ASSESSMENT OF DIFFERENT PHYSIOTHERAPY TREATMENTS FOR PATELLOFEMORAL CHONDROPATHY

Participant Information Sheet

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PARTICIPANT INFORMATION SHEET

Nature of the Project

The research project in which you are requested to participate is entitled: **"ASSESSMENT OF DIFFERENT PHYSIOTHERAPY TREATMENTS FOR PATELLOFEMORAL CHONDROPATHY."**

The objective of the study is to carry out a physiotherapy intervention protocol to treat Patellofemoral PainSyndrome.

The principal investigators responsible for this study belong to the Universitat Rovira i Virgili.

Procedures

Participation in the study involves:

• Allowing the investigators to access and process data such as diagnosis, age, height, weight, occupation, pain intensity, level of physical activity, disease progression, ability to perform activities of daily living, and sleep quality.

• Participating in a personal interview and completing research-specific tests and questionnaires to enable a thorough examination and a standardized treatment protocol.

All data collected for the research will be stored in computerized files specifically designed for this study, and none of them will display your name or any identifying personal information.

Benefits and Risks

The benefit of the study is to deepen the understanding of Patellofemoral Pain Syndrome of the knee in order to improve its treatment. This study may contribute to providing measures that enhance the quality of life for patients with this pathology.

As a participant, you will not receive any financial compensation.

Guarantee of Voluntary Participation

The investigators guarantee that whatever your decision regarding participation in the project, your care by the center's staff will not be affected. Should you accept to participate, you may withdraw from the study at any time without giving any explanation, in which case your data will be deleted from the computer files.

Confidentiality

The investigators assume full responsibility for maintaining the confidentiality of participant data at all times. Investigators use identification codes rather than the participant's name. These procedures comply with the provisions of Organic Law 15/1999 of December 13 on the Protection of Personal Data.

Questions

At this stage, you are given the opportunity to ask any questions. We will answer them to the best of our ability.