Official title: The Effect of Individualized Discharge Education on Readmission Rates in a High-Risk Population According to the LACE Index After Myocardial Infarction

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INFORMED CONSENT FORM

(For the study group)

You have been invited to participate in a study titled "The Effect of Individualized Discharge Education on Readmission Rates in a High-Risk Population According to the LACE Index After Myocardial Infarction". This study is being conducted for research purposes. We recommend that you participate in this research. Participation in the study is voluntary. Before deciding to participate in the study, it is important that you know the purpose of the research, how it is being conducted, how your information will be used, and what the study includes. Please read the following information carefully and ask for clear answers to your questions. After you have fully understood the study and your questions have been answered, you will be asked to sign this form if you wish to participate.

• What are the aims and basis of the study, and how many other people will participate in this study besides me?

The aim of this study is to evaluate the effect of individualized discharge education on readmission rates in patients identified as high-risk by the LACE index after myocardial infarction. While there are very few studies on this topic, those that have been conducted have reported positive effects. The study is planned to include 82 participants.

• Should I participate in this study?

Participation in this study is entirely up to you. If you decide to participate, you will be given this written informed consent form to sign. Even if you sign this form now, you are free to withdraw from the study at any time without giving a reason. If you do not wish to participate or withdraw from the study, there will be no change in the treatment you receive from your doctor. You also have the right to withdraw your consent at any stage of the study.

• What can I expect if I participate in this study?

If you agree to participate in the study, you will be asked to complete a personal information form, the Coronary Heart Disease Self-Care Scale, and the Heart Quality of Life (HeartQoL) Scale. Individualized discharge education will be provided based on the Percutaneous Coronary Intervention Information Needs Scale, and a brochure will be given to help you remember and review the information at home. You will be followed up with phone calls three times a week for reminders and follow-up. Following the education, you will be asked to complete the Coronary Heart Disease Self-Care Scale and the Heart Quality of Life (HeartQoL) Scale again at 1 and 3 months.

• What are the benefits of participating in this study?

This study is for research purposes only. Therefore, direct benefits or changes in treatment course should not be expected. However, positive improvements in your anxiety, depression, and fatigue levels are expected. Furthermore, this research serves as a resource for other studies.

• What is the cost of participating in this study?

Participation in this study will not incur any financial burden, and you will not receive any payment.

• How will my personal information be used?

Your researcher will use your personal information for: Your personal information will be used to conduct research and statistical analyses, and your identity information will be kept confidential by your researcher throughout the study. At the end of the study, you have the right to request information regarding the research results. Without your written consent, information about you cannot be seen or disclosed to anyone else. The results of the study may be used in scientific publications once the study is complete, but your identity will not be revealed.

• Who can I contact for more information, assistance, and communication?

If you have a question about the study or require additional information regarding the study, please contact the following person:

NAME: xxxxxxx

POSITION: xxxxxxxx

PHONE: xxxxxxxx