

**DATA SAFETY AND MONITORING BOARD
CHARTER AND PROCEDURES MANUAL**

The FEASt (Fostering Eating After Stroke with tDCS) Trial

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LIST OF ABBREVIATIONS

AE	Adverse Event
BIDMC	Beth Israel Deaconess Medical Center
BUMC	Boston University Medical Center
CBT	Crticobulbar Tract
DCC	Data Coordinating Center
DSMB	Data Safety Monitoring Board
FEASt	Fostering Eating after Stroke with tDCS
FOIS	Functional Oral Intake Scale
HLPE	Hyoid, Laryngeal, and Pharyngeal Excursion
ml	Millileter
NIDCD	National Institute on Deafness and Other Communication Disorders
NIH	National Institutes of Health
NIHSS	National Institutes of Health Stroke Scale
PAS	Penetration and Aspiration Scale
PCR	Pharyngeal Constriction Ratio
PDT	Pharyngeal Delay Time
SAE	Serious Adverse Event
SLP	Speech and Language Pathologist
tDCS	Transcranial Direct Current Stimulation
TEAE	Treatment-Emergent Adverse Event
TESAE	Treatment-Emergent Serious Adverse Event
VFSS	Videofluoroscopic Swallowing

1. INTRODUCTION

The Data Safety and Monitoring Board (DSMB) will be responsible for periodic review of the safety data from the NIH/NIDCD-funded study “Non-invasive Brain Stimulation for Swallowing Recovery after a Dysphagic Stroke”. The DSMB will periodically review data on safety. The DSMB will convene according to a planned schedule (refer to Section 6 of this Charter). The DSMB will be responsible for:

- 1) evaluating the incidence all adverse events, particularly those reported with moderate or severe intensity , and all serious adverse events, including death,
- 2) recommending continuing the study or whether a modification or termination of the study is necessary to ensure the safety of all patients,
- 3) monitoring the timeliness and quality of safety data collected during the course of this study.

2. BACKGROUND AND STUDY AIMS

Dysphagia occurs frequently after a stroke and often leads to serious complications. Currently there are no effective therapies for improving swallowing functions in these patients. The usual clinical practice is to supplement nutrition using nasogastric or percutaneous gastrostomy tubes till swallowing improves spontaneously, if at all. These techniques however, do not prevent dysphagia complications like aspiration pneumonia; conversely, they may promote disuse of the swallowing mechanism, increase risk of gastrointestinal bleeding and worsen outcomes in some patients. Implementation of an intervention that improves swallowing in the early aftermath of a stroke can therefore be expected to improve patient outcomes and decrease costs of care.

It has been shown that dysphagia recovery from a hemispheric stroke is associated with an expansion of the swallowing representation in the *unaffected hemisphere*. A treatment approach that facilitates this reorganization in the unaffected hemisphere can help accelerate recovery. Anodal transcranial direct current stimulation (tDCS) is a non-invasive brain stimulation technique that can modulate neuronal excitability of the swallowing motor cortex, and make it more amenable to plastic changes. While it is safe and effective in improving functions in chronic stroke patients, data about its safety and efficacy in acute stroke phase remains sparse. In our pilot study 5 consecutive daily sessions of anodal tDCS to the unaffected swallowing cortex with swallowing exercises was safe and feasible in the acute-subacute stroke phases and showed promise in improving dysphagia. Further confirmation of its safety in early stroke phases and exploration of alternative, more effective doses is vital as a prelude to its examination in confirmatory trials. Besides such **intervention-related factors**, identification of **subject-specific variables** that influence spontaneous swallowing recovery and/or response to the proposed intervention merit examination as they can improve our understanding about the variability of treatment response between subjects, and lead to more efficient study designs by identifying candidates who are more likely to respond to the proposed intervention. We have recently identified a few subject-specific predictors of swallowing recovery from several candidate variables, as outlined in our Preliminary Data. In addition we will use novel neuroimaging measures to obtain surrogate estimates of injury to cortical pathways that regulate

swallowing, and examine the impact of all such subject-related predictors on the effects of our intervention.

Our specific aims are:

Primary Aim: To determine safety and examine effects of 2 different doses of anodal tDCS versus sham stimulation of the swallowing motor cortex of the undamaged hemisphere, combined concomitantly with swallowing exercises, in patients with dysphagia due to an acute-subacute unilateral hemispheric infarction.

Approach:

- A) We will collect data on the effect of our intervention by:
- i) Analyzing changes in penetration and aspiration between the 2 tDCS and sham groups using by a validated assessment tool, the Penetration and Aspiration Scale (PAS) scores;
 - ii) Examining effects of differing doses of anodal tDCS versus sham stimulation on several physiological measures of swallowing, derived from videofluoroscopic swallowing studies;
 - iii) Evaluating durability of any observed effects of tDCS on dietary status as determined by changes in Functional Oral Intake Scale (FOIS) score at study onset and 1 month.
- B) We will assess safety by comparing the anticipated and observed incidence of the following major adverse events in each of the 3 groups: seizures, stroke specific mortality, neurological and swallowing deterioration as measured by changes in NIH Stroke Scale (NIHSS), and FOIS and PAS scores, respectively.

Secondary Aim: To investigate the impact of subject-specific predictors of dysphagia recovery on the outcome of our proposed intervention.

Approach: We will examine differences in the effect size of our intervention across different strata of subject specific-predictors extracted from our pilot model as well as corticobulbar tract (CBT)-lesion load (as a surrogate measure of lesion size and location) by performing a subgroup analysis using regression models.

3. STUDY DESIGN

3.1.1

Participants

99 stroke patients with dysphagia after an acute/subacute unilateral hemispheric infarction, presenting at Beth Israel Deaconess Medical Center (BIDMC) will be prospectively enrolled, if eligible, into the study. All stroke patients admitted to our hospital receive a standardized dysphagia screening using a bedside water swallow test and are referred for a swallow evaluation to a speech and language pathologist (SLP) if suspected of having dysphagia. Those with moderate to severe dysphagia (PAS ≥ 4) on a standardized videofluoroscopic swallowing (VFSS) evaluation will be invited for participation if they fulfill all study criteria. The patient as well as the SLP will be blinded to the stimulation allocation. Subjects will be randomly assigned to the two intervention or sham groups using PROC PLAN in SAS using a blocking scheme with block size of 6. Subjects will be stratified based on their baseline PAS score (4-6 vs. 7-8) before randomization to the three treatment groups.

