

Official Title: Collaborative Care For Anxiety and Depression in Post-Traumatic Epilepsy

NCT05353452

IRB Approval Date: 02/24/2026

Department of Neurology

You might be able to join a study about a care plan for anxiety and depression in epilepsy (based on your previous answers). Learning about your eligibility will take about 5 minutes.

If you agree, someone might contact you or come to you during your neurology visit to explain the study, and ask more questions to see if you can participate.

Proceed/Continue

Opt-out

If proceed/continue selected:

If you meet the criteria, the study involves a virtual research visit to collect information about your seizures, medical history, mood, and quality of life. You will also answer similar questions at 3- and 6- months to see how you are doing. The study also involves either:

- Collaborative care: A care plan for anxiety and/or depression with one video visit and follow-up calls, plus neurology care. Collaborative care helps anxiety and depression in some medical conditions, but has not been tested in epilepsy clinics.

OR

- Usual care: Standard care from your neurologist, including visits, medications, and referrals or recommendations.

Participating in the study might not directly benefit you. The information learned could help others in the future.

Sharing your private information might be needed during this screening. Careful efforts will be made to keep your information safe. If we learn that you or someone is in danger, we are required to report it to the proper authorities.

You can choose whether to participate in the brief research screening. You will not lose any services, benefits, or rights if you choose not to participate.

Name: _____

Email: _____

Phone Number: _____

Preferred Time of Call: ☐ Morning ☐ Afternoon

If opt out selected:

If willing, please share your reason for opting out:
