T.C.
GAZI UNIVERSITY RECTORATE
Ethics Committee

Number :E-77082166-604.01.02-487579   19.10.2022
Subject :Evaluation and Approval

Dear Assoc. Prof. Dr. Zait Burak AKTUĞ
Nigde Ömer Halisdemir University
Faculty of Sports Sciences

The research proposal titled *"The Effects of Low-Intensity Cycling Exercises Combined with the Blood Flow Restriction Method on MaxVO$_2$, Muscle Strength, and Muscle Thickness,"* submitted by the research group consisting of Zait Burak AKTUĞ, Serkan İBİŞ, Cengiz AKARÇEŞME, Hasan AKA, Bökebatur Ahmet Raşit MENDİ, Necdet Eray PİŞKİN, and Gönül YAVUZ, was reviewed during our Committee's meeting No. 16 held on 04.10.2022.

It was unanimously decided that there is no ethical objection to conducting your study, provided that the necessary permissions are obtained from the institutions where the research is to be conducted. The signature list related to this decision is attached.

Sincerely,

Research Code No: 2022 - 961

Prof. Dr. Fazlı POLAT
Vice Rektor

Attachment: 1 List

Document Date and Number 19.10.2022-E.487579

GAZI UNIVERSITY
ETHICS COMMITE PARTICIPANT LIST

MEETING DATE : 04.10.2022   **MEETING NUMBER: 16**

NAME– SURNAME	SIGNATURE
Prof. Dr. İsmail KARAKAYA **MODERATOR**	
Prof. Dr. C. Haluk BODUR	
Prof. Dr. Seçil ÖZKAN	
Prof. Dr. Cevriye TEMEL GENCER	
Prof. Dr. İsmet YÜKSEL	
Prof. Dr. Aymelek GÖNENÇ	
Prof. Dr. Gülay BAYRAMOĞLU	
Prof. Dr. Makbule GEZMEN KARADAĞ	
Prof. Dr. Zehra GÖÇMEN BAYKARA	
Prof. Dr. İlyas OKUR	
Prof. Dr. Nihan KAFA	
Assoc. Prof. Melek Gülşah ŞAHİN	