3.1.2

Outcomes

Primary Efficacy Outcome: Penetration-Aspiration Score [PAS]: This is a validated 8 point ordinal scale that quantifies penetration and aspiration events observed during VFSS. Since aspiration after stroke is a major predictor of prolonged dysphagia and leads to dietary restrictions, increases the risk of pneumonia and need for tube feeding, this scale will be a relevant measure of swallow status. We have adopted a cut off PAS score ≥ 4 for study enrolment, as minor degrees of penetration can be seen in normal individuals. An average PAS score will be computed based on 5 swallows but if a specific bolus presentation is withheld due to safety concerns, the missing value will be replaced with the worst score (8) for that item.

Primary Safety Outcome: The major safety outcome measures will be **seizures, neurological and motor deterioration or stroke specific mortality** during the period of active stimulation. In light of our small sample size and low expected number of adverse events, we will rely on data from historical cohorts to derive our cut-off numbers for study suspension.

a. Seizures: We expect that a seizure provoked by tDCS would occur during the stimulation session and not thereafter. However, we will analyze the incidence of seizures during the 5 days of active stimulation since excitability changes from tDCS can be prolonged.

b. Neurological and Motor Deterioration: We will only include neurological deterioration not due to a new stroke, hemorrhagic transformation, or a coexisting encephalopathy. Deterioration will be defined as an increase in the NIHSS by ≥ 4 points between each successive day during active or sham stimulation. NIHSS score will be computed at the bedside by an investigator certified in its performance. Similarly motor deterioration for an individual patient is defined as a ≥ 2 point worsening from baseline on the NIHSS motor sub-item score for a given limb.

c. Swallowing Deterioration: We will record a FOIS score on day 3 of our protocol to assess any deterioration of swallowing with the allocated intervention (tDCS or sham). To minimize

radiation exposure VFSS will not be routinely used for this interim assessment. Subject with ≥ 3 point decrease in FOIS, will undergo an interim VFSS to obtain an interim PAS score. Swallowing deterioration will then be defined as an increase in the PAS score ≥ 2 points compared to baseline score based on this interim assessment not due to other confounding factors outlined above.

d. Stroke specific mortality: Deaths due to direct consequences of brain injury such as brain edema or seizure will count for stroke specific mortality, but not deaths from recurrent ischemic events, hemorrhage, pneumonia, cardiac events, and infections. All deaths will be reported to DSMB who will determine if the death is a possible consequence of tDCS or not.

e. Non serious events such as headaches, skin erythema, fatigue and visual perceptual changes will be tabulated to assess patient tolerability but will not be used as primary safety outcome measures due to their subjective nature. The seriousness of any unexpected adverse events such as a serious skin burn will be promptly reported to the DSMB

Secondary Outcomes: We will use 3 outcomes that assess swallowing physiology, 1 outcome that provides functional (dietary) measure of oral intake, and 3 major safety outcomes.

1. Outcomes of Swallowing Physiology:

a) Pharyngeal Constriction Ratio (PCR): PCR is a measure of the pharyngeal area visible in the lateral radiograph view at the point when a bolus is held in the oral cavity divided by the pharyngeal area at the point of maximum pharyngeal constriction during the swallow.

b) Hyoid, Laryngeal, and Pharyngeal excursion (HLPE): we will measure the actual excursion of these structures and landmarks from their resting point to maximal excursion. Hyoid, laryngeal and pharyngeal excursion are all important and semi-independent movements that close off the airway, shorten the pharynx, and open the upper esophageal sphincter, and thus are important variables to measure.

c) Pharyngeal Delay Time (PDT): will provide a temporal measure of the briskness of the swallow onset. We define PDT as “the time in centiseconds that the bolus is present in the hypopharynx before the swallow is triggered”. PDT will be measured from the time the bolus first passes the intersection of ramus of mandible and base of tongue, until the swallow begins - as seen by the final excursion of the hyoid bone associated with the swallow.

2. Dietary Outcome: Functional Oral Intake Scale [FOIS]: An important consequence of dysphagia is a compromised and altered diet. FOIS is a functional outcome that provides a validated measure of diet level. It has been tested and validated in stroke population and demonstrated to be sensitive to changes in swallowing functions in acute stroke patient. FOIS is an ordinal scale ranging from 1 (worst) to 7 (normal oral diet). It is easy to use and does not require specific training. It will be collected at four time points: 1) prior to initiating tDCS/sham stimulation (same day); 2) after the fifth session of tDCS/sham; 3) after the last session of tDCS/sham stimulation; and 4) by telephone at 1 month after the last stimulation session using a standardized questionnaire.

3.1.3

Protocol for Swallowing Evaluation

All participants will undergo 3 bedside swallowing evaluation and 2 standardized videofluoroscopic studies (VFSS) to further quantify dysphagia severity. The VFSS will be conducted by the SLPs at BIDMC according to established protocols. The first VFSS evaluation will occur on the day of first tDCS/sham stimulation session and the second evaluation will occur on the last (5th) day of stimulation. Prior to initiation of this project, the participating SLPs at BIDMC will undergo intensive training sessions with Dr. Susan Langmore (Boston University Medical Center) so that they can reliably detect deep penetration up to the vocal cords or aspiration (PAS score ≥ 4) on VFSS; patients will be enrolled if their PAS score ≥ 4 on at least one swallow. The SLP at BIDMC will not assign PAS scores which will be done by Dr. Langmore's team at their laboratory in Boston University Medical Center (BUMC). The de-identified and coded VFSS will be transferred electronically using a secure file transfer system on the same day to BUMC for detailed analysis and scoring. The lab at Boston University will be alerted immediately and will analyze the studies promptly to assess whether the PAS scores meet criteria for study enrolment. The patient will be viewed in the lateral plane for most swallows, but one swallow will be viewed in the anterior-posterior plane for asymmetry. The order of presentation will not be randomized but given in an incremental way due to the uncertainty about patient's swallowing status and for safety, as outlined below:

In Lateral view: One 5 ml Nectar Varibar Swallow, One 5ml Varibar pudding, 3 Varibar Thin Swallows: 5 ml thin liquids x1, 10 ml thin x 1, 30 ml thin x1;

