

1 **EFFICACY AND SAFETY OF ONCE WEEKLY SEMAGLUTIDE IN ADULTS WITH**
2 **OBESITY AND INADEQUATELY CONTROLLED TYPE 1 DIABETES USING**
3 **HYBRID CLOSED-LOOP SYSTEM**

4 Short title: **ADJunct Semaglutide Treatment in Type 1 Diabetes (ADJUST-T1D)**

7 **INVESTIGATOR-SPONSORED STUDY PROPOSAL**

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121 **1. BACKGROUND AND SIGNIFICANCE:**

122 Due to complexity in managing type 1 diabetes (T1D) and hypoglycemia associated with
123 intensive insulin therapy, only 30% of patients with T1D are able to achieve desirable glycemic
124 goal; HbA1c <7% as recommended by the American Diabetes Association ^{1,2}. Moreover, the
125 prevalence of overweight and obesity is increasing among patients with T1D ^{3,4}. Insulin
126 resistance associated with obesity is also believed to be a contributing factor to inadequate
127 glycemic control in T1D ⁵.

128 Hybrid closed-loop systems (HCL), also known as artificial pancreas, where an insulin pump
129 delivers insulin dose based on continuous glucose monitor (CGM) glucose values by means of
130 controller (mathematical) algorithm ⁶. Studies with HCL have been shown to improve glycemic
131 control and reduce hypoglycemia in children, adolescents, and adults with T1D ^{7,8,9,10}. The HCL
132 systems are the most advanced diabetes management tools in the armamentarium of diabetes
133 management. The use of the HCL system is increasing among patients with T1D and it is
134 becoming a standard of care in the management of T1D. With increasing use of diabetes
135 technologies such as CGM and the HCL and limitation of HbA1c in managing of diabetes,
136 diabetes care is now moving from HbA1c centric to CGM-based metrics such as time-in-range
137 (TIR; sensor glucose between 70-180 mg/dL), time-below range (TBR; sensor glucose <70
138 mg/dL) and time-above range (TAR; sensor glucose >180 mg/dL)¹¹⁻¹³. Studies have also
139 validated TIR as an outcome measure for diabetes clinical trials ¹⁴ and there is a strong inverse
140 relationship between TIR and diabetes complications ¹⁵⁻²¹. International consensus recommends
141 TIR>70% with TBR of <4% as optimal glycemic control for most adults with T1D and type 2
142 diabetes ¹¹.

143 There are three HCL systems currently available in the US; Medtronic 670 G/ 770G, Tandem
144 Control IQ and Omnipod 5 ²¹⁻²³. Despite use of these most sophisticated diabetes technologies,
145 not every HCL user with T1D is able achieve the recommended HbA1c or TIR goal²⁵⁻²⁷. This is
146 mainly due to inability of the currently available HCL systems to control post-prandial glucose
147 excursions ²⁸. Studies have shown improvement in glycemic control (HbA1c and time-in-range)
148 due to mainly dramatic improvement in overnight glycemic control ⁸⁻¹⁰. The daytime control
149 between adults with T1D using HCL system and controls using insulin pump and CGM is only
150 modestly different ⁸⁻¹⁰.

151 Semaglutide is once a weekly glucagon-like peptide-1 receptor agonist (GLP-1RA). It has been
152 approved for the management of type 2 diabetes and has been shown to improve glycemic
153 control and is associated with significant weight loss without increasing hypoglycemia²⁹⁻³¹.
154 GLP-1RA have potential to improve glycemic control in existing HCL users with inadequately
155 controlled T1D by improving daytime (mainly post-prandial) glycemic control and also may
156 reduce insulin requirement due to weight loss. Small pilot studies have documented
157 improvement in mean glucose and time-in-range with short-term use of liraglutide in patients
158 with T1D using HCL^{32,33}. Moreover, liraglutide had no effect on plasma glucagon during mixed
159 meal tolerance test³⁴ suggesting GLP-1RA may not blunt glucagon response during
160 hypoglycemia. In addition, Semaglutide has been shown to improve cardiovascular and renal
161 outcomes in patients with type 2 diabetes³⁵⁻³⁸. Since cardiovascular disease is the leading cause
162 of death in people with T1D³⁹⁻⁴⁰, there is an interest in exploring effect of GLP-1RA in patients
163 with T1D. Further, as obesity is growing in prevalence among people with T1D, nonalcoholic
164 fatty liver disease (NAFLD) is of concern in this population. Semglutide may improve
165 biomarkers of NAFLD, including hepatic steatosis index (HSI) and fibrosis score (FIB-4), based
166 on easily obtained blood markers. Further, assessment of NAFLD by magnetic resonance
167 imaging corresponds well to livery biopsy data on steatosis and fibrosis. Magnetic resonance
168 elastography (MRE) can be used to assess liver stiffness, a measure of fibrosis, and proton
169 density fat fraction (PDFF), a measure of steatosis.

170 Previous studies with the use of GLP-1RA in patients with T1D using HCL systems were limited
171 by small sample size, and shorter duration (only for few days)^{32,33}, and therefore, unable to
172 provide evidence for long-term efficacy and safety of GLP-1RA in patients with T1D using HCL
173 systems. Semaglutide is a long-acting GLP-1RA with a once a weekly administration that makes
174 it convenient for patients and shown to have high adherence rate in patients with type 2 diabetes
175⁴¹. Weight loss is more pronounced with semaglutide compared to liraglutide⁴². Therefore, we
176 plan to evaluate efficacy and safety of semaglutide as an add-on therapy in adults with T1D who
177 are inadequately controlled despite the use of HCL therapy.

178 **2. SPECIFIC OBJECTIVE**

179 Primary objective of the study is to evaluate improvement in a composite outcome (CGM-
180 measured TIR>70% with TBR of <4% and reduction in body weight by 5% at 26 weeks with the

181 use of once weekly semaglutide in inadequately controlled obese adults with T1D using FDA-
182 approved HCL therapy.

183

184 **3. RESEARCH DESIGN AND METHODS**

185 **3.1.Study Hypothesis**

186 We hypothesize that a significantly higher number of adults with T1D randomized to receive
187 semaglutide (30-40%) will be able to achieve the primary composite outcome compared to adults
188 with T1D randomized to the placebo group ($\leq 5\%$).

189

190 **3.2 Endpoints**

191 Primary and secondary endpoints will be from baseline to week 26.

192 Primary endpoint

- 193 1. Proportion of adults with T1D achieving the composite outcome (CGM-measured
194 TIR $>70\%$ with TBR of $<4\%$ and reduction in body weight by 5%) at 26 weeks in the
195 semaglutide group compared to placebo group.

196 Secondary endpoints

- 197 1. Change in HbA1c
- 198 2. Change in mean glucose
- 199 3. Percent time spent in CGM-measured glucose range of 70-140 mg/dL (time in tight target
200 range; TTIR)
- 201 4. Percent time spent in CGM-measured glucose >180 mg/dL and >250 mg/dL
- 202 5. Percent time spent in CGM-measured glucose <70 mg/dL and <54 mg/dL
- 203 6. Change in CGM measured glycemic variability (coefficient of variation)
- 204 7. Differences in CGM metrics (mean glucose, TIR, TAR, TBR and CV) by daytime vs
205 nighttime
- 206 8. Percentage of patients achieving HbA1c $<7\%$
- 207 9. Percentage of patients achieving TIR $>70\%$
- 208 10. Patient reported quality of life
- 209 11. Change in insulin dose (total daily dose, units/kg of body weight)
- 210 12. Change in weight (kg) and BMI (kg/m^2)

- 211 13. Change in modifiable HCL settings. For example, basal-rate, insulin to carb ratio and
212 correction factors for Tandem control-IQ, insulin to carb ratio and active insulin time for
213 Medtronic 670 G/770G and target glucose level, insulin to carb ratio, correction factor and
214 active insulin time for Omnipod 5.
- 215 14. Severe hypoglycemia and diabetic ketoacidosis episodes
- 216 15. Change in blood pressure (systolic, diastolic, mean and pulse pressure)
- 217 16. Change in brachial arterial distensibility (Brach D), augmentation index by radial artery
218 tonometry (pulse wave analysis [PWA] and pulse wave velocity [PWV]), and carotid
219 atherosclerosis by carotid intima media thickness (cIMT).
- 220 17. Change in lipid parameters (total cholesterol, triglyceride, LDL-C and HDL-C)
- 221 18. Change in albumin to creatinine ratio (ACR) and renal function (eGFR)
- 222 19. Change in NAFLD biomarkers, HSI and FIB-4.

223 Exploratory endpoints:

- 224 1. Change in cardiac and aortic structure and function measured by cardiac magnetic
225 resonance (CMR).
- 226 2. Change in ectopic fat volumes in the abdomen and around the heart
- 227 3. Change in liver stiffness and hepatic steatosis as measured by MRE and PDFF.
- 228

229 **3.3 Study design**

- 230 • This will be a multicenter (four centers), double blind, parallel-group, randomized, placebo
231 controlled clinical trial in obese T1D adults with suboptimal glycemic control despite 3
232 months use of FDA approved HCL technology. Study design is summarized in the Figure
233 below.

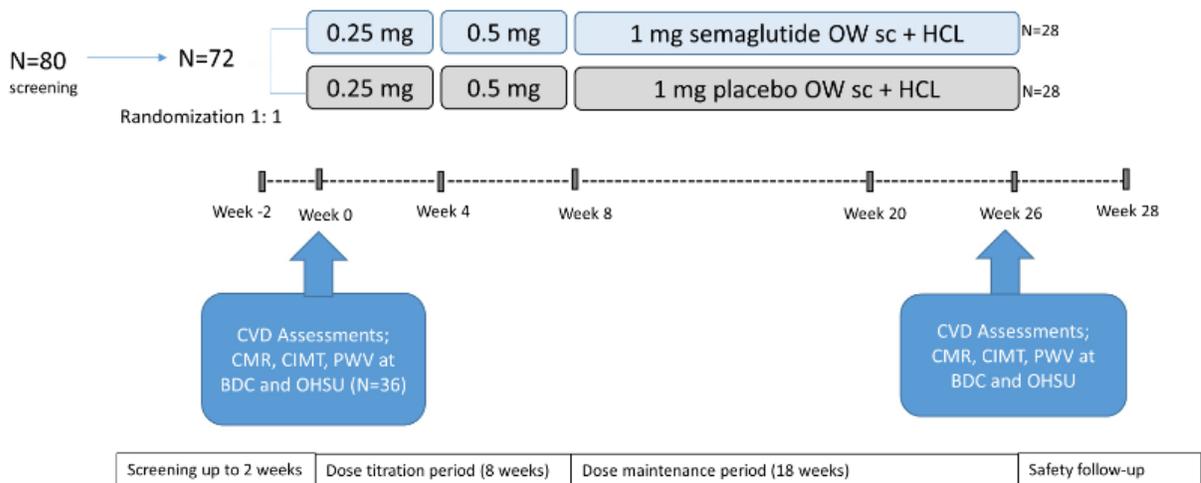


Figure: An illustration of study design

- All participants will be randomized using computer generated block randomization and stratified by clinic research center.
- There are up to 6 clinic visits and 3 phone call visits.
- CVD assessments will take place at Randomization and at the week 26 visit. Brachial distensibility will be measured using the Dynapulse Pathway device at all centers, and pulse wave velocity (PWV), augmentation index by radial artery tonometry, cIMT and CMR assessments, along with ectopic fat measures of abdominal and pericardial fat, will take place at the BDC and OHSU sites. CVD assessments will be completed at an early discontinuation visit if a study participant drops out.
- NAFLD assessments will be done in conjunction with CVD assessments, as part of the blood tests for all participants and as part of the MRI completed for participants at the BDC and OHSU.

3.4 Justification for study design

- HCL therapy is the most advanced way of managing T1D. Despite HCL use, not all patients with T1D are able to achieve recommended glycemic goals²⁵⁻²⁷. Moreover, prevalence of obesity is increasing in this population³⁻⁴, which is associated with insulin resistance and poor glycemic control⁵. Therefore, adjunctive therapies such as GLP-1RA

254 are needed in this population to improve glycemic control as well as improve weight
255 management.

- 256 • We propose a randomized, placebo controlled clinical trial, as a well-designed RCT, will
257 provide a high level of evidence for efficacy and safety of semaglutide in obese adults
258 with T1D.
- 259 • We will have a 4 week titration period as recommended by the manufacturer. All subjects
260 will be encouraged to titrate up to 1 mg a week. In case of intolerability, the dose will be
261 titrated back to pre-tolerable dose and subjects will be encouraged to use max tolerable
262 dose of at least 0.5 mg weekly.
- 263 • This will be a first clinical trial to provide efficacy and safety of semaglutide in
264 suboptimal glycemic control despite on optimal therapeutic regimen in adults with T1D.
- 265 • We will try to screen an equal number subjects using different HCL systems (Medtronic
266 670/770 G, Tandem control IQ and Omnipod 5) by creating pre-specified screening
267 buckets.
- 268 • With increasing obesity and higher insulin resistance, cardiovascular risk is higher in
269 people with T1D ⁴³. Semaglutide has been shown to reduce Major Adverse
270 Cardiovascular Events (MACE) in patients with type 2 diabetes with high cardiovascular
271 risk ^{35,44}. Therefore, it would be of interest to explore change in cardio-renal and NAFLD
272 parameters over 26 weeks of treatment with Semaglutide in patients with T1D. Since
273 enrolled patients are anticipated to have good glycemic control (due to HCL use) and
274 because of the short duration of this clinical trial, we do not anticipate statistically
275 significant differences in cardio-renal or NAFLD endpoints. However, these exploratory
276 data would be useful for designing future clinical trials to reduce cardiovascular risk in
277 people with T1D.

278 **4. CLINICAL RESEARCH SITES**

279 The study will be conducted at four US clinical sites. The Barbara Davis Center for Diabetes
280 will be the lead primary site.

281 **5. STUDY POPULATION:**

282 **5.1 Inclusion criteria**

283 For an eligible subject, all inclusion criteria must be answered “yes”

- 284 1) Age >18 and <60 years at screening
- 285 2) Patients with clinical diagnosis of T1D for at least 12 months
- 286 3) Patient is on FDA- approved hybrid closed-loop system for ≥ 3 months
- 287 4) Willing to use once weekly semaglutide
- 288 5) Willing to share devices (HCL system) data uploads
- 289 6) HbA1c >7.0% and <10.0%
- 290 7) Body mass index ≥ 30 kg/m²
- 291 8) Has current glucagon product to treat severe hypoglycemia
- 292 9) Has current ketone meters to check ketones
- 293 10) Ability to provide informed consent before any trial-related activities

294 **5.2 Exclusion criteria**

- 295 1) Age ≤ 18 years and ≥ 60 years
- 296 2) HbA1c ≤ 7.0 % or ≥ 10.0 % at screening
- 297 3) Less than 12 months of insulin treatment
- 298 4) Use of unapproved insulin for HCL system. E.g. use of Fiasp in the Tandem Control-IQ
- 299 system
- 300 5) Not willing to share the devices (HCL system) data uploads
- 301 6) Non compatible devices (e.g. pump, CGM or smart phones) for data transfer
- 302 7) Current use of multiple daily injection or inhaled insulin (Afrezza)
- 303 8) Patients with T1D using any glucose lowering medications other than insulin at the time
- 304 of screening
- 305 9) Pregnancy, breast feeding, and positive pregnancy test during screening
- 306 10) Women of childbearing age wanting to become pregnant
- 307 11) Unwilling to use acceptable contraceptive methods (for both men and women) during the
- 308 trial period
- 309 12) Current use (≥ 2 weeks of continuous use) of any steroidal medication, or anticipated
- 310 long-term steroidal treatment (>4 weeks continuously), during the study period
- 311 13) Use of GLP-1RA or weight loss medications in the past 3 month
- 312 14) Clinical diagnosis/history of gastroparesis or gastric motility disorders
- 313 15) Serum triglycerides >500 mg/dL
- 314 16) Planning for bariatric surgery during the study period

- 315 17) eGFR below 45 ml/min/1.73 m² using CKD-EPI formula
316 18) History of severe hypoglycemia in the previous 3 months
317 19) History of diabetic ketoacidosis requiring hospitalization in the past 3 months
318 20) History of allergy to any form of insulin, GLP-1RA or its excipients
319 21) History of any form of pancreatitis
320 22) History of stroke, myocardial infarction in the past 3 months
321 23) History of congestive heart failure class III or IV
322 24) History of acute or chronic liver disease
323 25) History of malignancy requiring chemotherapy, surgery or radiation in previous 5 years
324 26) Personal or family history of multiple endocrine neoplasia type 2 (MEN-2) or familial
325 thyroid carcinoma or non-familial medullary thyroid carcinoma
326 27) Have a pacemaker, metal implants, or aneurysm clips or weigh >330 lbs (exclusion only
327 if doing MRI and CT scan)
328 28) Use of investigational drugs within 5 half-lives prior to screening
329 29) Participation to other intervention trials during the study period
330 30) Any comorbidities or medical conditions such as severe psychiatric disorder that make a
331 person unfit for the study at the discretion of the investigators

332 **5.3 Rationale for inclusion/ exclusion criteria:** Only patients using FDA approved HCL system
333 will be included. Many patients with T1D uses do-it-yourself (DIY) system that are not
334 FDA approved and they will be excluded for safety reasons.
335

336 **5.4 Withdrawal criteria**

- 337 • Participation in this research is voluntary. Subjects may withdraw at will at any time.
338 When withdrawing from the study, the participant should let the research team know that
339 he/she wishes to withdraw. A participant may provide the research team with the
340 reason(s) for leaving the study but is not required to provide their reason.
- 341 • If subject is withdrawn after week-10, we will encourage participants to complete V6
342 (week-26) or complete V6A/P3A.

- 343 • Participants will be withdrawn from the study if they become pregnant, actively try to
344 become pregnant, develop an allergic reaction to semaglutide or at the judgement of
345 investigators due to safety concerns.
- 346 • After withdrawal, the participant will be given instructions on how to safely stop using
347 study medications and, eventually, on how to correctly and safely return to the previous
348 treatment regimen. Instructions are also given on who to contact if there are any
349 questions or concerns that arise after study withdrawal.
- 350 • At the time of withdrawal, the research participant should let the research team know if
351 he/she will allow the use of his/her health information and collected data by the
352 researchers.

353 **5.5 Subject replacement**

354 Withdrawn subjects will not be replaced. However, re-screening is allowed within
355 recruitment period at the investigator's discretion.

356 **5.5. Reminders**

357 To minimize loss to follow-up, reminders (text message, phone call or email) will be sent
358 to participants prior to each clinic visits.

359 **6. VISIT PROCEDURES:**

- 360 ▪ The details of the study visits and procedures are provided in the Table below. In brief, there
361 are up to six in-person research visits and up to three phone call visits.
- 362 ▪ Before screening takes place, subjects will be provided with written information about the
363 trial and the procedures involved. Subjects will be fully informed, both orally and in writing,
364 about their responsibilities and rights while participating in the trial, as well as about possible
365 advantages and disadvantages when participating in this trial. Subjects will have the
366 opportunity to ask questions and have ample time to consider participation. The informed
367 consent process will take place before the screening visit. Before signing the informed
368 consent, the investigator will make sure that the potential subject has full knowledge of the
369 study processes, and the possibility to withdrawal at any time during the study.
- 370 ▪ Subjects who wish to enroll in the trial must sign and date the informed consent form for the
371 trial before participating in any trial-related procedures. All subjects will be provided with a
372 copy of signed informed consent form.

Trial period	Screening	Randomization	Treatment period						Follow-up	End-of-treatment premature discontinuation	Follow-up premature discontinuation
			V3 ⁴	P1	V4 ⁴	P2	V5	V6			
Visit (V) or Phone (P)	V1	V2	V3 ⁴	P1	V4 ⁴	P2	V5	V6	P3	V6A ²	P3A ³
Weeks	-2	0	4	6	8	10	20	26	28		2 weeks from V6A
Window (days)	± 7	-	±3	±3	±3	±3	±7	±3	+7		+7
Subject-Related Information/ Assessments											
Informed consent	X										
Inclusion/Exclusion	X										
Randomization		X									
Screen fail/Withdrawal criteria		X	X	X	X	X	X	X		X	
Medical history/concomitant medications/ Demography	X	X	X	X	X	X	X	X		X	
Trial-related efficacy and safety measures											
Height/Weight/BMI/ Waist & Hip circumference	X	X	X		X		X	X		X	
CVD and NAFLD risk assessment ⁶		X						X		X	
Device downloads (CGM and pump data) ¹	X	X	X		X		X	X		X	
Questionnaires ⁸	X				X		X	X		X	
AE/SAE assessment including assessment for severe hypoglycemia and DKA	X	X	X	X	X	X	X	X	X	X	X
Laboratory											
HbA1c (Central)	X				X		X	X		X	
Lipid, CBC and CMP ⁷	X	X			X		X	X		X	
Random urine albumin to creatinine ratio		X			X		X	X		X	
Pregnancy test (for premenopausal women)	X	X	X		X		X	X		X	
Fasting blood and urine collection (only for storage)		X			X		X	X		X	
Trial Material											
Drug accountability			X		X		X	X		X	
Drug Dispensing ⁵		X	X		X		X				
Patient handouts/ reminders	X	X	X	X	X	X	X	X		X	

¹patients own devices. ²V6A to be scheduled at the discontinuation of the trial product; ³P3A to be conducted for those who complete their V6A. ⁴V3 and V4 can be done remotely if needed based on local regulatory situation such as pandemic related closure. ⁵In a situation needing subsequent visit to be done remotely, you can dispense extra IMPs. ⁶ CVD risk assessment includes brachial artery distensibility, pulse wave analysis and velocity, cIMT and CMR, MRE and PDFF. Brachial artery distensibility at all 4 sites. Other cardiac measures at BDC and OHSU sites. ⁷At screening, non-fasting plasma triglycerides and CMP will be measured. Randomization onwards, fasting lipids, CBC and CMP will be measured. ⁸Questionnaires such as GOLD, QOL measures.

373 6.1 Screening

- 374 ▪ The subjects will be assigned a unique subject number, which will remain the same
375 throughout the trial. The subject number will consist of 3 digits: first digit is site
376 number (e.g. 1) followed by two digit subject number (e.g. 01).
- 377 ▪ All subjects will undergo review of inclusion and exclusion criteria. If any inclusion
378 criteria is answered ‘no’ or any exclusion criteria is answered ‘yes’, the subject is a
379 screen failure, and no further assessment will take place.
- 380 ▪ Patients will be told the importance of compliance of the pre-set study visit time
381 schedules
- 382 ▪ All subjects will be assessed and reeducated on diabetes self-management, appropriate
383 and safe use of their own diabetes devices, and its trouble shooting, prevention and
384 treatment of hypoglycemia and sick day management.
- 385 ▪ All subjects must use appropriate insulin that is approved for their HCL system. For
386 example, insulin Fiasp is not allowed to be used in Tandem Control-IQ HCL system.

387 6.2. Randomization

- 388 ▪ Randomization visit will be done within 2 weeks from screening visit.
- 389 ▪ Subjects will be randomized using computer generated randomization scheme to receive
390 either semaglutide or placebo (1:1 randomization). Patients or investigators will be
391 blinded to either treatment modalities.
- 392 ▪ A pre-designated study personnel will be in-charge of allocating study drugs and
393 keeping track of study drug distribution across all the sites.
- 394 ▪ A Directions For Use (DFU) will be provided by Novo Nordisk and will be given to
395 each patient at the first dispensing visit (dosing details in Section 6.3)

396 6.3. Semaglutide dose, titration, and insulin adjustment

- 397 ▪ Starting dose of semaglutide is 0.25 mg subcutaneously once a week.
- 398 ▪ All patients will be provided with verbal and written education on the use of
399 semaglutide pen
- 400 ▪ Dose will be titrated after 4 weeks to 0.5 mg/ week and after 8 weeks to 1 mg/week. In
401 case of intolerance to the medication, the dose can be scaled back. All patients will be
402 encouraged to use maximally tolerable dose up to 1 mg/week.

- 403 ▪ At randomization, and during drug titration (week 4 and week 8), study investigator or
404 designated study personnel must review HCL settings, adjust it per the guidance
405 provided in the Appendix A, and provide appropriate education to minimize
406 hypoglycemia. HCL adjustment will be recorded in the study database (Redcap).
407 ▪ To achieve desirable glycemic control (>70% TIR and <4% TBR), HCL settings may
408 be adjusted by the investigators per the guidance provided in the Appendix C after
409 patient has reached the maximum tolerable dose (after week 10 or P2 study visit). HCL
410 adjustment will be recorded in the study database (Redcap).

