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Randomized Trial of Full-Time Occlusion Therapy for Intermittent Exotropia in Children

Funded by: The National Eye Institute of the National Institutes of Health

Protocol Identifying Number: IXT7

Version Number: 1.0

19 April 2022

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KEY ROLES

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LIST OF ABBREVIATIONS

ABBREVIATION	DEFINITION
Δ	Prism diopters
ANCOVA	Analysis of covariance
ATS	Amblyopia Treatment Study
ATS-HOTV	Amblyopia Treatment Study HOTV visual acuity testing protocol
CI	Confidence interval
CFR	Code of Federal Regulations
CR	Cycloplegic refraction
CRF	Case report form
D	Diopter
DHHS	Department of Health and Human Services
DSMC	Data safety and monitoring committee
eCRF	Electronic case report form
E-ETDRS	Electronic Early Treatment of Diabetic Retinopathy Study visual acuity protocol
EVA	Electronic visual acuity tester
FDA	Food and Drug Administration
FDR	False discovery rate
FT	Full-time patching
GCP	Good clinical practice
ICH	International Council for Harmonisation
IOD	Interocular difference
IRB	Institutional Review Board
ITT	Intention to treat
IXT	Intermittent exotropia
JCHR	Jaeb Center for Health Research
logMAR	Logarithm of the minimal angle of resolution
log sec arc	Logarithm of the seconds of arc
MCMC	Monte Carlo Markov chain
NIH	National Institutes of Health
Obs	Observation
PACT	Prism and alternate cover test
PEDIG	Pediatric Eye Disease Investigator Group
QA	Quality assurance
QC	Quality control
RBM	Risk-based monitoring
RCT	Randomized clinical trial
SAP	Statistical analysis plan
SD	Standard deviation
SE	Spherical equivalent refractive error (Sphere + ½ Cylinder)
sec arc	Seconds of arc
SPCT	Simultaneous prism and cover test
VA	Visual acuity

PRINCIPAL INVESTIGATOR AGREEMENT FOR PROTOCOL
Randomized Trial of Full-Time Occlusion Therapy for
Intermittent Exotropia in Children (IXT7)

Site Number: _____

Each clinical site that is approved to participate in the IXT7 study will have one individual designated as the Protocol Principal Investigator (Protocol PI) at the site for that protocol. This may or may not be the same investigator that serves as the overall Site Principal Investigator (Site PI) for all PEDIG studies.

The Protocol PI and the Site PI (if different) agrees to the following for the IXT7 study. They will:

- Have a thorough understanding of the protocol design and study procedures.
- Ensure that local institutional requirements (if applicable) are satisfied for the protocol and that approvals and assurances are obtained annually if required.
- Ensure that the required protocol-certified staff, facilities, and equipment are available to conduct the protocol.
- Ensure that the required protocol staff have a thorough understanding of the protocol design and procedures.
- Provide adequate support and guidance to site investigators, coordinators, and other staff so that the study can be conducted according to protocol.
- Respond promptly to requests from the Coordinating Center (CC), Network Chair/s, or Protocol Chair/s.
- Correspond and maintain accessibility via email and phone with their PEDIG protocol monitor.
- Oversee local study documentation and records.
- Conduct periodic meetings of study personnel at their site.
- Cooperate with protocol monitors by working with the site coordinator to make available study personnel, study records, protocol binders, clinic charts for study participants, and other necessary records needed for on-site or virtual clinic monitoring visits.
- Notify the CC if any protocol adherence or data reporting problem is discovered or suspected.
- Attend scheduled PEDIG meetings and conference calls, including those for any PEDIG committees to which appointed.
- Review study monitoring reports evaluating clinical site performance and discuss with the CC any areas identified to be deficient.

The Protocol and PI shall exert diligent efforts to enroll at least three (3) study subjects.

In addition to the above, the Protocol PI and the Site PI (if different) agree(s) to the following:

- I/we understand the importance of successful follow-up of participants enrolled at my/our site.
- I/we agree as a site that we have the potential and commitment to as a site to enroll at least 3 subjects once certified.

Protocol Principal Investigator's Signature

Date: ____ / ____ / ____

Name: _____

To be completed only if different:

Site Principal Investigator's Signature _____

Date: ____ / ____ / ____

Name: _____

PROTOCOL SUMMARY

PARTICIPANT AREA	DESCRIPTION
Title	Randomized Trial of Full-Time Occlusion Therapy for Intermittent Exotropia in Children
Précis	Understanding the effectiveness of intensive patching has important implications for managing children with IXT. If full-time patching is associated with improvement in distance control vs an observation group, then future studies can be conducted to evaluate different durations of full-time patching treatment, whether the effect is maintained off-treatment, and how full-time patching compares to other treatment strategies.
Objectives	Determine whether full-time patching is more effective than observation for improving distance control of IXT after 3 months of treatment (on-treatment outcome).
Study Design	Randomized clinical trial.
Number of Sites	The study is open to all clinical sites approved to participate in the PEDIG network.
Endpoint	<p>Primary Efficacy Outcome: Change in control of IXT at distance after 3 months based upon the average of three measures of control at distance.</p> <p>Key Safety Outcomes:</p> <ol style="list-style-type: none"> 1. Deterioration is defined as meeting one of the following criteria at the 3 months follow-up visit: <ul style="list-style-type: none"> • Constant exotropia $\geq 10\Delta$ at distance AND near by SPCT. Constant is defined as an exotropia present throughout the examination and determined by at least three cover/uncover tests performed at various times during the exam. • Decrease in near stereoacuity on the Randot Preschool Stereotest of at least 2 levels from baseline, or to nil. 2. Decrease in distance visual acuity 3 or more logMAR lines from baseline in either eye or IOD 3 or more logMAR lines. 3. Diplopia ‘More than 2 times per day’ by parental report 4. Diplopia ‘All the Time’ by child symptom survey
Population	<p>Inclusion Criteria: Children under the care of a pediatric optometrist or pediatric ophthalmologist will be eligible for the study if they meet all the following criteria:</p> <ol style="list-style-type: none"> 1. Age 3 to < 9 years 2. IXT meeting all of the following criteria: <ul style="list-style-type: none"> • Intermittent or constant XT at distance (mean distance control 2.0 or more) with at least 1 control measure of 3, 4 or 5 (i.e., indicating spontaneous tropia) • Either IXT, exophoria, or orthophoria at near (cannot have control score of 5 on all 3 near assessments) • Distance exodeviation between 15Δ and 50Δ by PACT • Near exodeviation between 0Δ and 50Δ by PACT • Near exodeviation does not exceed distance by more than 10Δ by PACT (convergence insufficiency-type IXT excluded) 3. Age-normal visual acuity in both eyes: <ul style="list-style-type: none"> • 3 years: 20/50 or better (≥ 63 letters) • 4 years: 20/40 or better (≥ 68 letters)

PARTICIPANT AREA	DESCRIPTION
	<ul style="list-style-type: none"> • 5-6 years: 20/32 or better (≥ 73 letters) • 7-<9 years: 20/25 or better (≥ 78 letters) <ol style="list-style-type: none"> 4. Interocular difference in distance VA of 2 logMAR lines or less (10 letters or less on E-ETDRS for patients ≥ 7 years old). Testing by ATS HOTV for participants 3 to < 7 years old and by E-ETDRS for participants ≥ 7 years old. 5. Cycloplegic refraction within the last 7 months. 6. Refractive error between -6.00 D SE and +2.00 D SE (inclusive) based on a cycloplegic refraction within 7 months 7. Participants with refractive error meeting any of the following based on a cycloplegic refraction within 6 months must be wearing spectacles for at least 2 weeks: <ul style="list-style-type: none"> • Myopia > -0.50 D spherical equivalent (SE) in either eye • Anisometropia > 1.00 D SE • Astigmatism in either eye > 1.00 D 8. Any refractive correction worn at enrollment (required or not) must meet the following guidelines based on a cycloplegic refraction within 7 months: <ul style="list-style-type: none"> • Anisometropia SE must be within 0.50 D of the full anisometropic difference correction • Astigmatism must be corrected within 0.50 D • Axis must be within ± 10 degrees if cylinder power is ≤ 1.00 D and within ± 5 degrees if cylinder power is > 1.00 D. • For hyperopia, the spherical component can be reduced at investigator discretion provided the reduction is symmetrical and does not meet the definition of deliberate overminus (see below). • For myopia, the intent is to fully correct, but the spherical component can be undercorrected at investigator discretion provided the reduction is symmetrical and results in no more than -0.50 D SE residual (i.e., uncorrected) myopia. Deliberate overminus is not allowed. • Deliberate overminus is defined for this protocol as any refractive correction prescribed to yield lenses that are overminused by more than -0.50D SE than cycloplegic refraction SE <ul style="list-style-type: none"> ▪ Less than the full cycloplegic hyperopic correction (i.e., prescribing reduced plus) is not considered the same as overminusing for this protocol (because most patients without IXT but with hyperopic SE refractions up to +2.00 D SE would not typically be prescribed a refractive correction.) • For refractive errors with an emmetropic or myopic SE, the intent is to fully correct, but the spherical component can be undercorrected at investigator discretion provided the reduction is symmetrical and results in no more than -0.50 D SE residual (i.e., uncorrected) myopia. Prescribing a correction that yields more than 0.50 D <i>more minus</i> SE than the cycloplegic refraction SE is considered deliberate overminus and is not allowed. • Note that the refractive correction guidelines and the requirement to wear refractive correction for at least 2 weeks apply not only to participants who require refractive correction under the above criteria but also to any other participant who is wearing refractive correction. 9. Gestational age > 30 weeks 10. Birth weight > 1500 grams 11. Patient and/or parent understands protocol, is willing to enroll, and is willing to accept that other (i.e., nonrandomized) treatment for IXT will not be offered by the investigator for 3 months 12. Parent has phone and is willing to be contacted by Jaeb Center staff 13. Relocation outside of area of an active PEDIG site within 3 months

PARTICIPANT AREA	DESCRIPTION
	<p>not anticipated</p> <p>Exclusion Criteria:</p> <p>Individuals meeting any of the following criteria at baseline will be excluded from study participation:</p> <ol style="list-style-type: none"> 1. Prior strabismus, intraocular, or refractive surgery (including BOTOX injection) 2. Prior nonsurgical treatment for IXT (e.g., patching, vergence therapy, vision therapy/orthoptics, base-in prism, or deliberate overminus (more than 1.00 D) spectacles of >1 week duration within the past year 3. Previous amblyopia treatment other than refractive correction 4. Diplopia more than 2 times per day by parental assessment 5. Paretic or restrictive strabismus 6. Craniofacial malformations affecting the orbits 7. Ocular disorders which would reduce VA (except refractive error) 8. Severe developmental delay that would interfere with treatment or evaluation (in the opinion of the investigator). Participants with mild speech delay or reading and/or learning disabilities or ADHD are not excluded. 9. Neurological anomaly that could affect ocular motility (e.g., cerebral palsy, Down syndrome) 10. Immediate family member (child or sibling) of any investigative site personnel directly affiliated with this study. 11. Known allergy to adhesive patches. 12. Known allergy to silicone.
Sample Size	72 (36 observation, 36 full-time patching)
Phase	Phase 3
Treatment Groups	Random assignment to: <ul style="list-style-type: none"> • Observation • Full-time patching (all waking hours, 7 days/week)
Participant Duration	3 months after randomization
Protocol Overview/Synopsis	Participants will be randomly assigned to observation or full-time patching. All parents will receive a phone call at 4 weeks to answer any questions about observation or patching treatment. Participants will be followed for 3 months.

STUDY SUMMARY FLOW CHART

- Major Eligibility Criteria**
- Children aged 3 to <9 years
 - Intermittent exotropia meeting all the following criteria:
 - Intermittent or constant XT at distance (mean distance control 2.0 or more, with at least 1 measure of 3, 4 or 5)
 - IXT or exophoria or orthophoria at near (cannot have control score of 5 on all 3 near assessments)
 - Distance deviation between 15Δ and 50Δ by PACT
 - Near deviation between 0Δ and 50Δ by PACT
 - Near deviation does not exceed distance by more than 10Δ by PACT
 - No prior strabismus, intraocular, or refractive surgery (including BOTOX injection)
 - No previous nonsurgical treatment of >1 week duration within the past year
 - No amblyopia treatment other than refractive correction
 - No diplopia more than 2 times per day by parental report
 - Refractive error between -6.00 D SE and +2.00 D SE (inclusive) based on a cycloplegic refraction within 7 months
 - Age-normal VA (3 yrs = 20/50 or better; 4 yrs = 20/40 or better; 5-6 yrs = 20/32 or better; 7-8 yrs = 20/25 or better)
 - No interocular VA difference more than 0.2 logMAR
 - Wearing appropriate refractive correction for at least 2 weeks
 - No abnormality of the cornea, lens, or central retina
 - No known allergy to adhesive patches or silicone.

- Enrollment/Baseline Visit**
- Informed consent
 - Pediatric Eye Questionnaire (PedEyeQ)
 - IXT Symptom Survey
 - Diplopia Assessment by Parent
 - Randot Preschool Stereoacuity (40 cm)
 - Exotropia control #1 (distance and near)
 - Divergence and convergence fusional amplitudes
 - Exotropia control #2 (distance and near)
 - Ocular alignment (cover/uncover, SPCT, PACT)
 - Exotropia control #3 (distance and near)
 - Suppression
 - Retinal correspondence (ages 6-8 years)
 - Assessment of eligibility

Randomize

- Observation
- Patching All waking hours

4 weeks (± 1 week): Phone Call

- 3 months (±2 weeks) Primary Outcome**
- Patch adherence monitoring (patching group only)
 - Pediatric Eye Questionnaire (PedEyeQ)
 - IXT Symptom Survey
 - Diplopia Assessment by Parent
 - Randot Preschool Stereoacuity (40 cm) (masked)
 - Exotropia control #1 (distance and near) (masked)
 - Divergence and convergence fusional amplitudes (masked)
 - Exotropia control #2 (distance and near) (masked)
 - Ocular alignment (cover/uncover, SPCT, PACT) (masked)
 - Exotropia control #3 (distance and near) (masked)
 - Suppression (masked)
 - Retinal correspondence (ages 6-8 years) (masked)

SCHEDULE OF STUDY VISITS AND PROCEDURES

	Enrollment	4-Week Call	3-Month Visit
Consent	X		
Demographics / Medical History	X		
Treatment Compliance		X	X
Quality of Life Survey	X		X
IXT Symptom Survey	X		X
Diplopia Assessment by Parent	X		X
Distance Visual Acuity	X		X
Randot Preschool Stereoacuity	X		X
Exotropia Control (distance and near)	X		X
Amplitude Testing (Divergence and Convergence)	X		X
Ocular Alignment (distance and near)	X		X
Suppression (distance)	X		X
Retinal Correspondence*	X		X

^a Retinal correspondence to be measured only in children 6, 7, or 8 years of age at randomization

1

Chapter 1: Background Information

2 **1.1 Epidemiology and Clinical Characteristics**

3 Intermittent exotropia (IXT) is the most common form of childhood-onset exotropia,^{1,2} with an
4 incidence of 32.1 per 100,000 in children under 19 years of age,¹ and occurring more frequently
5 in females³ and in Asian populations.⁴⁻⁶ Onset of IXT is thought to be in the first year of life.⁷
6 Etiology is unknown although anatomical, innervational, sensory, and genetic factors have been
7 proposed.^{8,9}

8 IXT is characterized by an exodeviation present predominantly at distance fixation with or
9 without deviation at near fixation. Pseudonyms include periodic exotropia and exotropia of
10 inattention. In addition to being present for distance viewing, exotropia may also occur at near
11 and with inattention, in bright sunlight, or when tired. Closure of one eye in bright sunlight and
12 sensitivity to sunlight¹⁰⁻¹² are also characteristic features. Normal binocular single vision is
13 typically present at near when the eyes are aligned, with normal (occasionally subnormal)
14 stereoacuity.^{13,14} Diplopia is rarely reported.¹⁵

15 IXT is characterized by unique sensory adaptations:¹⁶ suppression mechanisms prevent diplopia
16 when the exodeviation is manifest, but normal binocular single vision with normal stereoacuity is
17 reestablished when the deviation is controlled (albeit with persistent temporal retinal suppression
18 in some children¹⁷). In addition, some children with IXT are thought to covary between normal
19 and anomalous retinal correspondence (ARC)^{16,18} and may also experience panoramic
20 viewing.^{7,19} However, the true nature of these adaptations, how often they occur, and how they
21 respond to treatment are poorly characterized having not been previously studied in large
22 numbers of children with IXT.

23 **1.2 Current Management Strategies**

24 IXT is currently managed by observation alone, or with surgical correction or non-surgical
25 treatment.¹⁴ Despite a plethora of studies evaluating treatments for IXT, there are relatively few
26 data on treatment effectiveness¹⁴ and current practice patterns are fragmented.^{20,21}

27 In addition, long-term success following treatment appears elusive, and specific reasons for
28 treatment failure are unclear. Popular explanations include the possibility that persistent sensory
29 maladaptations (suppression and/or anomalous retinal correspondence), as well as inadequate
30 fusional amplitudes, may be responsible for recurrence of the exotropia following treatment.

31 To provide context for the proposed randomized clinical trial (RCT), the following summary
32 briefly describes commonly used management strategies along with data from previous RCTs.

33 **1.2.1 Observation**

34 We are aware of two previous RCTs in which subjects with IXT were randomized to
35 observation. The PEDIG IXT2 studies^{22,23} randomized children to observation versus part-time
36 patching. In the older cohort randomized to observation (3 to < 10 years at enrollment),
37 deterioration of IXT (constant exotropia $\geq 10\Delta$ at distance and near or ≥ 2 -octave decrease in near
38 stereoacuity from the best previous measure, or being prescribed treatment despite not having
39 met motor or stereo deterioration) was met in 25 of 183 by 3 years (15%, 95% confidence
40 interval = 10%-22%), 12 of whom were prescribed treatment without meeting motor or
41 stereoacuity criteria.²⁴ However, of the 132 who completed the 3-year visit and had not been

42 treated during the study, only 1 (<1%) met motor or stereoacuity deterioration criteria at 3
 43 years.²⁴ Of those older children randomized to observation who remained untreated over the 3
 44 years, “complete or near complete resolution” (exodeviation <10Δ at distance and near, no
 45 reduction in stereoacuity, and no other nonsurgical treatment for IXT, having never met
 46 deterioration criteria) was met in 6 (7%) of 86.²⁵

47 In the younger cohort randomized to observation (12-35 months at enrollment), deterioration of
 48 IXT (constant exotropia ≥10 prism diopters at distance and near or treatment prescribed despite
 49 not having met motor deterioration) occurred in 28% (95% CI = 20%–39%) by 3 years.²⁶ Of the
 50 24 participants meeting the primary outcome of deterioration, seven met motor deterioration and
 51 17 were prescribed treatment without meeting motor deterioration.²⁶ The cumulative probability
 52 of motor deterioration by 3 years was 10% (95% CI = 5%–19%).

53 In a pilot RCT of surgery versus observation for IXT, Clarke et al²⁷ found 2 (9%) of 22 in the
 54 observation group showed significant improvement in control (improved 3 and 4 points on the
 55 office control scale) after 9 months of follow-up.

56 **1.2.2 Surgery**

57 The aim of surgery for IXT is to reduce the magnitude of the exodeviation (or eliminate it
 58 completely) such that any residual deviation can be easily compensated by existing convergence
 59 and divergence motor fusion mechanisms. Two RCTs have evaluated surgery for IXT.¹⁴ PEDIG
 60 (IXT1)²⁸ compared bilateral and unilateral surgery and found complete or near-complete
 61 resolution of IXT in 30% of participants overall at 3 years postoperatively (complete or near
 62 complete resolution defined as exodeviation <10Δ at distance and near, reduction of ≥10 Δ by
 63 PACT, esotropia <6Δ by SPCT at distance and near, no ≥2 octave reduction in stereoacuity, no
 64 reoperation, no nonsurgical treatment for recurrent or residual exodeviation, and having never
 65 met failure criteria [exotropia ≥10Δ by SPCT at distance or near, constant esotropia ≥6Δ by
 66 SPCT at distance or near, and ≥2 octave reduction in stereoacuity]). In a separate RCT,
 67 Kushner²⁹ also compared unilateral versus bilateral surgery and found a satisfactory outcome
 68 (aligned within 10Δ of exophoria and 5Δ of esophoria) in 82% and 52% respectively, but
 69 outcomes were evaluated at only one year postoperatively. In IXT1,³⁰ younger age (3 to <5
 70 years) was associated with a lower risk of failure by 3 years (28% vs 50%); however, reasons for
 71 failure versus success were not explored in Kushner’s RCT.

72 **1.2.3 Nonsurgical treatments**

73 The aim of nonsurgical treatment for IXT is to improve the strength and/or quality of binocular
 74 single vision (reducing suppression, increasing fusional amplitudes), thereby improving control
 75 of the exodeviation. Commonly utilized non-surgical management strategies include, vision
 76 therapy, overminus lenses, relieving or correcting base-in prism, and part-time patching.

77 **Vision therapy:**

78 There are no published RCTs of vision therapy, but a multicenter pilot RCT is planned and due
 79 to commence in 2021 (NCT04487249).

80 **Overminus optical correction:**

81 A recently published RCT (IXT5; NCT02807350) conducted by PEDIG,³¹ randomized 3- to 10-
 82 years old with IXT to overminus spectacles (−2.50 D over cycloplegic refraction for 12 months)
 83 vs non-overminus spectacles and found better mean distance control at 12 months (in correction)

84 for participants treated with overminus spectacles (n=196) than those with non-overminus
 85 spectacles (n=190) (1.8 vs 2.8 points; adjusted difference, -0.8; 95% CI, -1.0 to -0.5; $P < 0.001$).
 86 Factors associated with better versus worse control at outcome were not evaluated. However, a
 87 greater myopic shift occurred in those with overminus vs non-overminus treatment (-0.42 D vs
 88 -0.04 D; adjusted difference, -0.37 D; 95% CI, -0.49 to -0.26 D; $P < 0.001$), resulting in the
 89 overminus spectacles being discontinued before follow-up was complete in some participants.³¹

90 **Prism correction:**

91 Relieving base-in prism correction was evaluated in an 8-week pilot RCT conducted by PEDIG
 92 (IXT6; NCT03998670). The primary outcome was change in exodeviation control score, but
 93 factors associated with success versus failure of treatment were not evaluated. Results are due to
 94 be published later this year.

95 **Patching:**

96 Patching is one of the most frequently prescribed nonsurgical treatments for IXT and is described
 97 in detail below (section 1.3).

98

99 **1.3 Patching**

100 **1.3.1 Current clinical practice**

101 Prevailing clinical practice is to prescribe a low dose of 2-4 hours/day, and to either patch
 102 alternate eyes, alternate days, or patch the eye preferred for fixation (if present). Some clinicians
 103 prescribe for longer periods of time such as 6-8 hours/day or full-time (all waking hours) based
 104 on their clinical experience or outcomes from previous full-time patching studies,^{32,33} but there is
 105 no evidence to support whether full-time patching has additional benefit to part-time patching.
 106 Patching may be prescribed over a short duration of weeks or months or may be utilized on and
 107 off over a period of years. It is currently prescribed either to improve exodeviation control to the
 108 point where other treatments are not necessary, or to maintain reasonable control until the child
 109 and family are ready for other treatments such as surgery or vision therapy. While patching
 110 therapy is thought to improve exodeviation control and potentially reduce the size of the
 111 exodeviation, there are few data on the magnitude of such effects or whether any benefit persists
 112 long-term.