10 ml & 30 ml thin liquids boluses are given only if no other boluses are aspirated

If a patient cannot take a bolus because of prior failures, a score of 8 will be automatically assigned to that bolus. This study will use a total of 3 bolus types and 5 swallows. The arithmetic mean of the PAS score will be computed for each patient, based on 5 swallows on lateral view. The PCR, PDT, and HLPE will be measured on the first trial of the 5 ml thin liquids swallows. These numbers of swallows can be tested in less than 5 minutes of radiation exposure time. All fluoroscopy studies will then be sent to BUMC to Dr. Langmore's laboratory, without patient identifiers, so that they are analyzed in a blinded fashion. Her research staffs, who are trained in this area, will record the following measures: (1) PAS (2) PCR, (3) HLPE, and (4) PDT. Inter-rater reliability of study analyses will be conducted for 30% of the studies, selected randomly. In addition, bedside swallow evaluation will be done on day 1 prior to initiating intervention, day 3 of intervention and after the final session and FOIS scores will be assigned for each assessment.

3.1.4

The Experiment Series and Stimulation Protocol

The experiments will be performed over 5 consecutive days for each subject. They will be blinded to their group allotment and will be unable to subjectively distinguish between tDCS versus sham stimulation. At the beginning of the study, besides the aforementioned swallowing evaluations and neurological assessments, information about handedness, biographical data, prior treatments, time of stroke onset (or last known time when subject was normal in those lacking a definite time of onset) and results of neuroimaging studies will be collected. TDCS will be delivered through a battery-driven, constant current stimulator (NeuroConn-DC Stimulator Plus). The area of electrode in contact with scalp will be 3 x 5 cm for the small electrode (anode) and 5 x 6 cm for the larger electrode (reference electrode).

A larger area for the reference electrode is chosen to enable current dispersion and minimize any possible biological effect at this site. For sham stimulation, the current will be ramped up to 2 mA and gradually decreased over 30 seconds, to produce a sensation of transient tingling, which is indistinguishable from active stimulation. This device has a “study” mode which allows for double blinding of both the operator and subject. In addition, the SLP involved in bedside swallowing evaluations and VFSS, as well as the investigator performing NIHSS will also remain blinded to the study allocation.

Electrode Placement: *Our aim is to stimulate the inferolateral regions of the primary sensorimotor and premotor cortex of the unaffected hemisphere.* We will use the international 10-20 EEG electrode placement system for this purpose as it has been shown to be accurate and used successfully to identify brain locations in other tDCS studies. We will place the anode mid-distance between C3/T3 [left] or C4/T4 [right] over the unaffected hemisphere and the reference electrode over the contralateral supraorbital region.

- **Stimulation Parameters:** We will use a current dose of 2mA for anodal tDCS. All subjects will undergo daily session of stimulation (tDCS or sham) for 5 consecutive days.

- **tDCS Device Programming and Fidelity Check:** Two individuals (device programmer) not involved in patient recruitment, stimulation sessions or outcome analysis will be assigned to program the tDCS device. They will receive the randomization code from the DCC and set the device to active or sham accordingly. For each treatment they will enter the subject ID and setting on a case report form (‘Blinded Information’ form, for the Data Center only). The programmer will deliver the device to the treating clinician, who after each treatment will return the device to the programmer. The programmer will verify that the device setting is correct and the device is working properly, and enter this information on the case report form.

- **Swallowing Exercises:** Patients will be given a lemon flavored lollipop to stimulate saliva production during these sessions. Food boluses or liquids will not be used because of a risk of aspiration and may add to the variability of swallowing effort. Each treatment session will consist of coaching the patient to perform an ‘effortful’ swallow, alternating with a ‘regular’ swallows. Prior to starting the sessions, the standardized “Effortful Swallow” maneuver will be taught and reviewed with patients by the SLP. Patients will be given simple verbal instructions such as: “When you swallow, press your tongue hard up to the roof of your mouth, then slide it back to the throat and squeeze your throat muscles and lift your larynx as high as possible.” In addition to the verbal instructions, we will use gesticulations to encourage aphasic patients to swallow at regular intervals. A laryngeal mic will be attached to the subject’s neck prior to each sessions and occurrence of a swallow response will assessed by the audio signal from the laryngeal mic as well as by observing the movement of the thyroid cartilage or by palpating its’ excursion in patients with thicker necks. A total of 40 effortful swallows will be attempted at every session. Patients complaining of dryness of mouth will be provided with 1-2 small ice chips from time to time. Each subject will have a separate binder with log sheets for each session. The number of swallows (0-40) performed by the subject at every session will be downloaded on a paper form and then sent to the DCC via RedCap. These sessions will be carried out in a patient room equipped with oxymeters and suction pumps so that in the remote event of an aspiration occurring, the material can be suctioned out promptly and other remedial measures are taken. Dr. Langmore will train the

SLPs who administer effortful swallowing technique. Initial sessions will be videotaped or viewed in-person and evaluated by Dr. Langmore; ad-hoc checks will be encouraged. Dr. Langmore will retrain SLPs who do not follow the technique.

Intervention	Day 1	Day 2	Day 3	Day 4	Day 5	30 days
Sham group	Sham exercises +	Sham exercises +	Sham exercises +	Sham exercises +	Sham exercises +	
	Sham exercises +	Sham exercises +	Sham exercises +	Sham exercises +	Sham exercises +	
tDCS group (low-dose)	tDCS exercises +	tDCS exercises +	tDCS exercises +	tDCS exercises +	tDCS exercises +	
	Sham exercises +	Sham exercises +	Sham exercises +	Sham exercises +	Sham exercises +	
tDCS group (high-dose)	tDCS exercises +	tDCS exercises +	tDCS exercises +	tDCS exercises +	tDCS exercises +	
	tDCS exercises +	tDCS exercises +	tDCS exercises +	tDCS exercises +	tDCS exercises +	
Outcome Measures	PAS PCR, HLPE, PDT FOIS NIHSS	NIHSS	NIHSS FOIS	NIHSS	PAS PCR, HLPE, PDT FOIS NIHSS	FOIS

