INFORMED CONSENT FORM – MOTHER

Title: Effect of Enhanced Recovery After Cesarean (ERAS) Protocol on Mother–Infant and Father–Infant Bonding: A Multicenter Randomized Controlled Trial
Protocol Code: ERAS-CS-BOND-1
Principal Investigator: Dr. Gökçenur Karakelleoğlu
Institution: Istanbul Okan University Hospital
Country: Türkiye
Version: 1.0
Date: November 04, 2025
NCT Number: Not yet Assigned

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Principal Investigator: Dr. Gökçenur Karakelleoğlu
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1. Purpose of the Study

This study aims to evaluate whether the ERAS protocol improves mother–infant and father–infant bonding after cesarean delivery compared with standard care.

2. Study Procedure

After your cesarean birth, you will be randomly assigned to the ERAS group or the standard care group.
At 2 hours, 24 hours, day 4, and day 7 postpartum, you will be asked to complete validated questionnaires (MIBS, PBQ, EPDS).
No medical procedures will be performed as part of the study.

3. Risks/Discomfort

No physical risks exist. Emotional discomfort may occur while answering questionnaires; you may stop at any time.

4. Benefits

There may be no direct benefit to you. Findings may improve postpartum care for future mothers.

5. Confidentiality

All information will be coded and kept confidential. Your name will not appear in any report. Data stored securely for 15 years.

6. Voluntary Participation

Participation is voluntary. You may withdraw at any time without affecting your care.

7. Contact

Dr. Gökçenur Karakelleoğlu
Email: gokcenur82@hotmail.com

Consent Statement

“I have read this form. I voluntarily agree to participate.”

Mother’s Name / Signature / Date
Researcher’s Name / Signature / Date