

# PAD - Ultrasonic Peripheral Perfusion Imaging

NCT04755335

November 4, 2024



Name and Clinic Number

Approval Date: November 6, 2024  
Not to be used after: February 25, 2025

## RESEARCH PARTICIPANT CONSENT AND PRIVACY AUTHORIZATION FORM

**Study Title:** PAD - Ultrasound Perfusion Imaging (Control Arm)

**IRB#:** 19-002559

**Principal Investigator:** Azra Alizad and Colleagues and Colleagues

### Key Study Information

This section provides a brief summary of the study. It is important for you to understand why the research is being done and what it will involve before you decide. **Please take the time to read the entire consent form carefully and talk to a member of the research team before making your decision.** You should not sign this form if you have any questions that have not been answered.

<b>It's Your Choice</b>	This is a research study. Being in this research study is your choice; you do not have to participate. If you decide to join, you can still stop at any time. You should only participate if you want to do so. You will not lose any services, benefits or rights you would normally have if you choose not to take part.
<b>Research Purpose</b>	The purpose of this research is to test the effectiveness of a new ultrasound method to check the blood circulation in your leg/legs. You have been asked to take part in this research because you are a healthy individual and volunteered to have an ultrasound test taken from your leg to be used as control.
<b>What's Involved</b>	Study participation involves an ultrasound test on your leg(s). We will use a research ultrasound machine that is not FDA approved but it meets FDA safety standards. The actual ultrasound test lasts only a few seconds. The ultrasound test will be done on 3 different locations of one leg. The whole test, including the machine set up, will take about 10-15 minutes.
<b>Key Information</b>	The risks associated with this research study are not beyond the normal risk of clinical ultrasound and should not cause you any discomfort. Ultrasound at the intensity levels and duration used in this study has not been shown to present risk to humans.



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	<p>There is no cost to you for any tests and procedures which are done only for this research study.</p> <p>The benefits, which may reasonably be expected, are potential benefits that patients in the future may receive as a result of information gathered in this research study. This study is not designed to change the health care you receive.</p>
<b>Learn More</b>	If you are interested in learning more about this study, read the rest of this form carefully. The information in this form will help you decide if you want to participate in this research or not. A member of our research team will talk with you about taking part in this study before you sign this form. If you have questions at any time, please ask us.

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### Making Your Decision

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Taking part in research is your decision. Take your time to decide. Feel free to discuss the study with your family, friends, and healthcare provider before you make your decision. Taking part in this study is completely voluntary and you do not have to participate.

If you decide to take part in this research study, you will sign this consent form to show that you want to take part. We will give you either a printed or electronic copy of this form to keep.

For purposes of this form, Mayo Clinic refers to Mayo Clinic in Arizona, Florida and Rochester, Minnesota; Mayo Clinic Health System; and all owned and affiliated clinics, hospitals, and entities.



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### Contact Information

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If you have questions about ...	You can contact ...
<ul style="list-style-type: none"><li>▪ Study tests and procedures</li><li>▪ Materials you receive</li><li>▪ Research-related appointments</li><li>▪ Research-related concern or complaint</li><li>▪ Research-related injuries or emergencies</li><li>▪ Withdrawing from the research study</li></ul>	<p><b>Principal Investigator):</b> Azra Alizad, MD <b>Phone:</b> (507) 284-2511</p> <p><b>Study Team Contact:</b> Fatima Zohra <b>Phone:</b> 507-422-5069</p> <p><b>Institution Name and Address:</b> Mayo Clinic 200 1<sup>st</sup> Street SW Rochester, MN 55905</p>
<ul style="list-style-type: none"><li>▪ Rights of a research participant</li></ul>	<p><b>Mayo Clinic Institutional Review Board (IRB)</b> <b>Phone:</b> (507) 266-4000</p> <p><b>Toll-Free:</b> (866) 273-4681</p>
<ul style="list-style-type: none"><li>▪ Rights of a research participant</li><li>▪ Any research-related concern or complaint</li><li>▪ Use of your Protected Health Information</li><li>▪ Stopping your authorization to use your Protected Health Information</li><li>▪ Withdrawing from the research study</li></ul>	<p><b>Research Participant Advocate (RPA)</b> <b>(The RPA is independent of the Study Team)</b> <b>Phone:</b> (507) 266-9372 <b>Toll-Free:</b> (866) 273-4681</p> <p><b>E-mail:</b> <a href="mailto:researchparticipantadvocate@mayo.edu">researchparticipantadvocate@mayo.edu</a></p>
<ul style="list-style-type: none"><li>▪ Billing or insurance related to this research study</li></ul>	<p><b>Patient Account Services</b></p> <p><b>Toll-Free:</b> (844) 217-9591</p>



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### **Why are you being asked to take part in this research study?**

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You have been asked to take part in this research because you are a healthy individual and volunteered to have an ultrasound test taken from your leg to be used as control.

