

**Title: Virtual Reality Intervention (VR-GINSO) for Reducing Aggression in Young Offenders**

**NCT Number: Pending**

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**Document: Participant Information Sheet – Adolescents – English**

## **INFORMATION SHEET**

**RESEARCH TITLE: Virtual reality-based biopsychosocial intervention program for youth in conflict.**

### **RESEARCHERS AND CENTERS:**

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We are contacting you to inform you about a research study in which we invite you to participate. In this document, we explain what the study consists of so that you can decide whether you want to take part. If you have any questions, we will be happy to answer them and are available for you to contact us at any time. Please note that participation is entirely voluntary. You can decide not to participate or, if you do sign up, withdraw at any time without any problems. You will not have to pay anything to participate, and there will be no financial compensation.

This study aims to analyze the effectiveness of different types of psychological interventions in reducing aggressive behavior: the usual intervention carried out at the center, a group intervention, and a virtual reality intervention. We will also measure your brain activity while you are at rest using an electroencephalogram (a headband that records brain activity), as well as your heart rate with a belt around your chest, and we will take saliva samples to measure hormones before and after the activities.

To protect your privacy, we will assign a code to each participant, and your personal data will be stored in a secure system (OneDrive UFV) for a maximum of 5 years, unless you decide to withdraw or ask us to delete your data earlier. Only the principal investigators will have access to your personal data. The results of the study, both psychological and neurophysiological, will only be seen and used by the research team. Saliva samples will also be coded and stored at Francisco de Vitoria University (UFV) until they are analyzed. All data processing will comply with Organic Law 3/2018 on Personal Data Protection, which means that you can request to view, modify, or delete your data at any time.

If you have any questions about the study, please contact the people in charge: David Roncero (email: [david.roncero@ufv.es](mailto:david.roncero@ufv.es)) or Román D. Moreno Fernández (email: [romandario.moreno@ufv.es](mailto:romandario.moreno@ufv.es)).