

Brief Title: Parenting Support for Justice Involved Families
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INFORMATION ABOUT A UNIVERSITY OF WASHINGTON RESEARCH STUDY

Justice Involved Families Parenting Support Study

What is this study about?

We are asking you to be in this study because you have shown interest taking our parenting course. We want to know if this course helps parents and children. Our goal is to see if our course helps parents learn to support their children's positive social and emotional development.

What will you be asked to do?

We will ask you to be part of a parenting course and complete 3 surveys. You would be part of the study for about 6 months.

Classes:

We will ask you to attend a parenting course. You can participate in the parenting course without participating in this study. The course includes 6 group classes.

- All of these classes will take place either in person or in online zoom calls. There are also video lessons that you can watch in between sessions.
- The group classes are 1.5 hours long.
- Video lessons will be 5 to 15 minutes long. There will be about 3 videos each week. These are available if you miss a class.
- You might also meet one-on-one with a group leader 2 times. This is optional. The meetings would be about 15 minutes long.
- After the last class, we ask you to fill out a survey so you can rate your satisfaction with the classes. This will take you about 5 minutes.

The topics in the parenting course include:

- How to manage stress and emotional reactions.
- How to support your children when they are learning something new.
- How to help children deal with challenging emotions and situations.
- Encouraging behaviors that are expected in the classroom.

Surveys:

There are no right or wrong answers on the survey questions we will ask you. The surveys will help us see how the program works. There will be 3 surveys.

- You will complete a survey before the classes start. Then you will complete another one right after the parenting classes end. The third survey will be about 10-12 weeks later.
- Each survey will take about 25-30 minutes.

In the survey, we will have you answer some questions online. The questions will be about your family, your child's behavior and your parenting.

- Each questionnaire will take about 25-30 minutes to complete.
- Some questions are about you. For example, your age, your work, your family's living situation, and your income.
- We will also ask questions about anxiety and depression, your parenting, and child's feelings and behavior.
- Some of the more sensitive questions we ask include things like "Over the last 2 weeks, how often have you been bothered by ^T_{SEP} feeling bad about yourself — or that you are a failure or have let yourself or your family down?", "Has your child bullied or threatened others?" and "Have you made your child feel s/he was not loved?"
- You are free to not answer any questions you do not want to answer.
- Some of the questions might not apply to your child.

If we are missing some information from your family, we might call you to obtain that information.

☐ I understand the study procedures.

Why might you want, or not want, to participate?

You might want to participate if you are interested in learning new parenting skills.

You may feel uncomfortable answering some of the questions in the surveys. We will keep your information confidential. But you might not want to participate if you are worried about someone accidentally finding out your answers to our questions. You can refuse to answer any specific questions, and you can stop the session at any time.

If you tell us that you or your child are thinking about harming yourself, we will take steps to protect you or your child. This might include providing you with referrals for services or counselors. We might have to tell others so you or your child can get help. If we learn of child abuse or neglect, including sexual abuse, we will report that to the authorities.

☐ I understand I might be uncomfortable answering questions, and I can skip any questions or sections I do not want to answer.

How will we protect the information you provide?

We will protect your confidentiality. We will store your name and other identifiable information separate from the study data. We will assign your family a code number. We will label your responses with the code number instead of your name. We will store your records in a secure location. Your name will not be on the written record of your responses. We will destroy the link between your name and the research data after the records retention period required by state and/or federal law.

We will not share your information with your child's teacher or school.

You might worry about other parents in the group knowing about the information you share in the class. We will remind all parents that what parents share in the group is private. We will ask everyone to keep whatever is shared in group private.

Access to your identifying information will be limited to certain members of the study team and any individuals from the UW, National Institutes of Health (NIH), or other agencies that may need to audit study records. When we publish the results of this study, we will not use your name. If we learn you intend to harm yourself or others, we must report that to the appropriate authorities.

☐ I understand that my responses to the questionnaires are kept confidential or private.

The information that we obtain from you for this study might be used for future studies. We may remove anything that might identify you from the information. If we do so, the information may then be used for future research studies or given to another investigator without getting additional permission from you. It is also possible that in the future we may want to use or share study information that might identify you. If we do, a review board will decide whether or not we need to get additional permission from you.

We have a Certificate of Confidentiality from the U.S. federal National Institutes of Health. This allows us to protect identifiable research information from legal proceedings or in response to a legal request unless you give us permission to release it. You or a member of your family can share information about yourself or your part in this research if you wish.

There are some limits to this protection, including reporting things like child or elder abuse, monitoring by the agencies conducting the research, and others as listed elsewhere in this consent form.

The Certificate expires when the NIH funding for this study ends. Currently this is February 28, 2025. Any data collected after expiration is not protected as described above. Data collected prior to expiration will continue to be protected.

Will you get to know your research results?

We will not be looking at your individual responses to the surveys. We will combine the information from all of the families. Because of this, we will not give you feedback about you or your child. If you have specific questions about the study or about your family, you can call Dr. Lengua, whose number is listed below.

Other information about this study.

We will pay you for each session you complete. We will give you a \$10 gift card for participating in each of the 6 parenting classes. We will send an email with a link to an electronic gift card within 3 days after each class. We will give you a \$50 gift card for completing the first 2 surveys. We will give you a \$75 gift card for completing the 3rd survey. The total possible payment is \$235. We will send you an email with a link to the gift cards within 3 days after completing each survey.

Being in this study is voluntary. This means that you can refuse to sign up. It also means that if you do sign up, you can decide to stop being in the study at any time without penalty. You can participate in the parenting course without participating in this study. KCCPTS staff and your community corrections officer will not know that you are participating in this study.

If you go back to jail or prison, your participation in the study will be put on hold because you cannot participate in the parenting course or the study while incarcerated. You will be able to continue participating in the study when you are released.

If you have been injured or otherwise harmed by participating in this study, contact Dr. Liliana Lengua at liliana@uw.edu, 206-543-5655.

The study team has funding from the National Institutes of Health for this study.

A description of this clinical trial will be available on <https://clinicaltrials.gov>, as required by U.S. Law. This Web site will not include information that can identify you. At most, the Web site will include a summary of the results. You can search this Web site at any time.

What can you do if you want more information?

Talk to the study team. We are here to help you understand the study. Please ask us any questions you may have, even about things that are not in this document. It is our responsibility to give you the information you need to make a decision and to give you time to think about whether or not you want to sign up. You can contact Dr. Liliana Lengua at liliana@uw.edu, 206-543-5655.

Talk to someone else. If you want to talk about the study with someone who is not part of the study team, talk about your rights as a research subject, or to report problems or complaints about the study, contact the UW Human Subjects Division at (206) 543-0098, hsdinfo@uw.edu.

Subject's statement

By checking the box below, I confirm that the study has been explained to me. I volunteer to participate in this research. I have had a chance to ask questions. If I have questions later about the research or feel I have been harmed by participating in the study, I can contact [someone](#) as explained above.

☐ I have read this consent form, and I agree to participate in this study.