113 **1.3.2 Previous Randomized Trials of Patching Treatment**

114 Akbari et al 2020³⁴: Akbari et al recently published a RCT³⁴ comparing part-time patching (2
 115 hours a day, alternating eyes) to observation in 76 children who were 3- to 8-years-old with IXT.
 116 The primary outcome was a single measure of control, using a modification of the Office Control
 117 Score³⁵ at 3 and 6 months (on treatment). Control scores ranged from 0 (phoria) to 6 (constant
 118 exotropia) and were better (lower score) in the patching group at 3 months (distance: 2.3±1.0
 119 points vs 2.7±1.1 points; $P=0.03$; near: 1.2±0.7 points vs 1.5±0.6 points; $P=0.003$), and at 6
 120 months (distance: 2.4±1.1 points vs 2.8±1.2 points; $P=0.03$; near: 1.0±0.6 points vs 1.6±0.9
 121 points; $P=0.003$). Nevertheless, post-treatment outcomes, as well as effects on suppression, angle
 122 of deviation, and fusional amplitudes were not evaluated. In addition, while control improved
 123 with patching, control scores reflect that many participants had persistent intermittent exotropia.

124 PEDIG 2014²² and PEDIG 2015²³: Two PEDIG RCTs evaluated part-time patching (3 hours a
 125 day for 5 months) versus observation in 12- to 35-month-olds²³ and 3- to <11-year-olds²² with
 126 IXT. In published secondary analyses of 6-month outcomes (1-month post cessation of patching

127 treatment), mean control scores and mean angle of deviation were compared between patching
 128 and observation groups. For 12- to 35-month-olds, mean distance control scores were better
 129 (lower) in the patching group compared with the observation group (2.3 points vs 2.8 points;
 130 $P=0.02$) (near control scores were similar: 1.1 points vs 1.4 points; $P=0.26$).²³ In addition, mean
 131 distance angle of deviation (PACT) was significantly smaller in the patched group (24.9 Δ vs
 132 27.9 Δ , $P=0.02$) (near angle was similar: 17.0 Δ vs 19.3 Δ , $P=0.10$). For 3- to <11-year-olds,
 133 distance control scores were similar between groups (2.0 points patching vs 2.3 points
 134 observation; $P=0.094$) but near control scores were lower in the patching group (0.9 points vs 1.2
 135 points; $P=0.013$).²² Mean angle of deviation by PACT was 22.2 Δ in the patching group vs 23.8 Δ
 136 in the observation group ($P=0.012$) at distance and 15.4 Δ vs 17.6 Δ ($P=0.11$) at near.

137 The studies were designed primarily to evaluate deterioration rates, but in post hoc analyses
 138 (publication in process) of 3- to <11-year-olds with a control score of 2 or more at enrollment
 139 and a 3-month on-treatment examination (matching current study inclusion criteria and primary
 140 outcome time-point) distance control improved 0.4 points in the observation group (n=147) and
 141 0.8 points in the patching group (n=125) (mean difference 0.41 points (95% CI, 0.12 to 0.70
 142 points). Angle of deviation improved 0.2 Δ in the observation group and 2.3 Δ in the patching
 143 group (mean difference 2.1 Δ (0.6 to 3.6 Δ)).

144 Nevertheless, in both the 12- to 35-month and 3- to <11-year-old cohorts, many participants had
 145 persistent intermittent exotropia post-treatment. Changes in suppression or fusional amplitudes,
 146 and relationships with better versus worse control, were not evaluated.

147 **1.3.3 Previous Non-randomized Studies of Patching Treatment**

148 A small number of non-randomized studies have evaluated patching for IXT.^{16,36,37} While there
 149 are intrinsic challenges when interpreting data from non-randomized studies, the following are
 150 selected for more detailed review either because they provide additional information on potential
 151 effects of full-time patching, and/or provide some insight regarding how patching may impact
 152 sensory adaptations, the angle of deviation, or fusional amplitudes.

153 **Full-time Patching**

154 Jacobucci & Henderson 1965³³: Twenty-eight children with IXT, scheduled for surgery, were
 155 selected (“at random”) for full-time patching for 3 months. IXT control and angle of deviation
 156 were compared with a control group of 38 children undergoing anti-suppression and diplopia
 157 therapy. Distance angle of deviation by PACT reduced by a mean of 5.8 \pm 1.1 Δ from baseline to 3
 158 months in the patching group, compared with an increase of 1.8 \pm 0.4 Δ in the control group. Near
 159 angle of deviation by PACT reduced by a mean of 4.6 \pm 1 Δ from baseline to 3 months in the
 160 patching group, compared with an increase of 1.3 \pm 0.5 Δ in the control group. Eleven of 28
 161 patched patients and 20 of 38 control patients were constant exotropia at distance at baseline; of
 162 these, 8 (73%) of 11 in the patching group and 0 of 20 in the control group became intermittent
 163 or phoric at 3 months.

164 Flynn et al 1976³²: In a prospective study, Flynn and colleagues prescribed full-time patching for
 165 4-12 weeks to 31 children (mean age 7.6 years, range 3 to 13 years) with IXT. Mean angle of
 166 deviation pre-treatment was 20 \pm 7 Δ at distance and 15 \pm 12 Δ at near. Nine of 31 had undergone
 167 previous surgery. Following patching treatment, 7 (23%) of 31 showed dramatic improvement
 168 such that “the deviation became almost completely phoric, fusion improved, and all evidence of
 169 suppression on the synoptophore or in free space disappeared.” Fourteen of 31 patients had a
 170 reduction in angle of deviation and a change from tropia to intermittent tropia or phoria. In 12 of

171 31 patients there was a measurable improvement in suppression with disappearance of the
 172 suppression scotoma. Increase in the range of fusional amplitudes occurred in 9 of these 12
 173 patients. Of note, Flynn et al³² report that some patients did not respond positively to patching,
 174 with 12 showing an increase in angle of deviation (mean 5Δ , range 2Δ to 15Δ) and 6 showing
 175 worsening control. Long-term follow-up was not reported.

176 **1.4 Mechanism of Patching Treatment Effect**

177 Patching is considered “anti-suppression” therapy, affecting exodeviation control by reducing or
 178 eliminating the suppression that occurs when the exodeviation is manifest.^{32,33,38,39}

179 **1.4.1 Suppression**

180 Previous studies have attempted to evaluate the presence versus absence of suppression, as well
 181 as the size and location of the suppression scotoma when the exodeviation is manifest,^{15,18,40-44}
 182 but few have evaluated changes in suppression with treatment or the relationship between
 183 suppression status and treatment success. In fact, although patching is designated “anti-
 184 suppression” treatment, there are few data demonstrating that changes in suppression occur with
 185 patching.

186 It has been suggested that, left untreated, suppression in many children with IXT will increase,⁴¹
 187 making it harder to remediate and leading to poorer treatment outcomes, but this has not been
 188 studied. It has also been suggested that eradication of suppression is required for successful
 189 treatment,¹⁵ but this deserves further study.

190 **1.4.2 Fusional Vergence Amplitudes**

191 Motor fusion mechanisms are responsible for maintaining binocular alignment, and in IXT, both
 192 convergence and divergence are thought to be important for enabling motor control of the
 193 exodeviation.^{45,46} In previous studies,^{32,38,47,48} data suggest that patching results in an increase in
 194 convergence amplitudes, but further study is needed to verify whether such changes truly occur
 195 and if they do, whether they are directly related to changes in suppression or occur
 196 independently. It is also unknown how such changes relate to improvement or successful
 197 treatment of IXT.

198 **1.4.3 Magnitude of Deviation**

199 Previous studies^{22,23,32,33,39,48-50} have shown that the magnitude of the deviation may reduce with
 200 patching treatment. Nevertheless, there are few data that support this notion, and the mechanism
 201 by which patching might alter ocular alignment remains unclear.

202 **1.5 Measuring Patch Wear Time**

203 Adherence with a prescribed patching dose is often problematic and limits the interpretation of
 204 findings when attempting to correlate dose to outcome. In studies of patching treatment for
 205 amblyopia, some research groups have used occlusion dose monitors (ODMs) to record actual
 206 patch wear time.⁵¹⁻⁵⁴ In general these previous studies concluded that dose is a significant factor
 207 in determining amblyopia treatment outcome, although there remains considerable individual
 208 variability. We are unaware of previous studies that have analyzed actual patch wear time when
 209 treating IXT, and such data are important for understanding whether there is a dose effect
 210 relationship.

211 Recently, a new method of monitoring patching adherence has become available and is being
 212 used in a concurrent PEDIG amblyopia study (ATS22, NCT04378790). TheraMon®, a

213 thermosensor device, appears to work well for monitoring adherence with amblyopia patching
 214 treatments in children.⁵¹ We propose utilizing the TheraMon® in the current study to enable
 215 important secondary analyses of outcome in relation to actual (rather than prescribed) wear time.
 216

217 **1.6 Unanswered Questions Regarding Patching Treatment for IXT**

218 While previous data confirm an effect of patching on control of IXT, and even on angle of
 219 deviation, there remain many unanswered questions regarding treatment effectiveness. Such
 220 questions include:

- 221 - Is prescribed full-time patching more effective for improving control and/or reducing
 222 angle of deviation than observation alone?
- 223 - Does patching alter suppression, angle of deviation, fusional amplitudes, or
 224 anomalous retinal correspondence, and are such changes related to exodeviation
 225 control?
- 226 - Is there a dose-response relationship (greater improvement with more actual patching
 227 time)?
- 228 - Which clinical and demographic characteristics, if any, are associated with
 229 improvement in exodeviation control and/or treatment success?

230 **1.7 Rationale for Present Study**

231 IXT is a common eye condition, but long-term surgical treatment outcomes are disappointing,
 232 with high failure rates due to recurrence or undercorrection of the exodeviation. Patching is a
 233 commonly used nonsurgical treatment for which there is some evidence of short-term treatment
 234 benefit (improved exodeviation control and reduced angle of deviation) when prescribed 2-3
 235 hours/day. Nevertheless, the extent to which patching is effective if worn for long periods of
 236 time per day or if any treatment effect is sustained once treatment is discontinued is unknown.

237 Understanding the effectiveness of patching treatment and whether there is a benefit from full-
 238 time patching versus observation alone has important implications for managing children with
 239 IXT. If full-time patching is associated with more improvement in distance control compared to
 240 observation alone, then future studies can be conducted to evaluate different durations of full-
 241 time patching treatment, whether the effect is maintained off-treatment, and how full-time
 242 patching compares to other treatment strategies.

243 In addition, this study would provide evidence of the ability of patching to alter suppression,
 244 anomalous retinal correspondence, and fusional amplitudes, and the relationships of these
 245 clinical characteristics with treatment success, failure, and improvement of IXT. This study
 246 provides an opportunity to explore such relationships, and data are expected to create hypotheses
 247 for future studies.

248 **1.8 Study Objectives**

249 Determine whether full-time patching is more effective than observation for improving distance
 250 control of IXT after 3 months of treatment (on-treatment outcome).

