

Borderline Personality Disorder and Emotion Regulation

Effects of emotion-focused vs. cognitive schema therapy interventions on emotion regulation deficits in borderline personality disorder - associations between clinical efficacy, brain network function and local glutamate/GABA metabolism

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Assessments

	T0 Inclusion Therapy beginning	T1 End of therapy	T3 follow-up 1	T4 follow-up 2	
	Week 1*	Week 9**	6 month after therapy	1 year after therapy	
	Diagnostic phase	Outcome (1)	Outcome (2)	Outcome (3)	
PF-TK (s)	X		X		
SEFP (c)	X	X	X	X	<ul style="list-style-type: none"> • Diagnostics • Inclusion/exclusion criteria
PID-5 (s)	X	X	X	X	
BPDSI-IV (c)	X	X	X	X	
EHI (s)	X				
CTQ (s)	X				
IDA-R	(X)				
WAIS-IV	(X)				
ERI (s)	X	X	X	X	<ul style="list-style-type: none"> • Primary outcome
FSVV (s)	X	X	X	X	
BSL-95 (s)	X	X	X	X	<ul style="list-style-type: none"> • Secondary outcome (BPD-specific)
IIP (s)	X	X	X	X	
SMI (s)	X	X	X	X	
YSQ-S3r (s)	X	X	X	X	
BDI II (s)	X	X	X	X	<ul style="list-style-type: none"> • To control for occurrence and change of depressive and other psychiatric symptoms
SCL-90-R (s)	X	X	X	X	
	*questionnaire survey in week 1	**questionnaire survey in week 9	(c) clinician-administered (s) self-rated (x) if applicable		

PF-TK (s)	Patient Questionnaire Day-Clinic Jena	Reference:
SEFP (c)	Levels of Personality Functioning Scale (LPFS)	Bender et al. (2011)
PID-5 (s)	Personality Inventory for DSM-5 (Criterion B)	Krueger (2012), Zimmermann et al. (2014)
BPDSI-IV (c)	Borderline Personality Disorder Severity Index – fourth version	Arntz et al. (2003), Kröger et al. (2013, 2016)
EHI	Edinburgh Handedness Inventory	Oldfield (1971)
CTQ (s)	Childhood Trauma Questionnaire	Bernstein et al. (2003); Klinitzke et al (2012)
IDA-R	structured guide for the integrated diagnosis of adult ADHD	Retz et al. (2012)
WAIS-IV	Wechsler Adult Intelligence Scale - fourth version	Wechsler (2008)
ERI (s)	Emotion Regulation Inventory	König et al. (2011)
FSVV (s)	Questionnaire concerning self-harming behavior (modified)	Reicherzer & Brandl (2011)
BSL-95 (s)	Borderline Symptom List (95 Items)	Bohus et al. (2001, 2007)
IIP-D (s)	Inventory of Interpersonal Problems	Horowitz et al. (1988, 2000)
SMI (s)	Schema Mode Inventory (118 item version)	Lobbestael et al (2010), Reiss et al. (2012), Young et al. (2007)
YSQ-s3r (s)	Young Schema Questionnaire (short version)	Kriston et al. (2013), Phillips et al. (2017), Young et al. (1994)
BDI-II (s)	Beck Depression Inventory-II	Beck et al. (1996), Hautzinger et al. (2006), Kühner et al. (2007)
SCL-90-R (s)	Symptom Checklist-90-Revised	Derogatis (1979), Franke (2002), Schauenbuerg & Strack (1999)