

VIRGINIA POLYTECHNIC INSTITUTE AND STATE UNIVERSITY

Study Protocol

22-432 Effects of narratives on demand for low and high ventilated cigarettes and substitution for alternative products.

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INSTRUCTIONS:

- *Use this “TEMPLATE PROTOCOL (HRP-503)” to prepare a study protocol outlining your research plan.*
- *Depending on the nature of your study, some major sections might not be applicable to your research. If so, simply mark as “N/A.” For example, a simple survey might have many sections with “N/A.” For subsections (e.g., 1.x or 8.x) you can mark as “N/A” if you are certain that the subsection is not applicable.*
- *Once the IRB/HRPP approves your submission, your latest approved version of the protocol will be stored in the IRB Protocol Management online system.*
- *If your research plan changes and you need to modify the protocol, please submit an amendment to Protocol Management with the requested modifications. Download your current protocol from Protocol Management and indicate the changes/revisions using the track changes feature in order to make review of the modifications easier to follow. If you are unable to use track changes, please create a new paragraph wherever you need to make a change, and indicate “Amendment: Date” before making a change to any section. Protocol management will store the older versions of your protocol if the IRB or HRPP staff need to compare them during the review.*

PROTOCOL TITLE:

Include the full protocol title.

Effects of narratives on demand for low and high ventilated cigarettes and substitution for alternative products.

PROTOCOL NUMBER:

Include the number assigned in Protocol Management (verify this has been added before submitting protocol to HRPP).

VT IRB # 22-432

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Is Virginia Tech the primary awardee or the coordinating center of this grant or contract? If not, list the primary institution: University of Minnesota. This Experiment 1 is part of Project 3 of an NIH P01 Grant awarded to University of

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Minnesota. Virginia Tech is receiving a subcontract for Project 3. All of the human subject research activities for Project 3, including this experiment are carried out at Virginia Tech. Experiment 1 is a single site study.

VERSION NUMBER/DATE:

Include the version number and date of this protocol. Versions should start at 1.0.

Version 1.0 07/15/2022

REVISION HISTORY:

Use this table to keep track of changes. Add more rows as needed.

| Revision # | Version Date | Brief Summary of Changes (i.e., the different sections) | Consent Change? |
|-------------------|---------------------|--|------------------------|
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1.0 Study Summary

| | |
|---|---|
| Study Title | Effects of narratives on demand for low and high ventilated cigarettes and substitution for alternative products. |
| Study Design | In a between-group within-subject repeated measures design, participants will be randomized to one of three groups (narrative, fact sheet, or control) and complete five ETM conditions, which include six trials assessing different cigarette prices: a) high-ventilated cigarette alone, b) low-ventilated cigarette alone, c) high- and low-ventilated cigarette with high-ventilated cigarettes increasing in price, d) high- and low-ventilated cigarette with low-ventilated cigarettes increasing in price, and e) usual, high- and low-ventilated cigarette with usual cigarettes increasing in price. |
| Primary Objective | To compare the effects of narratives on demand for low and high ventilated cigarettes and substitution for alternative products in the Experimental Tobacco Marketplace. |
| Secondary Objective(s) | N/A |
| Study Population | Ventilated cigarette (16 to 38%) smokers |
| Sample Size | N = 90 completers |
| Research Intervention(s)/ Investigational Agent(s) | A narrative or a fact sheet about the negative consequences of smoking high-ventilated cigarettes and a survey consisting of questionnaires and behavioral tasks. |
| Study Duration for Individual Participants | Session 1: Consent and Assessments (approximately 2h00). Session 2: Experimental Tobacco Marketplace (approximately 1h30) Session 3: Follow-up (approximately 30 minutes) |
| Acronyms and Definitions | ETM: Experimental Tobacco Marketplace FBRI: Fralin Biomedical Research Institute VTCRC: Virginia Tech Corporate Research Center |

2.0 Objectives

2.1 Describe the purpose, specific aims, or objectives of this study:

Purpose: To compare the effects of narratives on demand for low and high ventilated cigarettes and substitution for alternative products in the Experimental Tobacco Marketplace.

2.2 State the hypotheses to be tested:

The primary hypothesis is that narratives will decrease purchases of ventilated cigarettes and increase purchases of alternative products compared to the control narrative (fact sheet).

3.0 Background

3.1 Summarize the relevant prior research on this topic and gaps in current knowledge within the field of study:

The Food and Drug Administration (FDA) was granted authority in 2009 to establish tobacco product standards if those standards are reasonably expected to benefit the public health. One product feature that could be changed is cigarette filter ventilation. A recent review examined the effects of cigarette filter ventilation and concluded that filter ventilation, by changing how a cigarette burns, yields more mutagens and carcinogens, and results in greater puff volume and possibly depth of inhalation, which has led to increases in peripheral lung adenocarcinomas (1). This, along with the ability to manipulate systemic levels of nicotine by altering smoking behavior, as well as misconceptions about the lower toxicity of filter ventilation, may have also contributed to the use, appeal, and abuse liability of ventilated cigarettes. The extent to which commercial cigarettes are ventilated vary substantially in the market by brand, ranging from 0 to 80%. However, smokers compensate for the lower nicotine yields associated with higher ventilation by varying their puffing behavior, number of cigarettes per day, and blocking some portion of the ventilation holes. This compensatory behavior exposes smokers to more tobacco smoke constituents than would be indicated by machine smoking tests. Regulatory action that reduces or eliminates cigarette ventilation would not only reduce exposure to smoke constituents by increasing nicotine yield per cigarette, but also change the smoker's experience, likely resulting in harsher taste that may be proportional to the ventilation in a given cigarette brand. The potentially large effect on taste and preference corresponding to cigarette ventilation could alter the appeal and abuse liability of these products and could inform regulatory actions. However, eliminating filter ventilation raises a variety of questions that constitute a gap in our knowledge and must be answered to assess the potential for adverse unintended consequences of removing filter ventilation. We will explore these questions within a behavioral economic framework.

Behavioral economic demand analyses can be used to understand the level of motivation to consume a product on either an individual or small group level, including cigarettes (2,3). This level of analysis allows for experimental manipulations to be made on variables of interest. By quantifying how consumption decreases as costs increase to obtain and consume a product, important indices of demand are obtained. These indices can be grouped into two main measures of consumption, demand intensity and demand elasticity, which are associated with use level and dependence severity (3,4,5,6). Demand intensity is the amount of the commodity consumed when available at very low cost (approaching free), and demand elasticity quantifies the degree to which the individual is willing to increase monetary or effort-based expenditures to maintain the same level of consumption as costs increase. Elasticity of demand has been shown to be a characteristic of the drug itself and independent of drug dose for many drugs including nicotine (2,7,8).

While drug demand plotted as a function of unit price has been often shown to be a function of the total drug consumed, some of our prior research with cigarette demand calls this conclusion into question. A prior study we conducted (9) compared conventional cigarettes to denicotinized cigarettes. We found that, if these denicotinized cigarettes were the only tobacco product available, the denicotinized cigarettes had comparable demand to nicotinized cigarettes. If both were available, however, participants preferred the nicotinized cigarettes. This suggests that cigarette demand is not strictly regulated by nicotine dose, and that there is substantial abuse liability associated with other aspects of cigarettes (e.g., sensory components) apart from any nicotine content. Relevant to this point, we conducted a pilot study, where conventional ventilated cigarette smokers purchased either their usual cigarettes (ventilated) or their usual cigarettes with the filter vents blocked. When each cigarette type was available alone in separate sessions, demand for both products was very similar. However, in a separate session in which both cigarette types were available concurrently at equivalent unit prices, ventilated cigarettes were clearly preferred at all prices. These findings suggest that to fully understand the abuse liability of cigarettes will require that they are studied in contexts where other products are available (e.g., substitution).

