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Official Title: Comparing the Efficacy of Dietary Strategies in Managing Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD): a Randomized Controlled Trial.

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INFORMED CONSENT FORM

Title: Comparing the Efficacy of Dietary Strategies in Managing Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD): a Randomized Controlled Trial.

Version 1.0, August 20, 2021.

Protocol Code: Dieta_NAFLD

Sponsor: Department of Medical Sciences, University of Torino
Sponsor Contact: Prof. Simona Bo
Investigative Site: Gastroenterology Unit, A.O.U. Città della Salute e della Scienza di Torino
Principal Investigator: Prof. Elisabetta Bugianesi
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I, the undersigned _____

Born in _____ on _____

Participant's Statement

I have received detailed and comprehensible explanations regarding the proposed study.
I have read and understood all the information contained in the information sheet.
I have had the opportunity to speak with the physician and to ask all the necessary questions.
I am satisfied with the answers I have received.
I have had sufficient time to consider the invitation and make my decision.
I understand that I may withdraw my consent at any time (either verbally or in writing), without providing any justification and without any impact on my usual medical care.

I have received a copy of the study information sheet, the informed consent form, and the information and consent form regarding the processing of personal data. The originals are kept at the study center.

I have received the information sheet to be transmitted to my primary care physician.

- ☐ ***I hereby voluntarily agree to participate in the above-mentioned study.***
☐ ***I consent to the collection of biological samples for the purposes and according to the procedures described in the study.***

Date Participant's signature

Date Signature of the physician providing information

Date Signature of the participant's legal representative/guardian
(only in case of patient's inability)