

Impact of Beef on Metabolites and Inflammation

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### Statistical Analysis:

Analysis of blood markers and amino acids will be done in the latest version of R available at the time. Paired t-tests will be used to assess baseline anthropometrics between groups to identify any possible covariates to account for. Fasting blood markers and amino acids will also be assessed with paired t-tests to determine any baseline differences in participants that may impact the postprandial results. Net area under the curve (AUC) will be calculated in R for all postprandial markers. The AUC values from each condition will be compared via paired t-tests. Repeated measures ANOVA will be used to assess differences throughout the 4-hour time course for all postprandial markers.