.5.2*) to confirm surgical failure criteria before performing additional surgery. If the
1264 masked exam does not confirm that the surgical failure criteria have been met, additional surgery
1265 should not be performed.

1266

1267 The patient will continue to follow the regular follow-up exam schedule following this additional
1268 visit.

1269

1270 **4.7 Re-operation**

1271 Re-operations of IXT and treatment with botulinum toxin for IXT are allowed during the study
1272 after completion of the first 6-month follow-up exam, if the patient meets the surgical failure
1273 criteria at any follow-up exam 6 months or later (*see section 4.5.1*). The exception is patients
1274 with non-manageable esotropia following the 8-week exam who may require a second surgery
1275 before the 6-month exam. Any reoperation or botulinum toxin treatment prior to the 6-month
1276 exam must be discussed with the protocol chair. All patients undergoing either surgery a second
1277 time or treatment with botulinum toxin will be considered a surgical failure for the primary
1278 analysis. The reason for the re-operation or botulinum toxin treatment must be recorded and the
1279 patient will continue to return for all protocol-specified follow-up exams.

1280

1281 **4.8 Treatment of Amblyopia**

1282 Treatment of amblyopia is allowed at investigator discretion at any time during follow up if a
1283 patient has an interocular difference of visual acuity more than 0.2 logMAR (2 lines on ATS
1284 HOTV or 10 letters on E-ETDRS) with a worse eye visual acuity of worse than 0.3 logMAR
1285 (20/40 on HOTV or 70 letters on E-ETDRS). The method of treatment is at investigator

1286 discretion but cannot include atropine or overplus spectacle lenses. Any amblyopia treatment
1287 will be recorded.

1288 **CHAPTER 5: MISCELLANEOUS CONSIDERATIONS IN FOLLOW-UP**

1289
1290 **5.1 Contacts by the Jaeb Center for Health Research**

1291 The Jaeb Center will maintain direct contact with the parents of each patient at least 2 times per
1292 year. Permission for such contacts will be included in the Informed Consent Form. The
1293 principal purpose of the contacts will be to develop and maintain rapport with the patient and/or
1294 family and to help coordinate scheduling of the outcome examinations. Additional contacts will
1295 be made if necessary for the scheduling of follow-up visits.

1296
1297 **5.2 Patient Withdrawals**

1298 A patient (and respective parent) may withdraw from the study at any time. This is expected to
1299 be a very infrequent occurrence in view of the study design's similarity to routine clinical
1300 practice. If the patient or parent indicates that they want to withdraw from the study, the
1301 investigator personally should attempt to speak with them to determine the reason. If their
1302 interest is in transferring their care to another eye care provider, every effort should be made to
1303 comply with this and at the same time try to keep the patient in the study under the new
1304 provider's care.

1305
1306 **5.3 Management of Refractive Error**

1307 A cycloplegic refraction should be performed every 12 months. In addition, a refraction should
1308 be performed whenever the investigator suspects that refractive error may not be optimally
1309 corrected.

1310
1311 For patients whose refractive error meets criteria for requiring a refractive correction (*section*
1312 *5.3.1*), the correction prescribed should meet the refractive correction guidelines (*section 5.3.2*).

1313
1314 For patients whose refractive error does not meet the criteria for a required correction (*section*
1315 *5.3.1*), it is at investigator discretion whether to prescribe correction; however, if refractive
1316 correction is prescribed, it should meet the refractive correction guidelines (*section 5.3.2*).

1317
1318 **5.3.1 Refractive Error Requiring Correction**

1319 The following are the criteria for requiring refractive error correction:

- 1320 • Myopia > -0.50 D spherical equivalent in either eye
1321 • Hyperopia > +3.50 D spherical equivalent in either eye
1322 • Anisometropia > 1.00 D spherical equivalent
1323 • Astigmatism in either eye > 2.00 D if ≤ 5 years old and > 1.50 D if > 5 years old

1324
1325 **5.3.2 Refractive Correction Guidelines**

1326 The following are the guidelines for refractive correction which apply to patients meeting criteria
1327 for requiring refractive error correction (*section 5.3.1*) and to any other patient wearing refractive
1328 correction.