251

252 **1.9 Potential Risks and Benefits of Study Treatment**

253 **1.9.1 Known Potential Risks**

254 There is a risk that patching may create diplopia that then becomes troublesome to the patient,
 255 but this complication is seldom reported. It is possible that some patients will show worsening of
 256 IXT control or increase in magnitude with patching³² or observation,²² but deterioration criteria
 257 will be assessed after 3 months and the short 3-month duration allows for cessation of patching
 258 treatment and/or commencement of other treatment should deterioration of the IXT occur. Skin
 259 irritation may occur. If persistent skin irritation occurs due to the adhesive patch, the participant
 260 will be provided with a fabric patch to wear on their glasses (plano glasses will be provided for
 261 children who are not already wearing glasses). Patching could potentially cause a decrease of VA
 262 in the patched eye, but that is very unlikely since alternating patching is prescribed, and any
 263 decrease in VA is almost always reversible. One potential risk with observing IXT without
 264 treatment is that suppression may increase in density over time. An increase in the density of
 265 suppression may predispose the child to worse motor and sensory outcomes in the long term, but
 266 with a 3-month study duration there is unlikely to be a significant change, and furthermore this
 267 has not been previously studied to know if and when this occurs.

268 **1.9.2 Known Potential Benefits**

269 The potential benefits of patching are improved exodeviation control, reduced angle of deviation,
 270 reduced suppression, and/or increased fusional amplitudes.

271 There are no direct benefits of observation, however, in a previous RCT, approximately 7% of
 272 patients⁵⁵ resolved spontaneously over 3 years. Therefore, avoiding the need for treatment of
 273 IXT and any associated risks of IXT treatment may be considered an indirect benefit of
 274 observation.

275 **1.10 Risks of Examination or Testing Procedures**

276 The procedures in this study are part of daily eye care practice in the United States and pose no
 277 known risks. As part of a routine usual-care exam, the participant may receive
 278 cycloplegic/dilating eye drops.

280 **1.11 Risk Assessment**

281 There are no risks involved in this study that would not be part of usual care when treating with
 282 either patching or by observation alone. The protocol’s level of risk is consistent with 45 CFR
 283 46.404 and 21 CFR 50.51, which indicates research not involving greater than minimal risk for
 284 the individual child involved in the research.

286 **1.12 General Considerations**

287 The study is being conducted in compliance with the policies described in the PEDIG network
 288 policies document, with the ethical principles that have their origin in the Declaration of
 289 Helsinki, with the protocol described herein, and with the standards of Good Clinical Practice
 290 (GCP).

291

Chapter 2: Study Enrollment and Randomization

292 **2.1 Participant Recruitment and Enrollment**

293 The study plans to enroll enough participants, for whom informed consent will be obtained, in
294 order to randomize a minimum of 72 participants.

295

296 As the randomization goal approaches attainment, sites will be notified of the end date for
297 recruitment into the study. Participants who have signed informed consent forms are enrolled and
298 can be randomized until the end date, which means the expected recruitment number might be
299 exceeded. The maximum number randomized will be 82.

300

301 There is no restriction on the number of participants to be enrolled by each site toward the
302 overall recruitment goal. The overall number of participants with an interocular difference in
303 distance VA of 2 logMAR lines (10 letters on E-ETDRS for patients ≥ 7 years old) will be
304 limited to 14.

305

306 **2.1.1 Informed Consent**

307 Children with IXT who are 3 to <9 years of age attending ophthalmology or optometry
308 outpatient visits will be identified.

309

310 Families who qualify for the study will be approached by one of the research team members. The
311 study will be discussed with the child's parent(s) or guardian(s) [referred to subsequently as
312 parent(s)]. Parent(s) who express an interest in the study will be given a copy of the informed
313 consent form to read. Written informed consent must be obtained from a parent and written or
314 verbal assent from the child (depending on age and local IRB requirements) prior to performing
315 any study-specific procedures that are not part of the child's routine care.

316

317 A child is considered enrolled into the study when the informed consent form has been signed by
318 the parent, the assent form has been signed by the child (when applicable), and the investigator
319 has also signed the appropriate forms.

320

321 **2.2 Eligibility Criteria**

322 **2.2.1 Inclusion Criteria**

323 Children under the care of a pediatric optometrist or pediatric ophthalmologist, who are
324 identified during a standard-of-care outpatient visit or from a referral from another provider, will
325 be eligible for the study if they meet all the following criteria:

326

1. Age 3 to <9 years

327

2. IXT meeting all the following criteria:

328

- Intermittent or constant XT at distance (mean distance control 2.0 or more) with at least 1 measure of 3, 4 or 5 (i.e., indicating spontaneous tropia) on control testing

329

- Either IXT, exophoria, or orthophoria at near (cannot have control score of 5 on all 3 near assessments)

330

- Distance exodeviation between 15Δ and 50Δ by PACT

331

- Near exodeviation between 0Δ and 50Δ by PACT

332

- Near exodeviation does not exceed distance by more than 10Δ by PACT

333

334

3. Age-normal visual acuity in both eyes:⁵⁶⁻⁵⁸

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- 3 years: 20/50 or better (≥ 63 letters)
 - 4 years: 20/40 or better (≥ 68 letters)
 - 5-6 years: 20/32 or better (≥ 73 letters)
 - 7-<9 years: 20/25 or better (≥ 78 letters)
4. Interocular difference in distance VA of 2 logMAR lines or less (10 letters or less on E-ETDRS for patients ≥ 7 years old). Testing by ATS HOTV for participants 3 to < 7 years old and by E-ETDRS for participants ≥ 7 years old.
 - The overall number of participants with an interocular difference in distance VA of 2 logMAR lines (10 letters on E-ETDRS for patients ≥ 7 years old) will be limited to 14.
 5. Refractive error between -6.00 D SE and +2.00 D SE (inclusive) based on cycloplegic refraction performed within 7 months
 6. Participants with refractive error meeting any of the following based on cycloplegic refraction performed within the prior 7 months must be wearing spectacles for at least 2 weeks:
 - Myopia > -0.50 D spherical equivalent (SE) in either eye
 - Anisometropia > 1.00 D SE
 - Astigmatism in either eye > 1.00 D
 7. Any refractive correction worn at enrollment (required or not) must meet the following guidelines based on cycloplegic refraction performed within the prior 7 months:
 - Anisometropia SE must be within 0.50 D of the full anisometropic difference correction
 - Astigmatism must be corrected within 0.50 D
 - Axis must be within ± 10 degrees if cylinder power is ≤ 1.00 D and within ± 5 degrees if cylinder power is > 1.00 D.
 - For hyperopia, the spherical component can be reduced at investigator discretion provided the reduction is symmetrical and does not meet the definition of deliberate overminus (see below).
 - For refractive errors with an emmetropic or myopic SE, the intent is to fully correct, but the spherical component can be undercorrected at investigator discretion provided the reduction is symmetrical and results in no more than -0.50 D SE residual (i.e., uncorrected) myopia. Deliberate overminus is not allowed.
 - Deliberate overminus is defined for this protocol as any refractive correction prescribed to yield lenses that are overminused by more than -0.50D SE than cycloplegic refraction SE.
 - Less than the full cycloplegic hyperopic correction (i.e., prescribing reduced plus) or no correction for a hyperopic SE refractive error is not considered the same as overminusing for this protocol (because most patients without IXT but with hyperopic SE refractions up to +2.00 D SE would not typically be prescribed a refractive correction.)
 - Note that the refractive correction guidelines and the requirement to wear refractive correction for at least 2 weeks apply not only to participants who require refractive correction under the above criteria but also to any other participant who is wearing refractive correction.
 8. Gestational age > 30 weeks

- 382 9. Birth weight > 1500 grams
383 10. Patient and/or parent understands protocol, is willing to enroll, and is willing to accept
384 that other treatment for IXT will not be offered for 3 months
385 11. Parent has phone and is willing to be contacted by Jaeb Center staff
386 12. Relocation outside of area of an active PEDIG site within next 3 months not anticipated
387

388 **2.2.2 Exclusion Criteria**

389 Individuals meeting any of the following criteria at baseline will be excluded from study
390 participation.

- 391 1. Prior strabismus, intraocular, or refractive surgery (including BOTOX injection)
392 2. Prior nonsurgical treatment for IXT (e.g., patching, vergence therapy, vision
393 therapy/orthoptics, base-in prism, or deliberate overminus with spectacles more than
394 1.00 D) for >1 week duration within the past 1 year
395 3. Previous amblyopia treatment other than refractive correction
396 4. Diplopia more than 2 times per day by parental assessment
397 5. Paretic or restrictive strabismus
398 6. Craniofacial malformations affecting the orbits
399 7. Ocular disorders which would reduce VA (except refractive error)
400 8. Severe developmental delay that would interfere with treatment or evaluation (in the
401 opinion of the investigator). Participants with mild speech delay or reading and/or
402 learning disabilities or ADHD are not excluded.
403 9. Neurological anomaly that could affect ocular motility (e.g., cerebral palsy, Down
404 syndrome)
405 10. Immediate family member (child or sibling) of any investigative site personnel directly
406 affiliated with this study.
407 11. Known allergy to adhesive patches.
408 12. Known allergy to silicone.
409

410 **2.3 Historical Information**

411 Historical information elicited will include the following: date of birth, sex, race, ethnicity,
412 spectacle correction, and prior treatment for IXT and amblyopia.
413

414 **2.4 Screening and Baseline Procedures**

415 Testing will be done in the order specified below on a single day following enrollment in the
416 child's current refractive correction if worn (any spectacle correction worn must meet the criteria
417 specified in section 2.2) and without cycloplegia:

- 418 1. Eye-Related Quality of life: Pediatric Eye Questionnaire (PedEyeQ)
419 • Child questionnaire: Completed by children 5 years and older
420 • Parent questionnaire: Completed by the parent for all children regardless of age
421 (includes parent and proxy questions)
422 2. Symptom Survey:
423 • Intermittent Exotropia Symptom Survey completed by children 5 years or older.
424 • Single diplopia question to be completed by children 3 or 4 years.

- 425 3. Diplopia Assessment by Parent: Assess diplopia presence and frequency over the last week,
426 by parental report. If present, classify diplopia frequency as “2 times or less per day” or
427 “more than 2 times per day.”
- 428 4. Monocular Distance VA Testing: Distance VA testing will be performed by a certified
429 examiner on a certified VA system (EVA or M&S), using the ATS single surround HOTV
430 for participants 3 to <7 years old and using the E-ETDRS for participants ≥ 7 years. The
431 same VA testing method used at enrollment will be used again at 3 months.
- 432 5. Stereoacuity Testing: Assessed using the Randot Preschool Stereotest at near (performed at
433 40 cm) as outlined the *IXT7 Procedures Manual*
- 434 6. Control of the Exodeviation #1: Control of the exodeviation at distance (6 meters) then near
435 (1/3 meter) will be assessed using the standardized IXT control scale,³⁵ as outlined in the
436 *IXT7 Procedures Manual*.
- 437 • Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or
438 certified orthoptist.
 - 439 • The same examiner must assess control for all three assessments of control at each
440 visit.
- 441 8. Divergence Amplitude Testing: Measured at distance (6 meters) using the PEDIG-approved
442 prism bar as described in the *IXT7 Procedures Manual*
- 443 • Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or
444 certified orthoptist.
 - 445 • Record the break and recovery points.
- 446 9. Convergence Amplitude Testing: Measured at distance (6 meters) using the PEDIG-approved
447 prism bar as described in the *IXT7 Procedures Manual*
- 448 • Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or
449 certified orthoptist.
- 450 10. Control of the Exodeviation #2 (repeat) (*see item #7*).
- 451 11. Ocular Alignment Testing:
- 452 • Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or
453 certified orthoptist.
 - 454 • Ocular alignment will be assessed by the cover/uncover test, simultaneous prism and
455 cover test (SPCT), and prism and alternate cover test (PACT) in primary gaze at
456 distance (3 meters) and near (1/3 meter) as described in the *IXT7 Procedures Manual*.
- 457 12. Control of the Exodeviation #3 (repeat) (*see item #7*)
- 458 13. Suppression: Assessment of suppression at distance (6 meters) using the Office Suppression
459 Test⁵⁹ as described in the *IXT7 Procedures Manual*
- 460 • Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or
461 certified orthoptist.
- 462 14. Retinal Correspondence (children 6 to <9 years only): Assessment of retinal correspondence
463 will be made when aligned and also when tropic using the Hering-Bielschowsky After Image
464 Test⁶⁰ as described in the *IXT7 Procedures Manual* using the PEDIG-supplied flash unit.
- 465 • Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or
466 certified orthoptist.
- 467

468 **2.5 Randomization**

469 Eligible participants will be randomly assigned on the study website to the following treatment:

470

- 471 1. Observation for 3 months – no treatment other than refractive correction
472 2. Full-time patching (all waking hours) for 3 months (right eye on even days, left eye on odd
473 days), in addition to refractive correction

474

475 The Jaeb Center will construct a Master Randomization List stratified by mean distance control
476 score at enrollment (2 to <3, 3 to <4, 4 to 5). A participant is officially randomized when the
477 website randomization process is completed.