Substitution is defined as an increase in the consumption of a constant-priced product while the cost of a different commodity is increased. For example, we have shown that as the price of conventional cigarettes is increased and its consumption decreased, the consumption of nicotine gum increased even though its price remained constant (10). Substitution defines one end of a continuum of interactions between two commodities. At the other end of that continuum, commodities can also function as complements. Complementarity refers to the decreased consumption of a constant-priced product in response to an increase in the price of a different commodity. For example, the research team has previously shown that as the price of cigarettes increased, consumption of coffee decreased even though its price remained constant (11). Between these two extremes is independence, which occurs when changes in the price of one commodity have little or no effect on consumption of another commodity where price has remained unchanged. Substitution, complementarity, and independence are measured by cross-price elasticity of demand and are represented by values that are positive, negative, or near zero, respectively. Studies to date have almost exclusively examined only pairs of products and, in even fewer cases, three concurrently available commodities. For example, in one of our studies smokers had access to conventional cigarettes, denicotinized cigarettes, and nicotine gum¹³. When the price of conventional cigarettes increased, consumption of both denicotinized cigarettes and nicotine gum increased even though their prices were fixed. Thus, denicotinized cigarettes and nicotine gum functioned as substitutes for conventional cigarettes. Indeed, by concurrently using both products, the smoker could reproduce both the central and sensory effects of standard cigarettes by consuming the denicotinized cigarette (i.e., sensory effects) and nicotine gum (i.e., central effects). Importantly, denicotinized cigarettes functioned as a better substitute than gum (the use of denicotinized cigarettes increased the most). This effect could not have been predicted from the individual demand curves with these commodities. Only when they were measured together did these complex interactions emerge. Lastly, in this experiment consumption of conventional cigarettes was greatest

when it was the only available product, and was least when denicotinized cigarettes or both alternatives were available. This finding demonstrates that cigarette demand was altered by the presence of alternative products and that under some conditions multiple products will be used concurrently. However, this and similar studies are constrained by arbitrary circumstances of the laboratory, such as required nicotine deprivation, constrained consumption of a product (e.g., 1 cigarette puff per self-administration), long and numerous sessions (e.g., one, 3-hour session for each price examined). As such, these methods cannot and do not come close to replicating the ever more complex tobacco marketplace and underscore the gap in the understanding of how to examine these relationships among a large number of products that approximate the real world.

To address this methodological gap and to inform how various products may interact, we have developed and tested a novel method called the Experimental Tobacco Marketplace (ETM). The ETM is similar to an online store, that displays pictures, information, and prices for several tobacco/nicotine products. In a recent study of ours (14), smokers were endowed with an amount of money comparable to their weekly tobacco purchases. They then made tobacco product purchasing decisions while the price of conventional cigarettes was varied and the price of 5 other tobacco products remained constant. Purchasing decisions from one, randomly selected cigarette price was actualized and smokers were provided the products purchased and any unspent account balance. Smokers returned one week later to report tobacco/nicotine use and return unused products for a refund. Cigarette consumption decreased as a function of price. As the price of cigarettes increased, consumption of snus, electronic cigarettes, and nicotine lozenges showed the greatest substitution. Importantly, this approach moves beyond the constraints of previous laboratory studies by permitting the study of tobacco/nicotine preference and consumption under conditions that typically occur in most smokers' lives, including not being nicotine deprived, consuming the products in their natural environment, selecting the products they wish from a large number of products, and consuming the products while engaging in normal daily activities.

In this experiment, we will ascertain the impact of narratives on cigarette demand and substitution in the ETM across a range of tobacco products among high-ventilated cigarette smokers. For this purpose, ventilated cigarettes will be defined as having 16 to 38% filter ventilation.

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3.2 Describe any relevant preliminary data:

The Experimental Tobacco Marketplace (ETM) [6], a novel method recently developed, permits estimates of the effects of new policies and products on consumption and substitution in the tobacco marketplace. This methodology places the mix of products, prices, and specific policies under experimental control so as to provide estimates of

novel policies obtained under conditions that simulate “real world” circumstances. This approach provides insight into how a given policy may alter consumption, preferences, and substitution among tobacco products.

Two previous studies have examined the effect of narratives using the ETM showing their influence on increasing electronic cigarette substitution [7,8].

As part of this grant, one previous study [9] has examined the effect of removing filter ventilation on nicotine product consumption. Our findings show that initial exposure to unventilated cigarettes reduced the number of cigarettes purchased and increased exploration of alternative tobacco products. However, successive exposure to unventilated cigarettes led to increased cigarette purchases. This suggests that regulating filter ventilation may initially increase exploration of alternative tobacco products but lead to exploitation of unventilated cigarettes over time. Moreover, tobacco control strategies could take advantage of this transition period when smokers seek information on unfamiliar products to implement harm reduction strategies.

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3.3 Based on the existing literature, provide the scientific or scholarly rationale for and significance of your research and how will it add to existing knowledge:

No study to date has experimentally examined the effects of narratives on demand for high- and low-ventilated cigarettes and substitution for other tobacco products. The rationale for this specific proposal is to explore prospectively possible ways to educate smokers about the negative consequences of smoking high-ventilated cigarettes and the

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potential benefits of quitting and transitioning to less harmful products. The results might inform tobacco control policies.

Study Endpoints

- 3.4 *Describe the primary and secondary **study** endpoints. See links below for discussion of study endpoints and how they may differ from study objectives. These are most common in clinical trials but are sometimes applicable to other types of biomedical research, as well as social, behavioral, or educational research. See link below for a discussion.*

https://docs.google.com/document/d/1Wocz7K7a0hCQJPPO_khh5l1SQQjhGDDGHZcOPRHR5Tw/edit?usp=sharing

Substitutability: the two groups will be compared to assess whether substitutability with tobacco products occurs as a function of the intervention and cigarette price.

- 3.5 *Describe any primary or secondary **safety** endpoints. These should be included for all studies that are greater than minimal risk. (Minimal risk: The probability and magnitude of harm or discomfort anticipated in the research that are not greater in and of themselves than those ordinarily encountered in daily life or during the performance of routine physical or psychological examinations or tests.):*

This study will recruit adults who regularly smoke high-ventilated cigarettes. This study's procedures are not designed to increase daily nicotine use and we do not anticipate any increased risk to participants directly from this study, although there are risks of nicotine use and these are included in the risk section of this protocol and consent.

4.0 Study Design and Statistical Analysis Plan

- 4.1 *Describe the basic study design/approach (e.g., qualitative study using five focus groups of first year students to describe assimilation into the university community; randomized controlled trial of a behavioral change intervention to increase dietary intake of whole grains; pre- post-test evaluation of new pedagogical techniques to improve adult literacy):*

In a between-group within-subject repeated measures design, participants will be randomized to one of three groups (narrative, fact sheet, or control) and complete five ETM conditions, which include six trials assessing different cigarette prices: a) high-ventilated cigarette alone, b) low-ventilated cigarette alone, c) high- and low-ventilated cigarette with high-ventilated cigarettes increasing in price, d) high- and low-ventilated

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cigarette with low-ventilated cigarettes increasing in price, and e) usual, high- and low-ventilated cigarette with usual cigarettes increasing in price.

- 4.2 *Describe corresponding data analysis plan/approach (e.g., content analysis of focus group transcripts; descriptive analysis followed by linear regression modeling; nonparametric analysis of pre- and post-test measures):*

A within-between subject analysis of variance (ANOVA) will test for differences in substitution and demand measures between groups (narrative, fact sheet, and control) and condition (e.g., high-ventilated cigarettes alone). We will test for the interaction between group and condition, suggesting a difference in how each group responds to different conditions. Order effects will be included in all models to account for the balanced Latin square design for counterbalancing the ETM conditions within the session. We will perform post-hoc contrasts to compare groups, based on our hypothesis.

Additional analyses might be conducted.

