

Clinical study to evaluate the effects and safety of a cosmetic product in participants with telogen effluvium and androgenic alopecia

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Study synopsis

The study was aimed to assess the efficacy of a cosmetic product (shampoo) in reducing the visible signs of hair loss in subjects with telogen effluvium and androgenetic alopecia. In order to reach this goal, a prospective, observational study was carried out on 40 healthy female and male subjects between 18 and 65 years old, with hair loss due to telogen effluvium and androgenetic alopecia.

Specific efficacy assessments were carried out before and after 1 month and 3 months of product use. The occurrence of adverse events was also recorded. The study was approved by an independent ethics committee, and no protocol amendments were done after the approval.