

Case Report Form

A Prospective, Double-Blind, Randomized,
Placebo-Controlled, Parallel-Group,
Proof-of-Concept Study to Investigate the Effect
Effectiveness of KEFPEP® on Regulating Blood
Pressure

Protocol No.: PHP1705H01

Screen No.: S ____

Subject Initials: ____

CRF Version: 1.0

Date: Jul-12-2017

2017/8/12

2017/8/12 日期

Screen No.	Subject Initials	Screening Visit 1
S _____	_____	Page 1

Date of visit: ____/____/____ (dd/mm/yyyy)

Informed Consent Signed

Informed consent was given for the patient's participation in this clinical study after the nature, scope and possible consequences of the study were explained to the person giving consent in an understandable manner as described in the study protocol.

IMPORTANT: Informed consent must be obtained from the patient BEFORE any trial procedures are started.

Date of informed consent signed: ____/____/____ (dd/mm/yyyy)

Demographics

Date of birth: ____/____/____ (dd/mm/yyyy)

Gender: ☐ Male ☐ Female

Race: ☐ Taiwanese ☐ Other, please specify _____

Height: _____. ____ cm Weight: _____. ____ kg BMI: _____. ____ kg/ m²

Smoking habit: ☐ Yes ☐ No

Alcohol abuse*: ☐ Yes ☐ No

*: Alcohol abuse is classified as ≥ 8 units of alcoholic consumption per week within 1 month prior to study participation. The patient with alcohol abuse should be excluded from the study.

Pregnancy Test

Is pregnancy test performed: ☐ Yes

☐ No, reason: ☐ Male ☐ Postmenopause
☐ Hysterectomy ☐ Bilateral tubal Ligation
☐ Other, please specify _____

Date of assessment: ____/____/____ (dd/mm/yyyy)

Result: ☐ Positive ☐ Negative

Screen No.	Subject Initials	Screening Visit 1
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Medical History		
Is there any significant medical history*: <input type="checkbox"/> Yes <input type="checkbox"/> No		
*: Record medical histories in the past 6 months prior to Screening visit/ICF date, while specific events (milk allergy and lactose intolerance) prior to Screening visit should be checked without time limitation.		
No.	Medical history	Past or Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
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H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
H_____		<input type="checkbox"/> Past <input type="checkbox"/> Active
Is this the last page used? <input type="checkbox"/> Yes <input type="checkbox"/> No		

Screen No.	Subject Initials	Screening Visit 1
S _____	_____	Page 3

Physical Examinations			
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Date of examination: ____/____/____ (dd/mm/yyyy)			
Sites/System	Result		Specify if abnormal or not done
	Normal	Abnormal	
1 General appearance	<input type="checkbox"/>	<input type="checkbox"/>	
2 Head/ears/eyes/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
3 Mouth	<input type="checkbox"/>	<input type="checkbox"/>	
4 Skin	<input type="checkbox"/>	<input type="checkbox"/>	
5 Neck (including thyroid)	<input type="checkbox"/>	<input type="checkbox"/>	
6 Lymph nodes	<input type="checkbox"/>	<input type="checkbox"/>	
7 Spine	<input type="checkbox"/>	<input type="checkbox"/>	
8 Cardiovascular system	<input type="checkbox"/>	<input type="checkbox"/>	
9 Respiratory system	<input type="checkbox"/>	<input type="checkbox"/>	
10 Gastro-intestinal system	<input type="checkbox"/>	<input type="checkbox"/>	
11 Nervous system	<input type="checkbox"/>	<input type="checkbox"/>	
12 Musculoskeletal system	<input type="checkbox"/>	<input type="checkbox"/>	
13 Blood and blood forming organs	<input type="checkbox"/>	<input type="checkbox"/>	
14 Mental status	<input type="checkbox"/>	<input type="checkbox"/>	
15 Other, specify:	<input type="checkbox"/>	<input type="checkbox"/>	

Screen No.	Subject Initials	Screening Visit 1
S _____	_____	Page 4

Vital Signs
Is the assessment performed: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of assessment: ____/____/____ (dd/mm/yyyy)
Body temperature: ____ °C
Pulse rate: ____ bpm
Respiratory rate: ____ times/ minute

Seated Office Blood Pressure
Is the assessment performed*: <input type="checkbox"/> Yes <input type="checkbox"/> No
*: the subject's office BP will be measured at an air-conditioned room after around 30 minutes of rest in the sitting position using an electronic sphygmomanometer
Date of assessment: ____/____/____ (dd/mm/yyyy)
Systolic Blood Pressure [§] : Right arm: ____ mmHg Left arm: ____ mmHg
§: The arm with higher SBP value will be used to verify the inclusion criteria #2
Diastolic Blood Pressure: Right arm: ____ mmHg Left arm: ____ mmHg

Electrocardiogram (ECG)
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of examination: ____/____/____ (dd/mm/yyyy)
Result: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal, NCS <input type="checkbox"/> Abnormal, CS
Abnormal Findings:

Screen No.	Subject Initials	Screening Visit 1
S		Page 5

Biochemistry Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	Total bilirubin		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	Aspartate transaminase (AST)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	Alanine transaminase (ALT)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	Alkaline phosphatase (ALP)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	Serum creatinine		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
6	Blood urea nitrogen (BUN)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
7	Uric acid		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
8	Triglyceride (TG)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
9	Total cholesterol (T-Cho)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
10	HDL-cholesterol (HDL-C)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
11	LDL-cholesterol (LDL-C)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
12	Glucose (A.C.)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
13	Hba1c		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
14	Sodium (Na)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
15	Potassium (K)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
16	Chloride (Cl)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Screen No.	Subject Initials	Screening Visit 1
S _____	_____	Page 6

Hematology Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	Hemoglobin		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	Platelet		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	RBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	WBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	Neutrophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
6	Eosinophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
7	Lymphocyte		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
8	Monocytes		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
9	Basophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Urinalysis Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	WBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	RBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	PH		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	PROTEIN		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	SUGAR		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Screen No.	Subject Initials	Screening Visit 1
S _____	_____	Page 7

Inclusion Criteria

		Yes	No
1	Male or female patient ages 20 years or older.	<input type="checkbox"/>	<input type="checkbox"/>
2	Belong to either one of the following categories based on JNC 7 as measured by office BP at Screening visit: ➤ Prehypertension (SBP 120 – 139 mmHg or DBP 80 – 89 mmHg) ➤ Stage I hypertension (SBP 140 – 159 mmHg or DBP 90 – 99 mmHg)	<input type="checkbox"/>	<input type="checkbox"/>
3	Body weight \leq 90 kg, and BMI \geq 18.5 kg/m ² or $<$ 30 kg/m ² .	<input type="checkbox"/>	<input type="checkbox"/>
4	NOT on any antihypertensive treatment at the time of entry into the study.	<input type="checkbox"/>	<input type="checkbox"/>
5	Willing to comply with the study procedures and follow-ups.	<input type="checkbox"/>	<input type="checkbox"/>
6	A good understanding of the nature of the study and placed signature on the informed consent form.	<input type="checkbox"/>	<input type="checkbox"/>

Exclusion Criteria

1	Patients with any of the following conditions within 6 months prior to study participation: ➤ Secondary hypertension ➤ Uncontrolled diabetes mellitus ➤ Renal disease based on the investigator's judgment ➤ Severe hepatic disease with Child-Pugh class C ➤ Severe anaemia ➤ Any malignant disease or serious disease	<input type="checkbox"/>	<input type="checkbox"/>
2	Patients with clinically significant abnormalities in the following laboratory parameters within 2 weeks prior to Screening visit or during the screening period: ➤ HbA1c $>$ 9% ➤ AST or ALT \geq 3*upper limit of normal (ULN) ➤ Estimated glomerular filtration rate (eGFR) $<$ 50 ml/min/1.73 m ² ➤ Serum creatinine \geq 3*ULN ➤ Hemoglobin $<$ 10 g/dL	<input type="checkbox"/>	<input type="checkbox"/>
3	History of milk allergy and/or lactose intolerance.	<input type="checkbox"/>	<input type="checkbox"/>
4	Alcohol abuse classified as \geq 8 units of alcoholic consumption per week within 1 month prior to study participation.	<input type="checkbox"/>	<input type="checkbox"/>
5	Constant use of oral medication or supplements affecting blood pressure.	<input type="checkbox"/>	<input type="checkbox"/>
6	Female patients who are pregnant, planning to become pregnant, or lactating.	<input type="checkbox"/>	<input type="checkbox"/>
7	Male or female patients of child-bearing potential do not agree to use an effective method of contraception during the study period.	<input type="checkbox"/>	<input type="checkbox"/>
8	Currently participating in any other interventional clinical study within 30 days.	<input type="checkbox"/>	<input type="checkbox"/>
9	Patients who are considered not suitable for the study according to the investigator's judgment for the patient's best interest.	<input type="checkbox"/>	<input type="checkbox"/>

Screen No.	Subject Initials	Placebo Run-in Visit 2
S _____	_____	Page 8

Date of visit: ____/____/____ (dd/mmm/yyyy)

Investigational Product Administration
Is investigational product dispensed to subject: <input type="checkbox"/> Yes* <input type="checkbox"/> No
All the eligible subjects will receive PLACEBO during the run-in period
Date of dispense: ____/____/____ (dd/mmm/yyyy)
Number of dispensed: ____ Pack

Screen No.	Subject Initials	Random No.	Baseline Visit 3
S _____	_____	R _____	Page 9

Date of visit: ____/____/____ (dd/mmm/yyyy)

Physical Examinations			
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Date of examination: ____/____/____ (dd/mmm/yyyy)			
Sites/System	Result		Specify if abnormal or not done
	Normal	Abnormal	
1 General appearance	<input type="checkbox"/>	<input type="checkbox"/>	
2 Head/ears/eyes/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
3 Mouth	<input type="checkbox"/>	<input type="checkbox"/>	
4 Skin	<input type="checkbox"/>	<input type="checkbox"/>	
5 Neck (including thyroid)	<input type="checkbox"/>	<input type="checkbox"/>	
6 Lymph nodes	<input type="checkbox"/>	<input type="checkbox"/>	
7 Spine	<input type="checkbox"/>	<input type="checkbox"/>	
8 Cardiovascular system	<input type="checkbox"/>	<input type="checkbox"/>	
9 Respiratory system	<input type="checkbox"/>	<input type="checkbox"/>	
10 Gastro-intestinal system	<input type="checkbox"/>	<input type="checkbox"/>	
11 Nervous system	<input type="checkbox"/>	<input type="checkbox"/>	
12 Musculoskeletal system	<input type="checkbox"/>	<input type="checkbox"/>	
13 Blood and blood forming organs	<input type="checkbox"/>	<input type="checkbox"/>	
14 Mental status	<input type="checkbox"/>	<input type="checkbox"/>	
15 Other, specify:	<input type="checkbox"/>	<input type="checkbox"/>	

Screen No.	Subject Initials	Random No.	Baseline Visit 3
S _____	_____	R _____	Page 10

Vital Signs
Is the assessment performed: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of assessment: ____/____/____ (dd/mm/yyyy)
Body temperature: ____ °C
Pulse rate: ____ bpm
Respiratory rate: ____ times/ minute

Seated Office Blood Pressure
Is the assessment performed*: <input type="checkbox"/> Yes <input type="checkbox"/> No
*: the subject's office BP will be measured at an air-conditioned room after around 30 minutes of rest in the sitting position using an electronic sphygmomanometer
Date of assessment: ____/____/____ (dd/mm/yyyy)
Systolic Blood Pressure: Right arm: ____ mmHg Left arm: ____ mmHg
Diastolic Blood Pressure: Right arm: ____ mmHg Left arm: ____ mmHg

Eligibility Confirmation and Randomization
Does subject meet the criteria*: <input type="checkbox"/> Yes <input type="checkbox"/> No
The arm with higher SBP value should be used to re-confirm the inclusion criteria #2.
Does subject enter randomization: <input type="checkbox"/> Yes Random No.: R _____
BP measurement arm ^{&} : <input type="checkbox"/> Left arm <input type="checkbox"/> Right arm
&: Blood pressure measurements (including office BP and 24-hour ABPM) in the following visits should be made on the same arm with the higher value at baseline.
<input type="checkbox"/> No, please fill in completion of study page.

Signature
Investigator's signature: _____ Date: _____

Screen No.	Subject Initials	Random No.	Baseline Visit 3
S _____	_____	R _____	Page 11

24-hour Ambulatory SBP/DBP					
Is the assessment performed: <input type="checkbox"/> Yes <input type="checkbox"/> No					
Date of assessment: ____/____/____ (dd/mm/yyyy)					
Time	SBP (mmHg)	DBP (mmHg)	Time	SBP (mmHg)	DBP (mmHg)
06 : 00	_____	_____	16 : 00	_____	_____
06 : 30	_____	_____	16 : 30	_____	_____
07 : 00	_____	_____	17 : 00	_____	_____
07 : 30	_____	_____	17 : 30	_____	_____
08 : 00	_____	_____	18 : 00	_____	_____
08 : 30	_____	_____	18 : 30	_____	_____
09 : 00	_____	_____	19 : 00	_____	_____
09 : 30	_____	_____	19 : 30	_____	_____
10 : 00	_____	_____	20 : 00	_____	_____
10 : 30	_____	_____	20 : 30	_____	_____
11 : 00	_____	_____	21 : 00	_____	_____
11 : 30	_____	_____	21 : 30	_____	_____
12 : 00	_____	_____	22 : 00	_____	_____
12 : 30	_____	_____	23 : 00	_____	_____
13 : 00	_____	_____	24 : 00	_____	_____
13 : 30	_____	_____	01 : 00	_____	_____
14 : 00	_____	_____	02 : 00	_____	_____
14 : 30	_____	_____	03 : 00	_____	_____
15 : 00	_____	_____	04 : 00	_____	_____
15 : 30	_____	_____	05 : 00	_____	_____

Screen No.	Subject Initials	Random No.	Baseline Visit 3
S _____	_____	R _____	Page 12

Biochemistry Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	Total bilirubin		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	Aspartate transaminase (AST)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	Alanine transaminase (ALT)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	Alkaline phosphatase (ALP)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	Serum creatinine		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
6	Blood urea nitrogen (BUN)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
7	Uric acid		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
8	Triglyceride (TG)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
9	Total cholesterol (T-Cho)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
10	HDL-cholesterol (HDL-C)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
11	LDL-cholesterol (LDL-C)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
12	Glucose (A.C.)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
13	Hba1c		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
14	Sodium (Na)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
15	Potassium (K)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
16	Chloride (Cl)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Screen No.	Subject Initials	Random No.	Baseline Visit 3
S _____	_____	R _____	Page 13

Hematology Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	Hemoglobin		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	Platelet		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	RBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	WBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	Neutrophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
6	Eosinophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
7	Lymphocyte		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
8	Monocytes		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
9	Basophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Urinalysis Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	WBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	RBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	PH		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	PROTEIN		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	SUGAR		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Screen No.	Subject Initials	Random No.	Baseline Visit 3
S _____	_____	R _____	Page 14

Biomarkers for Blood Vessel Inflammation or Damage	
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Date of sample: ____/____/____ (dd/mmm/yyyy)	
Item	Result
1 high sensitivity C-reactive protein (hsCRP)	
2 creatine kinase (CK/CPK)	

Electrocardiogram (ECG)	
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Date of examination: ____/____/____ (dd/mmm/yyyy)	
Result: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal, NCS <input type="checkbox"/> Abnormal, CS	
Abnormal Findings: _____	

Investigational Product Administration	
Is investigational product dispensed to subject: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Date of dispense: ____/____/____ (dd/mmm/yyyy)	
Number of dispensed: ____ Pack	
Is investigational product retrieved from subject: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Date of retrieved: ____/____/____ (dd/mmm/yyyy)	
Number of retrieved: ____ Pack	
Number of lost: ____ Pack	
Number of taken: ____ Pack	

Screen No.	Subject Initials	Random No.	Dietary Visit 4
S _____	_____	R _____	Page 15

Date of visit: ____/____/____ (dd/mm/yyyy)

Physical Examinations			
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Date of examination: ____/____/____ (dd/mm/yyyy)			
Sites/System	Result		Specify if abnormal or not done
	Normal	Abnormal	
1 General appearance	<input type="checkbox"/>	<input type="checkbox"/>	
2 Head/ears/eyes/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
3 Mouth	<input type="checkbox"/>	<input type="checkbox"/>	
4 Skin	<input type="checkbox"/>	<input type="checkbox"/>	
5 Neck (including thyroid)	<input type="checkbox"/>	<input type="checkbox"/>	
6 Lymph nodes	<input type="checkbox"/>	<input type="checkbox"/>	
7 Spine	<input type="checkbox"/>	<input type="checkbox"/>	
8 Cardiovascular system	<input type="checkbox"/>	<input type="checkbox"/>	
9 Respiratory system	<input type="checkbox"/>	<input type="checkbox"/>	
10 Gastro-intestinal system	<input type="checkbox"/>	<input type="checkbox"/>	
11 Nervous system	<input type="checkbox"/>	<input type="checkbox"/>	
12 Musculoskeletal system	<input type="checkbox"/>	<input type="checkbox"/>	
13 Blood and blood forming organs	<input type="checkbox"/>	<input type="checkbox"/>	
14 Mental status	<input type="checkbox"/>	<input type="checkbox"/>	
15 Other, specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	

Screen No.	Subject Initials	Random No.	Dietary Visit 4
S _____	_____	R _____	Page 16

Vital Signs
Is the assessment performed: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of assessment: ____/____/____ (dd/mmm/yyyy)
Body temperature: ____ °C
Pulse rate: ____ bpm
Respiratory rate: ____ times/ minute

Seated Office Blood Pressure
Is the assessment performed*: <input type="checkbox"/> Yes <input type="checkbox"/> No
*: the subject's office BP will be measured at an air-conditioned room after around 30 minutes of rest in the sitting position using an electronic sphygmomanometer. All measurements have to be made on the same arm and the same equipment
Date of assessment: ____/____/____ (dd/mmm/yyyy)
Systolic Blood Pressure : ____ mmHg
Diastolic Blood Pressure: ____ mmHg

Investigational Product Administration
Is investigational product dispensed to subject: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of dispense: ____/____/____ (dd/mmm/yyyy)
Number of dispensed: ____ Pack
Is investigational product retrieved from subject: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of retrieved: ____/____/____ (dd/mmm/yyyy)
Number of retrieved: ____ Pack
Number of lost: ____ Pack
Number of taken: ____ Pack

Screen No.	Subject Initials	Random No.	Dietary Visit 5
S _____	_____	R _____	Page 17

Date of visit: ____/____/____ (dd/mm/yyyy)

Physical Examinations			
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Date of examination: ____/____/____ (dd/mm/yyyy)			
Sites/System	Result		Specify if abnormal or not done
	Normal	Abnormal	
1 General appearance	<input type="checkbox"/>	<input type="checkbox"/>	
2 Head/ears/eyes/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
3 Mouth	<input type="checkbox"/>	<input type="checkbox"/>	
4 Skin	<input type="checkbox"/>	<input type="checkbox"/>	
5 Neck (including thyroid)	<input type="checkbox"/>	<input type="checkbox"/>	
6 Lymph nodes	<input type="checkbox"/>	<input type="checkbox"/>	
7 Spine	<input type="checkbox"/>	<input type="checkbox"/>	
8 Cardiovascular system	<input type="checkbox"/>	<input type="checkbox"/>	
9 Respiratory system	<input type="checkbox"/>	<input type="checkbox"/>	
10 Gastro-intestinal system	<input type="checkbox"/>	<input type="checkbox"/>	
11 Nervous system	<input type="checkbox"/>	<input type="checkbox"/>	
12 Musculoskeletal system	<input type="checkbox"/>	<input type="checkbox"/>	
13 Blood and blood forming organs	<input type="checkbox"/>	<input type="checkbox"/>	
14 Mental status	<input type="checkbox"/>	<input type="checkbox"/>	
15 Other, specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	

Screen No.	Subject Initials	Random No.	Dietary Visit 5
S _____	_____	R _____	Page 18

Vital Signs
Is the assessment performed: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of assessment: ____/____/____ (dd/mm/yyyy)
Body temperature: ____ °C
Pulse rate: ____ bpm
Respiratory rate: ____ times/ minute

Seated Office Blood Pressure
Is the assessment performed*: <input type="checkbox"/> Yes <input type="checkbox"/> No
*: the subject's office BP will be measured at an air-conditioned room after around 30 minutes of rest in the sitting position using an electronic sphygmomanometer. All measurements have to be made on the same arm and the same equipment
Date of assessment: ____/____/____ (dd/mm/yyyy)
Systolic Blood Pressure : ____ mmHg
Diastolic Blood Pressure: ____ mmHg

Investigational Product Administration
Is investigational product dispensed to subject: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of dispense: ____/____/____ (dd/mm/yyyy)
Number of dispensed: ____ Pack
Is investigational product retrieved from subject: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of retrieved: ____/____/____ (dd/mm/yyyy)
Number of retrieved: ____ Pack
Number of lost: ____ Pack
Number of taken: ____ Pack

Screen No.	Subject Initials	Random No.	Dietary Visit 6
S _____	_____	R _____	Page 19

Date of visit: ____/____/____ (dd/mmm/yyyy)

Physical Examinations			
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Date of examination: ____/____/____ (dd/mmm/yyyy)			
Sites/System	Result		Specify if abnormal or not done
	Normal	Abnormal	
1 General appearance	<input type="checkbox"/>	<input type="checkbox"/>	
2 Head/ears/eyes/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
3 Mouth	<input type="checkbox"/>	<input type="checkbox"/>	
4 Skin	<input type="checkbox"/>	<input type="checkbox"/>	
5 Neck (including thyroid)	<input type="checkbox"/>	<input type="checkbox"/>	
6 Lymph nodes	<input type="checkbox"/>	<input type="checkbox"/>	
7 Spine	<input type="checkbox"/>	<input type="checkbox"/>	
8 Cardiovascular system	<input type="checkbox"/>	<input type="checkbox"/>	
9 Respiratory system	<input type="checkbox"/>	<input type="checkbox"/>	
10 Gastro-intestinal system	<input type="checkbox"/>	<input type="checkbox"/>	
11 Nervous system	<input type="checkbox"/>	<input type="checkbox"/>	
12 Musculoskeletal system	<input type="checkbox"/>	<input type="checkbox"/>	
13 Blood and blood forming organs	<input type="checkbox"/>	<input type="checkbox"/>	
14 Mental status	<input type="checkbox"/>	<input type="checkbox"/>	
15 Other, specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	

Screen No.	Subject Initials	Random No.	Dietary Visit 6
S _____	_____	R _____	Page 20

Vital Signs

Is the assessment performed*: ☐ Yes ☐ No

Date of assessment: ____/____/____ (dd/mm/yyyy)

Body temperature: _____.°C

Pulse rate: ____ bpm

Respiratory rate: ____ times/ minute

Seated Office Blood Pressure

Is the assessment performed*: ☐ Yes ☐ No

*: the subject's office BP will be measured at an air-conditioned room after around 30 minutes of rest in the sitting position using an electronic sphygmomanometer. All measurements have to be made on the same arm and the same equipment

Date of assessment: ____/____/____ (dd/mm/yyyy)

Systolic Blood Pressure : ____ mmHg

Diastolic Blood Pressure: ____ mmHg

Screen No.	Subject Initials	Random No.	Dietary Visit 6
S _____	_____	R _____	Page 21

24-hour Ambulatory SBP/DBP					
Is the assessment performed: <input type="checkbox"/> Yes <input type="checkbox"/> No					
Date of assessment: ____/____/____ (dd/mm/yyyy)					
Time	SBP (mmHg)	DBP (mmHg)	Time	SBP (mmHg)	DBP (mmHg)
06 : 00	_____	_____	16 : 00	_____	_____
06 : 30	_____	_____	16 : 30	_____	_____
07 : 00	_____	_____	17 : 00	_____	_____
07 : 30	_____	_____	17 : 30	_____	_____
08 : 00	_____	_____	18 : 00	_____	_____
08 : 30	_____	_____	18 : 30	_____	_____
09 : 00	_____	_____	19 : 00	_____	_____
09 : 30	_____	_____	19 : 30	_____	_____
10 : 00	_____	_____	20 : 00	_____	_____
10 : 30	_____	_____	20 : 30	_____	_____
11 : 00	_____	_____	21 : 00	_____	_____
11 : 30	_____	_____	21 : 30	_____	_____
12 : 00	_____	_____	22 : 00	_____	_____
12 : 30	_____	_____	23 : 00	_____	_____
13 : 00	_____	_____	24 : 00	_____	_____
13 : 30	_____	_____	01 : 00	_____	_____
14 : 00	_____	_____	02 : 00	_____	_____
14 : 30	_____	_____	03 : 00	_____	_____
15 : 00	_____	_____	04 : 00	_____	_____
15 : 30	_____	_____	05 : 00	_____	_____

Screen No.	Subject Initials	Random No.	Dietary Visit 6
S _____	_____	R _____	Page 22

Biochemistry Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	Total bilirubin		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	Aspartate transaminase (AST)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	Alanine transaminase (ALT)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	Alkaline phosphatase (ALP)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	Serum creatinine		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
6	Blood urea nitrogen (BUN)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
7	Uric acid		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
8	Triglyceride (TG)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
9	Total cholesterol (T-Cho)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
10	HDL-cholesterol (HDL-C)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
11	LDL-cholesterol (LDL-C)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
12	Glucose (A.C.)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
13	Hba1c		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
14	Sodium (Na)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
15	Potassium (K)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
16	Chloride (Cl)		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Screen No.	Subject Initials	Random No.	Dietary Visit 6
S _____	_____	R _____	Page 23

Hematology Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	Hemoglobin		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	Platelet		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	RBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	WBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	Neutrophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
6	Eosinophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
7	Lymphocyte		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
8	Monocytes		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
9	Basophils		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Urinalysis Tests				
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No				
Date of sample: ____/____/____ (dd/mm/yyyy)				
Item		Value	Result	
			Normal	Abnormal
1	WBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
2	RBC		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
3	PH		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
4	PROTEIN		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS
5	SUGAR		<input type="checkbox"/>	<input type="checkbox"/> CS <input type="checkbox"/> NCS

Screen No.	Subject Initials	Random No.	Dietary Visit 6
S _____	_____	R _____	Page 24

Biomarkers for Blood Vessel Inflammation or Damage	
Is the test performed: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Date of sample: ____/____/____ (dd/mmm/yyyy)	
Item	Result
1 high sensitivity C-reactive protein (hsCRP)	
2 creatine kinase (CK/CPK)	

Electrocardiogram (ECG)
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of examination: ____/____/____ (dd/mmm/yyyy)
Result: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal, NCS <input type="checkbox"/> Abnormal, CS
Abnormal Findings: _____

Investigational Product Administration
Is investigational product retrieved from subject: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of retrieved: ____/____/____ (dd/mmm/yyyy)
Number of retrieved: ____ Pack
Number of lost: ____ Pack
Number of taken: ____ Pack

Screen No.	Subject Initials	Random No.	Follow-up Off-treatment Visit 7
S _____	_____	R _____	Page 25

Date of visit: ____ / ____ / ____ (dd/mm/yyyy)

Physical Examinations			
Is the examination performed: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Date of examination: ____ / ____ / ____ (dd/mm/yyyy)			
Sites/System	Result		Specify if abnormal or not done
	Normal	Abnormal	
1 General appearance	<input type="checkbox"/>	<input type="checkbox"/>	
2 Head/ears/eyes/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
3 Mouth	<input type="checkbox"/>	<input type="checkbox"/>	
4 Skin	<input type="checkbox"/>	<input type="checkbox"/>	
5 Neck (including thyroid)	<input type="checkbox"/>	<input type="checkbox"/>	
6 Lymph nodes	<input type="checkbox"/>	<input type="checkbox"/>	
7 Spine	<input type="checkbox"/>	<input type="checkbox"/>	
8 Cardiovascular system	<input type="checkbox"/>	<input type="checkbox"/>	
9 Respiratory system	<input type="checkbox"/>	<input type="checkbox"/>	
10 Gastro-intestinal system	<input type="checkbox"/>	<input type="checkbox"/>	
11 Nervous system	<input type="checkbox"/>	<input type="checkbox"/>	
12 Musculoskeletal system	<input type="checkbox"/>	<input type="checkbox"/>	
13 Blood and blood forming organs	<input type="checkbox"/>	<input type="checkbox"/>	
14 Mental status	<input type="checkbox"/>	<input type="checkbox"/>	
15 Other, specify:	<input type="checkbox"/>	<input type="checkbox"/>	

Screen No.	Subject Initials	Random No.	Follow-up Off-treatment Visit 7
S _____	_____	R _____	Page 26

Vital Signs
Is the assessment performed: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of assessment: ____/____/____ (dd/mm/yyyy)
Body temperature: _____.°C
Pulse rate: ____ bpm
Respiratory rate: ____ times/ minute

Seated Office Blood Pressure
Is the assessment performed*: <input type="checkbox"/> Yes <input type="checkbox"/> No
*: the subject's office BP will be measured at an air-conditioned room after around 30 minutes of rest in the sitting position using an electronic sphygmomanometer. All measurements have to be made on the same arm and the same equipment
Date of assessment: ____/____/____ (dd/mm/yyyy)
Systolic Blood Pressure : ____ mmHg
Diastolic Blood Pressure: ____ mmHg

Screen No.	Subject Initials	Random No.	All Visit
S _____	_____	R _____	Page 27 - ()

Adverse Event

Is there any adverse event: ☐ Yes ☐ No

Note: All the adverse events occurring from Baseline (Visit 3) to study completion (Visit 7)/withdrawal should be recorded.

AE no. Adverse Event	Onset Date End date or Ongoing (dd/mm/yyyy)	Severity 1= Mild, 2= Moderate, 3= Severe	SAE 1= Yes, 2= No,	Relationship to Study Drug 1= Certain, 2= Probable/Likely, 3= Possible, 4= Unlikely, 5= unrelated, 6= Unknown	Action Taken 1= IP ^s not changed, , 2= IP interrupted, 3= IP withdrawn,	Treatment Required 1= No, 2= Medication 3= Non-drug therapy, 4= Medication and non-drug therapy	Outcome 1= Resolved 2= Persisting 3= Death* 4= Unknown
A_____	____/____/____ ____/____/____ or <input type="checkbox"/>	—	—	—	—	—	—
A_____	____/____/____ ____/____/____ or <input type="checkbox"/>	—	—	—	—	—	—
A_____	____/____/____ ____/____/____ or <input type="checkbox"/>	—	—	—	—	—	—
A_____	____/____/____ ____/____/____ or <input type="checkbox"/>	—	—	—	—	—	—
A_____	____/____/____ ____/____/____ or <input type="checkbox"/>	—	—	—	—	—	—

* Investigational product: An AE that the outcome is death should be considered as a SAE

Is this the last page used? ☐ Yes ☐ No

Screen No.	Subject Initials	Random No.	Alt Visit
S _____	_____	R _____	Page 28- ()

Concomitant Medication						
Is there any concomitant medication: <input type="checkbox"/> Yes <input type="checkbox"/> No						
Note: Antihypertensive medication or supplements that the subjects took within 3 months prior to ICF date will be recorded. All the concomitant medication used from screening visit (Visit 1) to the end of the study (Visit 7)/early termination will also be recorded.						
Medication no. Medication	Single dose	Unit ^a	Route ^b	Frequency ^c	Indication ^d	Start Date End date or Ongoing (dd/mm/yyyy)
M_____	_____	_____	_____	_____	_____	____/____/____ or <input type="checkbox"/>
M_____	_____	_____	_____	_____	_____	____/____/____ or <input type="checkbox"/>
M_____	_____	_____	_____	_____	_____	____/____/____ or <input type="checkbox"/>
M_____	_____	_____	_____	_____	_____	____/____/____ or <input type="checkbox"/>

a: MG, ML, G, MCQ, UG, TABLET, CAPSULE, DROPS...
 b: 1=ORAL, 2=TOPICAL, 3=NASAL, 4=SUBLINGUAL, 5=INTRAVENOUS, 6=INTRAMUSCULAR, 7=INHALED, 8=SUBCUTANEOUS, 9=TRANSDERMAL, 10=OTHERS...
 c: Q.I.D, T.I.D, B.I.D, Q12H, QD, HS, PRN, STAT...
 d: Please use the event code according to the AE page (A001~), Medical history page (H001~), or Prophylaxis/ routine (P000)

Is this the last page used? ☐ Yes ☐ No

Screen No.	Subject Initials	Random No.	Study Completion
S _____	_____	R _____	Page 29

End of Study/ Early Termination

Date of the subject was taken off the study: ____/____/____ (dd/mm/yyyy)

Did the subject complete the study : ☐ Yes ☐ No (If No, please record the primary reason)

- Primary reason for early termination
- ☐ Subject withdraw consent
 - ☐ Lost to follow up
 - ☐ Subjects who use prohibited medications, or any other medications/therapies/supplements that could affect blood pressure
 - ☐ Subjects stop taking investigational product, or temporarily interrupt taking investigational product over 1 week
 - ☐ Protocol violation
 - ☐ Pregnancy or lactating
 - ☐ Subject with two value of blood pressure over the upper limit of stage I hypertension within one week, SBP \geq 160 mmHg or DBP \geq 100 mmHg
 - ☐ Adverse event(s): _____
 - ☐ Patients who are considered not suitable for the study according to the investigator's judgment for the patient's best interest
 - ☐ Death, date of death: ____/____/____ (dd/mm/yyyy)
 - ☐ Other, please specify: _____

Comments: _____

Signature

All data in this case report form have been entered under my authority and to the best of my knowledge are accurate and complete.

Investigator's signature: _____ Date: _____