5.0 Setting

- 5.1 *Describe the sites or locations where your research team will conduct the research. Consider each of the items listed below:*

- *Identify where your research team will identify and recruit potential subjects.*
- *Identify where the team will perform the research procedures.*
- *Describe the composition and involvement of any community advisory board(s).*
- *For research conducted in other locations, describe:*
 - *Site-specific regulations or customs affecting the research at those locations.*
 - *Local scientific and ethical review structure at those locations. Examples include work in other cultures or ethnic groups (within or outside of the U.S.) and work with churches. The HRPP will provide additional guidance for international research.*

Location of Recruitment:

Participants will be recruited from the Roanoke-Blacksburg community via flyers, word of mouth referrals, and electronic advertisements (e.g., Craigslist, Facebook). To the extent possible, we will attempt to minimize obstacles to participation. For example, travel barriers will be addressed by providing transportation or parking costs to participants, and scheduling barriers will be minimized by offering a flexible session schedule.

Location of study:

All methods and measures will be conducted using standard operating procedures at the Fralin Biomedical Research Institute (FBRI) at VTC, the Virginia Tech Corporate Research Center (VTCRC) or a designated site. All staff (including recruitment staff) will have completed human subjects' protection and research training. We have a history of successful recruitment of cigarette smokers and NVP users. All participants will enroll on a voluntary basis and sign an IRB-approved consent form prior to study participation.

6.0 Study Intervention(s)/Investigational Agent(s)

7.1 Describe the study interventions (including behavioral interventions) and/or investigational agents (e.g., drugs or devices) to be used in this study. Consider each of the items listed below:

- *Drug/Device Handling: If the research involves drugs or devices, describe your plans to store, handle, and administer the drugs or devices so that they will be used only on subjects, and only by authorized investigators.*
- *Describe whether any of the following will be used: microwaves, X-rays, DEXA scans, general anesthesia, or sedation*
- *If control of the drugs or devices used in this protocol will be accomplished by following an established, approved organizational SOP (e.g., Research Pharmacy SOP for the Control of Investigational Drugs, etc.), please reference the SOP in this section.*

This study does not involve any smoking cessation interventions. This study does involve experimental manipulation of narratives and of tobacco/nicotine product price to understand consumer's behavior. No drugs or devices will be provided to participants.

6.2 List the name of all drugs (including any vitamins, supplements, herbs, or nicotine) to be used in the study. Indicate whether they have FDA approval, and list any limitations for their use:

The range of products available to sample and purchase includes: cigarettes, chewing tobacco (dip), nicotine gum, nicotine lozenges, e-cigarettes, and snus. All the products that will be available to sample and purchase are FDA approved and available in the real world.

6.3 List all devices, how they will be used, their purpose in the study, and if they will be used in a manner consistent with their approved uses. If they will be used in ways that are not yet FDA approved, indicate whether they

need an IDE or a determination that they are exempt from the IDE Determination. If a determination of significant risk or non-significant risk is needed for any of the devices, include the researcher's recommendation for each of those devices:

N/A

6.4 *If the drug is investigational (has an IND) or the device has an IDE or a claim of abbreviated IDE (non-significant risk device), include the following information:*

- *Identify the holder of the IND/IDE/abbreviated IDE.*
- *Explain procedures followed to comply with sponsor requirements for FDA regulated research for the following:*

| FDA Regulation | <i>Applicable to:</i> | | |
|--------------------------|------------------------------|---------------------------|---------------------------------------|
| | <i>IND Studies</i> | <i>IDE studies</i> | <i>Abbreviated IDE studies</i> |
| <i>21 CFR 11</i> | <i>X</i> | <i>X</i> | |
| <i>21 CFR 54</i> | <i>X</i> | <i>X</i> | |
| <i>21 CFR 210</i> | <i>X</i> | | |
| <i>21 CFR 211</i> | <i>X</i> | | |
| <i>21 CFR 312</i> | <i>X</i> | | |
| <i>21 CFR 812</i> | | <i>X</i> | <i>X</i> |
| <i>21 CFR 820</i> | | <i>X</i> | |

N/A

7.0 Procedures Involved

7.1 *Describe and explain the study design:*

In a between-group within-subject repeated measures design, participants will be randomized to one of three groups (narrative, fact sheet, or control) and complete questionnaires on a computer, sample a range of tobacco products, and complete ETM conditions. Specifically, participants will purchase tobacco products in an online store under five ETM conditions, which include six trials each assessing different cigarette prices: a) high-ventilated cigarette alone, b) low-ventilated cigarette alone, c) high- and low-ventilated cigarette with high-ventilated cigarettes increasing in price, d) high- and low-ventilated cigarette with low-ventilated cigarettes increasing in price, and e) usual, high- and low-ventilated cigarette with usual cigarettes increasing in price.

7.2 *Provide a description of:*

- *All research procedures being performed*
- *If the study has more than one procedure, session, and/or subject population, describe each procedure, session, and/or study population separately. For complex studies, you are encouraged to include a figure or chart.*

Participants will complete 1) an informed consent and assessment session, 2) an ETM session, and a 3) follow-up session. Session 1 and 2 will be separated by an at home sampling phase and Session 2 and 3 will be separated by an at home product use phase.

1) In the consent and initial assessment session, participants will go through standard consent procedures and then provide a breath to confirm recent levels of smoking. Participants will complete a timeline follow back to assess previous month recent smoking, and consumption of nicotine products, and to determine ETM budget. A survey will administer demographics questions and nicotine/tobacco-related assessments (Wisconsin Index of Smoking Dependence Motives, Fagerstrom Test of Cigarette Dependence, Minnesota Nicotine Withdrawal Scale, Perceived Health Risk ratings). At the end of the session, participants will experience a trial of the ETM that will be used in the next session.

For the sampling phase, participants will be provided two days worth of study cigarettes based on their number of cigarettes smoked per day, half of high-ventilated cigarettes and half of low-ventilated cigarettes. Participants will also be provided with a sample of other commercially available tobacco product to try. Participants will be instructed the order in which to use the products on the next three days. The order will be counterbalanced across participants.

During the sampling phase, participants will receive text messages asking how many of each product they sampled during those days.

2) Before the ETM session, participants will be randomized to the narrative, the fact sheet or the control group. In the ETM session, they will listen to a recording of a narrative of an individual who quit tobacco products or a fact-sheet with overall rates of smoking and its negative consequences. Participants in the control group will not be exposed to any recording. Then, participants will buy tobacco products to use throughout the next 7 days. Participants will complete a total of 30 purchasing trials each for 7 days' worth of products. They will be exposed to 5 conditions with cigarettes increasing in price. A balanced Latin square design will be used to present the following conditions: a) a) high-ventilated cigarette alone, b) low-ventilated cigarette alone, c) high- and low-ventilated cigarettes with high-ventilated cigarettes increasing in price, d) high- and low-ventilated cigarettes with low-ventilated cigarettes increasing in price, and e) usual, high- and low-ventilated cigarettes with usual cigarettes increasing in price. Additionally, participants will complete the Questionnaire on Smoking Urges-Brief, the Product Evaluation Scale, questions about the cigarette harshness, items of the Transport Narrative Questionnaire (narrative and fact sheet groups only), the Positive and Negative Affect Schedule

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(narrative and fact sheet groups only), a manipulation check and an open-ended question about the recording they listened (narrative and fact sheet groups only), and the Experiment/Experimenter Attitudes Rating Scale.

For the seven days following the ETM session, participants will be asked not to use or purchase any outside tobacco/nicotine products and not to sell or give away any of their purchases.

3) In the follow-up session, participants will complete a timeline follow back to assess previous week recent smoking, and consumption of nicotine product,s and questions about their experience with high- and low- ventilated cigarettes. Session 3 will be conducted over the phone.

7.3 Describe:

- *Procedures or safeguards intended to reduce the probability and magnitude of risks. (For example: Reducing the risk of injury in a virtual reality study either by having the subjects sit during the study or by providing an obstacle-free space for walking.)*
- *Be sure to describe all drugs and devices used in the research, when they will be administered or used, and their purpose.*
- *Methods used to collect data about subjects. Please upload all data collection forms to Protocol Management. Some common examples are:*
 - *Screening questionnaires*
 - *Survey(s), including online surveys*
 - *Demographic questionnaire(s)*
 - *Interview guide(s), e.g., questions or pool of questions for semi-structured interviews*
 - *Focus group guide(s)*
 - *Other documents used to collect data*

Participation in this study is completely voluntary and participants may choose not to participate at any time.

