Confirmation in human subjects of a cosmetic product efficacy after application in the body under normal conditions of use.

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Study synopsis

The study objective is to assess the efficacy and safety of a combined use of cosmetic products (shower oleogel and body lotion) in improving the signs of dry and itchy skin vs use of commercial shower gel and body lotion.

In order to reach this goal, a clinical study planned to be performed on 60 healthy female and male subjects more than 18 years old, with dry and sensitive skin on the body and presence of itching, enrolled according to the specific inclusion and non-inclusion criteria. The subjects will use the assigned products once a day for 28 days. The efficacy will be evaluated by changes in skin hydration by Corneometer, skin barrier function by Tewameter, pH by pH meter before and after 30min, 24 hours and 28 days of product use. The subjects will also give their opinion about subjective perception of the efficacy by means of questionnaire. The occurrence of adverse events will be also recorded. No protocol amendments were done up to date.