478 **2.5.1 Observation Group**

479 Participants randomized to observation alone will not be allowed to receive any other treatment
480 for IXT, except refractive correction, for 3 months.

481 **2.5.2 Full-Time Patching Group**

482 Participants randomized to the full-time patching group will patch full-time (all waking hours)
483 for 3 months up until the day before the 3-month primary outcome visit. Daily alternate patching
484 will be prescribed (right eye on even days, left eye on odd days). No other treatment for IXT will
485 be used, except for refractive correction.

486 **2.6 Monitoring of Adherence**

487 Site staff will activate and distribute occlusion dose monitors (ODMs) for participants
488 randomized to patching (patching adherence is not applicable to the observation group).

- 489 • Adherence with patching will be monitored throughout the study by an ODM worn on the
490 inside of the patch for participants randomized to patching.
491 • In addition, parents will be asked to record patching wear time and which eye was
492 patched on a study calendar.

493

Chapter 3: Study Follow-up

3.1 Study Visits

494 Study follow up for participants randomized in the study is (timed from randomization):

496

- 497 • 4-week phone call: 4 weeks \pm 1 week
- 498 • 3-month (on treatment) primary outcome visit: 3 months \pm 2 weeks
- 499 • Parents will be instructed to not patch on the day of the visit

500

3.2 Phone Call at 4-weeks

502 Study personnel will call the parent of each participant 4 weeks \pm 1 week following
503 randomization. The purpose of the call for the patching groups is to determine whether patching
504 is being done, and if so, how it is being done. If patching is not being done correctly, patching
505 instructions will be reviewed with the parents. Parents in the patching groups will be asked if
506 they have had any problems using the ODM. If ODMs have been lost, replacement ODMs may
507 be sent to the parent. Parents in both treatment groups will be asked if they have any questions or
508 concerns about the study.

3.3 Masking Procedures

510 Participants will not be masked to their treatment group, given that they will be asked to patch all
511 waking hours/day (full-time patching group) or not at all (observation group). The investigator
512 treating each participant also will not be masked to treatment group. An examiner masked to
513 treatment group will perform all clinical testing (with the exception of VA testing and
514 administration of questionnaires, which may be performed by unmasked, certified personnel) at
515 the 3-month visit.

3.3.1 Masked Examiner

517 The masked examiner must be a pediatric optometrist, pediatric ophthalmologist, or certified
518 orthoptist who is not aware of the participant's assigned treatment. Because the enrolling
519 investigator will be unmasked to treatment group, they will not be allowed to serve as their own
520 masked examiner.

3.4 Testing Procedures at 3-Month Outcome Visit

522 The following procedures will be performed in the order specified below at the 3-month outcome
523 visit with the participant wearing their current refractive correction (if worn), and without
524 cycloplegia. If unable to complete the entire masked exam during the office visit, the participant
525 can return with 10 days to complete all masked testing (# 6-14 below). Testing procedures #1-5
526 below do not need to be repeated if completed at the initial office visit.

527

528 1. Adherence Monitoring (for patching group):

- 529 • Evaluate compliance by review of study calendar
- 530 • Download adherence data from ODM

531 2. Eye-Related Quality of life: Pediatric Eye Questionnaire (PedEyeQ)

- 532 • Child questionnaire: Completed by children 5 years and older
- 533 • Parent questionnaire: Completed by the parent for all children regardless of age
- 534 (includes parent and proxy questions)

535 3. Symptom Survey:

- 536 • Intermittent Exotropia Symptom Survey completed by children 5 years or older.
- 537 • Single diplopia question to be completed by children 3 or 4 years.
- 538 4. Diplopia Assessment by Parent: Assess diplopia presence and frequency over the last week,
- 539 by parental report. If present, classify diplopia frequency as “2 times or less per day” or
- 540 “more than 2 times per day.”
- 541 5. Monocular Distance VA Testing: Distance VA testing in each eye using the same test
- 542 method used at enrollment.
- 543 6. Stereoacuity Testing (masked): Randot Preschool Stereoacuity at 40 cm.
- 544 7. Control of the Exodeviation #1 (masked):
- 545 • Distance (6 meters)
- 546 • Near (1/3 meter)
- 547 • The same examiner must assess control for all three assessments of control for each visit.
- 548 8. Divergence Amplitude Testing (masked): Measured at distance (6 meters) using a PEDIG-
- 549 approved prism bar as described in the *IXT7 Procedures Manual*
- 550 • Record the break and recovery points
- 551 9. Convergence Amplitude Testing (masked): Measured at distance (6 meters) using a PEDIG-
- 552 approved prism bar as described in the *IXT7 Procedures Manual*
- 553 • Record the blur, break, and recovery points
- 554 10. Control of the Exodeviation #2 (masked) (repeat) (see item #7)
- 555 11. Ocular Alignment Testing (masked):
- 556 • Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or
- 557 certified orthoptist.
- 558 • Ocular alignment will be assessed by the cover/uncover test, simultaneous prism and
- 559 cover test (SPCT), and prism and alternate cover test (PACT) in primary gaze at
- 560 distance (3 meters) and near (1/3 meter) as described in the *IXT7 Procedures Manual*.
- 561 12. Control of the Exodeviation #3 (masked) (repeat) (see item #7)
- 562 13. Suppression (masked): Assessment at distance using the Office Suppression Test at distance
- 563 (6 meters) as described in the *IXT7 Procedures Manual*
- 564 14. Retinal correspondence (masked): In children aged 6, 7, or 8 years of age at randomization,
- 565 assessment of retinal correspondence will be made using the Hering-Bielschowsky After-
- 566 Image Test as described in the *IXT7 Procedures Manual* using the PEDIG-supplied flash
- 567 unit.

3.5 IXT Treatment Changes During Follow-up

569 Changes in treatment are not allowed prior to the 3-month outcome visit.

571 If the participant is experiencing overwhelming social concerns or significant symptoms
 572 associated specifically with IXT, the investigator **must call one of the Protocol Chairs** to
 573 discuss the case and obtain approval for an early 3-month outcome visit (if not already in
 574 window) prior to initiating any non-randomized treatment for IXT.

3.6 Management of Refractive Error During Follow-up

575 Because of the short duration of the study, the spectacles prescribed at randomization may not be
 576 changed or discontinued without contacting a Protocol Chair.
 577

578 In the event that spectacles are lost or damaged after randomization but before the 3-month
579 outcome visit, the spectacles may only be replaced with the same spectacle prescription that was
580 prescribed at randomization.

581

Chapter 4: Testing Procedures and Questionnaires

582 4.1 Clinical Assessments

583 The following test procedures will be completed for all three treatment groups at each visit as
584 defined in the *IXT Procedures Manual*:

- 585 1. Monocular VA Testing: Distance VA will be tested in both eyes with the participant wearing
586 their study-specified spectacle correction. The right eye is tested, with the left eye occluded
587 with an adhesive patch. The left eye is tested after the right eye. Testing must be performed
588 by a certified examiner on a certified VA system (EVA or M&S), using the ATS single
589 surround HOTV for participants 3 to <7 years old and using the E-ETDRS for participants \geq
590 7 years. The same testing method must be used throughout the study. Testing time for both
591 eyes typically is in the range of 5 to 10 minutes.
- 592 2. Randot Preschool Stereoacuity Test: The Randot Preschool Stereoacuity Test measures 6
593 levels (40 to 800 seconds of arc) of stereoacuity at near (40 cm). The test consists of 3
594 booklets, each designed to test 2 levels of stereoacuity, and each level consisting of 4 panels,
595 3 of which contain a random dot stereogram. The participant wears polarized lenses over
596 their spectacle correction. The examiner asks the participant if they can identify a specific
597 black and white shape in the booklet and then asks the participant to point to the panel
598 containing the corresponding stereogram image, as outlined in the *IXT7 Procedures Manual*.
599 The test must be administered by a certified examiner. The certified examiner will be
600 required to be masked to treatment group. Testing time is approximately 2-4 minutes.
- 601 3. Ocular Alignment: Ocular alignment will be assessed by the cover/uncover test, simultaneous
602 prism and cover test when tropia present by cover/uncover test (SPCT), and prism and
603 alternate cover test (PACT), using the PEDIG-approved IXT7 prism bar, in primary gaze at
604 distance (6 meters) and at near (33 cm) as outlined in the *IXT7 Procedures Manual*. The
605 examiner will be required to be masked to treatment group. Testing time is approximately 2-
606 4 minutes.
- 607 4. Cycloplegic Refraction: A cycloplegic refraction will be done prior to enrollment and only if
608 clinically indicated thereafter. After administration of eye drops, it typically takes 30 minutes
609 to achieve cycloplegia, and testing time for refraction of both eyes is in the range of 2 to 10
610 minutes.
- 611 5. Suppression Testing: Suppression will be assessed using the Office Suppression Test which
612 grades the level of suppression while tropic on a 4-level scale. Testing will be performed at 6
613 meters as outlined in the *IXT7 Procedures Manual*. Testing must be performed by a pediatric
614 ophthalmologist, pediatric optometrist, or certified orthoptist. The examiner will be required
615 to be masked to treatment group. Testing time is approximately 3-5 minutes.
- 616 6. Retinal Correspondence Testing: In children 6, 7, or 8 years old at time of randomization,
617 retinal correspondence status will be assessed by the Hering-Bielschowsky after-image test,
618 using a PEDIG-provided flash unit. Correspondence will be assessed when aligned and when
619 tropic to record overall status as either:

620 Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or certified
 621 orthoptist as outlined in the *IXT7 Procedures Manual*. The examiner will be required to be
 622 masked to treatment group. Testing time is approximately 3-5 minutes.

623

624 7. Control of IXT: Assessment of IXT control will be performed using the Office Control
 625 Scale³⁵ at both distance (6 meters) and near (1/3 meter), fixating an accommodative target.
 626 Testing must be performed by a pediatric ophthalmologist, pediatric optometrist, or certified
 627 orthoptist as outlined in the *IXT7 Procedures Manual*. The examiner will be required to be
 628 masked to treatment group. Testing time is approximately 3-5 minutes.

629 The scale below applies to both distance and near test distance separately.

630 Intermittent Exotropia Control Scale

631 5 = Constant Exotropia

632 4 = Exotropia > 50% of the 30-second period before dissociation

633 3 = Exotropia < 50% of the 30-second period before dissociation

634 2 = No exotropia unless dissociated, recovers in >5 seconds

635 1 = No exotropia unless dissociated, recovers in 1-5 seconds

636 0 = No exotropia unless dissociated, recovers in <1 second (phoria)

637 Not applicable = No exodeviation present

638

639 **Directions:**

640 Step 1: Assessment before any dissociation: Eye alignment is observed for a 30-second period
 641 with distance fixation. The time in seconds that a spontaneous IXT is observed is
 642 counted, and the appropriate control score (3, 4, or 5) is assigned for distance fixation.
 643 This is then repeated for near fixation for another 30-second period; if an exotropia is
 644 observed, then the time in seconds that an eye is observed to be exotropic is counted
 645 and the appropriate score of 3, 4, or 5 is assigned. If a score of ≥ 3 is present, then Step
 646 2 (dissociation) is not required for that test distance. First distance and then near
 647 fixation are assessed before any dissociation (i.e., before step 2).

