

Borderline Personality Disorder and Emotion Regulation

Effects of emotion-focused vs. cognitive schema therapy interventions on emotion regulation deficits in borderline personality disorder - associations between clinical efficacy, brain network function and local glutamate/GABA metabolism

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Study design

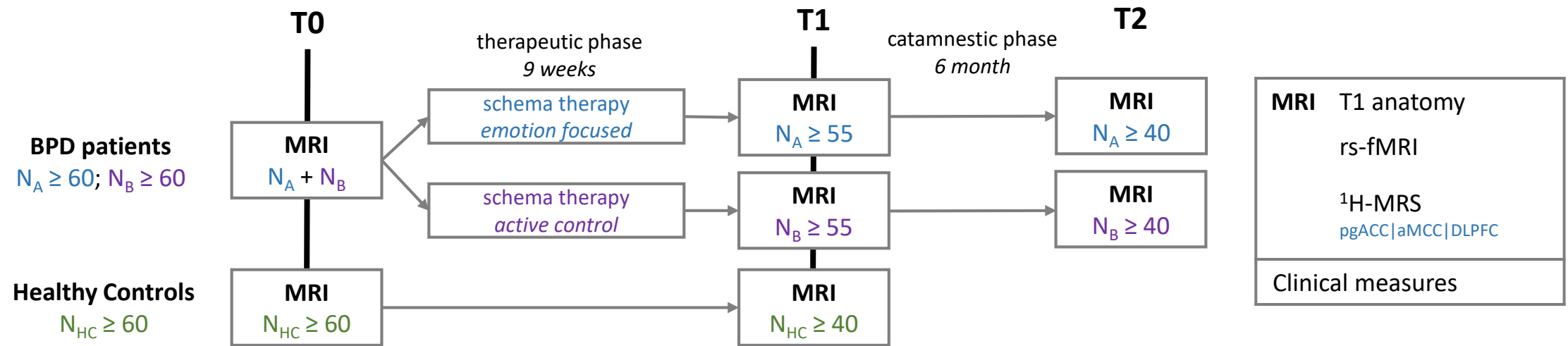


Figure study design: T0/T1 First therapeutic phase is divided into an **active (ST-EF)** and a **passive (ST-AC)** condition in terms of emotion-focused interventions of ST. It enables the assessment of differential effects of the experiential therapeutic techniques of ST: (i) as compared to the cognitive behavioral techniques serving as control condition (T0/T1), (ii) as compared to the influence of time (T1 vs. T2 in healthy controls), (iii) and as compared to long-term treatment effects. Marked in grey: Target group sizes as derived from the power calculation, and including possible dropouts in each group.