



T.C.
GAZI UNIVERSITY RECTORATE
Ethics Committee

Number :E-77082166-604.01.02-487579
Subject :Evaluation and Approval

19.10.2022

Dear Assoc. Prof. Dr. Zait Burak AKTUĞ
Nigde Ömer Halisdemir University
Faculty of Sports Sciences

The research proposal titled *"The Effects of Low-Intensity Cycling Exercises Combined with the Blood Flow Restriction Method on MaxVO₂, Muscle Strength, and Muscle Thickness,"* submitted by the research group consisting of Zait Burak AKTUĞ, Serkan İBİŞ, Cengiz AKARÇEŞME, Hasan AKA, Bökebatur Ahmet Raşit MENDİ, Necdet Eray PİŞKİN, and Gönül YAVUZ, was reviewed during our Committee's meeting No. 16 held on 04.10.2022.

It was unanimously decided that there is no ethical objection to conducting your study, provided that the necessary permissions are obtained from the institutions where the research is to be conducted. The signature list related to this decision is attached.

Sincerely,

Research Code No: 2022 - 961

Prof. Dr. Fazlı POLAT
Vice Rektor

Attachment: 1 List

This document has been signed with a secure electronic signature.
Document Verification Code: BSCEFUUBH2

Adress: <https://www.turkiye.gov.tr/gazi-universitesi-ebys>



Emniyet Neighborhood, Bandırma Street No :6/1 06560 Yenimahalle/ANKARA
Phone Number:0 (312) 202 20 57 - 0 (312) 2... Fax:0 (312) 202 38 76
İnternet Adress :<http://etikkomisyon.gazi.edu.tr/>
Cap Adresi: gaziuniversitesi@bs01.kep.tr

For information:Ayfer Çekmez
General Documents Officer
Phone Number:202 38 81



GAZI UNIVERSITY ETHICS COMMITTEE PARTICIPANT LIST	
MEETING DATE : 04.10.2022	
MEETING NUMBER: 16	
NAME- SURNAME	SIGNATURE
Prof. Dr. İsmail KARAKAYA MODERATOR	
Prof. Dr. C. Haluk BODUR	
Prof. Dr. Seil ÖZKAN	
Prof. Dr. Cevriye TEMEL GENCER	
Prof. Dr. İsmet YÜKSEL	
Prof. Dr. Aymelek GÖNENÇ	
Prof. Dr. Gülay BAYRAMOĞLU	
Prof. Dr. Makbule GEZMEN KARADAĞ	
Prof. Dr. Zehra GÖÇMEN BAYKARA	
Prof. Dr. İlyas OKUR	
Prof. Dr. Nihan KAFA	
Assoc. Prof. Melek Gülşah ŞAHİN	