

Cognitive Performance and Mood After Ingestion of Dietary Supplement by University Students

March 3, 2023

INFORMED CONSENT STATEMENT

Dear student,

Based on the study on C Cognitive Performance and Mood After Ingestion of Dietary Supplement by University Students, as principal investigator, I request your participation in this study.

The data collected in these questionnaires will be used solely for research purposes and will be processed in accordance with current legislation, namely the General Data Protection Regulation. Therefore, the data collected will be processed and stored with strict confidentiality and security measures. If you have any questions or require further clarification, please contact me by email at: rui.linhares@ipsn.cespu.pt.

I appreciate your participation and collaboration in completing the following questionnaires, which will take approximately 10 minutes.

Having read and understood the objectives and conditions of participation in this research, I feel informed and agree to participate in this study on a voluntary basis, authorizing the use of the data exclusively for research purposes under the conditions previously presented. I also undertake to take the dietary supplement daily, as defined in the study.

☐ I agree to participate

☐ I do not agree to participate

____/____/____