648 Step 2: Assessment with standardized dissociation is performed only if spontaneous
 649 exotropia is NOT observed during step 1 (control was not a 3, 4, or 5). Instead, control
 650 will be a 0, 1, or 2; this is determined based on the worst score determined from 3
 651 successive 10-second periods of dissociation:

- 652 • An occluder is placed over the right eye for 10 seconds and then removed; the
 653 length of time it takes for the re-establishment of fusion is measured in seconds.
- 654 • The left eye is then occluded for a 10-second period (second assessment under
 655 dissociation) and after uncovering the eye, the time for re-establishment of fusion
 656 is similarly measured in seconds.
- 657 • A third assessment is performed, by covering the eye that required the longer time
 658 to re-fuse on the first two 10-second dissociations. After uncovering the eye, the
 659 length of time (in seconds) it takes for the reestablishment of fusion is measured
 660 in seconds.

661 The worst level of control for the three 10-second periods of dissociation by occlusion
 662 should be recorded.

663 Since the control score is the slowest time of the three assessments, if a score of 2 (>5
664 seconds recovery) is noted on the first or second dissociation, then subsequent
665 dissociation(s) are not needed.

666 If the child has a micro-esotropia by the cover-uncover test but an exodeviation by
667 PACT, the control scale applies to the exodeviation.

668 8. Measurement of Divergence Amplitude: Testing must be performed by a pediatric
669 ophthalmologist, pediatric optometrist, or certified orthoptist. The examiner will be required
670 to be masked to treatment group. Testing time is approximately 2-4 minutes.

- 671 • Divergence amplitude to be measured at distance (6 meters)
- 672 • Using the PEDIG-approved IXT7 prism bar, record the break, and recovery points
673 according to the *IXT7 Testing Procedures Manual*.
- 674 • If manifest exotropia is present at the time of testing, amplitude testing will be
675 recorded as “unable.”

676
677 9. Measurement of Convergence Amplitudes: Testing must be performed by a pediatric
678 ophthalmologist, pediatric optometrist, or certified orthoptist. The examiner will be required
679 to be masked to treatment group. Testing time is approximately 2-4 minutes.

- 680 • Convergence amplitude to be measured at distance (6 meters)
- 681 • Using the PEDIG-approved IXT7 prism bar, record the blur, break, and recovery
682 points according to the *IXT7 Testing Procedures Manual*.
- 683 • If manifest exotropia is present at the time of testing, amplitude testing will be
684 recorded as “unable.”

685
686 The following information will be collected by interviewing the parent(s) or reviewing the
687 medical record:

- 688 1) Date of birth, sex, race, ethnicity, spectacle correction, and prior treatment for IXT.
- 689 Assessment of Adverse Events: All adverse events including ocular adverse events, and
690 any events judged by the investigator to be related to patching treatment, occurring
691 between the time of initiating study eye treatment and the 12-month outcome exam will
692 be recorded.

693
694
695 Each questionnaire is described briefly below. The procedures for administration are described in
696 the *IXT7 Testing Procedures Manual*.

697
698 **1. *Pediatric Eye Questionnaire (PedEyeQ)*⁶¹**

699 The Pediatric Eye Questionnaire (PedEyeQ), is a pediatric eye-related quality of life and
700 functional vision instrument, validated for use in children with a variety of pediatric eye
701 conditions. The PedEyeQ is patient- and parent-derived and consists of age-appropriate Child
702 and Proxy components as well as a Parent component (to assess the effect on the parent
703 themselves).

- 704 i. The Child PedEyeQ, designed for children 5 to 17 years, has the following 4
705 domains: Functional Vision, Bothered by Eyes and Vision. Social, and Frustration /
706 Worry.

- 707 ii. The Proxy PedEyeQ, designed for parents of children 0 to 17 years, has the following
708 5 domains: Functional Vision, Bothered by Eyes and Vision, Social, Frustration /
709 Worry, and Eye care. Both the Child and Proxy PedEyeQ assess the eye-related
710 quality of life and functional vision of the child.
711 iii. The Parent PedEyeQ addresses the effect of the child’s eye condition on the parent
712 and has the following 4 domains: Impact on Parent and Family, Worry about Child’s
713 Eye Condition. Worry about Self-perception and Interactions, and Worry about
714 Functional Vision.
715

716 Each of the Child, Proxy, and Parent domains is independently scored using established
717 Rasch look-up tables and converted on a scale of 1 to 100 (each domain scored separately for
718 each instrument). Completion time is approximately 10 minutes for the child, 10-15 minutes
719 for the parent; child and parent questionnaires can be completed concurrently. The PedEyeQ
720 questionnaires administered at enrollment will be the versions repeated throughout the study.
721

722 **2. *Intermittent Exotropia Symptom Survey***⁶²

723 The Intermittent Exotropia Symptom Survey is a patient- and parent-derived intermittent
724 exotropia-related symptom instrument designed to identify the presence and severity of
725 symptoms in children with IXT. This questionnaire consists of 22 items completed by
726 children aged 5 years or older.
727

- 728 • All children will use the three-level response scale (not at all, sometimes, a
729 lot), administered by clinical staff either verbally or using a matching card.
- 730 • If possible, children should be positioned such that they are unable to view
731 their parents during testing and parents should be advised not to influence
732 their child’s responses.
733

734 Children 4 years and younger at enrollment will not complete the full questionnaire, but will
735 answer the single question (#8) regarding diplopia. Time for completion of the full Symptom
736 Survey is 5-7 minutes.
737

738 **3. *Assessment of Diplopia by Parent***

739 An estimate of the frequency of diplopia (if any) will be determined by asking the parent
740 whether “your child has complained of double vision over the last week.” If yes, the parent is
741 asked how frequently the child has complained of double vision: “2 times or less per day,”
742 “or “more than 2 times per day.” Any study personnel may ask the parent to rate diplopia.
743 Testing time is approximately 1 minute.

744 **Chapter 5: Unanticipated Problem and Adverse Event Reporting**

745 **5.1 Unanticipated Problems**

746 Site investigators will promptly report to the Coordinating Center on an eCRF all unanticipated
747 problems meeting the criteria below. Sites must report Unanticipated Problems to the IRB within
748 seven (7) calendar days of recognition. For this protocol, an unanticipated problem is an incident,
749 experience, or outcome that meets all the following criteria:

- 750 • Unexpected (in terms of nature, severity, or frequency) given (a) the research procedures
751 that are described in the protocol related documents, such as the IRB-approved research
752 protocol and informed consent document; and (b) the characteristics of the subject
753 population being studied
- 754 • Related or possibly related to participation in the research (possibly related means there is
755 a reasonable possibility that the incident, experience, or outcome may have been caused
756 by the procedures involved in the research)
- 757 • Suggests that the research places participants or others at a greater risk of harm than was
758 previously known or recognized (including physical, psychological, economic, or social
759 harm)

760 The Coordinating Center also will report to the IRB all unanticipated problems not directly
761 involving a specific site such as unanticipated problems that occur at the Coordinating Center or
762 at another participating entity such as a pharmacy or laboratory. These instances must be
763 reported to the JCHR IRB within seven (7) calendar days of recognition. The Director of the
764 Human Research Protection Program will report to the appropriate regulatory authorities if the
765 IRB determines that the event indeed meets the criteria of an Unanticipated Problem that requires
766 further reporting.

767
768 **5.2 Adverse Events**

769 Although no adverse events are anticipated, any new reduction in VA of 3 or more lines (≥ 15
770 letters on ETDRS) or reduction in Randot Preschool Stereoacuity of 2 or more levels, will be
771 tabulated between treatment groups.

772 No surgical procedures are part of the protocol, and no treatments are being prescribed that are
773 not part of usual care. Investigators will abide by local IRB reporting requirements.

774 **5.3 Safety Oversight**

775 A Data and Safety Monitoring Committee (DSMC) will review compiled safety data at periodic
776 intervals, with a frequency of no less than twice a year. The DSMC can request modifications to
777 the study protocol or suspension or outright stoppage of the study if deemed necessary based on
778 the totality of safety data available. Details regarding DSMC review will be documented in a
779 separate DSMC charter.

780 The objective of the DSMC review is to decide whether the study (or study treatment for an
781 individual or study cohort) should continue per protocol, proceed with caution, be further
782 investigated, be discontinued, or be modified and then proceed. Suspension of enrollment (for a
783 particular group, a particular study site, or for the entire study) is a potential outcome of a DSMC
784 safety review.

785

786 **5.4 Stopping Criteria**

787 The study may be discontinued by the Steering Committee (with approval of the Data and Safety
788 Monitoring Committee) prior to the preplanned completion of follow-up for all study
789 participants. There are no pre-specified formal guidelines for stopping the study for futility or
790 efficacy.

791

792 **5.5 Participant Discontinuation of Study Treatment**

793 Rules for discontinuing study treatment use are described below.

- 794 • The investigator believes it is unsafe for the participant to continue to receive the
795 treatment.
- 796 • The participant or parent requests that the treatment be stopped.

797 Even if the study treatment is discontinued, the participant will be encouraged to remain in the
798 study through the 3-month visit.

799

800

Chapter 6: Miscellaneous Considerations

801 6.1 Contacts by the Jaeb Center for Health Research and Sites

802 The Jaeb Center serves as the PEDIG Coordinating Center. The Jaeb Center will be provided
803 with the parent's contact information. The Jaeb Center may contact the parents of the
804 participants. Permission for such contacts will be included in the Informed Consent Form. The
805 principal purpose of the contacts will be to develop and maintain rapport with the participant and
806 family and to help coordinate scheduling of the outcome examinations.

807

808 6.2 Participant Compensation

809 Participant compensation will be specified in the informed consent form.

810 6.3 Participant Withdrawal

811 Participation in the study is voluntary, and a participant may withdraw at any time. For
812 participants who withdraw, their data will be used up until the time of withdrawal.

813 6.4 Confidentiality

814 For security and confidentiality purposes, participants will be assigned an identifier that will be
815 used instead of their name. Protected health information gathered for this study will be shared
816 with the coordinating center, the Jaeb Center for Health Research in Tampa, FL. De-identified
817 participant information may also be provided to research sites involved in the study.

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Chapter 7: Statistical Considerations

7.1 Statistical and Analytical Plans

The approach to sample size and statistical analyses are summarized below.

7.2 Primary Objective and Hypothesis

The study has one primary objective:

- 1) To determine if participants with IXT undergoing full-time patching have more improvement in mean distance control between baseline and 3 months than participants being observed without treatment.

The primary outcome is a comparison of the change in the mean distance control scores (average of 3 measurements) at 3 months between the full-time patching group and the observation group.

The study is designed as a superiority study to evaluate two 2-sided primary null hypotheses that the changes in the mean control scores in the two groups at 3 months are the same versus the alternative hypothesis that they are different.

Hypothesis Test for Objective # 1 – FT vs OBS at 3 Months:

H_{null}	FT mean change in distance control over 3 months = OBS mean change in distance control over 3 months
H_{alternative}	FT mean change in distance control over 3 months ≠ OBS mean change in distance control over 3 months

7.3 Sample Size

Sample size estimation is based on data from our previous IXT2 randomized trial comparing observation versus part-time patching for intermittent exotropia, limited to 278 participants with similar baseline age (3 to <9 years) and baseline control score at distance (2 or higher).²² Data are summarized in Table 1 below.

