

ISOMETRIC CORE MUSCLE ENDURANCE IN HEALTHY ACTIVE AND NON- ACTIVE
WORKING AGE POPULATIONS
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Research Participant Consent Form

Title of Project: "Are there any differences in isometric core muscle endurance between old and young working-age populations with and without lower back pain?"

Ethics Ref No:

Name of Researcher:

(Delete as appropriate)

- | | | | |
|--|------------|-----------|-----------|
| <input type="checkbox"/> I confirm that I have read and understood the participant information sheet for the above study and what my contribution will be. | Yes | No | |
| <input type="checkbox"/> I have been given the opportunity to ask questions (face to face, via telephone and e-mail) | Yes | No | |
| <input type="checkbox"/> I agree to take part in the study | Yes | No | NA |
| | | | |
| <input type="checkbox"/> I understand that my participation is voluntary and that I can withdraw from the research at any time without giving any reason . If I decide to withdraw, the data I have given up to this point will remain part of the study, unless I ask for this to be removed in which case no data will be used. | Yes | No | |
| <input type="checkbox"/> I understand how the researcher will use my responses, who will see them and how the data will be stored. | Yes | No | |
| <input type="checkbox"/> I agree to take part in the above study | Yes | No | |

Name of participant

Signature

Date

Name of researcher
taking consent

Contact information of researcher

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