

Official title: Mindfulness-Based Intervention for Caregivers of Frail older adults: Towards a model of intergenerational caregiving for Chinese families

NCT number: to be assigned

Document date: April 22, 2021

**Consent to Participate in Research**

**Family Psychoeducation Programme for Caregivers of Frail Older Adults**

I \_\_\_\_\_ hereby consent to participate in the captioned research conducted by Dr Hay Ming Lo, Associate Professor, Department of Applied Social Sciences, The Hong Kong Polytechnic University.

I understand that information obtained from this research may be used in future research and published. However, my right to privacy will be retained, i.e. my personal details will not be revealed.

The procedure as set out in the attached information sheet has been fully explained. I understand the benefit and risks involved. My participation in the project is voluntary.

I acknowledge that I have the right to question any part of the procedure and can withdraw at any time without penalty of any kind.

Name of Participant \_\_\_\_\_

Signature of Participant \_\_\_\_\_

Name of Principal Investigator Dr. Hay Ming LO

Signature of Principal Investigator \_\_\_\_\_

Date \_\_\_\_\_