Information and data from participants will be collected from research staff and from self-reported surveys. Examples of the assessments described in section 8.2 are attached.

7.4 *What data will you collect during the study and how you will obtain them? Please include descriptions of electronic data collection, database matching, and app-based data collection:*

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All of the survey and questionnaire data will be collected using Qualtrics, an online survey platform used to develop, administer, and collect participant data in a secure password protected database.

ETM data will be collected using an experimental online store custom-built by a programmer and used in previous studies.

All tasks will be performed on a computer. Only study personnel will have access to the collected data.

7.5 *Who will transcribe or code audio and/or video recordings?:*

N/A

7.6 *Include a description of any deception to be used in the study. Include justification for the use of deception (why the deception is necessary), describe the debriefing process, and describe how the study meets all the following criteria for alteration of consent (deception is considered an alteration of informed consent):*

- *The research involves no more than minimal risk to the subjects*
- *The alteration will not adversely affect the rights and welfare of the subjects*
- *The research could not practicably be carried out without the alteration/deception*
- *(Optional but encouraged in most cases) Subjects will be provided with additional pertinent information after participation (i.e., debriefing for studies involving deception)*

N/A

7.7 *If the study involves long-term follow-up (once all research related procedures are complete), describe what data will be collected during the follow up period and when it will occur:*

N/A

8.0 Data and Specimen Long Term Storage and Use

- 8.1 *If you will store data or specimens for future use, describe where you will store the data or specimens, how long they will be stored, and how and by whom the data or specimens will be accessed:*

All participant data, including electronic data, will be stored in secure places to protect confidential participant information. Secured places will include locked filing cabinets, locked rooms accessible only to study personnel, and/or password-protected databases. Moreover, all data will be quality controlled in preparation for data analyses. All discrepancies in data entry will be checked against the raw data source, and the correct data entry will be used. All data entered into spreadsheets and databases will be coded by participant ID number and not by name (i.e., first and last name). Additionally, all entered data will be backed up on secure password-protected servers. Computers used in the studies will also be password protected, accessible only by study personnel. IRB regulations will be strictly adhered to in the conduct of the proposed research. Specifically, prior to implementation of any protocol changes, amendments will be submitted to the IRB for approval.

- 8.2 *For specimens, list the data to be stored or associated with each specimen:*

N/A

- 8.3 *Describe the procedures to release data or specimens outside of the research team, including the process to request a release, approvals required for release, who can obtain data or specimens, and what data will be provided with specimens:*

Investigators will adhere to all NIH requirements regarding data sharing. Participant data collected in this project will be de-identified before sharing for analysis outside of the study team. As part of this process, all investigators will be required to agree to the following conditions: 1) will adhere to the reporting responsibilities; 2) will not redistribute the data beyond the requesting individual and named collaborators; 3) will give appropriate acknowledgement; 4) will not use the data for commercial purposes; and 5) will obtain appropriate ethical approvals.

Results from research conducted will be shared and disseminated, including: regular project meetings, annual meetings, symposia, workshops, and/or conferences for related groups. Manuscripts will be written and submitted for publication in peer-reviewed journals/conferences, following the NIH Public Access Policy guidelines. All necessary ethical approvals will be obtained.

Data requests will be reviewed by the principal investigator and data will be shared with the expectation of acknowledgment of funding source and primary study team.

8.4 Describe the identifiers to be included with stored data or specimens, as well as any key or code that could be used to make them identifiable. Describe where the code will be stored, who will have access to it, and when it will be destroyed:

Original signed consent forms and other forms with identifying information will be stored in a study specific binder for this protocol, separate from all other study documents with participant ID.

All screened participants are assigned study IDs that are thereafter associated with all collected data, whether paper or electronic. The electronic de-identified data is stored on the shared servers which are password protected. Non-electronic data that is collected is stored in study-specific binders identified only by study ID. These binders are stored in a locked room within ARRC.

Study ID and full name are available together electronically only in REDCap [1], a widely used secure web-based application that enables us to build and maintain a participant database. Specifically, we use REDCap to collect demographic and other screening criteria for eligibility for study enrollment. This service is password protected and has been approved by Virginia Tech IRB.

1. Harris PA, Taylor R, Thielke R, et al. Research electronic data capture (REDCap)--a metadata-driven methodology and workflow process for providing translational research informatics support. J Biomed Inform 2009;42:377–81. doi:10.1016/j.jbi.2008.08.010

8.5 Please select the identifiers you will obtain (whether directly from participants or from another source), including but not limited to:

| | |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <i>Name</i> |
| <input checked="" type="checkbox"/> | <i>Geographical subdivisions smaller than a state, including street address, city, county, precinct, zip code, and equivalent geocodes (note, the initial three digits of a zip code are not considered identifiable)</i> |
| <input checked="" type="checkbox"/> | <i>Elements of dates (except year) for dates directly related to an individual, including birth date, admission date, discharge date, date of death, and single year of age over 89 and all elements of dates (including year) indicative of such age (note, such ages and elements may be aggregated into a single category of age 90+)</i> |

| | |
|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <i>Phone numbers</i> |
| <input type="checkbox"/> | <i>Fax numbers</i> |
| <input checked="" type="checkbox"/> | <i>Electronic mail addresses (e-mail)</i> |
| <input checked="" type="checkbox"/> | <i>Social Security numbers</i> |
| <input type="checkbox"/> | <i>Medical record numbers</i> |
| <input type="checkbox"/> | <i>Health plan beneficiary numbers</i> |
| <input type="checkbox"/> | <i>Account numbers</i> |
| <input type="checkbox"/> | <i>Certificate/license numbers</i> |
| <input type="checkbox"/> | <i>Vehicle identifiers and serial numbers, including license plate numbers</i> |
| <input type="checkbox"/> | <i>Device identifiers and serial numbers</i> |
| <input type="checkbox"/> | <i>Web Universal Resource Locators (URLs)</i> |
| <input type="checkbox"/> | <i>Internet protocol (IP) address numbers</i> |
| <input type="checkbox"/> | <i>Biometric identifiers, including finger and voice prints (audio recording)</i> |
| <input type="checkbox"/> | <i>Full face photographic images and any comparable images (including video recording)</i> |
| <input type="checkbox"/> | <i>Student record number or identification number</i> |
| <input type="checkbox"/> | <i>User name for online or computer accounts</i> |
| <input type="checkbox"/> | <i>Any other unique identifying number, characteristic, or code (note this does not mean the unique code assigned by the investigator to code the data): Click here to explain.</i> |

9.0 Sharing of Results with Subjects

9.1 *Describe whether you will share results (study results or individual subject results, such as results of investigational diagnostic tests, genetic tests, or incidental findings) with subjects or others (e.g., the subject's primary care physician). If so, describe how you will share the results and include this information as part of the consent document. Upload materials you will use to explain the results to subjects:*

We will not share study results or individual results directly with the study participants or others.

10.0 Study Timelines

10.1 *Describe:*

- *The duration of an individual subject's participation in the study (for example, 1 hour, 2-4 weeks, 3-5 years).*
- *The amount of time expected to enroll all study subjects (weeks, months, years, etc.)*
- *The amount of time expected for the investigators to complete this study including primary data analyses.*

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1) Participant's schedule

The participation of one subject is expected to take approximately 2 weeks. Session 1 (Consent and Assessments) is estimated to take approximately 2h. Session 2 (Experimental Tobacco Marketplace) is expected to take approximately 1h30. Session 3 (follow-up) is estimated to take approximately 30 minutes.

*Note that participants will sample/use products between sessions 1 and 3.

2) Study timeline

Enrollment and data collection are expected to take 10 months.