3.1.5

Neuroimaging Analysis

Computation of CBT-lesion load: We will perform functional imaging experiments in 8 healthy volunteers to identify the cortical swallowing centers and use this location as a seed region to identify the corticobulbar tract in a separate group of elderly healthy control subjects that had undergone high resolution DTI. The functional imaging experiment will consist of repeated swallowing trials contrasted with whole hand opening and closing tasks, done at the same frequency as the swallowing tasks. Functional MR images will be acquired with a gradient-echo T2*-weighted MR pulse sequence using our own modification of a sparse temporal sampling method with clustered volume acquisition to overcome imaging artifacts caused by swallowing motion. The voxel clusters of significant activation will be used as a seed region (to identify the cortical origin of the CBT). The second seed region will be defined in the posterior pons. The CBT will be traced from the cortical seed region in the swallowing cortex to the posterior pons regions. Exclusion masks will be drawn in order to exclude fiber projections that are not part of the CBT

Identifying and reconstructing the corticobulbar tract and determining the CBT-lesion load:

We will construct the corticobulbar tract by using the combination of fMRI activation patterns obtained and DTI in 12 healthy control subjects. The DTI scans will be high resolution studies obtained in normal controls, using a single-shot, spin-echo echoplanar imaging sequence with the following parameters: TR=10 seconds, TE=86.9 ms, resolution 2.6x 2.6 x 2.6 mm³, 30

noncollinear diffusion directions with a b value of 1000 s/mm^2 , and 6 acquisitions with a value of 0 s/mm^2 . Image acquisition, analysis, construction of corticobulbar tracts and computation of CBT-lesion load will be computed replicating methods described by Zhu et al (2010). The diffusion-weighted images of all acute patients will be normalized to a skull-stripped (using FSL BET at 0.5) T1-weighted SPM5 brain template with isotropic voxels $2 \times 2 \times 2 \text{ mm}$. This normalization is being chosen, since the T2-weighted Diffusion trace images tend to omit the skull and the T1 and the Trace image of the DWI have dark signal representing the CSF compartment.

Acquisition and Analysis of MRI Data: The MRI scans of all patients enrolled in the trial arm will be used for CBT-lesion load and infarct volume measurements. One experienced investigator who is blinded to subjects' behavioral outcomes will manually draw patient lesion masks. The drawings will be made using MRICro software (<http://www.mccauslandcenter.sc.edu/mricro>) on stroke patients' normalized Diffusion-Weighted Imaging studies. For the lesion load calculation, each stroke patient lesion map will be individually overlaid onto the canonical probabilistic CBT map to calculate the lesion load of each patient. Lesion overlap calculations for each patient were done as described by Zhu et al. (2010). In short, the maps will consist of voxel intensities ranging from $I = 0$ (voxel is not present in any part of the tract or functional gray matter map in any subjects) to $I = 12$ (the voxel is present in the part of the tract in all subjects). The probability of each voxel being a part of the tract is $1/12$ of that voxel's total intensity. Lesion load will be calculated by summing the total intersecting voxels between the lesion map and the voxel intensity from each probabilistic map.

3.1.6

Sample Size and Statistical Analysis:

Statistical Analyses: We will conduct two analyses: Intent to Treat (ITT) and Per-Protocol (PP) analyses. The primary analysis will be the ITT analysis.

Descriptive Analyses: For continuous variables, the mean, median, standard deviation, range, minimum, maximum, interquartile range, and sample size for each treatment group will be reported. For categorical variables the frequency distribution will be reported for each treatment group.

Baseline Comparability: While no substantial differences between treatment groups are anticipated given randomization, we will use summary statistics, graphical techniques such as boxplots, and univariate analyses to compare the baseline characteristics of treatment groups. Pre-treatment values will be compared between the placebo- and tDCS-groups using Analysis of CoVariance (ANCOVA) or the Mantel-Haenszel chi-squared test, as appropriate, to determine if the groups are balanced with respect to baseline characteristics while accounting for stratification by dysphagia severity. This comparison will allow us to identify potential confounders to be included in multivariate analyses.

Analytic plan Primary Aim. Primary analysis will use an intent-to-treat approach; thus all randomized subjects will be used in the primary analysis. For the primary outcome variable (PAS) a linear model will be fitted to the data using PROC MIXED in SAS. The outcome will be a change in mean PAS score. Treatment will be included as a categorical variable. Additionally baseline PAS and other variables that will be identified as confounders will be included as covariates. Adjusted means in the two tDCS groups will be compared to those in

the sham group. To control for multiple testing, we will employ the Hochberg-Benjamini procedure, which will result in positive study result if both null hypothesis are rejected at the 0.05 level or one is rejected at the 0.025 level. Similar analyses will be performed on the FOIS, PCR, HLPE, and PDT outcomes. To assess the durability of the intervention effects, a repeated measures analysis will be used. The outcome will be FOIS score at the onset of the trial and at 1 month. Treatment time and their interactions will be included as categorical variables. Additionally other variables that will be identified as confounders will be included as covariates. Adjusted means at the onset of trial and 1 month in the two tDCS groups will be compared to those in the sham group at each time point. *Safety analyses* will be run on all subjects receiving at least one round of intervention. The incidence rates of adverse events will be described as a whole and by treatment group. Adverse events will be presented with and without regard to causality based on the investigator's judgment. *Interim Analyses* No formal efficacy analysis will be performed. The study will not be stopped for early efficacy or futility.

Analytic plan for Secondary Aim: To assess the effect size across subject-specific predictors (baseline NIHSS score, dysarthria, CBT-lesion load and intubation), subgroup analyses will be conducted. For such analysis regression models will be employed that include intervention, covariate and covariate by treatment interactions as predictors and PAS scores, PCR, PDT, HLPE as outcomes, to examine the modifying effect of the covariates on the intervention. If a significant interaction is detected, analyses of major efficacy endpoints (PAS scores, PCR, PDT, HLPE) will be performed within each group.

Missing Data: Many longitudinal studies have the potential to suffer from problems with missing data. We anticipate a 35% - 40% attrition rate in this study, which includes drop-out, spontaneous recovery and discharge, based on review of our hospital records over the past 5 years. Based on experience, we do not expect any other serious problems with either the extent or the pattern of missing data but we will explore this issue by employing multiple imputation methods for handling missing data.

