

PARTICIPANT CONSENT FORM

Title of Study: **The effectiveness of group Cognitive-Behavior-Therapy (CBT) and exercise in management of depression: A three-arm randomized controlled pilot trial**

Principal Investigator(s): Dr. Vincent Agyapong

Phone Number(s): 780-215-7771

	<u>Yes</u>	<u>No</u>
Do you understand that you have been asked to be in a research study?	<input type="checkbox"/>	<input type="checkbox"/>
Have you received and read a copy of the attached Information Leaflet?	<input type="checkbox"/>	<input type="checkbox"/>
Do you understand the benefits and risks involved in taking part in this study?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had an opportunity to ask questions and discuss this study?	<input type="checkbox"/>	<input type="checkbox"/>
Do you understand that you are free to leave the study at any time, without having to give a reason and without affecting your future medical care?	<input type="checkbox"/>	<input type="checkbox"/>
Has the issue of confidentiality been explained to you?	<input type="checkbox"/>	<input type="checkbox"/>
Do you understand who will have access to your records, including personally identifiable health information?	<input type="checkbox"/>	<input type="checkbox"/>
Do you understand that the study team will access and review your medical records from 6 months prior to 6 months after your enrolment in study for study purposes?	<input type="checkbox"/>	<input type="checkbox"/>
Do you understand that the study findings will be published without any individual identifiable information?	<input type="checkbox"/>	<input type="checkbox"/>
Who explained the study to you? _____		
I agree to take part in this study:		
Signature of Research Participant _____		
(Printed Name) _____ Date: _____		
Signature of witness: _____		
I believe that the person signing this form understands what is involved in the study and voluntarily agrees to participate.		
Signature of Investigator or Designee _____ Date _____		
THE INFORMATION SHEET MUST BE ATTACHED TO THIS CONSENT FORM AND A SIGNED COPY GIVEN TO THE RESEARCH PARTICIPANT		