The study team has projected this study to take approximately 1 year to complete enrollment, data collection and data analysis.

11.0 Inclusion and Exclusion Criteria

11.1 Describe how you will screen individuals for eligibility. When will screening occur and what procedures will you use? Upload any screening scripts or surveys to Protocol Management:

We currently use a master screening, which occurs prior to enrolling participants into our research protocols, to effectively decrease attrition in our studies by ensuring that participants meet all inclusion/exclusion criteria prior to enrolling into a study.

11.2 Describe the eligibility criteria that define who will be included and who will be excluded from enrollment for each procedure of your study. Include any geographic criteria (e.g., Virginia Tech undergraduate students, a national sample of adults with engineering degrees, minors aged 8-12 in the New River Valley, university faculty in Virginia and Paris, France):

Inclusion criteria:

- Provide informed consent
- Be at least 21 years of age or older
- Provide a breath sample for measuring carbon monoxide ($\text{CO} \geq 8$ ppm)
- Stable tobacco use patterns for at least three months
- Be willing to sample the study products (high- and low-ventilated cigarettes, and other tobacco products)
- Report smoking a high-ventilated cigarette (16 to 38% ventilation)
- Report smoking at least 10 cigarettes per day

Exclusion criteria:

- Have plans to move out of the area

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- Have a serious or unstable physical or mental health condition
- Taking a tobacco cessation medication or medication that interferes with nicotine metabolism, motivation or reinforcement
- Report concrete, immediate plans to alter/quit using their usual nicotine products at the beginning of the study

11.3 Indicate specifically whether you will include or exclude each of the following special populations: (You may not include members of these populations as subjects in your research unless you indicate them in the description of your subject population.)

- *Minors, as defined by state law where the study is performed (infants, children, teenagers)*
- *Pregnant women (can be included in minimal risk studies by mentioning in section 13.1)*
- *Prisoners (including all incarcerated individuals)*
- *Adults not capable to consent on their own behalf*

This study will focus on cigarette smokers. We will not include individuals under the age of 21 in compliance with Virginia state law. Minors, pregnant women, prisoners, and adults not capable to consent on their own behalf will be excluded from this study.

12.0 Vulnerable Populations

12.1 If the research involves individuals who are vulnerable to coercion or undue influence, please describe additional safeguards you will include to protect their rights and welfare. Consider the applicable items listed below:

- *If the research involves Virginia Tech students, indicate whether these are students of any of the investigators. If so, describe whether the activities will take place during class time as part of the curriculum and the steps you will take to reduce the possibility that students feel obliged to participate in order to improve their course grade. The HRPP can provide further guidance as needed. Describe whether you will request access to student records (e.g., SAT, GPA, GRE scores).*
- *If the research involves employees of Virginia Tech or the research sponsor, describe steps you will take to ensure that the employees are freely participating and describe how their data will be protected from inspection by their supervisors.*
- *If the research involves Virginia Tech NCAA athletes, you must obtain approval from the athletic department.*
- *For research involving Montgomery County Public Schools, you must obtain county approval (after obtaining contingent Virginia*

Tech approval). Other locales have different requirements; please check on these and describe here. Approval is typically granted by the superintendent, principal, and classroom teacher (in that order). Approval by an individual teacher is insufficient. School approval, in the form of a letter or a memorandum should be uploaded as a supporting document.

- *If the research involves pregnant women, review “CHECKLIST: Pregnant Women (HRP-412)” to ensure that you have provided sufficient information in this protocol.*
- *If the research involves prisoners, review “CHECKLIST: Prisoners (HRP-415)” to ensure that you have provided sufficient information in this protocol.*
- *If the research involves persons who have not attained the legal age for consent to treatments or procedures involved in the research (minors), review the “CHECKLIST: Minors (HRP-416)” to ensure that you have provided sufficient information in this protocol.*
- *If the research involves cognitively impaired adults, review “CHECKLIST: Cognitively Impaired Adults (HRP-417)” to ensure that you have provided sufficient information in this protocol.*

Virginia Tech Students might participate in the study if they meet the inclusion criteria, although students will not be directly recruited because of their status. However, no students that have had or have any relationship with this lab will be included. Pregnant individuals will not be included in this study.

13.0 Number of Subjects

13.1 Indicate the total number of subjects to be enrolled and how this number was determined (e.g., sample size calculation [show], number of available subjects in a finite pool, number of tests funding award would allow):

In this study, we require $n=90$ ($N=100$ accounting for 10% attrition) participants to complete the study when using repeated measures with three groups and two measurements per participant.

Our sample sizes are based on a repeated-measures within-between interaction ANOVA design using medium effect size ($f=0.25$) and 95% power. To account for multiple testing, we will control for five comparisons in each experiment; therefore, we use an alpha of 0.01.

We have been successfully recruiting cigarette smokers in our community for the past 10 years. Based on our experience with prior studies, we anticipate that 10% of participants don't complete the study.

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13.2 If this is a multi-site study, indicate the number of subjects to be enrolled at this site and the total to be enrolled from all sites:

N/A

13.3 If applicable, indicate the number of potential subjects you expect to screen for enrollment, and the number of subjects you will need to complete the research procedures:

As stated previously, we have developed and are currently using a separate pre-screening protocol, which occurs prior to enrolling participants into our research protocols. As described above, we anticipate enrolling 100 participants to complete a total of 90 participants.

13.4 If the study has more than one procedure, indicate the total number of subjects to undergo each procedure separately:

All participants will undergo all three sessions unless they withdraw consent.

14.0 Recruitment Methods

14.1 Describe when, where, and how you will recruit potential subjects:

Participants will be recruited from the community via flyers, word of mouth, and electronic advertisements (e.g., Craigslist, Facebook). Participants will be contacted if they have given prior permission (through previous informed consent form) or by completion of a confidential pre-screening questionnaire.

14.2 Describe the source of subjects (for example, clinic patients with specific conditions, students in the library, community members at a gathering, or members of a local gym):

Participants will usually be from the Blacksburg-Roanoke and surrounding areas.

14.3 Describe the methods that you will use to identify potential subjects:

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Flyers and ads will generally describe the study and direct potential participants to either call our lab to screen over the phone or to complete our online pre-screener. Participants may also pre-screen in person.

14.4 Describe materials that you will be use to recruit subjects. Attach copies of these documents with this protocol in Protocol Management and be sure to include the IRB protocol number on each document.

- *For flyers, attach the final copy of printed flyers.*
- *For Virginia Tech News, Facebook postings and ads, newspaper ads, websites, MTurk/SONA/online survey systems, etc., attach the final wording and graphics to be used.*
- *For email recruitments, please include the subject line.*
- *For advertisements meant for audio broadcast, please submit the wording of the advertisement prior to taping (to avoid having to re-record with approved language) and submit the final recorded version for IRB review before use.*
- *Describe any compensation to subjects. Separate compensation into appropriate categories, such as: reimbursement for expenses, time and effort, and additional incentives for study participation. For each category, specify the amount (including any pro-rated amount), schedule, and method of payment.*

Flyers to be used in community and online posting are attached.

Compensation for this study is for time and effort and an additional incentive for study completion.

1) Time and effort:

Compensation is distributed according to individual progress through sessions. Participants may receive up to \$125 for participating in this study, according to the following:

Session 1 (up to \$40)

\$15 for completion of the consent

\$25 for completion of the assessment session

Session 2 (up to \$50)

\$5 for answering text messages

\$20 for product sampling

\$25 for completion of the Experimental Tobacco Marketplace session

Session 3 (up to \$35)

\$10 for the follow-up phone call

\$25 bonus for completing the study

2) Travel:

In addition to the above compensation for participation, participants may receive additional compensation for travel time, e.g. \$11.00 per hour, consistent with Virginia

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minimum wage. Research personnel may also arrange and pay for cab or public transportation.

To allow for payments that are both convenient and rapidly available, we will pay participants with reloadable prepaid cards through Greenphire ClinCard (www.greenphire.com), an FDIC-insured payment provider that specializes in clinical trial stipend payments that comply with IRB privacy regulations and considerations. At the beginning of the study, the participant will receive a prepaid MasterCard debit card that can be used anywhere that accepts MasterCard. As payments are earned in the course of the study, additional funds will be added to the account for that participant. Funds are immediately available when added and participants can check their balance as desired.

15.0 Withdrawal of Subjects

15.1 Describe circumstances under which you anticipate subjects could be withdrawn from the research without their consent:

Participants could be withdrawn from the study if they exhibit or report unstable medical illness, unmanaged psychiatric or neurological disorder, violation of research center policies or failure to attend scheduled sessions or to complete any of the study procedures. We will also stop participation if their answers or performance suggest that it is not safe and appropriate for them to continue in the study.

15.2 If applicable, describe any procedures for orderly termination (e.g., discontinuation of a study drug or debriefing after a behavioral intervention):

If a participant is withdrawn from the study, they will be informed the reasons for terminating their participation. If a participant is withdrawn or voluntarily discontinues, their compensation for the study will be pro-rated accordingly.

15.3 Describe procedures that you will follow when subjects withdraw from the research, including partial withdrawal from procedures with continued data collection (e.g., participant declines to continue with regular blood draws, but continues with periodic behavioral questionnaires):

If a participant is discontinued, they will be withdrawn from the entire study and their data may be analyzed partially.

16.0 Risks to Subjects

16.1 List the reasonably foreseeable risks, discomforts, hazards, or inconveniences to the subjects related the subjects' participation in the research. Include for the IRB's consideration a description of the probability, magnitude, duration, and reversibility of the risks. Consider physical, psychological, social, legal, privacy, and economic risks. Do not indicate "No risk" or "N/A." Instead, for studies with very low risk (e.g., anonymous online questionnaire on a mundane topic) indicate "The investigators are not aware of any risks from participation in this study." or "No more than risks than are found in everyday life." The example consent form presents a tabular method for risk information, which you can also use here. Common risk types include:

- *Physical (e.g., potential for pain, discomfort, infection)*
- *Psychological (e.g., potential for stress, discomfort, and/or embarrassment)*
- *Social (e.g., potential for discrimination or stigmatization and disruption of personal and family relationships)*
- *Legal (e.g., potential for disclosure of illegal activity, negligence)*
- *Privacy (e.g., potential for personal information being accessed, used, or disclosed without the subjects' knowledge or consent, breach of confidentiality/security)*
- *Economic (e.g., potential for individuals to lose access to economic services, employment, insurability)*

There will be no direct costs for participation, although there are risks.

1. Possible embarrassment: This may result from answering questions that participant considers sensitive. Some of our questions will ask for information about medical and psychiatric conditions and/or drug use.
2. Possible discomfort: There is also the possibility that participant may become bored or frustrated during the research sessions.
3. Loss of confidentiality: The research team will employ every effort to maintain participant confidentiality, however the loss of confidentiality is a potential risk.
4. Adverse effects associated with nicotine use: Because the present experiment allows and sometimes involves self-administering nicotine products, participants might experience adverse effects associated with the use of such products (e.g., nausea, vomiting, dizziness, diarrhea, weakness, rapid heartbeat, minor increase in throat or sinus irritation).

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5. Adverse effects associated with nicotine withdrawal: participants might experience adverse effects associated with withdrawal from nicotine (e.g., dizziness, headache, irritability, sleepiness, decreased alertness, difficulty concentrating, impatience, sleeplessness, and increased eating).

6. High- and low- ventilated cigarettes and other tobacco products exposure: Participants may not enjoy sampling the study products.

Due to the investigative nature of this study, there may be other risks that are currently unknown.

16.2 Indicate the measures you will use to minimize risks and monitor subjects for safety. (e.g., asking a subject at regular intervals to rate how they are feeling from 1 to 10, or to slowly crouch in order to check their balance.)

Informed Consent. All consenting methods will be conducted using standard operating procedures, and all staff (including recruitment staff) will be provided with human subjects protection training. All participants will enroll on a voluntary basis and sign an IRB-approved consent form prior to study participation.

Protections against risk. Participants will be screened, using medical history and structured interviews for a history of medical contraindications (e.g., pregnancy, recent myocardial infarction) and current unstable medical illnesses. Participants will be free to withdraw from the study at any time. In addition, if participants develop medical problems or experience adverse events during the course of the study, assessments to determine whether participants should continue in the study and/or continue to use study products will be conducted and necessary referrals will be provided. Participants will also be told that they can stop using the study products at any time.

The risks enumerated above will be addressed by the following:

1. Possible embarrassment: Participants are free to refuse to answer questions and withdraw from the study at any time.
2. Possible discomfort: Participants will be able to select a date and time of their choice to start the study. They will also be given breaks during sessions, if desired. To increase data validity and reliability, breaks will be incorporated within the ETM session.
3. Loss of confidentiality: The use of ID numbers for participants, and keeping all data in a locked cabinet in locked offices, will protect confidentiality. Password protected computer databases will have coded identifiers. Master databases linking subject names to study ID numbers will be kept separate from the data. These screening, monitoring, and confidentiality procedures have been in effect for decades and for thousands of participants across the various protocols employed by our group across various institutions.

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4. Adverse effects associated with nicotine use: Participants will be informed of the potential adverse effects prior to sampling nicotine products.
5. Adverse effects associated with nicotine withdrawal: Participants will be informed of the potential adverse effects of stopping use of nicotine products.
6. High- and low-ventilated cigarettes and other tobacco products: Participants are only required to try, but not to keep using products throughout the study, if they don't want to. Participants will be asked about any health changes throughout the study.

16.3 If applicable, indicate which procedures might have risks to the subjects that are currently unforeseeable. This will be rare, and usually applicable when testing a new drug or device or a new use of an existing drug or device:

The use of study product may have risks to participants that are currently unforeseeable. However, see section 17.2 for details on how these risks will be monitored and mitigated.

16.4 If applicable, indicate which procedures might have risks to an embryo or fetus should the subject be or become pregnant:

Nicotine/tobacco use can be a risk to an embryo or fetus. However, during the consent session, female participants will be tested for current pregnancy. Currently pregnant females will be discontinued from participation.

16.5 If applicable, describe risks to others who are not subjects (e.g., collection of sensitive health data that might affect sexual partners if disclosed, mandatory reporting of abuse, DNA testing that might affect family members or relationships):

N/A

17.0 Potential Benefits to Subjects

17.1 Describe the potential benefits that individual subjects might experience from participating in the research. Include the probability, magnitude, and duration of the potential benefits, as this will be useful to the IRB's risk:benefit analysis. Do not include benefits to society or others. Do not

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list monetary or non-monetary compensation for participation, as this is not a benefit These should be included in section 2 or 3 of this document:

Participants will not directly benefit from participating in this study. However, the current study may help identify effective methods of assessing the use of tobacco products as well as policy changes, which may help the health of people in the future.

17.2 If applicable, specify that there are no anticipated direct benefits for participants:

There are no anticipated direct benefits for participation in this study.

18.0 Data Management and Confidentiality

18.1 Describe procedures that you will use for quality control to ensure validity of collected data:

The PI will oversee monitoring of the data collection procedures. These procedures will be reviewed regularly in a number of settings. For instance, issues pertaining to data validity and integrity will be addressed formally during regularly scheduled study personnel meetings in which all study personnel, including the PI, will be in attendance. Issues pertaining to participant safety also will be addressed at these meetings.

18.2 Describe any existing data or biospecimens you will obtain as part of this study. Include:

- *Variables or samples to be obtained*
- *Source of the data or specimens*
- *Your authorization to access or receive the data or biospecimens*
- *Whether the data or biospecimens are publicly available*
- *Whether the data or specimens you receive will contain identifiers*

We may collect urine samples that will also be discarded after testing on the same day as collection. We will measure breath samples for carbon monoxide to assess recent levels of smoking.