- 1329 • Anisometropia spherical equivalent must be within 0.25 D of full correction.
1330 • Astigmatism cylinder must be within 0.25 D of full correction and axis must be within 5
1331 degrees of full correction.

- 1332 • The spherical component can be reduced by investigator discretion provided the reduction is
1333 symmetrical and results in residual (i.e., uncorrected) spherical equivalent refractive error
1334 that does not exceed +3.50D hyperopia or -0.50 D myopia.
1335

1336 The study will not pay for spectacles required at enrollment, but will pay for lens changes and/or
1337 new spectacles which are needed during follow up to keep the correction within the study
1338 guidelines (*section 5.3*). All other new spectacles and/or lens changes will not be paid for by the
1339 study, as they are part of normal care. The study will not pay for contact lenses.
1340

1341 **5.4 Risks**

1342 There are no risks involved in this study that would not be part of usual care.
1343

1344 **5.4.1 Risks of Examination Procedures**

1345 The procedures in this study are part of routine eye care practice in the United States and as part
1346 of this study they pose no additional known risks.
1347

1348 **5.4.2 Risks of Surgery**

1349 All surgical procedures are standard care. The risks of surgery in this study are no different than
1350 surgery performed outside of the study.
1351

1352 There is a very rare risk of death (less than 1 in 100,000), there is a very rare risk of loss of
1353 vision, and there is a risk of overcorrection or undercorrection which could require subsequent
1354 surgeries.
1355

1356 **5.4.3 Risk Assessment**

1357 It is the investigators' opinion that the protocol's level of risk falls under DHHS 46.404 which is
1358 research not involving greater than minimal risk.
1359

1360 **5.5 Reporting of Adverse Events**

1361 Each site is responsible for informing its IRB of serious treatment-related adverse events and for
1362 abiding by any other reporting requirements specific to his or her IRB. Data on the
1363 complications of the study treatments will be tabulated regularly by the Coordinating Center for
1364 review by the Steering Committee. Serious complications will be reported expeditiously to the
1365 Data and Safety Monitoring Committee, which will receive a full adverse event report semi-
1366 annually. Following each DSMC data review, a summary will be provided to IRBs.
1367

1368 **5.6 Discontinuation of Study**

1369 The study may be discontinued by the Steering Committee (with approval of the Data and Safety
1370 Monitoring Committee) prior to the preplanned completion of enrollment and follow-up for all
1371 patients.
1372

1373 **5.7 Travel Reimbursement**

1374 The parent/guardian of each patient will be compensated \$30 per visit for completion of each
1375 protocol-specified follow-up visit, for a maximum of \$240. If there are extenuating
1376 circumstances, and the patient is unable to complete study visits without additional funds due to
1377 travel costs, additional funds may be provided.
1378

1379 **5.8 Study Costs**

1380 The subject or his/her insurance will be responsible for the costs that are considered standard
1381 care. This includes the initial examination, all follow up visits, all surgical procedures, and all
1382 costs involved in managing surgical complications.

1383
1384 The study will not pay for spectacles required at enrollment, but will pay for lens changes and/or
1385 new spectacles which are needed during follow up to keep the correction within the study
1386 guidelines (*section 5.3*). All other new spectacles and/or lens changes will not be paid for by the
1387 study, as they are part of normal care. The study will not pay for contact lenses.

1388
1389 The study will provide temporary press-on prisms and spectacles to mount the prism (if needed
1390 and the patient isn't wearing glasses).

1391

CHAPTER 6: SAMPLE SIZE ESTIMATION AND STATISTICAL ANALYSIS

The approach to sample size and statistical analyses are summarized below. A detailed statistical analysis plan will be written and finalized prior to the completion of the study. The analysis plan synopsis in this chapter contains the framework of the anticipated final analysis plan.

6.1 Primary Data Analysis

The primary analysis cohort consists of patients whose largest exodeviation by PACT at distance, near, or remote distance at the enrollment exam is between 15 and 40 PD inclusive.

