

Title: Virtual Reality Intervention (VR-GINSO) for Reducing Aggression in Young Offenders

NCT Number: Pending

Date: 29 January 2026

Document: Consent Form for Biological Sample Collection – English

INFORMED CONSENT FORM

Project name: Virtual reality-based biopsychosocial intervention program for young people in conflict

First and last name: _____

Assignment code: _____

If you decide to participate in the study, you will voluntarily undergo the experimental measures detailed below: -Collection of a saliva sample on cotton wool to determine the levels of the following hormones: -Cortisol and alpha-amylase, related to stress -IL-6, related to inflammation -Testosterone, related to aggression -All these measurements will take a maximum of one hour.

Risks and benefits of participation:

There are no potential risks during this experiment, which consists of soaking a cotton swab (called a salivette, which the team will store in a freezer for later laboratory analysis).

Voluntary participation and anonymity: Your participation is entirely voluntary, and you may withdraw from the study at any time. All data will be treated confidentially, with a numerical code assigned to your data and samples. In addition, this data will be stored in a locked cabinet to which only researchers will have access.

The rights and confidentiality of participants will be protected throughout the project by Articles 46-49 of Law 14/2007 on Biomedical Research and RD 1716/2011 on Biobanks. Biomedical information will only be used for the purposes included in the project “Virtual reality-based biopsychosocial intervention program for young people in conflict. Remember that you can contact us at any time to resolve any problems or questions you may have. You can do so by calling 913 51 03 03 (Extension 2120) or by sending an email to romandario.moreno@ufv.es.

I hereby declare that I have been personally informed of, and understand, the benefits and risks involved in participating in the research project entitled “Virtual reality-based biopsychosocial intervention program for young people in conflict,” and I agree to participate in it voluntarily.