18.3 Describe the steps that you will take to handle and secure study data during data collection, storage, use, and transmission. Include information about training of study staff, authorization of access, password protection, encryption, physical controls, certificates of confidentiality, separation of identifiers and data, etc.:

N/A

18.4 For multi-site studies, describe how data or specimens will be handled and secured for each site (e.g., central or disseminated data storage, data coordinating center):

N/A

18.5 Describe the plan for data disposition following the conclusion of the study (e.g., long term maintenance of data, data destruction methods).

- *What information will be included in the long term storage of data or specimens?*
- *How long will the data or specimens be stored?*
- *Where and how data or specimens will be stored?*
- *Who will have access to the data or specimens during long term storage?*
- *Who is responsible for receipt or transmission of the data or specimens?*
- *How will data or specimens be shared or transported?*
- *When and how will personal identifiers be destroyed?*

All behavioral data collected in this study (including participants' characteristics, tobacco related assessments and tobacco purchasing) will be retained and destroyed in accordance with the center's policy that requires a 3-year retention period following final publication of the data. To secure study data computer databases will have coded identifiers, only ID numbers will be used, data will be kept in secure locations and/or in locked offices. Access to study data will be limited to study personnel who have completed the IRB Human Subjects Training and who have been delegated the responsibility of data collection, management, or analyses by the PI. Currently, there are no plans for data to be sent/transmitted outside the research group. In the event that someone requests the data, only de-identified data will be shared by the lead and principal investigator through a secure virtual server. Personnel identifiers may be kept long term if participants express interest in being considered for future research.

19.0 Provisions to Protect the Privacy Interests of Subjects

19.1 Describe the steps that you will take to protect subjects' privacy interests. "Privacy interest" refers to a person's desire to place limits on with whom they interact or to whom they provide personal information (e.g., collecting the minimal amount of private information required to complete the study, protecting the data once it is obtained):

The amount of private information collected in this study is minimal. The information collected is necessary to assure subject safety, completion of the study and proper compensation. Procedures to keep the information safe are described in section 9.4.

19.2 Describe steps that you will take to make subjects feel at ease with the research situation in terms of the questions being asked and the procedures being performed. "At ease" does not refer to physical discomfort, but the sense of intrusiveness a subject might experience in response to questions, examinations, and procedures (e.g., use of a same gender investigator to place sensors on the torso, a private changing area if clothing must be changed, sensitivity when discussing pregnancy testing with subjects, making it clear on surveys that participants can discontinue at any time, not asking questions about private or sensitive issues unless necessary for the research):

The locations where this study will be conducted have private offices, individualized computer testing and interview rooms. In cases in which private information is collected, the participant is in a private interview room with a trained research staff member. The lab is equipped with white-noise machines to reduce excess noise and maintain confidentiality. All participants are informed that their information is confidential.

19.3 Describe how you plan to access existing sources of information about the subjects (e.g., medical records, grades) and how you will protect participant privacy through the data security plan:

Participants who have previously given consent to be contacted for future studies will be searchable in the REDCap database. Eligibility criteria, based on demographics and current nicotine/tobacco use, may be reviewed to contact potentially eligible participants for this study.

19.4 Describe any required reporting that might occur as a result of your research questions, study populations, and data collection methods. Examples for Virginia and Virginia Tech include:

- ***Any*** suspicions (e.g., circumstantial, disclosed) of child abuse (physical, emotional, sexual) and neglect
- Sexual discrimination and/or sexual violence that involves a student
- Disclosure or signs of intention to harm oneself (i.e., suicidal ideation and/or plan)
- Disclosure or signs of desire to harm others (i.e., homicidal ideation and/or plan)
- Suspected abuse, neglect or exploitation of vulnerable adults (e.g., individuals with a disability, elderly persons)

We do not expect any required reporting to occur as a result of our research questions and data collection methods. However, as a safeguard, we include in our consent form that any instances of child or elderly abuse or intent to harm self or others will be reported. Any cases of disclosure or signs of sexual discrimination and/or sexual violence will be reported according to Title IX report procedures.

20.0 Provisions to Monitor the Data to Ensure the Safety of Subjects

Safety monitoring is required when research involves greater than minimal risk and is sometimes appropriate for other studies.

20.1 Describe:

- *The plan to periodically evaluate the data collected regarding both harms and benefits to determine whether subjects remain safe (e.g., periodic reporting to the IRB, establishing a data monitoring committee, reporting data monitoring committee findings to the IRB and the sponsor).*
- *What data you will review, including safety data, unexpected events, and data that show the ability to produce the intended results.*
- *How the safety information will be collected (e.g., with case report forms, at study visits, by telephone calls with subjects).*
- *The frequency of data collection, including when safety data collection starts.*
- *Who will review the safety data and with what frequency.*
- *The statistical tests for analyzing the safety data to determine whether harm is occurring.*
- *Any conditions that will trigger an immediate suspension of the research (e.g., a serious adverse event).*

The study leader and PI will review any reported health changes or adverse events and report as necessary.

21.0 Compensation for Research Related Injury

21.1 If the research involves more than minimal risk to subjects, describe the available compensation in the event of research-related injury, if any:

N/A

21.2 Provide a copy of contract language, if any, relevant to compensation for research-related injury. At Virginia Tech, this is most common for sponsored research:

N/A

22.0 Economic Burden to Subjects

22.1 Describe any costs that subjects might be responsible for because of participation in the research, including any uncompensated costs for items such as transportation, missed work, and childcare:

There are no costs to participate in this study. To the extent possible, we will attempt to minimize obstacles to participation. For example, travel barriers may be addressed by providing transportation or compensation through additional time.

23.0 Consent Process

23.1 Indicate the process by which you will obtain consent for study participation. Please upload all consent, parental permission, and assent forms, documents, and scripts referenced in this section to Protocol Management.

Describe the following:

- *Where the consent process will take place (e.g., clinic waiting area, classroom, online)*
- *The time interval between sharing the consent information with the prospective subject and obtaining consent. For lab, interview, and*

focus group studies, the Virginia Tech IRB prefers that subjects have at least 24 hours to review the consent form and study information before the appointment where consent will be obtained. For simple online survey studies, you can typically present the consent information immediately before subjects begin participation.

- *If applicable, processes to ensure ongoing consent or assent (e.g., for multiple sessions; for research in which a minor will turn 18 during the study; for longitudinal research with minors who will later be asked to provide or affirm their assent).*
- *Please review “SOP: Informed Consent Process for Research (HRP-090)” for recommended procedure. Describe your process, being sure to include:*
 - *The name and role of all study personnel who will be trained and certified by the PI to conduct the consent process*
 - *The time that will be devoted to the consent discussion*
 - *Steps that you will take to minimize the possibility of coercion or undue influence*
 - *Steps that you will take to gauge or ensure the subjects’ understanding*

Participants will be provided with a copy of the consent form following phone or online screening by email or mail when possible. To accommodate "walk-in" study screens and/or participants unable to receive email or physical mail (e.g., without physical address, email address, or access to a computer), we will provide a hard copy of the consent form to review. In all cases, participants will be given as much time as possible to review the consent and ask any questions. Participants will also be informed that they may choose to take the consent with them and return at a later date to enroll into the study. During the consent process, participants will be given adequate time in a quiet room to read (or further review) the written consent form.

Research staff will review each element of the written consent form with the potential participant. The potential participant will be given the opportunity to ask questions and will have as much time as they need to decide whether they would like to participate in the study. Staff will reiterate that the potential participant can choose to decline participation in the study at that time or at any time thereafter without consequence. The potential participant and person obtaining consent will sign the consent form after the potential participant verbally states that they understand the conditions of the study, have no more questions, and chooses to participate. Participants unable to provide informed consent for themselves will not be eligible.

Non-English Speaking Subjects

- *Indicate what language(s) other than English are understood by prospective subjects or representatives.*

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- *If non-English speakers will be recruited, describe the process you will use to ensure that the oral and/or written consent information provided will be in a language that they understand.*
- *If you translate consent forms and study materials, please provide a certified translation of the form as well as the certification document.*
- *Indicate the spoken language that study personnel obtaining consent will use. Describe how you will assess fluency of personnel obtaining consent to ensure that the translation is accurate.*

Non-English speakers will not be recruited.