Sample Size and Power Calculations: We plan to enroll and randomize 99 subjects; 33 subjects to each of the two active and sham treatment. With the above sample size, after 40% attrition, we estimate that a difference of 1.0 and 1.15 standard deviations between the active and sham treatment in the mean primary outcome measure of the study can be detected with a type I error rate of 2.5% and power 80% and 90%, respectively. In our pilot study the difference we estimated was 1.35 with an approximate standard deviation for the differences in the two groups of 1.2, with a standardized difference of 1.1 standard deviations. Thus we expect to have $\geq 87\%$ power to detect the expected differences in our study. We also anticipate a greater effect size in the high dose group and thus the power to be greater.

4. DSMB MEMBERSHIP

DSMB Members

The DSMB is a multidisciplinary group independent of NIH/NIDCD and the Principal Investigators. It consists of 5 members, including a biostatistician and four individuals with

expertise appropriate to the study at hand. Additional experts may be consulted on an *ad hoc* basis as needed. The duration of membership will span from the initiation of the study through the completion of the study. It is preferred that members have previous experience serving on safety committees; it is required that the committee chairperson have such experience. The Chairperson will be responsible for managing the conduct of the DSMB during the course of the study and for all communications with the NIH/NIDCD and the Principal Investigator.

All DSMB members will agree to maintain confidentiality about the proceedings of the DSMB meetings and related activities. DSMB members will have no involvement in this trial outside their role on the DSMB and will not act as investigators or sub-investigators on the same or related products.

Other Roles

4.1.1. DSMB Management

An independent Data Coordinating Center (DCC) at Boston University will assist the Principal Investigator in providing DSMB members with required documents and data output and distributing meeting minutes. Any communication of DSMB recommendations or conclusions to NIH/NIDCD, if necessary, will be the responsibility of the Principal Investigator.

4.1.2. Data Management

The DCC will be responsible for generating all output required for the DSMB meetings. An independent Biostatistician from the DCC not involved in any other aspect of the study will be responsible for producing the statistical reports and analysis necessary for the DSMB. The independent Biostatistician will participate in all DSMB open meetings and in DSMB closed meetings as requested by the DSMB. The independent Biostatistician will be unblinded as to study participants' treatment assignments as required to fulfill DSMB obligations.

5. CONFLICTS OF INTEREST

DSMB Members

DSMB membership will be restricted to individuals free of conflicts of interest. A conflict of interest is defined as any incentive, financial or otherwise, that may cause a DSMB reviewer to lose his/her objectivity in the review and evaluation of safety or other data provided to the committee, and which therefore compromises the scientific integrity of the study or biases the conclusions reached by the committee. Conflicts may arise out of the financial or other interests of the DSMB member's spouse/partner or dependent children as well.

These conflicts may include, but are not limited to, the following:

- Compensation to the DSMB members where the value of such compensation may be affected by the outcome of the study, or compensation beyond that which is reasonably or normally paid to clinical or statistical consultants;
- A proprietary interest in the study product, including patent, trademark or copyright, as well as licensing arrangements;

- Receipt of unrestricted grants or gifts;
- Consulting arrangements with the Principal Investigator;
- Lecture fees or review stipends provided by the Principal Investigator at greater than fair market value; and
- Reimbursement of travel expenses not related to his/her service on the DSMB.

DSMB members are responsible for advising the Principal Investigator and NIH/NIDCD in writing of any potential conflicts of interest, as well as any changes in their financial interests, throughout the duration of the study and for one year thereafter. The Principal Investigator and NIH/NIDCD shall be responsible for (i) deciding whether any financial interest of a DSMB member has the potential to create an actual or perceived conflict of interest and (ii) providing disclosure to all other DSMB members of any conflicts of interest that the Principal Investigator and NIH/NIDCD determine do not impede objectivity. Members of the DSMB who develop significant potential or perceived conflicts of interest will be asked to resign from the DSMB.

Independent Data Coordinating Center and Independent Biostatistician

Employees of, or contractors to, DCC, as well as the independent Biostatistician, shall be free of conflicts of interest as defined above. These individuals will be responsible for advising the Principal Investigator and NIH/NIDC in writing of any potential conflicts of interest, as well as any changes in their financial interests, throughout the duration of the study and for one year thereafter. The Principal Investigator and NIH/NIDCD shall be responsible for (i) deciding whether any financial interest of any of the above named individuals has the potential to create an actual or perceived conflict of interest and (ii) providing disclosure to all DSMB members of any conflicts of interest that the Principal Investigator and NIH/NIDCD determine do not impede objectivity.

6. RESPONSIBILITIES

Responsibilities of the DSMB

It is the responsibility of the DSMB to provide an independent review and assessment of the accumulating safety data and to further safeguard the interests and safety of the participating subjects. The primary role of the DSMB is to recommend study continuation or cessation after review of safety data including review of, but not limited to: adverse events (AEs), serious adverse events (SAEs), neurological deterioration, and expected or unexpected patient death and cause of death.

The DSMB will be responsible for ensuring the timely review of all safety data generated, and make recommendations to the NIH/NIDCD and Principal Investigator regarding continuation, termination, or modification of the trial. The DSMB will review data related to the conduct of the study (i.e., the quality of the study and its ultimate ability to address the scientific questions of interest). The DSMB will advise the Principal Investigator and NIH/NIDCD of their recommendation that the trial should continue unchanged, be modified, or be terminated due to safety concerns.

6.1.1. Evaluation of Safety

The DSMB will review demographic, baseline, treatment exposure, and safety data, including adverse events, serious adverse events, deteriorations and deaths, which will be

summarized prior to each meeting. Data to be reviewed will include tabulations of aggregate data (all data from all patients grouped), tabulations of unblinded comparative outcome data by treatment group, and by-patient listings.

