



**OPTIMIZING EXO-MEL ADMINISTRATION TO ENHANCE
SLEEP PROMOTION: A RANDOMIZED DOUBLE-BLIND
TRIAL**

Committee on Bioethics of the University of Pisa - Review No. 9/2023

27/03/2023

NCT ID not yet assigned

Unique Protocol Id 0043072/2023

Consent for the Processing of Personal and Special Categories of Data

DOSAGE AND TIMING OF MELATONIN ADMINISTRATION IN PROMOTING SLEEP: RANDOMIZED DOUBLE-BLIND INTERVENTIONAL STUDY

I, the undersigned _____ (name and surname of the data
subject), born in _____ () on __/__/____
Phone number: _____
Email address: _____

hereby

AUTHORIZE

the collection and processing of my personal data, as described in the attached privacy notice, for
research purposes by the Department of Translational Research and New Technologies in Medicine
and Surgery at the University of Pisa.
I declare that I have read the privacy notice pursuant to Article 13 of EU Regulation No. 679/2016.

Place and date, _____

The data subject _____ (legible signature)

AUTHORIZE

the collection and processing of my personal data falling under special categories, including data
suitable to reveal my health status, as described in the attached privacy notice, for research
purposes by the Department of Translational Research and New Technologies in Medicine and
Surgery at the University of Pisa.

If the analysis of physiological parameters reveals information—though not specifically sought—
that could indicate latent conditions, I will be promptly informed, and the recorded material will be
handed over so that I may consult a medical professional of my choice.

I declare that I have read the privacy notice pursuant to Article 13 of EU Regulation No. 679/2016.

Place and date, _____

The data subject _____ (legible signature)