The primary analysis will be a treatment group comparison of the proportion of patients with surgical failure by 3 years (*section 6.1.1.*). The primary analysis is stratified by IXT type (basic type and pseudo divergence excess type).

The cumulative proportion of patients meeting criteria for failure by 3 years will be obtained using the Kaplan-Meier method and compared between treatment groups using the Z test. This will allow patients who drop out prior to 3 years to contribute to the estimation of the proportion of surgical failure at 3 years. In this analysis, all patients who meet surgical failure criteria prior to 3 years will be counted as failures at the first visit at which surgical failure criteria are met. The primary analysis will follow the intent-to-treat principle.

6.1.1 Classification of Outcome

At the 3-year visit, each patient's condition will be classified as either surgical failure, success, or indeterminate as follows:

Failure = ANY of the following criteria are met at a visit 6 months or later:

1. Exotropia at distance OR near at any time during the exam (i.e., can be constant or intermittent; determined by a cover/uncover test) with a magnitude of at least 10 PD by SPCT, confirmed by a retest
2. Constant esotropia at distance OR near (determined by at least 3 cover/uncover tests—one must be before any dissociation) with a magnitude of at least 6 PD by SPCT, confirmed by a retest
3. Decrease in Preschool Randot near stereoacuity at least 2 octaves (at least 0.6 log arcsec) (*see Table 3*) from the enrollment measurement, or to nil, confirmed by a retest
4. Reoperation or treatment with botulinum toxin

Success = ALL of the following criteria are met at the 3-year visit:

1. Exodeviation less than 10 PD (tropia or phoria) by PACT at distance and near and reduction of more than 10 PD from largest of distance and near angles at enrollment
2. Esotropia less than 6 PD at distance and near by SPCT
3. No decrease in Preschool Randot stereoacuity of 2 or more octaves from the enrollment stereoacuity and no drop to nil
4. No reoperation or treatment with botulinum toxin
5. No non-surgical treatment for IXT during the study

Indeterminate = ALL of the following criteria are met at the 3-year visit:

1. Patient meets one or more of the following:

- 1439
- Exophoria ≥ 10 PD by PACT at distance or near
 - Exodeviation less than 10PD by PACT at distance and near but no reduction of more than 10 PD from largest of distance and near angles at enrollment
 - Intermittent esotropia or esophoria ≥ 6 PD at distance and/or near
- 1443 2. No decrease in Preschool Randot stereoacuity of 2 or more octaves from the enrollment stereoacuity or a drop to nil
- 1444
- 1445 3. No reoperation or treatment with botulinum toxin
- 1446

1447 **6.2 Secondary Data Analysis**

1448 All secondary analyses will be conducted on the primary cohort and stratified by IXT type.

1449

1450 **6.2.1 Subgroup Analyses**

1451 A secondary analysis will assess whether the treatment group difference in the proportion of patients with surgical failure by 3 years varies in subgroups based on baseline factors.

1452 Interpretation of subgroup analyses will depend on whether the overall analysis demonstrates a significant treatment group difference. Subgroup analyses will be interpreted with caution, particularly in the absence of an overall treatment group difference.

1456

1457 The primary subgroups of interest are baseline monofixation status as determined using Titmus stereoacuity data, baseline monofixation status determined as using Preschool Randot stereoacuity data, and age. Other baseline factors which will be assessed in exploratory subgroup analysis are prior treatment, near stereoacuity, distance stereoacuity, control of IXT, whether a constant exotropia was present at distance, and quality of life. In accordance with NIH guidelines, a subgroup analysis of treatment efficacy according to gender, as well as race/ethnicity, will also be conducted.

1464

1465 The general approach for subgroup analyses will be to determine the proportion of patients with surgical failure for each treatment group within each subgroup, using the same method as for the primary analysis. Factors showing evidence of interaction with treatment effect will be formally assessed by including an interaction term in a Cox proportional hazards model that includes the factor. In general, power will be low for formally detecting interactions unless the interaction is very large.

1471

1472 **6.2.2 Surgical Failure Proportion at 3 Year Timepoint**

1473 The binomial proportion of patients who meet surgical failure criteria *at* the 3 year visit (as opposed to *by* the 3 year visit) will be estimated for each treatment group and compared using Fisher's exact test.

1476

1477 Patients who do not return for the 3 year visit will not be included in the analysis, including patients who met surgical failure criteria at an intermediate visit. Patients who complete the visit will be classified based on their status at 3 years, regardless of whether they met surgical failure criteria at an earlier timepoint, unless they have been re-operated (or treated with botulinum toxin), in which case they will be classified as a surgical failure.

1482

1483 The potential for bias in the treatment group comparison is recognized. Once a patient has met the clinical criteria for surgical failure criteria at an interim follow up visit, the decision to reoperate—and thus permanently classify the patient as a surgical failure for the analysis *at* 3

1485

1486 years—is at the discretion of an unmasked investigator and therefore could be related to
1487 treatment group. To assist in assessing for potential bias, the extent to which treatment group is
1488 related to the decision to reoperate will be evaluated.
1489

1490 **6.2.3 Success Proportion at 3 Year Timepoint**

1491 The estimated proportion of patients who meet criteria for ‘success’ at the 3-year outcome exam
1492 (section 6.1.1) will be calculated and compared between treatment groups using a Fisher’s exact
1493 test. A 95% confidence interval on the difference of proportions between the two groups also
1494 will be calculated.
1495

1496 The potential for bias in this treatment group comparison is recognized. Once a patient has met
1497 the clinical criteria for surgical failure criteria at an interim follow up visit, the decision to
1498 reoperate—and thus prevent the patient from being classified as a success for the 3 year
1499 analysis—is at the discretion of an unmasked investigator and therefore could be related to
1500 treatment group. To assist in assessing for potential bias, the extent to which treatment group is
1501 related to the decision to reoperate will be evaluated.
1502

1503 **6.2.4 Analysis of Secondary Outcomes**

1504 Additional secondary analyses will be performed to assess whether treatment group differences
1505 exist for secondary outcomes: near stereoacuity, distance stereoacuity, monofixation status as
1506 determined using Titmus stereoacuity data, monofixation status determined as using Preschool
1507 Randot stereoacuity data, development of amblyopia, and quality of life.
1508

1509 **6.3 Exploratory Analyses**

1510 **6.3.1 Exploratory Analyses in Primary Cohort**

1511 Exploratory analyses will be stratified by IXT type and conducted in the primary cohort (i.e.
1512 patients whose largest angle by PACT at enrollment is between 15 and 40 PD inclusive).
1513

1514 As exploratory analyses, the primary analysis comparing failure proportions by 3 years (section
1515 6.1), the comparison of failure proportions at 3 years (6.2.2) the comparison of success
1516 proportions at 3 years (6.2.3) will be repeated using the same outcome classification of surgical
1517 failure, success, or indeterminate as described section 6.1.1., with the following exception:

- 1518 • At the 3-year visit, for patients who are currently prescribed prism and/or deliberate
1519 overminus: the Preschool Randot at near score to be used for the outcome classification will
1520 be the one tested *without* wearing prism or overminus. If this measurement shows a decrease
1521 of at least 2 octaves (at least 0.6 log arcsec) from the enrollment measurement, or to nil, to
1522 avoid adding to testing burden and to the complexity of visits, a confirmatory retest *is not*
1523 needed to be considered a surgical failure for this analysis.

~~1524~~

1526 **6.3.2 Exploratory Analyses in Patients with Baseline Angle > 40 to 50 PD**

1527 Additional exploratory analyses will be stratified by IXT type and conducted in a secondary
1528 cohort of patients whose largest angle by PACT at enrollment is > 40 to 50 PD.
1529

1530 The proportion of patients with surgical failure by 3 years will be calculated and will be
1531 compared between treatment groups using the same method as for the primary analysis.
1532

1532

1533 **6.4 Safety Analyses**

1534 Postoperative complications will be tabulated according to treatment group.

1535

1536 **6.5 Additional Tabulations and Analyses**

1537 The following will be tabulated according to treatment group:

- 1538 1. Baseline demographic and clinical characteristics
- 1539 2. Baseline data for study completers vs. non-completers
- 1540 3. Protocol deviations

1541

1542 A flow chart will be constructed that accounts for all subjects. Visit completion rates will be
1543 tabulated according to treatment group for each visit. The percentage of subjects with visits
1544 completed in window, out of window, and missed for each visit will be tabulated.

