

**Title:**

Effects of ecoguided percutaneous peroneal nerve percutaneous neuromodulation (EPNM) and neuromuscular exercise in the management of chronic ankle instability (CAI): a randomised clinical trial (RCT).

**DATE:** 19/05/2023

### **Annex 3: INFORMED CONSENT**

**STUDY TITLE:** Effects of echo-guided percutaneous neuromodulation (EPNM) of the common peroneal nerve and neuromuscular exercise in the management of chronic ankle instability (CTI).

**MAIN INVESTIGATOR:** Alberto Nava Varas

**CENTER:** Gimbernat Cantabria University School

**Mr./Ms.** \_\_\_\_\_

(Name and surname of the patient in CAPITAL LETTERS)

I have read and understood the information sheet that has been given to me about the study indicated above. I have received enough information about the study. He asked all the questions he needed about the study. I have spoken with the PhD student.....with whom I have clarified possible doubts.

I understand that my participation is voluntary.

I understand that I can withdraw from the study:

Whenever you want

Without giving explanations

Without affecting my medical care

I understand that the personal information I provide will remain confidential and will not be disclosed to anyone without my consent.

I understand that my participation in the study implies authorizing.....  
and I freely give my consent to participate in the study.

**WITHDRAWAL OF CONSENT:**

Mr./Ms. \_\_\_\_\_ I withdraw  
the consent granted for my participation in the above-mentioned study.

Date and signature: