INFORMED CONSENT FOR PARTICIPATION IN THE PRE- AND POST-TEST OF THE STUDY ON THE PROMOTION OF BREAST MILK DONATION

Project Code	: A21010491
Study Title	: Promotion of Breast Milk Donation in Breastfeeding Mothers Through a Mobile Health Intervention Utilizing an Innovative Technological Tool
Document Date	: April 1, 2024

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Purpose of the study:

You are being invited to participate in a study regarding a proposed technological tool for the promotion of breast milk donation among breastfeeding mothers. In Peru, 71% of preterm newborns (PN) die due to various complications during their recovery. Breastfeeding in preterm newborns is often interrupted, necessitating donated human milk (HM). Human Milk Banks (HMB) serve as allies in reducing mortality among preterm newborns. However, the number of donors is insufficient to meet the demand. As a solution, the development of an innovative technological tool is proposed to foster a culture of HM donation.

Procedures:

If you decide to participate in this study, the following will take place:

1. A questionnaire on sociodemographic characteristics will be administered.

2. A questionnaire on knowledge, attitudes, and practices (KAP) regarding breast milk donation will be administered before and after the intervention with the application.

3. Randomly, some participants will receive the application for the promotion of breastfeeding and breast milk donation for 60 days (2 months).

4. Once the intervention is completed, a satisfaction questionnaire will be administered.

5. At the end of the study, you will have free access to the developed application for a period of 60 days.

Risks:

There is no risk to your health during the course of this study.

Benefits:

You will benefit from nutritional information regarding breastfeeding and breast milk donation.

Costs and compensation:

There is no cost for participating in this study. Likewise, you will not receive any financial or other incentives.

Confidentiality:

We will store your information using codes instead of names. Your name and personal information will be kept in a separate file, which will be deleted once the study is completed. If the results of this research are published, no information that allows the identification of the individuals who participated in this study will be shown.

Future use of obtained information:

All information obtained during the conduct of this research will be used solely for the purposes of this study. Your personal and contact information (phone number) will NOT be shared with third parties during or after the study. The information collected through the questionnaires will be recorded in writing and subjected to analysis under strict confidentiality.

Participant rights:

If you decide to participate and provide us with your authorization to take part in this study, you may withdraw at any time, or choose not to participate in this part of the study without any penalty. If you have any further questions, please contact Adela Rosibel Alcedo Chavez at alcedochavezadela@gmail.com or Dayana Isolina Ovalle Vasquez at dayiso.250400@gmail.com. A copy of this informed consent will be provided to you.

DECLARATION AND/OR CONSENT

I voluntarily agree to participate in this study. I understand the activities in which I will participate if I choose to join the study; I also understand that I may decide not to participate and that I may withdraw from the study at any time without any type of harm or reprisal. To ensure the follow-up of the intervention and for coordination purposes, it is important that you provide us with your personal cell phone number.

I authorize the inclusion of my cell phone number in the participant registry YES ( ) NO ( )

First and last names: