

## STUDY SUMMARY

<b>RESEARCH TITLE:</b>
Evaluation of an alternative treatment for localized prostate cancer using MRI-guided transurethral ultrasound with 1-year control for absence of cancer.
<b>Abbreviated Title :</b> MRI-TULSA
<b>Sponsor :</b> Hôpitaux Universitaires de Strasbourg
<b>Principal Investigator:</b> Dr Thibault TRICARD
<b>N° HUS :</b> 7429
<b>N° IDRCB:</b> 2019-A01537-50
<b>Research justification:</b>
Evaluation of a comprehensive alternative prostate treatment for the management of localized prostate cancer.
<b>Primary objective:</b>
Demonstrate that mri-guided transurethral ultrasound (mri-tulsa) enables disease control with absence of clinically significant cancer at the 1-year control biopsy.
<b>Secondary objectives:</b>
<ol style="list-style-type: none"> <li>1. Evaluate biological response (psa) after treatment.</li> <li>2. Verify absence of any cancer at 1-year control biopsies.</li> <li>3. Calculate survival without radical salvage treatment (surgery, radiotherapy, or cryotherapy).</li> <li>4. Evaluate side effects, complications, and hospitalizations related to device use.</li> <li>5. Assess satisfactory clinical tolerance post-treatment (urinary functional symptoms, urinary continence, erectile dysfunction, quality of life).</li> </ol>
<b>Primary evaluation criterion</b>
Absence of clinically significant cancer at 1-year prostate biopsy.
Clinically significant cancer defined by:
<ul style="list-style-type: none"> <li>- Gleason <math>\geq 7</math>, or</li> <li>- 3 mm cumulative positive biopsy regardless of gleason score, or</li> <li>- 2 positive biopsies</li> </ul>
<b>Critères d'évaluation secondaires :</b>
<ol style="list-style-type: none"> <li>1. Psa variation between pre- and post-operative periods.</li> <li>2. Presence of non-clinically and clinically significant cancer at 1-year control biopsies.</li> <li>3. Absence of salvage treatment.</li> <li>4. Presence of complications requiring hospitalization.</li> <li>5. Assessment of functional impact and quality of life: <ol style="list-style-type: none"> <li>a. Urinary continence (usp)</li> <li>b. Erectile function (iief-15 <math>\leq 16</math>)</li> <li>c. Quality of life (eortc qlq-c30)</li> <li>d. Ipss score</li> </ol> </li> </ol>
<b>Experimental plan</b>
Prospective, monocentric, interventional study on patients.
<b>Inclusion criteria :</b>
<ul style="list-style-type: none"> <li>- Male <math>\geq 50</math> years, no upper age limit</li> </ul>

- Histological proof of prostate adenocarcinoma
- Gleason  $\leq 7(3+4)$
- $< t3$  clinical, n0, m0
- Psa  $< 15$  ng/ml
- Prostate volume  $< 90$  cc
- Ecog performance status 0-1
- Radiological tnm  $\leq 2$ , n0, m0
- First-line treatment or relapse after primary radiotherapy
- Subject affiliated with a social security health insurance regime
- Subject able to understand study objectives and risks and provide informed consent
- Subject informed of pre-study medical visit results

#### Non-inclusion criteria

- Prostate gland size exceeding 5 cm length and 6 cm axial diameter on reference mri
- Prostate tissue containing cysts and/or calcifications  $> 1$  cm (calcifications or cysts  $< 1$  cm tolerated if not located near the periphery where temperature control occurs)
- Contraindication to mri (e.g., electrical or metallic implants, metallic fragments in body)
- Contraindication to gadolinium contrast (hypersensitivity to gadoteric acid, meglumine, or gadolinium-containing drugs)
- Contraindication to general anesthesia
- Metastatic cancer on imaging
- History of other cancer except non-melanoma tumor effectively treated 2 years prior to inclusion
- Irreversible hemostasis disorders
- Inability to provide informed information (emergency situation, comprehension difficulties)
- Urinary infection on ecbu 10 days before procedure not effectively treated at least 48 hours prior
- Subject under judicial protection
- Subject under guardianship or curatorship
- Subject in exclusion period from previous or ongoing study

#### Trial procedure

**Information visit:** consultation in urology surgery department for histologically confirmed localized prostate cancer. Patient informed about study. Pelvic mri and bone scintigraphy performed prior to inclusion in study.

**Inclusion visit:** informed consent and pre-therapeutic clinical evaluation (usp, ipss, iief-15, eortc qlq-c30).

**Anesthesia consultation:** approximately 3 weeks before surgery.

**Hospitalization:** 2-3 days for comprehensive prostate treatment.

<p><b>Follow-up consultations:</b> clinical and biological follow-up at 15 days, 3 months, 6 months, and 12 months with control mri at 3, 6, and 12 months.</p> <p><b>End-of-study visit:</b> 1 year post-treatment with systematic prostate biopsy at 12 months post-treatment and/or if suspicious lesion on mri or psa &gt; nadir+2 ng/ml.</p>
<p><b>Experimental drug</b> Not applicable.</p>
<p><b>Medical device (non-experimental)</b></p> <p>Tulsa-pro® is a medical device marketed by profound medical inc., toronto, canada, which obtained its ce (european conformity) marking in january 2018.</p> <p>This device combines mri imaging with focused transurethral ultrasound treatment of the prostate.</p>
<p><b>Authorized and/or prohibited treatments</b></p> <p><b>Authorized treatments:</b></p> <ul style="list-style-type: none"> <li>• Usual analgesics levels I to III</li> <li>• Antiepileptics or antidepressants with marketing authorization for neuropathic pain</li> <li>• Capsaicin patch for local application</li> <li>• Gadoteric acid</li> <li>• Non-adrenaline lidocaine</li> <li>• Treatments administered for general anesthesia and during post-operative period</li> <li>• Systematic antibiotic prophylaxis: cefazoline, cefuroxime, gentamicin</li> </ul> <p><b>Prohibited treatments:</b></p> <ul style="list-style-type: none"> <li>• Anticoagulant treatments constitute a relative contraindication and must be relayed by heparin treatment to allow a therapeutic window (during biopsies and during the therapeutic procedure)</li> <li>• Radiological procedure, radiotherapy, or prostate cryotherapy during the study period</li> </ul> <p>Antiplatelet agent is not a contraindication; in case of dual Antiplatelet aggregation , a period of 5-10 days of monotherapy should be recommended</p>
<p><b>Number of subjects required : 25</b></p>
<p><b>Statistical method</b></p> <p>Statistical analyses will include a descriptive phase and an inferential phase using fully bayesian techniques.</p> <p>All analyses will be performed using r software.</p> <p>In the absence of statistical testing, there is no type i error rate to set. Credibility intervals will be symmetric intervals at the 5% level.</p>

Survival analysis without radical salvage treatment will be performed using the kaplan-meier technique.

**Provisional timeline**

**Inclusion period duration:** 36 months

**Individual subject participation duration:** 12 months

**Total study duration:** 48 months

**Exclusion duration:**

- During the study: 12 months
- At the end of the study: not applicable
- In case of premature exit: not applicable