

Athens, 1. 06. 2025

The effectiveness and efficacy of the combination of pharmacotherapy with the two new recovery-oriented programs, RECOVERTRSGR for patients with treatment- resistant schizophrenia and RECOVERYTRSDGR for patients with treatment- resistant bipolar disorder.

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Athens,18/06/2025

Informed consent to the research protocol

Dr. Stavroula Rakitzi, a clinical psychologist and cognitive behavioral psychotherapist, and Dr. Polyxeni Georgila, M.D., psychiatrist, will conduct research protocol regarding the effectiveness and efficacy of two newly developed programs, RECOVERYTRSGR for patients with treatment resistant schizophrenia and RECOVERYTRSDGR for patients with treatment resistant bipolar disorder. RECOVERYTRSGR will be compared with treatment as usual (TAU) and RECOVERYTRSDGR will be compared with treatment as usual (TAU). A randomization process after the baseline evaluation will be conducted in order to see which group you belong to.

These groups begin on 1.07. 2025 RECOVERYTRSGR has 190 sessions as well as the TAU group. RECOVERYTRSDGR has 140 sessions as well as the TAU group. Both therapies aim to improve symptoms, cognitive functions, functional outcomes and recovery

The test results will be used for statistical analysis to research the effectiveness and efficacy of the treatments. Results will be anonymous, and no personal data will be displayed from any individual participating in the groups. I will let you know about the results. My participation in these groups is voluntary. I certify that I have been informed of the above and that I agree with them.

Athens,

Name

Signature