In the role of safety advisory group for this study, the DSMB will:

- 1) evaluate the incidence of deaths, all adverse events, particularly serious adverse events and those reported with moderate or severe intensity, and other relevant measures of patient safety, patient enrollment and study completion status,
- 2) determine whether a modification or termination of the study is necessary to ensure patient safety or recommend continuing the study,
- 3) monitor the conduct of the study, e.g., rate of recruitment, ineligibility, non-compliance with the protocol, dropouts, and balance between treatments with respect to demographics,
- 4) inspect descriptive statistics of average PAS at baseline and Day 5 and of the change from baseline to Day 5,
- 5) inspect descriptive statistics of secondary outcomes (PCR, HLPE, PDT, FOIS, NIHSS) and change from baseline in secondary outcomes at each visit in which they are measured,
- 6) consider whether the trial or dose should be temporarily or permanently stopped based on pre-defined stopping rules for the number of certain type of adverse events. Specifically:
 - a. pause/stop enrollment in a dose if 3/10 or 4/20 in that dose exhibit seizures;
 - b. pause/stop all enrollment if at least 4/20 or 5/40 patients in both active doses combined experience seizure;
 - c. the mortality stopping rule will be the same as the seizure stopping rule; note that the probability for these rules is based on the following assumptions and on the binomial distribution:
 - i. we assume the natural history of the condition yields probability of seizure of 6% and probability of mortality of 7%;
 - ii. probability of stopping the study for safety, if these are the true probabilities, using the above stopping rules, is $\leq 5\%$;
 - iii. thus if a stopping rule is met, odds are that true rates are higher than 6%/7%;
 - d. a swallowing deterioration for an individual patient is defined as follows: A FOIS change from baseline of ≥ 3 points will trigger a repeat, interim swallowing assessment; swallowing deterioration will then be defined as an increase in the PAS score ≥ 2 points compared to baseline score based on this interim assessment. The stopping rule for a swallowing deterioration is:
 - i. pause/stop enrollment in a dose if 5/10 or 8/20 in that dose exhibit swallowing deterioration;
 - ii. Pause/stop all enrollment if at least 8/20 or 13/40 patients in both active doses combined swallowing deterioration; note that the probability for these rules is based on the following assumptions and on the binomial distribution:
 1. we assume the natural history of the condition yields probability of swallowing deterioration of 20%;

2. probability of stopping the study for safety, if this is the true probability, using the above stopping rules, is $\leq 5\%$;
 3. thus if the stopping rule is met, odds are that true rates are higher than 20%;
- e. a neurological deterioration for an individual patient is defined as a ≥ 4 point worsening from baseline on the NIHSS global impairment score. The same stopping rule for swallowing deterioration will be applied to neurological deterioration.
 - f. A limb deterioration for an individual patient is defined as a ≥ 2 point worsening from baseline on the NIHSS motor score for a given limb. The same stopping rule for swallowing deterioration will be applied to limb deterioration.

These stopping rules will serve as a guideline, not an absolute end-point, for the DSMB to consider stopping the trial.

All reported AEs and AEs considered by the study investigator to be treatment-related (having a relationship of at least possibly study intervention) will be tabulated for all patients who have received any amount of intervention. Tabulations of serious adverse events will be provided. As part of the AE and serious AE tabulations, the incidence of neurological and swallowing deteriorations will be provided. At regularly scheduled meetings the DSMB will be provided with a copy of all SAE Reports. In addition, the DSMB will be notified of any reportable SAEs as soon as possible in between meetings. Any additional information necessary to evaluate the continued safety of all patients enrolled in this trial will also be provided.

Based on differential mortality rate and the type, severity, and relationship of the AEs to study drug, the DSMB may recommend continuation, suspension, modification of procedures, and/or stopping the trial.

6.1.2. Evaluation of Efficacy

The DSMB will inspect descriptive statistics (sample size, mean, median, standard deviation, minimum and maximum) of average PAS at baseline and Day 5 and of the change from baseline to Day 5, and of secondary outcomes (PCR, HLPE, PDT, FOIS, NIHSS) and change from baseline in secondary outcomes at each visit in which they are measured. These descriptive statistics will be presented by treatment group for the Intent-to-Treat Analysis Set (there will be no imputation of missing data). Pairwise comparisons of each active tDCS dose versus sham will be carried out at each visit on change from baseline using analysis of covariance adjusting for the baseline value. There are no formal decision rules for stopping the study based on overwhelming efficacy or futility.

6.1.3. Responsibilities of the Independent Biostatistician

The independent Biostatistician will have the following responsibilities:

- Provide the results of the statistical analyses planned per this Charter for distribution to the DSMB
- Provide *ad hoc* analyses, as needed and as requested by the DSMB, after obtaining any necessary approvals from NIH/NIDCD
- participate in all DSMB open meetings and in DSMB closed meetings as requested by the DSMB Prepare and distribute open and closed reports in a timely fashion
- Draft, distribute, and revise both open and closed meeting minutes

The tables and listings for the DSMB will be prepared by the DCC for the independent Biostatistician to present at DSMB meetings.

Prior to each DSMB meeting, the independent Biostatistician will coordinate timelines for transfer of the data summaries. The Principal Investigator and NIH/NIDCD will communicate with the DSMB chair and Sponsor in order to set the agenda for the open sessions of the DSMB meeting.

6.1.4. Responsibilities of the Principal Investigator

The Principal Investigator will be responsible for advising the DSMB on all relevant scientific and clinical issues concerning the study intervention. The Principal Investigator will notify the DSMB of all changes to the protocol or to study conduct. The Principal Investigator is jointly responsible with the DSMB for safeguarding the interests of participating subjects and for the conduct of the trials.

The Principal Investigator will review the open report and may present information about the status of the trial and any issues related to its execution during the open session of the DSMB meeting.

The Principal Investigator will be responsible for promptly reviewing the DSMB recommendations, accepting or rejecting these recommendations (after communicating with NIH/NIDCD), and determining whether amendments to the protocol or changes in study conduct will be required. The Principal Investigator will respond to the DSMB recommendations within 7 days from when the recommendation was received.

6.1.5. Responsibilities of DCC

The DCC is responsible for maintaining an up-to-date clinical study database, querying incomplete or inconsistent data. Critical safety data will be cleaned by the DCC, prior to each committee meeting to the extent feasible.

The DCC is also responsible for generation of the statistical tables, data listings, and/or figures included in the DSMB reports, as described in the appendix.

6.1.6 Responsibilities of Medical Safety Officer

The Principal Investigator will appoint a Medical Safety Officer, who is independent from the study, but can be from the same institution as the Principal Investigator. The Medical Safety Officer will determine attribution (relatedness) of unanticipated adverse events to the research protocol, in consultation with the Study Team as needed. The Medical Safety

Officer can be authorized by the DSMB to break the blind in case of an occurrence of an AE or SAE. However, in an emergency, the Medical Safety Officer can break the blind without prior authorization, if there are serious concerns for the safety of a given study subject. In such situations the Officer can inform the treating physicians about the experimental treatment allocation for the subject but cannot inform the research team. The Medical Officer will attend all open sessions of the DSMB meetings.

6.1.6. Duration of Participation

The duration of the DSMB membership will cover the duration of this clinical trial including production of the final clinical study report. If a member leaves the DSMB, or is removed due to a conflict of interest, the DSMB will make a replacement decision ad hoc as needed and not mandate a fifth member. A potential replacement will be sought, and approved by NIH/NIDCD and the Principal Investigator. It will be required that the replacement member will have the same functional expertise (i.e., either dysphagia, stroke or statistics) as the removed member. The DSMB will be formally dissolved upon completion of the final clinical study report, although the final formal meeting of the DSMB will be dictated by the duration of patient study participation (duration of study treatment). The DSMB will not be responsible for reviewing the final planned analyses, follow-up amendment(s), or the final study report(s).

7. MEETING SCHEDULE

Organizational Meeting

An organizational meeting will be held to formally establish the DSMB and thoroughly acquaint the DSMB members with the study protocol and the data presentations that will be provided for the meetings. This meeting gives the DSMB members the opportunity to provide input on the presentation specifications, the logistics of the interactions between the DSMB and the Principal Investigator/NIH/NIDCD, and on the operating guidelines presented in this charter. Attendees will include all DSMB members, Medical Safety Officer, the Principal Investigator, Project Biostatistician and NIH/NIDCD representatives.

Documents provided prior to the meeting will include the clinical study protocol, the DSMB Charter, including the closed session draft table and data listing shells. The outcome of this meeting should be agreement on the table shells and operating guidelines, stopping rules, and a full understanding of the administrative procedures of the DSMB.

In addition, DSMB members should leave with a full understanding of the protocol and its objectives, and reach a decision on the types and use of stopping rules.

Scheduled Meetings

The DSMB will meet on a regular basis, with meetings scheduled at least once a year, but twice a year (or more) if requested by the DSMB. The DSMB will meet to review data at the times specified in the table below. However, the frequency of meetings may be modified because of a difference in the actual rate of patient enrollment or because of the severity and urgency of events related to the safety of study treatment.

Unscheduled Meetings

The Principal Investigator, NIH/NIDCD, or DSMB can alter the above schedule, as necessary. The DSMB may also convene for unscheduled meetings if there are immediate safety concerns identified during the course of the study. To call an unscheduled meeting, the DSMB chair will contact the Principal Investigator and NIH/NIDCD. The Principal Investigator and NIH/NIDCD will not necessarily be told the reason for the unscheduled meeting. Information to be communicated to the Principal Investigator and NIH/NIDCD regarding the meeting will be determined by the DSMB.

The Principal Investigator and/or NIH/NIDCD may request an unscheduled DSMB meeting if a safety concern is identified for which DSMB review and/or recommendations may be requested. To call an unscheduled meeting, the Principal Investigator or NIH/NIDCD will contact the DSMB chair. The DCC will provide the DSMB with necessary data for review at the unscheduled meeting.

8. MEETING FORMAT

Attendance

In order for a meeting to be held, 3 of 5 DSMB members must be in attendance; the DSMB biostatistician must always be present. Meetings may be held face-to-face or via teleconference. A decision regarding the trial can be made when at least 3 DSMB members (including the Chair and statistician) are participating and able to vote. The DSMB may elect to obtain consensus from all members by email voting after the meeting has ended.

Open Session: General Update

At each DSMB meeting, an open session will be held with attendees including the DSMB members, representatives from NIH/NIDCD, Medical Safety Officer, the Principal Investigator, the independent Biostatistician, and the Project Biostatistician. This session will focus on trial conduct issues including accrual and dropout rates, timeliness of data entry (obtained from the electronic data capture system), eligibility rates, and reasons for ineligibility. In addition, any changes to the study procedures or amendments to the protocols will be discussed and documented. Any data presented during the open session will be in aggregate form, with no reference to subject-level treatment assignments. The information covered in the open session will be recorded in the open session minutes.

Closed Session

During the closed session, DSMB members will be present. The NIH/NIDCD representative also will attend closed session unless the DSMB requests Executive Session. The independent Biostatistician may be present if so requested by the DSMB. During this session, partially unblinded comparative outcome data will be reviewed by treatment group without disclosing the actual assignment of that group (see “Data Provided to the DSMB” in document). The information covered in the closed session will be contained in the closed session minutes which will not be made available to the Principal Investigator or the Project Biostatistician until after the study is terminated.

At least 3 of 5 DSMB members must be present or available by teleconference in order for the DSMB to make any formal recommendations regarding stopping or modifying the study or continuing the study unchanged.

9. ADMINISTRATIVE PROCEDURES

Data Provided to the DSMB

A data cut-off date will be established that allows a reasonable amount of time to process the data required for the DSMB meeting, for example, all data that is available in the clinical database at least 3 weeks in advance of the meeting. Such data are to be accurate to the extent possible, with the understanding that all data may not be cleaned. Tabulations and data listings of such data to be provided are identified below.

Data tabulations and data listings will be marked confidential, and will be sent to the DSMB members via e-mail at least 5 days prior to the date of the meeting. The tabulations and data listings will be based mainly on monitored data, but may include last-minute safety data available at the time the tabulations and data listings are prepared. If major changes occur due to data corrections, those changes will be highlighted in future tabulations and data listings.

The DCC will produce all of the tabulations and data listings. The independent Biostatistician will provide the tabulations and data listings to the DSMB members. Closed session tabulations and data listings will be provided with treatment group identified as “Treatment 1”, “Treatment 2” and “Treatment 3” without revealing the actual treatments that correspond to these codes. When the analyses calls for statistical comparisons (e.g., see Section 6.1.2 above) between treatments, pairwise p-values (Treatment 1 vs. 2; Treatment 1 vs. 3; and Treatment 2 vs. 3) will be provided and will only be labeled as “Treatment 1 vs. 2”, “Treatment 1 vs. 3”, and “Treatment 2 vs. 3”. The independent statistician will have access to the actual treatments corresponding to “Treatment 1”, “Treatment 2” and “Treatment 3” in case the DSMB requests to be unblinded during the closed portion of the DSMB meeting. Only the DSMB and the independent Biostatistician will have access to these partially unblinded outputs. The Principal Investigator will only be provided with a blinded (open session) version of the output, where data listings do not contain treatment group and tabulations are provided in aggregate form (with all data from both treatment groups combined).

