

# **Effects of Abdominal Drawing-In Maneuver with Cross-Pattern limb Exercises on Pain, Disability, and Range of Motion in Shoulder Impingement Syndrome.**

**Submitted by**

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**IRB/FAHS/REHAB/10/25/MS/RS-3460**



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**The Superior University, Lahore**

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## **Consent form In English**

You are invited to participate in a research study conducted by Ishrat Fatima entitled **“Effects of Abdominal Drawing-In Maneuver with Cross-Pattern limb Exercises on Pain, Disability, and Range of Motion in Shoulder Impingement Syndrome”**

No risks and any sort of discomfort is associated with research. I will do everything to protect your privacy. Your identity will not be revealed in any publication resulting from this study. Participation in this research will let you to help us in concluding the importance of two physical therapy tools. Your participation in this research study is voluntary. You may choose not to participate and you may withdraw your consent to participate any time. You will not be penalized in any way should you decide not you participate or to withdraw from this study.

### **CONSENT**

**I have read this consent form and have been given the opportunity to ask questions. I give my consent to participate in this study.**

Participant's Signature \_\_\_\_\_

Date: 20-February-2026