

**Psycho-educational Program to Enhance Alerting Consciousness and Seeking Support among Family
Caregivers having Children with Autism**

Official title of the study:

**Psycho-educational Program to Enhance Alerting Consciousness and Seeking Support among Family
Caregivers having Children with Autism**

NCT number: Pending

Date of the document: 9/3/2026

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**Informed consent document, and notification of a
research study provided only to participants who
agree to participate in this study.**

1. The title of the research (the study):

Psychoeducational Program to Promote Optimism and Coping Patterns among Families
Caregivers of Children with Autism

2. Research Objective:

This study aims to evaluate the effect of the psychoeducational program on promoting optimism and coping patterns among families caring for children with autism.

This objective will be achieved through:

- 1- Assess the levels of optimism among families caring for children with autism.
- 2) Assessing coping patterns among families caring for children with autism.
- 3) Developing and implementing an educational program to promote optimism and coping patterns among families caring for children with autism
- 4) Evaluating the impact of the psychoeducational program to promote optimism and coping patterns among families caring for children with autism

3. Data Protection:

Your name will not be used as a participant but will symbolize it and your identity will remain uncertain in any results .

4. New generalizations :

You will be informed of any new information about Edrasa .

5. Ethics Committee :

This research was approved by the Committee of Ethics of Research

NCT number: pending

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in Etmari - Ain Shams University, which agrees that all conditions that go into your safety and rights are reserved.

I have been given the permission of my uncle to do the research on :
11 / 5 / 2025

Who can contact PoE:

In case of emergency or if you have any problems or need to ask questions, contact :

Researcher:..Noura Saeed Mohamed.

Place of Work : Faculty of Nursing Ain
Shams University

Elevators : 01091464362

Email : dr.nora.said@nursing.asu.edu.eg

If you agree to join this research, you can call the previous phone number or send any inquiry by email at any time if you have any further questions.

Please take the time to study these generalizations and do not hesitate to ask any further questions to the researcher if there is anything unclear to you and you have the right to keep a copy of this document after you sign it.

Possible benefits of the research :

Supporting families caring for children with autism to deal with their psychological problems as well as finding coping patterns that increase their satisfaction with life, which leads to improved optimism and quality of life in these families.

Acceptance of Subscription :

- Properly informed of the proposed research study
- I received a copy of the patient's generalizations page
- You have made all my rights clear to me.
- Received a copy of the approval document (Acceptance of Subscription)
- Agree in writing to participate in the study called:

Psychological Educational Program to Promote Optimism and Coping Patterns among Families Caregiving Children with Autism)

- I have been informed that the data and data collected on my behalf will be confidential and will be disposed of in accordance with the Law on the Protection of Personal Data and in relation to personal data.
- My consent does not absolve the organizers of the research study of their responsibilities and I reserve all my rights guaranteed by law.
- I am informed that the collected data may be used in the future for

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any scientific purpose while maintaining complete confidentiality.

Date : //

Participant's Name :

..... **Participant's**

Signature :

Researcher's Name : .Noura Saeed

Mohamed

Title / Job : Assistant Lecturer

Signed by the researcher : Nora Saeed

Date : //