



**T.C.
GAZI UNIVERSITY RECTORATE
Ethics Committee**

Number :E-77082166-604.01.02-487579
Subject :Evaluation and Approval

19.10.2022

**Dear Assoc. Prof. Dr. Zait Burak AKTUĞ
Nigde Ömer Halisdemir University
Faculty of Sports Sciences**

The research proposal titled "*The Effects of Low-Intensity Cycling Exercises Combined with the Blood Flow Restriction Method on MaxVO₂, Muscle Strength, and Muscle Thickness,*" submitted by the research group consisting of Zait Burak AKTUĞ, Serkan İBİŞ, Cengiz AKARÇEŞME, Hasan AKA, Bökebatur Ahmet Raşit MENDİ, Necdet Eray PİŞKİN, and Gönül YAVUZ, was reviewed during our Committee's meeting No. 16 held on 04.10.2022.

It was unanimously decided that there is no ethical objection to conducting your study, provided that the necessary permissions are obtained from the institutions where the research is to be conducted. The signature list related to this decision is attached.

Sincerely,

Research Code No: 2022 - 961

**Prof. Dr. Fazlı POLAT
Vice Rektor**

Attachment: 1 List

This document has been signed with a secure electronic signature.

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GAZI UNIVERSITY
ETHICS COMMITE PARTICIPANT LIST

MEETING DATE : 04.10.2022

MEETING NUMBER: 16

| NAME– SURNAME | SIGNATURE |
|--|-----------|
| Prof. Dr. İsmail KARAKAYA MODERATOR | |
| Prof. Dr. C. Haluk BODUR | |
| Prof. Dr. Seçil ÖZKAN | |
| Prof. Dr. Cevriye TEMEL GENCER | |
| Prof. Dr. İsmet YÜKSEL | |
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| Prof. Dr. Nihan KAFA | |
| Assoc. Prof. Melek Gülsah ŞAHİN | |