411 **6.4. Clinic and phone visits**

- 412 ▪ All study procedures must be conducted as mentioned in the procedure table above.
413 ▪ In a situation (such as pandemic-related restrictions) where an in-person visit cannot be
414 possible, research visits (V3 and V4) can be conducted remotely. A study procedure
415 manual will be provided to all sites.
416 ▪ If a subject is withdrawn after week-10, participants will be encouraged to complete V6
417 (week-26) or complete V6A/P3A

419 **6.5 Un-blinding**

- 420 ▪ The subject randomization list and IMP dispensation details will be stored at the BDC.
421 Subject number will be matched with IMP assigned to the subject.
422 ▪ The designated independent personnel unblinded to the study drugs (Sarit Polsky,
423 MD) will perform any un-blinding of study participants.
424 ▪ Un-blinding can be performed under the following circumstances:
425 • Treatment of an individual in a medical emergency where knowledge of the
426 treatment allocation is required.
427 • Treatment of an individual for an AE.
428 • In the event of a SUSAR.
429 • In the event that the participant's study medication is accidentally taken by a
430 member of their household e.g. a child.
431 • If required by the DSMB committee or regulatory agencies.

432

433 7. STATISTICAL PLAN

434 7.1 Preliminary data for sample size calculation

435 In SUSTAIN 1, 4 and 5 clinical trials, Semaglutide 0.5 mg and 1 mg per week for 30 weeks in
436 patients with type 2 diabetes resulted in 2.5-4.5 kg, and 3.5-6 kg weight loss compared to
437 baseline⁴⁴⁻⁴⁶. 30-40% of patients with type 2 diabetes with baseline BMI between 30-35 kg/m²
438 achieved weight loss of >5% using Semaglutide 0.5 mg weekly compared to comparator and
439 45-60% had weight loss >5% using Semaglutide 1 mg weekly compared to comparator⁴⁷.

440 Based on this data, we conservatively estimated that 30% of patients with T1D using HCL and
441 randomized to semaglutide with BMI >30 kg/m² will achieve >5% of weight loss at 26 weeks
442 from baseline. None of the clinical trials in T1D demonstrated weight loss with the use of HCL
443 therapy⁸⁻¹⁰ and therefore, we don't expect adults with T1D using HCL and randomized to
444 placebo to lose >5% of body weight.

445 Our previous real-life study of adults with T1D using Medtronic 670 G had mean percent TIR
446 of 67%±1.2% after 3 months of using HCL. In our clinical experience of using semaglutide in
447 adults with T1D with mean HbA1c of 7.7±1.4 at baseline had drop in HbA1c to 7.2±1.1 after 3
448 months (unpublished data). Each 5% improvement in TIR approximates reduction in HbA1c by
449 0.3-0.4%^{48, 49} and therefore, based on our preliminary data, we expect that greater percentage of
450 adults with T1D randomized to semaglutide would have improvement in TIR by at least 5%
451 than adults with T1D randomized to placebo. We assumed that >75% of adults with T1D using
452 HCL and randomized to semaglutide would achieve TIR >70%. Moreover, most adults with
453 T1D using HCL system have TBR <4% and GLP-1 analogs have not found to increase TBR.
454 Therefore, we expect that >75% of adults with T1D on HCL and randomized to either
455 semaglutide or placebo would have TBR <4%.

456 Considering the data from the above studies, we anticipate that at least 30% of adults with T1D
457 using HCL and randomized to semaglutide will achieve >5% weight loss and at least 75% of
458 these will achieve TIR >70% and TBR <4%. Therefore, we estimate that it would be clinically
459 meaningful if at least 15% of those in the treatment group will achieve the composite outcome
460 compared to 5% of adults randomized to placebo.

461 7.2 Sample size calculation

462 Considering 10% screen failure rate and 20% drop out, we plan to screen 80 adults with T1D
463 (20 per center) in order to randomize 72 adults with T1D and expect 64 (32 per group) to

464 complete the study, including an early completion visit. Based on the method suggested by
 465 Cocks and Torgeson⁵⁰ to determine sample sizes for pilot randomized control trials, we estimate
 466 that our pilot sample of 32 completers per group will provide sufficient confidence to detect a
 467 difference in the proportion meeting the composite endpoint of 6.2% at an 80% confidence
 468 interval and 9.5% at a 90% confidence interval, assuming we feel a clinically meaningful
 469 difference is 5% in the control group vs. 15% in the treatment group

470
 471 *Power and Sample Size for secondary endpoints:* This pilot study will assess the effect of
 472 semaglutide on secondary endpoints, including surrogate CVD, NAFLD and renal markers. For
 473 lipids, blood pressure, BrachD, eGFR and ACR, we expect to have 80 screened, 72 enrolled and
 474 64 completed (32 per group) at either 26 weeks or early completion. With a sample size of 68
 475 participants with completion of at least some follow-up visits (V4, V5, or V6/V6A), we will have
 476 80% power to detect a 10% greater decrease in HSI or FIB-4 with semaglutide treatment
 477 compared the placebo group. For cIMT, PWV, PWA and CMR, we expect to have 40 screened,
 478 36 enrolled and 32 completed (16 per group) participants at the Barbara Davis Center and OHSU
 479 sites (with all participants who drop out encouraged to complete an early discontinuation visit).
 480 Using 80% confidence limits as outlined by Cocks and Torgerson⁵⁰, a pilot sample of 72 would
 481 provide an upper 80% confidence limit of 0.1984, corresponding to a standardized effect size in
 482 the main trial of 0.20, which is considered a small effect size. A pilot sample of 32 would provide
 483 an upper 80% confidence limit of 0.2976, corresponding to an effect size for the main trial of
 484 0.30, which is considered a small effect size. For example, an HbA1c improvement of 0.4% is
 485 considered clinically meaningful, and the upper 80% confidence interval for our sample size is
 486 0.362. Similarly, weight loss reduced carotid-femoral PWV on average by 0.35 m/s in a meta-
 487 analysis⁵¹. Specifically for selected glyceimic, renal and CV markers, this sample will be
 488 sufficient to detect the following upper confidence limits:

Parameter	Sample Size	SD for change in parameter	Upper 80% confidence limit
HbA1c	72	1.2	0.362
TIR	72	10	3.02
eGFR	72	21.31	4.52
Log Urinary ACR	72	1.07	0.227
cIMT	32	0.169	0.051
PWV	32	1.1	0.332

489 7.3 Evaluability of subjects

- 490 ▪ We will prepare two data sets for the analysis.
- 491 ▪ Per-Protocol (PP) analysis set: All exposed subjects who complete the 26-week trial
492 without significantly violating the main aspects of the protocol. The Per-Protocol set will
493 be used for sensitivity analyses.
- 494 ▪ Intention to treat (ITT) analysis set: All randomized subjects exposed to at least one dose
495 of trial product and completed the visit at week 4. ITT data set will be used for efficacy
496 and safety analysis.

497 498 7.4 Analyses plan

- 499 ▪ All variables will be tested for normality with the Shapiro-Wilk Test and/or the
500 Kolmogorov-Smirnov Test. Continuous and normally distributed data will be presented
501 as mean/SD and categorical data will be presented as N/%. Non-normally distributed
502 variables will be analyzed using non-parametric tests.
- 503 ▪ The primary endpoint (differences in proportion of patients achieving composite
504 outcomes) will be compared using repeated measures models at each visit between 4 and
505 26 weeks between two groups. Non-linear mixed effects models will be used to examine
506 the odds of achieving the composite outcome for the treatment vs. placebo group while
507 adjusting for pre-specified covariates, baseline A1c and BMI. Baseline A1c is known to
508 affect TIR (better improvement in TIR in those with higher A1c). Similarly, higher BMI
509 may affect weight loss. Therefore, we decided to use these covariates for adjustment.
510 Sustain 7 post hoc analysis suggested that efficacy of semaglutide on glycemic control
511 and weight loss remains the same regardless of baseline age, diabetes duration or sex.
512 Therefore, we did not include those variables in our pre-specified adjustment ⁵².
- 513 ▪ For secondary endpoints, the change in outcomes will be examined between baseline and
514 26 weeks, and changes in continuous variables such as A1c, mean glucose and CGM,
515 NAFLD (HSI and FIB-4) and cardio-renal outcomes (eGFR, ACR, blood pressure, lipids)
516 that are collected at multiple timepoints will be compared using linear mixed models to
517 account for missing data. Changes in categorical variables with multiple timepoints will
518 be examined using generalized linear models with repeated measures.

- 519 ▪ For exploratory endpoints, the changes in cardiac structure and function, liver stiffness
520 and steatosis, and ectopic fat deposition, will be examined between baseline and 26
521 weeks using linear mixed models adjusting for potential change in confounders such as
522 change in blood pressure or lipid lowering medications.
- 523 ▪ For safety analysis (such as AE/SAE), the entire ITT population will be included. A table
524 will be populated with frequency of system wide adverse events between two groups.
525 Differences in safety outcomes will be examined between ITT groups using Chi-Square
526 tests for categorical outcomes (any AE/SAE, severe hypoglycemia, DKA) and t-tests for
527 continuous variables such as time spent in hypoglycemia on CGM.
- 528

529

8. DATA HANDLING AND RECORD KEEPING

8.1 Data management

- 531 ▪ BDC will be the main site and coordinating center for other sites.
- 532 ▪ Colorado Multiple Institutional Review Board (COMIRB) will serve as the IRB for the
533 Barbara Davis Center. The other sites will use their own IRB.
- 534 ▪ The data and specimens obtained from the subject will be identified by subject number.
- 535 ▪ The principal investigator will retain all data generated during the study. Data management
536 is the responsibility of the investigator.
- 537 ▪ All electronic data from all four sites will be stored at the BDC, in a de-identified manner,
538 which are secured by the University of Colorado servers. The data will be accessible only by
539 the study team and if transfer of data needed, appropriate measures, including encryption of
540 data files will be used to ensure security and subject confidentiality.
- 541 ▪ The records will be stored securely and kept for minimum of 9 years per the Standards
542 Operating Procedures (SOP) of the University of Colorado
543 (<https://research.cuanschutz.edu/comirb/home/guidance-and-policies>)

8.2 Source data

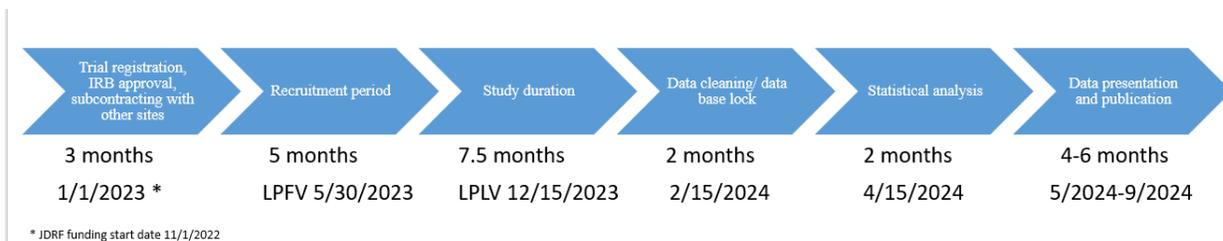
- 545 ▪ Source documents will be kept with the site investigators per local regulatory
546 requirements. Source data must be available to the study monitors or regulatory agencies such
547 as US FDA whenever asked for.
- 548 ▪ All source data must be entered in the study data database electronically.

549 **9. ETHICS**

- 550 ▪ The trial will be conducted in compliance with this protocol, ICH GCP, the University of
551 Colorado COMIRB research policy, local site regulatory agencies, and in accordance with
552 the Declaration of Helsinki.
- 553 ▪ The clinical trial protocol, consent form and appropriate study documents will be submitted
554 to to COMIRB for the approval before the start of any study related activity.
- 555 ▪ Once the protocol is approved by COMIRB for the BDC and the IRBs for the other sites,
556 the study team will be allowed to contact potential subjects.
- 557 ▪ Before any trial-related activity, the investigator/study team will give the subject verbal and
558 written information about the trial and the procedures involved in a form that the subject
559 can read and understand.
- 560 ▪ The subjects will be fully informed of their rights and responsibilities while participating in
561 the trial as well as possible disadvantages of being treated with the trial products.
- 562 ▪ The investigator will ensure the subject is given ample time to come to a decision whether
563 to participate in the trial.
- 564 ▪ A voluntary signed and personally dated informed consent will be obtained from the
565 subject before any trial-related activity.
- 566 ▪ The process of informed consent process will occur in a clinical research place. The subject
567 will sign the informed consent process in the presence of the investigator and witness. The
568 confidentiality and HIPAA will be handled per the University of Colorado and local site
569 regulatory research policies.

570
571 **10. STUDY SCHEDULE**

- 572 ▪ Study timeline is illustrated below. To reduce study start time, we will start IRB and
573 subcontracting with other sites simulatenously.



574

575

576 **11. STUDY DRUGS AND MATERIALS:**

577 Patients will be using their own insulin, and diabetes devices (HCL system and related supplies)

578 Study medications

- 579 ▪ Injection semaglutide 1.34 mg/mL
- 580 ▪ Injection placebo (Clinic variant of marked product*)

581 Packaging and labelling of study medication(s)

- 582 ▪ The BDC will receive study medications from Novo Nordisk A/S.
- 583 ▪ BDC pharmacist/designated person will distribute the drugs/placebo to other sites.
- 584 ▪ All sites will be provided guidance (study procedure manual) on medication packaging,
585 labelling, storage and distribution.
- 586 ▪ All subjects will be provided written and verbal education on taking study medications
587 appropriately.

588 Storage and drug accountability of study medication(s)

- 589 ▪ All the study medication (including placebo) will be assumed as semaglutide and stored
590 according to the approved label.
- 591 ▪ The temperature log will be monitored at the site and any temperature fluctuation will be
592 reported as deviation.

593 Auxiliary supply

- 594 ▪ Pen needles will be provided to all subjects.

596 **12. CONCOMITANT ILLNESS(ES) AND MEDICATION(S)**

- 597 ▪ Concomitant illness is any illness that is present at the start of the trial (*i.e. at the first visit*).
- 598 ▪ Concomitant medication is any medication other than the trial product(s) that are consumed during
599 the trial.
- 600 ▪ Details of all concomitant illnesses and medication will be recorded per protocol. All sites will be
601 provided with source documents and instructions on recording concomitant illnesses and
602 medications.

604 * The clinic variant of the cartridge is produced with an army green closure cap compared to a dust green closure cap
605 in the marketed Ozempic® product. Ozempic® are marketed in different pen variants for different intended dosing
606 regimens. The push button and cartridge holder are light grey, and the pen can be found in both a 1.5 ml and 3 ml
607 variant, dependent on the country. The clinical pen can be found in one variant to support 0.25mg, 0.5mg and 1mg
608 doses in a 1.5 ml variant. The push button and cartridge holder are light brown. Neither closure cap nor the pen is in
609 contact with the product and the differences in colours have no impact on the stability of the product.

610 **13. ADVERSE EVENTS**

611 **13.1 Definition**

Adverse event (AE)	Any untoward medical occurrence associated with the use of a drug whether considered drug related or not. AE can be unfavorable symptoms, sign (abnormality on physical exam or laboratory findings) or disease temporarily associated with the use of products whether or not related to the products.
Serious adverse event (SAE)	<p>An adverse event or suspected adverse reaction is considered "serious" if, in the view of the investigator, it results in any of the following outcomes:</p> <ul style="list-style-type: none"> ▪ Results in death, or, ▪ Is life-threatening, or, ▪ Requires inpatient hospitalization or prolongation of existing hospitalization, or, ▪ Results in persistent or significant disability/incapacity, or, ▪ Is a congenital anomaly/birth defect, ▪ Is a medically important event that may not result in death, be life threatening or require hospitalization may be considered an SAE when - based on appropriate medical judgement -they may jeopardize the subject and may require medical or surgical intervention to prevent one of the outcomes listed in the definition of SAE <p>Suspected transmission of an infectious agent should be considered as an SAE.</p>
Adverse Drug Reaction (ADR)	An Adverse Reaction is an Adverse Event for which the causal relationship between the Product and the Adverse Event is suspected
Serious Adverse Reaction (SAR)	An Adverse event that fulfills both the criteria for a Serious Adverse event and the criteria for an Adverse Reaction.
Medical event of special interest (MESI)	<p>A MESI is an event, which, in the evaluation of safety, has a special focus. A MESI is an AE (SAE or non-serious AE) which fulfils one or more of the below defined MESI criteria.</p> <ul style="list-style-type: none"> – Medication errors concerning trial products: <ul style="list-style-type: none"> – Administration of wrong drug – Wrong route of administration, such as intramuscular instead of subcutaneous – Accidental administration of a lower or higher dose than intended, however the administered dose must deviate from the intended dose to an extent where clinical consequences for the trial subject were likely to happen as judged by the investigator, although not necessarily did happen. Overdose and missed insulin injection resulting in severe hypoglycemia or hyperglycemia are considered as AE or SAE depending on severity.
Suspected Unexpected Serious Adverse Reactions (SUSAR)	An unexpected adverse reaction (UAR) is an adverse reaction that is not consistent with the product information in the summary of product characteristics (SPC, i.e.US prescribing information). The current version or any updated if available during the clinical trial for US prescribing

	information for study drugs will be used as SPC. If UAR is severe enough to define as SAE is called as SUSAR.
Technical complaint	A technical complaint is any written, electronic, or oral communication that alleges product (medicine or device) defects. The technical complaint may be associated with an AE but does not concern the AE itself.

612 **13.2 Reportable AE for Hypoglycemia and Hyperglycemia/Diabetic Ketoacidosis**

- 613 • *Hypoglycemia*: Hypoglycemia is common in people with T1D. Only severe
614 hypoglycemia defined as “hypoglycemia event requiring medical assistance of another
615 person due to altered consciousness, and required another person to actively administer
616 carbohydrate, glucagon, or other resuscitative actions” is reportable adverse event. This
617 means that the participant was impaired cognitively to the point that he/she was unable to
618 treat himself/herself, was unable to verbalize his/ her needs, was incoherent, disoriented,
619 and/or combative, or experienced seizure or coma. These episodes may be associated
620 with sufficient neuroglycopenia to induce seizure or coma. If plasma glucose
621 measurements are not available during such an event, neurological recovery attributable
622 to the restoration of plasma glucose to normal is considered sufficient evidence that the
623 event was induced by a low plasma glucose concentration.
- 624 • *Hyperglycemic events/Diabetic Ketoacidosis (DKA)*: Hyperglycemic event is only
625 reportable as an adverse event when one of the following four criteria is met:
- 626 1) The event involved DKA, as defined by the Diabetes Control and Complication
627 Trial (DCCT) and described here:
- 628 ▪ Hyperglycemic events are classified as DKA if the following are present
629 (meeting all 4 criteria)
- 630 a) Symptoms such as polyuria, polydipsia, nausea or vomiting
631 b) Serum ketones >1.5 mmol/L or large/moderate urine ketones
632 c) Either arterial PH <7.30 or venous PH <7.24 or serum bicarbonate
633 <15
634 d) Treatment provided in a health care facility
- 635 2) Evaluation or treatment was obtained at a health care provider facility for an acute
636 event involving hyperglycemia or ketosis

- 637 3) Blood ketone level \geq 1.5 mmol/L and communication occurred with a health care
638 provider at the time of the event
- 639 4) Blood ketone level \geq 2.5 mmol/L even if there was no communication with a
640 health care provider

641 **13.3 Non-reportable adverse events**

- 642 ■ Hypoglycemia or hyperglycemia events not meeting above criteria are not required to be
643 reported as an adverse event

- 644 ■ Patients' own devices (e.g. insulin pump, CGM, BG meters) related issues and skin issues
645 arise from the use of these devices (such as skin rash due to adhesive or infusion site
646 issues) are not reportable unless the event meets the definition of an SAE.

647 **13.4 Reporting of adverse events**

- 648 ■ All events meeting the definition of an AE must be collected and reported. This includes
649 events from the first trial-related activity after the subject has signed the informed consent
650 until the end of the post-treatment follow-up period.
- 651 ■ Once an AE is identified, assessment for severity (mild, moderate or severe), causality
652 (probable, possible or unlikely) and outcome of an AE (recovered, recovering, recovered
653 with sequelae, not recovered, fatal or unknown) must be provided. Probable is defined as
654 good reason and sufficient documentation to assume a causal relationship. Possible is
655 defined as a causal relationship is conceivable and cannot be dismissed. Unlikely is defined
656 as the event is most likely related to etiology other than the trial product.
- 657 ■ Since patients are using their own diabetes devices, we do not intend to collect device
658 issues. However, if a device issue results in SAE, it must be reported.
- 659 ■ The investigator is responsible for reporting all AE to their IRB within five business days
660 once they are aware of AE.
- 661 ■ All non-severe and severe AE will be followed until the end of the study
- 662 ■ Subjects must be instructed to notify the investigator immediately if they become
663 pregnant. If a subject becomes pregnant during the study, the subject will be dropped from
664 the study and followed until birth for pregnancy outcomes. . Pregnancy will be reported
665 as an AE (or SAE if fulfills the criteria of SAE). The sponsor-investigator is responsible

666 for reporting pregnancy to Novo Nordisk and reporting will occur within same timelines
667 described below. Pregnancy complications will be recorded as an AE and if the infant has
668 a congenital abnormality or birth defect, it will be reported and notified to the IRB
669 ■ Site investigators are responsible to notify their IRB within 24 hours once they are aware
670 of an SAE.
671 ■ Sponsor-Investigators will be responsible for notifying COMIRB, DSMB, the FDA and
672 Novo Nordisk of an AE/SAE within the stipulated time frame of each agencies.
673 ■ Sponsor-investigator will report to NovoNordisk all SAEs, SUSARs and SADR within
674 15 days of the sponsor-investigator becoming aware of such adverse events. The Sponsor-
675 Investigator will provide the following information to NovoNordisk: study name, patient
676 initials, sex, age, event (probable diagnosis), drug name (Semaglutide/placebo) and
677 reporter identification (name or initials) in addition to a description of the AE events such
678 as causality and outcome.
679 ■ Follow-up of adverse events: Investigator must provide adequate medical care to study
680 subject for any study-related adverse events including clinically significant laboratory
681 values related to the study and medical care of the subjects should be provided regardless
682 of their insurance status. AE classified as serious or possibly/probably related to trial drug
683 must be followed until the subject has been recovered and all queries have been resolved.
684 For cases of chronic conditions follow-up until the outcome category is “recovered” is not
685 required, as these cases can be closed with an outcome of “recovering” or “not recovered”.
686 All other adverse events must be followed until the outcome of the event is “recovering”
687 (for chronic conditions), or “recovered” or until the end of the post-treatment follow-up
688 stated in the protocol, whichever comes first, and until all queries related to these AEs
689 have been resolved.

690

691 **14. Individual subject stopping criteria**

692 Study drug administration may be stopped for any of the following reasons:

- 693 1) Two or more episodes of severe hypoglycemia as defined in the section 13.2
- 694 2) Two or more DKA events not related to device malfunction. Definition of DKA is
695 detailed in the section 13.2

696 3) Investigator decides that, in the interest of the patient, it is not medically acceptable to
697 continue participation in the study

698 **15. Criteria for suspending or stopping the study**

699 Greater than 10 cases of severe hypoglycemia or greater than 5 cases of DKA that are not
700 due to device malfunction. These criteria are based on exceeding the average incidence of
701 severe hypoglycemia (11.8%) and DKA (4.8%) in patients with T1D as reported in the Type
702 1 Diabetes Exchange Clinic Registry ⁵³.

703 **16. Data Safety Monitoring Board (DSMB)**

704 A DSBM consisting of three members (two clinicians and one statistician) will independently
705 monitor the study, including adverse events and study drug or device issues with potential to
706 impact participant safety. A meeting will be held at the beginning of the study, and every six
707 months between the study team (BDC investigators) and the DSMB to review any adverse
708 events. Following each safety review, a summary of recommendation from the DSMB will
709 be collected.

710 **17. Precautions/over-dosage**

711 Inappropriate medication dose can cause severe hypoglycemia or hyperglycemia. The
712 education on recognition of hypoglycemia or hyperglycemia and its treatment will be
713 provided at screening and as needed during the study.

714 **18. Risks and Discomforts**

715 a) Blood Drawing Risks

716 The risks of drawing blood from a vein include temporary discomfort from the needle stick
717 (common), bruising (common), excessive bleeding (unlikely), lightheadedness (rare),
718 infection (rare), and fainting (rare).

719

720 b) Study procedure related discomfort

721 The participant may feel some discomfort during height, weight, waist measurement and
722 blood pressure measurements. All care will be taken to reduce discomfort.

723 c) Side-effects related to semaglutide

724 Semaglutide is a long-acting glucagon like peptide-1 (GLP-1). The most common adverse
725 reactions, reported in $\geq 5\%$ of patients treated with semaglutide are nausea, vomiting, diarrhea,
726 abdominal pain, and constipation. Nausea/ vomiting can sometimes lead to dehydration and
727 acute kidney injury. Semaglutide causes a delay of gastric emptying and has the potential to
728 influence the absorption of concomitantly administered oral medications, so caution should be
729 exercised. Acute and chronic pancreatitis have been reported in clinical studies.
730 Hypersensitive reactions have also been reported. Semaglutide is contraindicated in patients
731 with a history or family history of medullary thyroid cancer and in patients with multiple
732 endocrine neoplasia type 2 (MEN-2)

733 d) Risk of Hypoglycemia (Low Blood Sugar)

734 As with any person with diabetes who uses insulin, there is always a risk of having low blood
735 sugar (hypoglycemia). GLP-1RA such as semaglutide is known to improve insulin action and
736 therefore, may increase risk for low blood sugar. Symptoms of low blood sugar can include
737 sweating, jitteriness, and not feeling well. There is also the possibility of fainting or seizures
738 (convulsions), brain damage, or death with a very low blood sugar. Since we will be closely
739 monitoring participants during this study, a serious low blood sugar is less likely to occur in
740 any study participant. Even if a low blood sugar does occur, it usually goes away quickly with
741 treatment (carbohydrates) that raises the blood sugar. A severe low blood sugar may require
742 that a participant get an injection of glucagon and/or have emergency services to help raise
743 his/her blood glucose level. Hypoglycemia risk mitigation plan is discussed in the
744 Appendices.

745 e) Risk of Hyperglycemia (High Blood Sugar)

746 Hyperglycemia usually does not cause many obvious symptoms, but participants may become
747 thirsty, fatigued, or have a higher level of sugar in their urine. In severe cases of
748 hyperglycemia, diabetic ketoacidosis (DKA) or coma may occur. Hyperglycemia leading to
749 DKA can lead to renal failure (kidney failure), cardiac arrhythmia (irregular heartbeat),
750 myocardial infarction (heart attack), rhabdomyolysis (muscle breakdown), and even death. A
751 serious effect from hyperglycemia is not expected to occur in any study participant, as we will
752 be monitoring blood glucose levels frequently.

753 f) Psychosocial Questionnaires

754 Answering questionnaires about thoughts, concerns, and distress related to diabetes and general
755 quality of life assessments may result in undesired thought processes and/or emotions. These
756 feelings may be transitory, recurrent, or permanent though most risks are minimal/transitory.

757 g) Cardiac magnetic resonance imaging – during the MRI exam, some participants may
758 experience claustrophobia and discomfort, due to being enclosed in a small tube. In order to
759 minimize the risk of this occurring, potential participants will be screened for claustrophobia or
760 prior issues undergoing MRI and excluded if they have experienced claustrophobia or had other
761 negative experiences with MRI. In addition, participants will be excluded if they have a
762 pacemaker, metal implants or aneurysm clips.

763 h) CT Scan – Participants will undergo a spiral CT scan to measure pericardial and intra-
764 abdominal fat, which will involve exposure to a low dose of radiation. A pregnancy test will
765 be administered for all women of childbearing potential.

766 i) Unknown Risks

767 In any study, there may be additional risks that we do not know about at this time. This is not
768 likely but is always a possibility. If we become aware of any new risks, participants will be told
769 about them. They will be able to decide if they want to continue to participate in this study. If a
770 treatment or procedure has increased risks because it was not done according to study
771 procedures due to error, participants will be informed, and the necessary steps will be taken to
772 care for them.

773 j) Confidentiality

774 There is a risk of a breach in confidentiality. Thus, a confidential subject database will be
775 established to maintain study data. Data will be entered into REDCap (Research Electronic
776 Data Capture). REDCap is an internal secure, computerized database system at the University
777 of Colorado Denver. This system allows data entry, survey/questionnaire building, data
778 exportation to statistical packages, and is HIPAA compliant. Each subject will be assigned an
779 identification number, which will be used to code and identify all of that subject's records.
780 This will avoid the continual use of subject names. REDCap surveys can be sent to study
781 participants via e-mail for direct input into the database. All study data will be locked in the
782 PIs' offices and all relevant computer study files will be input on staff computers, which are

783 password protected and contain encryption software. Data storage will be on a secured server
784 maintained by the University of Colorado. The server is backed up nightly and a copy of the
785 back-up file is kept off site in a secure facility. Data access will be limited to study personnel.
786 Study results may be presented in the form of posters, abstracts, oral presentations, or
787 publications at academic meetings or in journals. In all forms of study result reporting, subject
788 identification will not be disclosed. A study subject may access his/her protected health
789 information at any time by requesting said information in writing of the investigator. The
790 investigative team has been trained in IRB and HIPAA compliance issues and will maintain
791 confidentiality and protect health information. The above-stated procedures have been highly
792 effective in preventing breaches of patient confidentiality for the prior and current research
793 studies in which the PI has been and continues to be involved.

794 **19. PUBLICATION PLAN**

795 The results will be presented at various diabetes meetings such as American Diabetes
796 Association and European Association for the Study of Diabetes (EASD) annual meetings.
797 We also plan to publish this manuscript in a peer-reviewed index high impact journal in the
798 field of clinical diabetes

799 **20. REQUIRED SUPPORT FROM NOVO NORDISK**

- 800 ▪ Semaglutide and identical placebo pens
- 801 ▪ Financial support to conduct this study will be provided by the JDRF.

802

803 **21. INVESTIGATIONAL NEW DRUG (IND)**

804 Semaglutide use in T1D will be off-label. Therefore, the investigator will obtain IND before
805 any clinical trial related activities [IND 162627].

806

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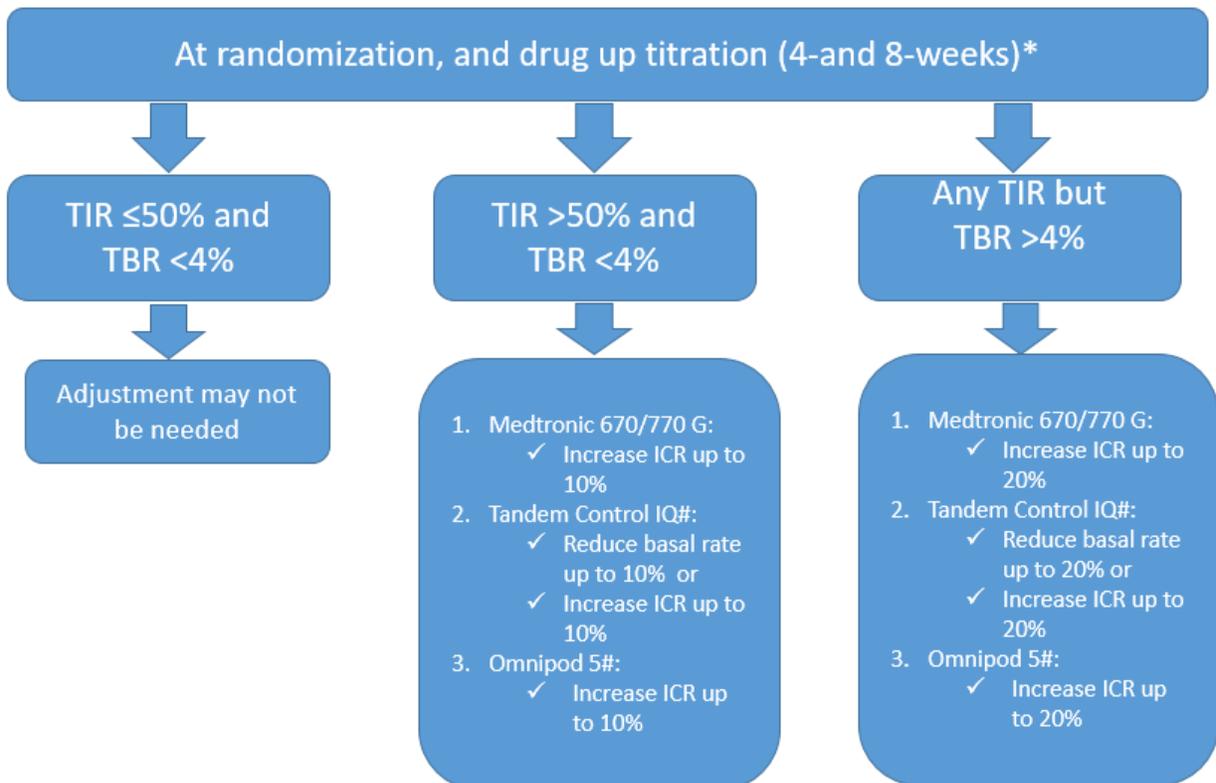
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994 **Appendix A: General Guidance on HCL setting adjustments during drug up titration**

- 995 • Investigators must train subjects on diabetes self-management principles including
996 hypoglycemia recognition, prevention, and treatment. This includes HCL specific
997 training on hypoglycemia and hyperglycemia prevention and trouble shooting
- 998 • At randomization and week 4 and Week 8, based on baseline glycemc control (time in
999 range) and risk of hypoglycemia (time below range), investigators should adjust the HCL
1000 settings. The general guidance is provided below.

1001



1002 TIR; time in range 70-180 mg/dL, TBR; time below 70 mg/dL, ICR: Insulin to carbohydrate ratio

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1004 *Each individual with type 1 diabetes is different in terms of response to GLP-1RA and risk for
 1005 hypoglycemia. This is a general guidance and Investigators should adjust settings necessary to reduce the
 1006 risk for hypoglycemia based on patient-related factors and clinical experience.

1007 #If needed, investigators can reduce the correction factors up to 10% (TIR>50% and TBR <4%) or 20%
 1008 (TBR>4%) in addition to changes in basal rate or ICR. Moreover, investigators may recommend patients
 1009 to use temporary manual mode, exercise mode/temporary target if above changes are not sufficient to
 1010 mitigate hypoglycemia risk.

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1012 **Appendix B: Guidance on the functionality of the hybrid closed-loop systems**

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	Medtronic 670/770G	Tandem Control IQ	Omnipod 5
How it works	Automated basal insulin delivery every 5 minutes based on total daily dose from the past 2-6 days	Automated basal insulin delivery that increases or decreases patient' programmed basal rate based on CGM glucose trends	Automated basal insulin delivery every 5 minutes based on total daily dose from the last pod change (2-3 days)
Algorithm target glucose level/range	120 mg/dL (fixed)	112.5-160 mg/dL (fixed)	110-150 mg/dL (adjustable in increment of 10 mg/dL)
What you can adjust? (modifiable settings in HCL)	Insulin: Carb ratio Active insulin time	Basal rate Insulin: Carb ratio Correction factor	Insulin: Carb ratio Active insulin time Correction factor
Auto bolus feature	No	Yes, automated boluses every 1 hours (60% of calculated bolus) if needed. If patient takes bolus by him/herself, auto bolus clock resets to 60 minutes from the patient's manual bolus.	No
Additional features on closed-loop mode	Temp target (during exercise or stress): increases the glucose target to 150 mg/dL	Exercise: Increase the glucose target to 140-160 mg/dL Sleep: changes the	Activity: changes the target to 150 mg/dL

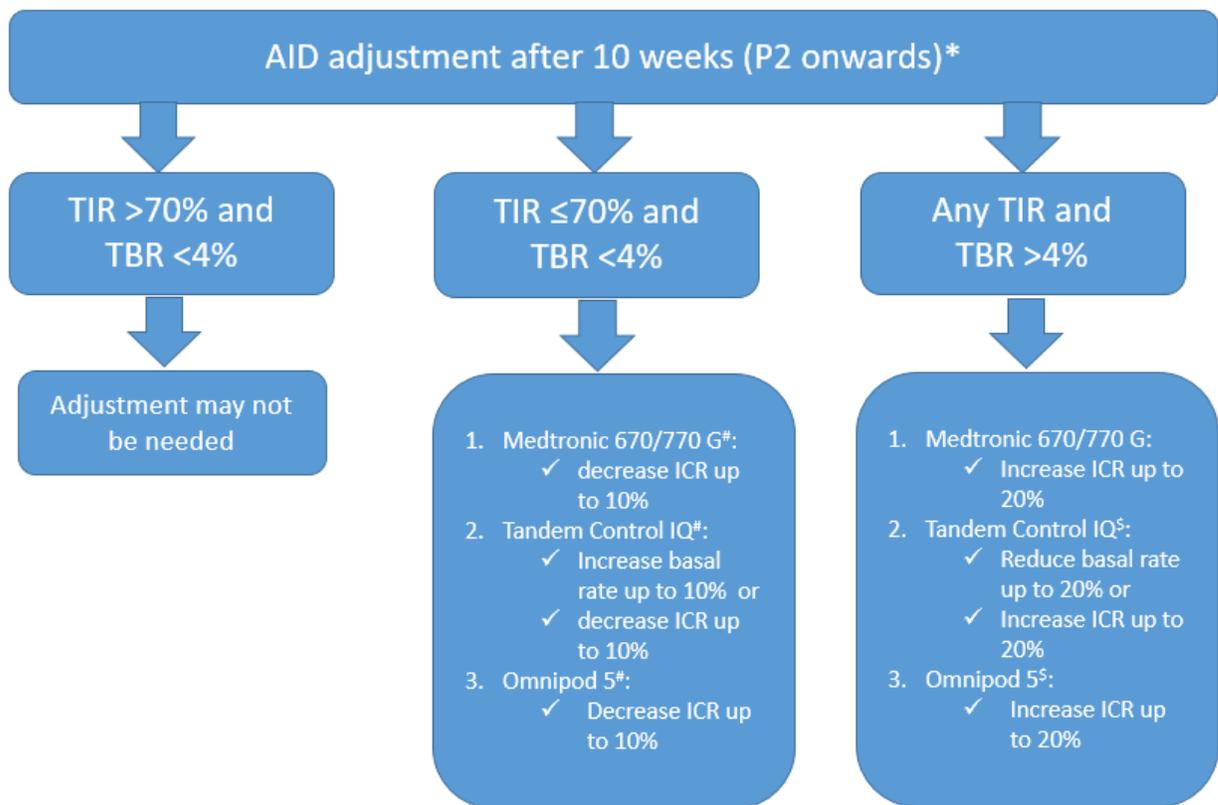
		target to 112.5 to 120 mg/dL but stops auto bolusing during this mode.	
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All physicians will be trained on basic functionality of HCL, adjustable settings and troubleshooting guidance per manufacturer instructions. For more information on comparisons of various HCL system, click this link- <https://www.bdcpantherdiabetes.org/device-comparison>

Appendix C: General Guidance on HCL setting adjustments after Week 10

Glycemic goal for the most patients with T1D is TIR >70% and TBR <4%. Investigators are encouraged to review HCL settings and adjust if patient is not within the glycemic goal.



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TIR; time in range 70-180 mg/dL, TBR; time below 70 mg/dL, ICR: Insulin to carbohydrate ratio

*This is a general guidance and Investigators should adjust settings necessary to reduce the risk for hypoglycemia and improve glycemic control based on patient-related factors and clinical experience

#If needed, investigators may strengthen correction factor (for Tandem Control IQ or Omnipod 5) or active insulin time (for 670/770G).

1032 § Reduce the correction factors up to 10% (TIR>50% and TBR <4%) or 20% (TBR>4%) in addition
1033 to changes in basal rate or ICR. Moreover, investigators may recommend patients to use temporary
1034 manual mode, exercise mode/temporary target if above changes are not sufficient to mitigate
1035 hypoglycemia risk.

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1043 **Appendix D: General guidance on the management of hypoglycemia**

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- 1045 • Follows the guidance provided in the Appendix A-C to adjust HCL settings during drug
1046 up titration to minimize the risk for hypoglycemia.
- 1047 • Each subject must have glucagon product with them as a part of the standards of diabetes
1048 care. Subject and their caregiver (if any) must be trained on the use of glucagon product.
- 1049 • Subject should be advised to follow treatment for hypoglycemia. if glucose <70 mg/dL,
1050 take 15 grams of carbs (or less as HCL may have insulin suspension for anticipated
1051 hypoglycemia) and repeat glucose after 15 minutes till glucose is >70 mg/dL
- 1052 • If patient experience severe hypoglycemia, it should be reported as AE or SAE (if criteria
1053 for SAE are met). HCL setting should be adjusted to prevent another episode of
1054 hypoglycemia

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Appendix E: Guidance on the checking for ketones

Study Participant Instruction Sheet

All patients must have a ketone meter

WHEN TO CHECK FOR KETONES	FOR DEVICE ISSUES
<ul style="list-style-type: none">• Nausea/vomiting and unable to keep the fluids down for more than 1 hour• Temperature >101.5° F or 38.6° C• If you are going to the hospital for any reason• If you are sick for any reasons• Blood sugar >250 mg/dL for more than 2 hours or >400 mg/dL at any point	<p>Device issues can cause high blood sugar. Contact the device customer call to resolve any issues such as pump or CGM failure. [For sites] Add Customer care number for Medtronic, Tandem, Dexcom, Insulet here</p>

ELEVATED KETONES

- If Ketones <0.6 mmol/L, treat high blood sugar as you would normally treat.
- If ketones 0.6-0.9 mmol/L: make sure that infusion site is in place. Change infusion site if blood sugar is >250 mg/dL for more than 2 hours . You may give insulin injection by insulin syringe or insulin pen till blood sugar is <180 (keep the pump off and restart once sugar is <180)
- Drink fluids liberally as much as you can
- Ketones: 1-1.5 mmol/L and if you are able to keep fluids down, please follow the principles listed above.
- Ketones >1.5 mmol/L: call your study staff or go to emergency room if you are not able to keep fluids down and dehydrated.

CONTACT STUDY STAFF IF YOU HAVE ANY QUESTION:

CONTACT INFORMATION FOR YOUR STUDY TEAM:
Name: _____
Phone #: _____

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