



Participant Consent Form



Pain Management Research Project

Title of Research

How do self-compassion and psychological flexibility mediate change in a Compassion-Focused Therapy group for chronic pain?

Research Summary

This research aims to study how Compassion-Focused Therapy in a Pain Management Programme might work for people with chronic pain by looking into the psychological processes through which change occurs.

	Please initial
I have read and understood the Participant Information Sheet (v2 25/01/18) for the above study and have had the opportunity to consider the information and ask questions.	
I understand that my participation is voluntary and I am free to withdraw at any time, without giving a reason, without my medical care being affected.	
I understand that the treatment I receive will be unaffected by participating in the above study.	
I understand that my anonymised data will form part of a doctoral thesis, and may also be included in journal articles or academic conferences.	
I understand that relevant sections of my medical notes and data collected during the study may be looked at by individuals from the regulatory authorities and from the Sponsors (NHS Lothian and the University of Edinburgh) or from the/other NHS Board(s) where it is relevant to my	

taking part in this research. I give permission for those individuals to have access to my records.	
I agree to take part in the above study.	

Participant's name (Printed)

Participant's signature

Date

Person taking consent (Printed)

Signature of person taking consent

Date

Original (x1) to be retained in site file. Copy (x1) to be included in patient notes. Copy (x1) to be retained by the participant.