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### **Why is this research study being done?**

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You have been asked to take part in this research because you are a healthy individual and volunteered to have an ultrasound test taken from your leg to be used as control.

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### **Information you should know**

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#### **Who is Funding the Study?**

The National Institute of Health (NIH) is funding the study and will pay the institution to cover costs related to running the study.

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### **How long will you be in this research study?**

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The study ultrasound will last approximately 20 minutes.

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### **What will happen to you while you are in this research study?**

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If you agree to be in the study, you will be asked to have an ultrasound of your leg.

We will perform a test with inflation of blood pressure cuff. We can do the imaging before and after a rapid inflation BP cuff around your upper thigh during supine rest and after 5 min of thigh-cuff, occlusion at a pressure of not more than 180 mm HG, or at a tolerable pressure. The



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ultrasound transducer will be secured to your leg using foam holder. A set of pictures will be taken of your leg before and after inflation.

You may be asked to perform 25 controlled plantar flexion exercise or up to 30 seconds plantar flexions in a supine position during the cuff inflation and we will do ultrasound imaging before and after the cuff inflation/ deflation. This part of study may take about 15 min.

The results of this research ultrasound will not be included in your medical record and will not change the clinical decision. Study tests done only for research purposes are not meant to provide clinical information or help care for you. The results are only important for research. Therefore, the results of tests done with your information and samples will not be provided to you. In the rare event that a finding might affect the health of you or your family, we will contact you and you can choose whether to receive or refuse the information. If you decide to follow up and further medical testing or care is needed, the costs for the clinical testing will be billed to you or your insurance.

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### **What are the possible risks or discomforts from being in this research study?**

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The risks associated with this research study are not beyond the normal risk of conventional ultrasound and should not cause you any discomfort. Ultrasound at the intensity levels and duration used in this study has not been shown to present risk to humans.

As with all research, there is a chance that confidentiality could be compromised; however, we take precautions to minimize this risk.

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### **Are there reasons you might leave this research study early?**

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You may decide to stop at any time. You should tell the Principal Investigator if you decide to stop and you will be advised whether any additional tests may need to be done for your safety.



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In addition, the Principal Investigator or Mayo Clinic may stop you from taking part in this study at any time:

- if it is in your best interest,
- if you don't follow the study procedures,
- if the study is stopped.

If you leave this research study early, or are withdrawn from the study, no more information about you will be collected; however, information already collected about you in the study may continue to be used.

We will tell you about any new information that may affect your willingness to stay in the research study.

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### **What if you are injured from your participation in this research study?**

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#### **Where to get help:**

If you think you have suffered a research-related injury, you should promptly notify the Principal Investigator listed in the Contact Information at the beginning of this form. Mayo Clinic will offer care for research-related injuries, including first aid, emergency treatment and follow-up care as needed.

#### **Who will pay for the treatment of research related injuries?**

Care for such research-related injuries will be billed in the ordinary manner, to you or your insurance. Treatment costs for research-related injuries not covered by your insurance will be paid by Mayo Clinic.

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### **What are the possible benefits from being in this research study?**

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You won't benefit from taking part in this research study. It is for the benefit of research.



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**What alternative do you have if you choose not to participate in this research study?**

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This study is being done to gather information. You may choose not to take part in this study.

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**What tests or procedures will you need to pay for if you take part in this research study?**

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You won't need to pay for tests and procedures which are done just for this research study. These tests and procedures are:

- Investigational ultrasound imaging of your leg

However, you and/or your insurance will need to pay for all other tests and procedures that you would have as part of your clinical care, including co-payments and deductibles.

**If you have billing or insurance questions call Patient Account Services at the telephone number provided in the Contact Information section of this form.**

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**Will you be paid for taking part in this research study?**

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You will receive \$50 remuneration for participating.

Payment for participation in research is considered taxable income and reportable to the Internal Revenue Service (IRS). Accounts Payable at Mayo Clinic will be given your name, address and Social Security number in order to issue a check for your study participation. If you receive research payments totaling \$600 or more in a calendar year, a tax Form 1099 will be sent to you. For Mayo Clinic employees, research payments are included in your paycheck with applicable taxes withheld and reported on your Form W2 after calendar year-end.



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### **Will your information or samples be used for future research?**

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Your information collected for this study will not be used or shared for future research studies even if the identifiable information such as your name, Mayo Clinic number or date of birth is removed.

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### **How will your privacy and the confidentiality of your records be protected?**

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Mayo Clinic is committed to protecting the confidentiality of information obtained about you in connection with this research study. All subjects' data from our experiment will be collected in digital form on our secure password protected server. All data will be stripped of subjects' identity for subject privacy. We will set a code or identifier for each subject. Only our study coordinator and principal radiologist have access to identifiable data.

The guidelines established by the Mayo Clinic Department of Health Sciences Research for the handling and storage of research data will be followed. The data will be made anonymous and the subjects' privacy protected in that manner. Additionally, data will be collected for research purposes only.

During this research, information about your health will be collected. Under Federal law called the Privacy Rule, health information is private. However, there are exceptions to this rule, and you should know who may be able to see, use and share your health information for research and why they may need to do so. Information about you and your health cannot be used in this research study without your written permission. If you sign this form, it will provide that permission (or "authorization") to Mayo Clinic.

#### **Your health information may be collected from:**

- Past, present and future medical records.
- Research procedures, including research office visits, tests, interviews and questionnaires.

#### **Your health information will be used and/or given to others to:**

- Do the research.
- Report the results.



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- See if the research was conducted following the approved study plan, and applicable rules and regulations.

**Your health information may be used and shared with:**

- Mayo Clinic research staff involved in this study.
- Researchers involved in this study at other institutions.
- The sponsor(s) of this study and the people or groups hired by the sponsor(s) to help perform this research.
- The Mayo Clinic Institutional Review Board that oversees the research.
- Federal and State agencies (such as the Food and Drug Administration, the Department of Health and Human Services, the National Institutes of Health and other United States agencies) or government agencies in other countries that oversee or review research.

**How your information may be shared with others:**

While taking part in this study, you will be assigned a code that is unique to you, but does not include information that directly identifies you. This code will be used if your study information is sent outside of Mayo Clinic. The groups or individuals who receive your coded information will use it only for the purposes described in this consent form.

If the results of this study are made public (for example, through scientific meetings, reports or media), information that identifies you will not be used.

In addition, individuals involved in study oversight and not employed by Mayo Clinic may be allowed to review your health information included in past, present, and future medical and/or research records. This review may be done on-site at Mayo Clinic or remotely (from an off-site location). These records contain information that directly identifies you. However, the individuals will not be allowed to record, print, or copy (using paper, digital, photographic or other methods), or remove your identifying information from Mayo Clinic.

**Is your health information protected after it has been shared with others?**

Mayo Clinic asks anyone who receives your health information from us to protect your privacy; however, once your information is shared outside Mayo Clinic, we cannot promise that it will remain private and it may no longer be protected by the Privacy Rule.



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### Your Rights and Permissions

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Participation in this study is completely voluntary. You have the right not to participate at all. Even if you decide to be part of the study now, you may change your mind and stop at any time. You do not have to sign this form, but if you do not, you cannot take part in this research study.

Deciding not to participate or choosing to leave the study will not result in any penalty. Saying 'no' will not harm your relationship with your own doctors or with Mayo Clinic.

If you cancel your permission for Mayo Clinic to use or share your health information, your participation in this study will end and no more information about you will be collected; however, information already collected about you in the study may continue to be used.

You can cancel your permission for Mayo Clinic to use or share your health information at any time by sending a letter to the address below:

Mayo Clinic  
Office for Human Research Protection  
ATTN: Notice of Revocation of Authorization  
201 Building 4-60  
200 1st Street SW  
Rochester, MN 55905

Alternatively, you may cancel your permission by emailing the Mayo Clinic Research Participant Advocate at: [researchsubjectadvocate@mayo.edu](mailto:researchsubjectadvocate@mayo.edu).

Please be sure to include in your letter or email:

- The name of the Principal Investigator,
- The study IRB number and /or study name, and
- Your contact information.

Your permission for Mayo Clinic to use and share your health information lasts until the end of this study, unless you cancel it. The study does not end until all data has been collected, checked (or audited), analyzed, and reported. Because research is an ongoing process, we cannot give you an exact date when the study will end. Sometimes this can be years after your study visits and/or activities have ended.



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## Enrollment and Permission Signatures

**Your signature documents your permission to take part in this research.**

Printed Name

Date (mm/dd/yyyy)

Time (hh:mm am/pm)

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**Signature**

## Person Obtaining Consent

- I have explained the research study to the participant.
- I have answered all questions about this research study to the best of my ability.

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Printed Name

Date (mm/dd/yyyy)

Time (hh:mm am/pm)

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**Signature**