Additional Data Requests from DSMB

At any time during the study, the DSMB Chairperson, with agreement of at least one of the other members, may request additional data from the independent Biostatistician. The additional data request will be forwarded to the NIH/NIDCD and Principal Investigator for approval prior to any required statistical analysis or programming effort.

If, based on the additional data, the DSMB feels that there is a need for an unscheduled formal analysis and meeting, the DSMB Chairperson will notify the Principal Investigator and NIH/NIDCD in writing.

Meeting Minutes

Minutes will be prepared by the independent Biostatistician. Copies of the approved open session minutes will be distributed to the Principal Investigator, NIH/NIDCD, and the DSMB. Copies of the approved closed session minutes will be distributed to the DSMB and will be archived by the independent Biostatistician. The minutes from the closed sessions will be provided to the Principal Investigator only after database lock and unblinding; representative(s) of the NIH/NIDCD may choose to review the closed session minutes. The minutes from the open and closed sessions of the DSMB meetings will be included as an appendix to the final clinical study report.

DSMB Recommendations

After the closed session, the DSMB Chairperson will give the DSMB recommendation to the Principal Investigator and NIH/NIDCD by telephone, email or by fax. Recommendations of continuing, suspending, stopping or modifying the trial may be made after safety data review meetings.

The DSMB Chairperson will send a signed document in a timely manner after the meeting describing the recommendations of the DSMB to the Principal Investigator and NIH/NIDCD. Recommendations based on safety data review must be agreed upon by at least 3 of the 5 DSMB members. Any member with dissenting opinion will have the option of including a brief synopsis of the dissent represented in the minutes.

Recommendations for stopping the study may be made based on safety concerns. This decision can be based on formal stopping rules on neurological deterioration discussed below, or on general safety concerns.

Sponsor Decision based on DSMB Safety Data Review

If the DSMB recommends suspending, stopping or modifying the trial based on safety data review, appropriate individuals identified within the NIH/NIDCD and possibly the Principal Investigator will meet to review both open and closed sections of the interim results. Individual patient treatment assignments will not be revealed.

If the recommendation is to stop the study based on DSMB safety data review, upon request from NIH/NIDCD, the DCC will provide the identified individuals with copies of the closed DSMB Report for review to the NIH/NIDCD and possibly the Principal Investigator.

The appropriate individuals at NIH/NIDCD will review the recommendation of the DSMB, consult with the Principal Investigator when appropriate, and then make a decision to accept or deny the recommendation to stop the trial.

If the NIH/NIDCD or Principal Investigator disagree with the DSMB recommendation to terminate the study, then the NIH/NIDCD or Principal Investigator will notify the DSMB Chairperson in the form of a written explanation that the recommendation to terminate the trial has tentatively been rejected. Following this notification, a meeting will take place within 7 working days between the Principal Investigator, NIH/NIDCD and the DSMB to discuss whether or not the trial should continue. If it is decided that the trial should continue, any distributed copies of the closed session report will be retrieved and open session minutes will be created for usual distribution. If, after discussions with the DSMB, the NIH/NIDCD, possibly in concert with the Principal Investigator, decides to terminate the trial, study

closeout procedures will begin. No further administration of study intervention will take place in any patient on the study and no further subjects will be randomized into the study.

Confidentiality

All materials provided to the DSMB are confidential. The DSMB agrees to use this information to accomplish the responsibilities of the DSMB and will not use it for other purposes without written consent from NIH/NIDCD or the Principal Investigator. In addition, no communication of the deliberations or recommendations of the DSMB, either written or oral, should be made outside of the DSMB, NIH/NIDCD, or the Principal Investigator.

10. REPORTS PREPARED FOR THE DSMB

Data Presentations

The DCC will provide data as indicated below. The open session reports delivered to the Principal Investigator will not contain any treatment identifiers; whereas treatment will be discernible in the closed session reports distributed only to the DSMB.

Disposition, Demographics and Baseline

- Actual Enrollment vs. Projected Enrollment.
- Number of subjects screened, randomized, treated, and discontinued.
- Data compliance (% of missing forms based on the ratio of the number of data forms submitted vs. the number of data forms expected).
- Descriptive statistics of demographics and baseline characteristics, including baseline values of efficacy parameters.
- Incidence of inclusion/exclusion violations overall and by type of violation.

Treatment

- Number of subjects treated at each of Day 1 – Day 5.

Adverse Events and Deaths

- Number and percentage of subjects with treatment-emergent adverse events (TEAEs) overall and by AE type through 30 days post-dose (including neurological deterioration and swallowing deterioration).
- Number and percentage of subjects with treatment-emergent serious adverse events (TESAEs) overall and by AE type through study completion (including neurological deterioration and swallowing deterioration). (This will also be provided monthly via e-mail to the DSMB).
- Number and percentage of subjects with TEAEs overall and by AE type through 30 days post-dose, by maximum severity (including neurological deterioration and swallowing deterioration).
- Number and percentage of subjects with TESAEs overall and by AE type through study completion, by maximum severity (including neurological deterioration and swallowing deterioration).

- Number and percentage of subjects with TEAEs overall and by AE type through 30 days post-dose, by maximum relationship to study intervention (including neurological deterioration and swallowing deterioration).
- Number and percentage of subjects with TESAEs overall and by AE type through study completion, by maximum relationship to study intervention (including neurological deterioration and swallowing deterioration).
- Listing of serious adverse events (this will also be provided monthly via e-mail to the DSMB).
- Listing of deaths.
- Number and percentage of subjects with seizures, deaths, and swallowing, neurological and limb deteriorations.

Efficacy

- Descriptive statistics (sample size, mean, median, standard deviation, minimum and maximum) of average PAS at baseline and Day 5 and of the change from baseline to Day 5.
- Descriptive statistics of secondary outcomes (PCR, HLPE, PDT, FOIS, NIHSS) and change from baseline in secondary outcomes at each visit in which they are measured. These descriptive statistics will be presented by treatment group.

11. REPORTS PREPARED BY THE DSMB

The chairperson of the DSMB will present the findings and recommendations in written form to the Principal Investigator.