1545

1546 **6.6 Interim Analysis**

1547 There are no plans to formally assess surgical failure at a timepoint earlier than 3 years because it
1548 is the long-term outcome that is of clinical interest and because the treatment groups are
1549 expected to differ in the timing of surgical failure and in the criteria met for surgical failure.

1550 Patients receiving unilateral lateral rectus recession with medial rectus resection (R&R) are
1551 expected to fail earlier, due primarily to consecutive esotropia (i.e., overcorrection) which cannot
1552 be managed with prism, whereas patients receiving bilateral lateral rectus recessions (BLRrec)
1553 are expected to have better short-term motor outcomes but fail later, due primarily to recurrence
1554 of the intermittent exotropia over the long term. A treatment group comparison of failure
1555 proportions at a timepoint before 3 years would therefore be expected to be biased against R&R.

1556

1557 An interim analysis of partial 3-year data is not planned because by the time 50% of the cohort
1558 has 3-year data, recruitment will have ended and all patients will have had surgery.

1559

1560 **6.7 Sample Size Estimation**

1561 The study is powered for an appropriate number of patients of each IXT type in the primary
1562 cohort.

1563

1564 Table 4 shows the estimated number of patients needed per group to detect specific differences
1565 in the proportion of patients meeting surgical failure criteria by 3 years (*section 6.1.1*) with
1566 power of 0.90 and type I error rate of 0.05 using the Fisher’s exact test:

1567

1568 **Table 4: Sample size needed per group to detect the tabled difference in proportion of**
1569 **failure with type I error=5% and power=90%**

Proportion of failure for bilateral lateral recessions	Proportion of failure for unilateral lateral rectus recessions with medial rectus resections				
	0.35	0.30	0.25	0.20	0.15
0.50	240	135	85	58	41
0.45	523	231	128	80	53
0.40	2008	496	216	118	72
0.35	--	1182	459	197	105
0.30	1882	--	1713	411	173

1570

1571 Based upon estimates in the literature for basic type IXT, the difference in failure proportion
1572 between bilateral lateral recessions (BLRrec) and unilateral lateral rectus recessions with medial
1573 rectus resections (R&R) for the treatment of IXT ranges from as little as 4% (failure rates of 44%
1574 vs. 40% respectively)¹³ to as much as 30% (failure rates of 48% vs. 18% respectively).¹² It was
1575 felt clinically meaningful to power the study to detect a difference between treatment groups
1576 only if the true difference was at least 25%, assuming a failure rate of 25% in the BLRrec group
1577 and 50% in the R&R group, respectively). In the absence of literature comparing surgical
1578 outcomes in patients with pseudo divergence excess type IXT, the analysis for these patients will
1579 be powered similarly to the analysis for basic type IXT patients.

1580
1581 Given estimated failure proportions of 50% with BLRrec and 25% with R&R, and accounting
1582 for 10% loss to follow-up prior to repeat operation, 378 patients will need to be enrolled in the
1583 primary cohort (189 with basic type IXT and 189 with pseudo divergence excess type IXT), half
1584 of whom will be randomized to each treatment group.

1585
1586 An additional 76 patients whose largest exodeviation by PACT at enrollment is > 40 to 50 PD
1587 (38 with basic type IXT and 38 with pseudo divergence excess type IXT) are expected to be
1588 enrolled as a secondary cohort during recruitment for the primary cohort. Recruitment for the
1589 secondary cohort will be monitored during recruitment of the primary cohort. If a secondary
1590 cohort is enrolling fewer patients than expected, recruitment for the secondary cohort could be
1591 terminated before recruitment for the primary cohort has ended.

1592
1593 As the enrollment goal approaches, sites will be notified of the end date for recruitment.
1594 Subjects who have signed an informed consent form can be randomized up until the end date,
1595 which means the expected recruitment might be exceeded. The maximum number of
1596 randomized subjects will be 474.

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