Waiver or Alteration of Consent Process (consent will not be obtained, required information will not be disclosed, or the research involves deception)

- *Review the “CHECKLIST: Waiver or Alteration of Consent Process (HRP-410)” to ensure you have provided sufficient information for the IRB to make these determinations (i.e., that it meets the criteria for a waiver or alteration of the consent process).*

N/A

Subjects who are not yet adults (minors: infants, children, teenagers)

- *Describe the criteria that you will use to determine legal age for consent to treatments or procedures involved in the research under the applicable law of the jurisdiction in which the research will be conducted (e.g., in Virginia, individuals under the age of 18 years).*
 - *For research conducted in Virginia, review “SOP: Legally Authorized Representatives, Minors, and Guardians (HRP-013)” to determine which individuals in the state meet the definition of “minor.”*
 - *For research conducted outside of the state, please describe the legal requirements for the definition of “minor.”*
- *Describe the process for obtaining parental permission.*
 - *Permission from one parent is acceptable for studies that involve no greater than minimal risk OR involve greater than minimal risk but present the prospect of direct benefit to the minor subject.*
 - *Permission from both parents is required in all other cases (unless one parent is deceased, unknown, incompetent, or not reasonably available, or when only*

one parent has legal responsibility for the care and custody of the minor).

- *Describe whether you will obtain permission from individuals other than parents or Legally Authorized Representatives, and if so, who will be allowed to provide permission. Describe the process you will use to determine these individuals' authority to consent to the minor's general medical care.*
- *Indicate whether you will obtain assent from all, some, or none of the minors. If you will obtain assent from some minors, indicate which minors will be required to assent. Consider chronological age and intellectual capacity when determining who will be required to provide assent (e.g., infants are unable to assent. However, teenagers are likely able to read and sign an assent form).*
- *When assent of minors is obtained, describe whether and how you will document it. Will minors sign an assent form or give verbal assent?*
- *Attach parental permission and minor assent forms or scripts in Protocol Management.*

N/A

Adults Unable to Consent

- *Describe the process you will use to determine whether an individual adult is capable of consent.*
- *List the individuals from whom you will obtain permission in order of priority (e.g., durable power of attorney for health care, court appointed guardian for health care decisions, spouse, and non-minor child).*
 - *For research conducted in the Virginia, review "SOP: Legally Authorized Representatives, Minors, and Guardians (HRP-013)" to determine which individuals in the state meet the definition of "legally authorized representative."*
 - *For research conducted outside of Virginia, please describe the legal requirements for obtaining permission from a legally authorized representative in the state where the research will occur.*
- *Describe the process for assent of the subjects.*
 - *Indicate whether you will require assent from all, some, or none of the subjects. If some, indicate which subjects will be required to assent and which will not.*
 - *If you will not obtain assent from some or all subjects, please provide justification for not obtaining assent.*
 - *Describe whether and how you will document assent.*

N/A

24.0 Process to Document Consent in Writing

24.1 Consult “SOP: Written Documentation of Consent (HRP-091)” for recommended procedures, and describe whether and how consent of the subject will be documented in writing:

Written consent will include participants' printed name, signature, and date from each of the person obtaining consent (e.g., research coordinator/study staff member), and the research participant on the last page. In addition, a copy of the consent form (paper or electronic) will be offered to the study participant.

24.2 If the research presents no more than minimal risk of harm to subjects and involves no procedures for which written documentation of consent is normally required outside of the research context, you can request that the IRB waive the requirement to obtain written documentation of consent (e.g., consent to participate is indicated by pressing a button for an online questionnaire – after the consent information is presented and before the questionnaire begins):

N/A

24.3 If you will document consent in writing, attach a consent document with places for signatures. If you will obtain consent, but not document consent in writing, please attach the consent script or text. Review “CHECKLIST: Waiver of Written Documentation of Consent (HRP-411)” to ensure that you have provided sufficient information. You should use “TEMPLATE CONSENT DOCUMENT (HRP-502)” to create the consent document or script:

Written informed consent and consent statement are attached.

25.0 Resources Available

25.1 Describe the resources available to conduct the research. For example, as appropriate:

- *Describe the PI's availability to supervise the research.*
- *Justify the feasibility of recruiting the required number of suitable subjects within the agreed recruitment period. For example, how many potential subjects do you have access to? What percentage of those potential subjects do you need to recruit?*
- *Describe the time that you will devote to conducting and completing the research.*
- *Describe your facilities.*
- *Describe the availability of medical or psychological resources that subjects might need as a result of an anticipated or unanticipated consequence of participation in the research.*
- *Describe your process to ensure that all persons assisting with the research are adequately informed about the protocol, the research procedures, and their duties and functions (e.g., training plans, detailed study notebooks).*

The organizational structure of the study team involves overall leadership by Dr. Warren Bickel, who will assume full responsibility for all aspects of the project, including design and participant eligibility. Dr. Bickel will oversee recruitment and retention of participants. He will also oversee and delegate to the Co-Investigators and other study team members the responsibility of training study personnel, consenting of participants, and data collection. The Research Coordinator(s) and Research Assistant(s) will be trained and supervised as appropriate for any delegated study procedures. Behavioral data analysis will be overseen by Dr. Bickel and conducted by the Co-Is and the Statistician.

All staff involved in the conduct and/or monitoring of this study will have completed the IRB Human Subject Protection Training and Good Clinical Practice Training. Documentation of training will be maintained. The PI will be responsible for continuous data and safety monitoring of all participants enrolled in this study. In terms of standard operating procedures, trained research staff members will administer all assessments.

Participants will be recruited from the community via flyers, word of mouth referrals, and electronic advertisements (e.g., Craigslist, Facebook). To the extent possible, we will attempt to minimize obstacles to participation. For example, travel barriers will be addressed by providing transportation to participants, and scheduling barriers will be minimized by offering a flexible session schedule. All methods and measures will be conducted using standard operating procedures, and all staff (including recruitment staff) will be provided with human subjects' research training. We have a history of successful recruitment of smokers and drug users. All participants will enroll on a voluntary basis and sign an IRB-approved consent form prior to study participation. Note that we have been successfully recruiting cigarette smokers in our community for the past 10 years and the demographics of participants have been stable.

As far as facilities, the Addiction Recovery Research Center (ARRC; Director, Bickel) is part of the FBRI, located in Roanoke, Virginia. Multidisciplinary research projects include examining the effects of behavioral, pharmacological, and transcranial magnetic stimulation (TMS) interventions as potential therapies for alcohol, cocaine, and nicotine dependence as well as other health behaviors such as obesity. ARRC also develops potential computerized therapies, applies principles from behavioral and neuro-economics to the understanding of addiction, and assesses nicotine product abuse liability.

ARRC resides on the 3rd floor of the FBRI and consists of several laboratories for clinical research. ARRC has private offices, individualized computer testing and interview rooms. The lab has a ventilated, negative air pressure smoking laboratory that is equipped with computers and five additional behavioral booths, a dedicated TMS suite, and a conference room. The research space also includes an adjacent male and female restroom with one-way observation windows and connecting stainless steel specimen pass-through cabinets. Office space for PI Bickel, Co-Investigators, Project Coordinators, Postdoctoral Associates, and Research Coordinators/Assistants is provided in the FBRI. The ARRC office suite has a copy machine, fax machine, network printer, scanner, and storage space for participant files and supplies as well as comfortable waiting rooms with entertainment (e.g., magazines, television, etc.) for research participants.

VTCRC has a conference room, private offices, individualized computer testing and interview rooms plus a network printer and access to secured shared servers.

26.0 Multi-Site Research

Contact the HRPP for multi-site research (involving multiple institutions) and the details required for this section will be provided. Otherwise, indicate N/A.

N/A