845 **Table 1 – Previous IXT2 Randomized Trial Data in 3- to <9-Year-Olds with IXT***

	Cohort	
	IXT2 Glasses Alone (Observation)	IXT2 Part-time Patching (3 hours/Day)
Distance Control Scores**		
Baseline		
n	147	131
Mean (SD)	2.88 (1.01)	2.93 (1.00)
3-Month Score		
n	131	116
Mean Score (SD)	2.59 (1.35)	2.15 (1.23)
95% CI for Mean Score	2.35 to 2.82	1.92 to 2.37
95% CI for SD Score	1.21 to 1.54	1.09 to 1.41
3-Month Change from Baseline		
n	131	116
Mean Change (SD)	0.30 (1.23)	0.78 (1.38)
95% CI for Mean Change	0.09 to 0.51	0.53 to 1.04
95% CI for SD Change	1.09 to 1.40	1.22 to 1.59

846 *Participants aged 3 to <9 years old with baseline distance control score of 2 or higher (worse).

847 ** A single measure of control was obtained at each visit in the IXT2 study.

848
849

850 In IXT2, after 3 months of observation versus treatment with 3 hours per day patching, the
851 observation group had a mean change based upon a single measure of distance control of 0.30
852 points (95% CI, 0.09 to 0.51 points) with a standard deviation of 1.23 points (95% CI, 1.09 to
853 1.40 points); and the 3 hours per day patching group had a mean change based upon a single
854 measure of distance control of 0.78 points (95% CI, 0.53 to 1.04 points) with a standard
855 deviation of 1.38 points (95% CI, 1.22 to 1.59 points); group difference patching – observation =
856 0.49 (95% CI 0.16 to 0.81). The correlation between distance control score at baseline and
857 change from baseline after 3 months was R=0.39 (95% CI, 0.27 to 0.48).

858 We are aware of no previous data on distance control score among children with IXT treated
859 with full-time patching. In our IXT5 study, after 6 months of treatment with overminus
860 spectacles, the mean change in distance control was 1.40 points (95% CI, 1.18 to 1.63 points)
861 with a standard deviation of 1.48 points (95% CI, 1.34 to 1.66 points). There was no 3-month
862 outcome in the IXT5 study; however, in the IXT3 pilot study, those treated with overminus
863 spectacles improved on average 1.2 points (95% CI, 0.5 to 1.9 points) with a standard deviation
864 of 1.8 points (95% CI, 1.4 to 2.5 points) after 8 weeks. Therefore, we estimate that a mean
865 change of 1.45 points after 3 months of full-time patching in the current study is reasonable for
866 an active treatment.

867 **Sample Size Estimation:**

868 The study will be powered for the primary objective.

869 Assuming a mean change in distance control score after 3 months of 0.30 points in the
870 observation group and 1.45 points in the full-time patching group; we estimate that the true
871 difference is 1.15 points between full-time patching and observation at 3 months.

872

873 **Hypothesis Test for Objective – FT vs OBS at 3 Months:**

874 Assuming a pooled standard deviation of 1.5 points for change in distance control score after 3
 875 months, and a correlation of 0.30 between distance control score at baseline and change from
 876 baseline after 3 months, a total sample size of 68 participants (34 per group) completing the 3-
 877 month outcome has 90% power with a type I error rate of 5% to evaluate whether there is a
 878 treatment group difference between FT patching and OBS if the true difference is 1.15 points,
 879 Table 2. Accounting for 5% loss to follow-up after 3 months, a total of 72 participants (36 per
 880 treatment group) will need to be enrolled. The overall number of participants with an interocular
 881 difference in distance VA of 2 logMAR lines (10 letters on E-ETDRS for patients ≥ 7 years old) will be
 882 limited to 14.

883 **Table 2: Total Sample Size for Difference in Mean Distance Control Score**

Standard Deviation of Change in Distance Control (points)	Treatment Group Difference for Outcome of Mean Change in Distance Control (points)		
	0.85	1.00	1.15
1.4	106	78	60
1.5	122	90	68
1.6	138	100	78

884 Cells indicate N for the overall study (two treatment groups combined with a ratio of 1:1), using a 2-sided test with
 885 alpha 0.05, from an analysis of covariance model evaluating a difference between treatment groups for mean change
 886 from baseline in distance control, controlling for baseline distance control.

887

888 If the true effect with FT patching is as small as 0.99, the study would still have 80% power to
 889 reject the null in favor of a difference (and 1.05 with 85%).

890 **7.4 Interim Monitoring**

891 Given the short duration of the primary outcome at 3 months, there will be no formal interim
 892 analysis for stopping the study early for efficacy or futility.

893 **7.5 Analysis Datasets**

894 The primary efficacy analysis will follow an intent-to-treat (ITT) principle. Therefore, the
 895 primary analysis dataset will include all randomized participants with imputation for those
 896 missing the 3-month outcome and will analyze them according to the group they were originally
 897 assigned. Sensitivity analyses of the primary outcome will follow a modified ITT principle and
 898 use observed data with no imputation for missing outcomes.

899 **7.6 Analysis of the Primary Efficacy Endpoints**

900 The mean of three individual distance control scores will be tabulated by treatment group at 3
 901 months. The change from baseline in mean control score (mean of three assessments) will be
 902 compared between the FT patching group and the OBS group at 3 months using an analysis of
 903 covariance (ANCOVA) model that adjusts for the mean distance control score at baseline and
 904 distance angle by PACT at baseline. An estimate of difference between the groups will be
 905 reported along with a 95% confidence interval and p-value.

906 When the protocol-specified three measures of control are not performed at the outcome exam,
 907 the mean of two tests will be used for analysis if only 2 distance control tests are completed; the
 908 single distance control score will be used for analysis if only 1 testing is completed.

909 Participants who miss the 3-month visit or who do not complete any control testing at the 3-
 910 month visit will have an average distance control score imputed using multiple imputation.

911 The multiple imputation will be performed using Monte Carlo Markov Chain (MCMC) modeling
 912 that includes the mean distance controls at the outcome visit and the following baseline factors:
 913 mean distance control, and distance PACT.

914 **7.6.1 Sensitivity Analyses**

915 The following analyses will be performed as sensitivity analyses to the primary analysis:

916 Sensitivity Analysis #1 (Complete Case Analysis Including Visits within Analysis Window):

- 917 • All participants who complete 1 or more distance control tests at the 3-month visit within the
- 918 analysis window (\pm 1 month) will have their observed 3-month data analyzed
- 919 • Participants who miss the 3-month visit entirely or who do not complete any control testing
- 920 at the 3-month visit within the analysis window will be excluded from the analysis

921 Sensitivity Analysis #2 (Complete Case Analysis Including Visits within Protocol Window):

- 922 • Repeat the above sensitivity analysis using observed data from participants who completed
- 923 the 3-month visit within the protocol window (\pm 2 weeks).

924
 925 Sensitivity Analysis #3 (ITT minus participants with IOD 2 logMAR lines at enrollment):

- 926 • The overall number of participants with an interocular difference in distance VA of 2
- 927 logMAR lines (10 letters on E-ETDRS for patients \geq 7 years old) will be limited to 14.
- 928 • The ITT analyses as described in 7.5 will be repeated excluding these participants.

929
 930 **7.7 Analysis of the Secondary Endpoints**

931 All secondary analyses described below will use observed data only. Treatment group
 932 comparisons specified in the sections below will be controlled using false discovery rate (FDR)
 933 at the 5% probability level to account for the multiple outcomes. For all secondary analyses, an
 934 estimate of difference between the groups will be reported at each timepoint along with an FDR-
 935 adjusted confidence interval and p-value unless otherwise specified. Further details about the
 936 secondary analyses below will be part of a separate statistical analysis plan (SAP).

937 **7.7.1 Near Control**

938 At 3 months, near control will be evaluated similarly to the distance control primary analysis
 939 (section 7.6) using ANCOVA models that adjust for the mean near control score at baseline and
 940 the near angle by PACT at baseline.

941 Additionally, the proportion of participants with 2 or more points improvement in control from
 942 baseline will be compared between the treatment groups at 3 months using a two-sided Barnard's
 943 test with calculation of a two-sided FDR-adjusted confidence interval on the difference in
 944 proportions. This will be done separately for control at distance and near.

945 **7.7.2 Angle of Deviation**

946 At 3 months, a two-sided comparison of magnitude of the angle of deviation by PACT will be
 947 performed between treatment groups using an ANCOVA model, which adjusts for baseline
 948 PACT. The treatment group difference and an FDR-adjusted confidence interval will be
 949 calculated. The analysis will be completed separately at distance and at near.

950 Additionally, the proportion of participants with improvement of distance and near angle greater
 951 than the test/retest variability⁶³ will be compared between the treatment groups at 3 months using
 952 a two-sided Barnard’s test with calculation of a two-sided FDR-adjusted confidence interval on
 953 the difference in proportions.

954 **7.7.3 Level of Suppression**

955 The proportion with each level of suppression (negligible, mild, moderate, or dense) will be
 956 compared between treatment groups at 3 months using an exact Wilcoxon rank sum test.

957 **7.7.4 Proportion with Anomalous Retinal Correspondence**

958 For those able to perform the test, the proportions of normal versus anomalous retinal
 959 correspondence will be compared between treatment groups at 3 months using a two-sided
 960 Barnard’s test for the difference in proportions.

961 **7.7.5 Convergence and Divergence Fusional Amplitudes**

962 The distribution of fusional convergence amplitude (blur point, break point, and recovery) and
 963 fusional divergence amplitude (break point and recovery point) will be described and compared
 964 between treatment groups at 3 months using an exact Wilcoxon rank sum test. When no blur is
 965 reported for fusion convergence, the break point will be used for analysis.

966 **7.7.6 IXT Symptom Survey Score**

967 The IXT Symptom Survey will be completed by children at the enrollment and 3-month exams.
 968 The distribution for each individual item (‘Never’, ‘Sometimes’, ‘All the Time’) will be tabulated
 969 for each treatment group within subgroups defined by age 5 to 9 years (all items) and age <5
 970 years for the single diplopia question.

971 **7.7.7 PedEyeQ Score**

972 The PedEyeQ consists of 3 components: child, proxy, and parent. After applying existing Rasch
 973 scoring,⁶¹ the average score for each of the domains within the three components will be
 974 compared between treatment groups at 3 months using an ANCOVA model, which adjusts for
 975 baseline PedEyeQ score. The treatment group difference and an FDR-adjusted confidence
 976 interval will be calculated.

977 **7.7.8 Binocular Diplopia by Parental Report**

978 The proportion of binocular diplopia at 3 months with a frequency of “more than 2 times per
 979 day” over the last week at distance or near, by parental report will be compared treatment groups
 980 at 3 months using a two-sided Barnard’s test.

981

982 **7.8 Exploratory Analyses**

983 Exploratory analyses described below will use observed data only. Point estimates and 95% CIs
984 will be reported for each outcome with no adjustment for multiplicity.

985 **7.8.1 Actual Patch Wear Time**

986 The distribution of actual patch wear time will be tabulated overall and by treatment groups. The
987 potential correlation between actual patch wear time in the FT patching group and the change
988 from baseline in the following outcomes will be evaluated at 3 months (when collected):

- 989 1. Distance control score
- 990 2. Near control score
- 991 3. Distance angle of deviation
- 992 4. Near angle of deviation
- 993 5. Level of suppression
- 994 6. Convergence fusional amplitudes
- 995 7. Divergence fusional amplitudes
- 996 8. Symptom survey score
- 997 9. Diplopia assessment by Parent
- 998 10. PedEyeQ score (each domain)

999 A Spearman correlation coefficient and 95% confidence interval will be calculated for each
1000 outcome.

1001 **7.8.2 Outcome of Retinal Correspondence Testing**

1002 The relationship of retinal correspondence response with respect to the following outcomes
1003 within each treatment group will be evaluated at 3 months:

- 1004 1. Distance control score
- 1005 2. Near control score
- 1006 3. Distance angle of deviation
- 1007 4. Near angle of deviation
- 1008 5. Level of suppression
- 1009 6. Convergence fusional amplitudes
- 1010 7. Divergence fusional amplitudes
- 1011 8. Symptom survey score
- 1012 9. Diplopia assessment by Parent
- 1013 10. PedEyeQ score

1014 For continuous outcome variables, the difference in means between participants with normal
1015 versus anomalous retinal correspondence will be calculated along with a 95% confidence
1016 interval. For categorical outcome variables, the difference in proportions between participants
1017 with normal versus anomalous retinal correspondence will be calculated along with a 95%
1018 confidence interval.

1019 **7.8.3 Subgroup Analysis of Distance Control**

1020 The treatment group comparison of distance control will be assessed at 3 months in subgroups
 1021 based on gender and race/ethnicity in accordance with NIH guidelines; however, no effect
 1022 modification is expected for these factors.
 1023

1024 **7.9 Safety Analyses**

1025

1026 **7.9.1 Deterioration**

1027 The number and proportion of participants with deterioration, as defined below, will be tabulated
 1028 for each treatment group at 3 months as a safety outcome.

1029 Deterioration is defined as meeting one of the following criteria at the 3 months follow-up visit:
 1030

- 1031 1. Constant exotropia at least 10Δ at distance **AND** near by SPCT:
 - 1032 ○ Constant is defined as an exotropia present throughout the examination and
 - 1033 confirmed by cover/uncover testing performed at least 3 different times over the
 - 1034 course of the exam (including during assessment of IXT control).
- 1035 2. Decrease in near stereoacuity of at least 2 levels from baseline, or to nil, measured using
 1036 the Randot Preschool Stereotest.

1037 **7.9.2 Reduction of Distance Visual Acuity**

1038 Any cases of 1) interocular difference ≥ 0.3 logMAR and 2) reduced visual acuity in best
 1039 refractive correction (≥ 0.3 logMAR) in either eye will be tabulated by treatment group at 3
 1040 months.

1041 **7.9.3 Diplopia**

1042 After 3 months, any new cases of diplopia ‘Sometimes’ or ‘All the Time’, based on response to
 1043 item 8 from the IXT symptom survey (asked as a single question for children ages 3 and 4 years
 1044 of age) will be tabulated for each treatment group. In addition, diplopia occurring ‘Never’,
 1045 ‘Sometimes’, or ‘All the Time’ will also be tabulated for each treatment group.
 1046

1047 **7.10 Patching Adherence**

1048 Patching adherence (as reported by the parent) will be tabulated at the 3-month visit for the FT
 1049 patching treatment group, as will reasons for any major deviations.

1050 **7.11 Additional Tabulations and Analyses**

1051 The following tabulations and analyses will be performed:

- 1052 ● A flow chart accounting for all participants according to treatment group
- 1053 ● Visit completion rates according to treatment group
- 1054 ● Baseline demographics and clinical characteristics overall and by treatment group at
 1055 randomization
- 1056 ● Protocol deviations according to treatment group

1057

Chapter 8: Data Collection and Monitoring

1058 **8.1 Case Report Forms and Other Data Collection**

1059 The main study data are collected on electronic case report forms (CRFs). When data are directly
1060 collected in electronic case report forms, this will be considered the source data. For any data
1061 points for which the eCRF is not considered source (e.g., lab results that are transcribed from a
1062 printed report into the eCRF), the original source documentation must be maintained in the
1063 participant's study chart or medical record. This source must be readily verifiable against the
1064 values entered into eCRF. Even where all study data are directly entered into the eCRFs at office
1065 visits, evidence of interaction with a live participant must be recorded (e.g., office note, visit
1066 record, etc.).

1067 Electronic device data files are obtained from the study software and individual hardware
1068 components. These electronic device files are considered the primary source documentation.
1069 Each participating site will maintain appropriate medical and research records for this trial, in
1070 compliance with ICH E6 and regulatory and institutional requirements for the protection of
1071 confidentiality of participants.

1072

1073 **8.2 Study Records Retention**

1074 Study documents should be retained for a minimum of 3 years after completion of the final grant
1075 reporting. These documents should be retained for a longer period, however, if required by local
1076 regulations. No records will be destroyed without the written consent of the sponsor, if
1077 applicable. It is the responsibility of the sponsor to inform the investigator when these documents
1078 no longer need to be retained.

1079

1080 **8.3 Quality Assurance and Monitoring**

1081 Designated personnel from the Coordinating Center will be responsible for maintaining quality
1082 assurance (QA) and quality control (QC) systems to ensure that the clinical portion of the trial is
1083 conducted and data are generated, documented and reported in compliance with the protocol
1084 adhering to Good Clinical Practice (GCP) and the applicable regulatory requirements, as well as
1085 to ensure that the rights and wellbeing of trial participants are protected and that the reported trial
1086 data are accurate, complete, and verifiable. Adverse events will be prioritized for monitoring.

1087 A risk-based monitoring (RBM) plan will be developed and revised as needed during the course
1088 of the study, consistent with the FDA "Guidance for Industry Oversight of Clinical
1089 Investigations — A Risk-Based Approach to Monitoring" (August 2013). This plan describes in
1090 detail who will conduct the monitoring, at what frequency monitoring will be done, at what level
1091 of detail monitoring will be performed, and the distribution of monitoring reports.

1092 The data of most importance for monitoring at the site are participant eligibility and adverse
1093 events. Therefore, the RBM plan will focus on these areas. As much as possible, remote
1094 monitoring will be performed in real-time with on-site monitoring performed to evaluate the
1095 verity and completeness of the key site data.

1096

1097 Elements of the RBM may include:

- 1098 • Qualification assessment, training, and certification for sites and site personnel
- 1099 • Oversight of Institutional Review Board (IRB) coverage and informed consent
- 1100 procedures
- 1101 • Central (remote) data monitoring: validation of data entry, data edits/audit trail, protocol
- 1102 review of entered data and edits, statistical monitoring, study closeout
- 1103 • On-site monitoring (site visits): source data verification, site visit report
- 1104 • Agent/Device accountability
- 1105 • Communications with site staff
- 1106 • Patient retention and visit completion
- 1107 • Quality control reports
- 1108 • Management of noncompliance
- 1109 • Documenting monitoring activities
- 1110 • Adverse event reporting and monitoring

1111 Coordinating Center representatives or their designees may visit the study facilities at any time in
1112 order to maintain current and personal knowledge of the study through review of the records,
1113 comparison with source documents, observation and discussion of the conduct and progress of
1114 the study. The investigational site will provide direct access to all trial related sites, source
1115 data/documents, and reports for the purpose of monitoring and auditing by the sponsor, and
1116 inspection by local and regulatory authorities.

1117

1118 **8.4 Protocol Deviations**

1119 A protocol deviation is any noncompliance with the clinical trial protocol, GCP, or procedure
1120 requirements. The noncompliance may be either on the part of the participant, the investigator, or
1121 the study site staff. As a result of deviations, corrective actions are to be developed by the site
1122 and implemented promptly.

1123 The site PI/study staff is responsible for knowing and adhering to their IRB requirements.

1124 Further details about the handling of protocol deviations will be included in the monitoring plan.

1125

Chapter 9: Ethics/Protection of Human Participants

1126 9.1 Ethical Standard

1127 The investigator will ensure that this study is conducted in full conformity with Regulations for
1128 the Protection of Human Participants of Research codified in 45 CFR Part 46, 21 CFR Part 50,
1129 21 CFR Part 56, and/or the ICH E6.

1130

1131 9.2 Institutional Review Boards

1132 The protocol, informed consent form(s), recruitment materials, and all participant materials will
1133 be submitted to the IRB for review and approval. Approval of both the protocol and the consent
1134 form must be obtained before any participant is enrolled. Any amendment to the protocol will
1135 require review and approval by the IRB before the changes are implemented to the study. All
1136 changes to the consent form will be IRB approved; a determination will be made regarding
1137 whether previously consented participants need to be re-consented.

1138

1139 9.3 Informed Consent Process

1140 9.3.1 Consent Procedures and Documentation

1141 Informed consent is a process that is initiated prior to the individual's agreeing to participate in
1142 the study and continues throughout the individual's study participation. Extensive discussion of
1143 risks and possible benefits of participation will be provided to the participants and their families.
1144 Consent forms will be IRB-approved and the participant will be asked to read and review the
1145 document. The investigator will explain the research study to the participant and answer any
1146 questions that may arise. All participants will receive a verbal explanation in terms suited to their
1147 comprehension of the purposes, procedures, and potential risks of the study and of their rights as
1148 research participants. Participants will have the opportunity to carefully review the written
1149 consent form and ask questions prior to signing.

1150 The participants should have the opportunity to discuss the study with their surrogates or think
1151 about it prior to agreeing to participate. The participant will sign the informed consent document
1152 prior to any procedures being done specifically for the study. The participants may withdraw
1153 consent at any time throughout the course of the trial. A copy of the informed consent document
1154 will be given to the participants for their records. The rights and welfare of the participants will
1155 be protected by emphasizing to them that the quality of their medical care will not be adversely
1156 affected if they decline to participate in this study.

1157 9.3.2 Participant and Data Confidentiality

1158 Participant confidentiality is strictly held in trust by the participating investigators, their staff,
1159 and the sponsor(s) and their agents. This confidentiality is extended to cover testing of biological
1160 samples and genetic tests in addition to the clinical information relating to participants.

1161 Therefore, the study protocol, documentation, data, and all other information generated will be
1162 held in strict confidence. No information concerning the study or the data will be released to any
1163 unauthorized third party without prior written approval of the sponsor.

1164 The study monitor, other authorized representatives of the sponsor, representatives of the IRB,
1165 regulatory agencies or company supplying study product may inspect all documents and records
1166 required to be maintained by the investigator, including but not limited to, medical records

1167 (office, clinic, or hospital) and pharmacy records for the participants in this study. The clinical
1168 study site will permit access to such records.

1169 The study participant's contact information will be securely stored at each clinical site for
1170 internal use during the study. At the end of the study, all records will continue to be kept in a
1171 secure location for as long a period as dictated by the reviewing IRB, institutional policies, or
1172 sponsor requirements.

1173 Study participant research data, which is for purposes of statistical analysis and scientific
1174 reporting, will be transmitted to and stored at the Jaeb Center for Health Research. This will not
1175 include the participant's contact or identifying information. Rather, individual participants and
1176 their research data will be identified by a unique study identification number. The study data
1177 entry and study management systems used by clinical sites and by Jaeb Center for Health
1178 Research staff will be secured and password protected.

1179 At the end of the study, all study databases will be de-identified and archived at the Jaeb Center
1180 for Health Research.

1181 To further protect the privacy of study participants, a Certificate of Confidentiality will be
1182 obtained from the NIH. This certificate protects identifiable research information from forced
1183 disclosure. It allows the investigator and others who have access to research records to refuse to
1184 disclose identifying information on research participation in any civil, criminal, administrative,
1185 legislative, or other proceeding, whether at the federal, state, or local level. By protecting
1186 researchers and institutions from being compelled to disclose information that would identify
1187 research participants, Certificates of Confidentiality help achieve the research objectives and
1188 promote participation in studies by helping assure confidentiality and privacy to participants.

1189 **9.3.3 Future Use of Data**

1190 Data collected for this study will be analyzed and stored at the Jaeb Center for Health Research.
1191 After the study is completed, the de-identified, archived data will be made available to the
1192 public.

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