

## Cover Page for Protocol

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**Novo Nordisk**

## Protocol

**Protocol title: Effect and safety of semaglutide 2.4 mg once-weekly on weight management in subjects with overweight or obesity**

**Substance name: semaglutide**

**Universal Trial Number: U1111-1212-2189**

**Trial phase: 3a**

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## Protocol amendment summary of changes table

DOCUMENT HISTORY		
Document version	Date	Applicable in countries
Protocol version 6.0	06 January 2021	For all countries
Protocol version 5.0	17 February 2020	For all countries
Original protocol version 4.0	16 December 2019	For all countries

### Protocol version 6.0 (06 January 2021)

#### Overall rationale for preparing protocol, version 6.0:

The rationale for preparing the protocol amendment is to correct information in for instance the flowchart (see all changes below) in order to avoid misunderstanding of the trial procedures. This amendment is considered non-substantial.

Section # and name	Description of change	Brief rationale
Synopsis	The layout of how inclusion criteria is changed (no changes to the actual inclusion criteria).	Clarification of previous presentation of inclusion criteria.
Section 2 Flowchart	Removal of “X”es in headers for “Body measurements”, “Vital Signs” and “Administration of trial product”.	Correction of mistake.
Section 2 Flowchart	Addition of “X”es for IWRS.	Correction of mistake.
Section 2 Flowchart	Reference to section 9.4.3, not 9.4.2, for “Vital Signs”.	Correction of mistake.
Section 2 Flowchart	“X” removed at V18 for PK diary.	Correction of mistake.
Section 2 Flowchart	Correction of “drink” to “liquid” in footnote f) specifying fasting at V19.	Correction of misleading phrasing.
Section 6.1 Inclusion criteria	The layout of how inclusion criteria is changed (no changes to the actual inclusion criteria).	Clarification of previous presentation of inclusion criteria.
Section 7.1.2 Diet and physical activity counselling	Precision of interval between counselling.	Clarification of previous statement.
Appendix 5 Contraceptive guidance and collection of pregnancy information	Precision of the definition of women of childbearing potential.	Update of protocol template text has occurred since last protocol version.
Appendix 10	Deletion of the China-specific exclusion criterion regarding females of childbearing potential.	To be aligned with ICH M3 and the uniform standard of a global trial.

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Attachment I Global list of key staff and relevant departments and suppliers

Attachment II Country list of key staff and relevant departments

# 1 Synopsis

## Rationale:

The prevalence of obesity has reached epidemic proportions in most countries around the world and the prevalence is still increasing at an alarming rate<sup>1-7</sup>. The medical and societal impacts are considerable and obesity is one of the most significant public health challenges worldwide<sup>1-7</sup>. In China, the prevalence of overweight and obesity is estimated to be 25.7% and 22.8%, and 5.0% and 5.5% for males and females, respectively, according to WHO criteria<sup>8</sup>. Obesity is associated with increased risk of a variety of comorbidities including hyperglycaemia, type 2 diabetes (T2D), hypertension, dyslipidaemia, obstructive sleep apnoea, atherosclerosis, osteoarthritis, urinary incontinence, non-alcoholic steatohepatitis, cardiovascular diseases, certain types of cancer and risk of early death<sup>9-20</sup>. Moreover, obesity adversely affects physical and mental health and reduces health related quality of life<sup>21,22</sup>. Obesity is also associated with decreased cardiorespiratory fitness, which also increases the risk of cardiovascular diseases and all-cause mortality<sup>23</sup>.

The risk of obesity-related complications and comorbidities increases with increasing body mass index (BMI), and a weight loss of 5-10% has significant health benefits in terms of slowing progression to T2D<sup>24-27</sup>. Furthermore, a weight loss of 5-10% improves many other obesity related comorbidities as well as physical symptoms and quality of life<sup>28-35</sup>. Finally, studies suggest a beneficial impact of weight loss on cardiovascular risk and mortality in both people with diabetes and obesity<sup>36-38</sup>.

People with T2D often have multiple unmet medical needs related to cardiovascular risks, including hypertension and dyslipidaemia. It has been consistently demonstrated that weight loss in people with T2D has a beneficial impact not only on glycaemic control, but also on other cardiovascular risk markers<sup>39</sup>.

The present 44-week trial is designed to compare the effect and safety of semaglutide s.c. 2.4 mg once weekly versus semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity in subjects with obesity or with overweight and weight-related comorbidities. The trial is a multiregional clinical trial (MRCT) including China and other countries. In the trial, subjects with obesity or overweight, and with and without T2D will be included. The subjects with T2D will be allowed to be treated with 0-3 oral anti diabetes drugs (OADs), but no insulin treatment is allowed.

## Objectives and endpoints

### Primary objective

To compare the effect of semaglutide s.c. 2.4 mg once-weekly versus semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity in subjects with overweight or obesity with and without T2D on body weight.



## Key secondary objectives

To compare the effect of semaglutide s.c. 2.4 mg once-weekly versus semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity in subjects with overweight or obesity with and without T2D on:

- Cardiovascular risk factors
- Clinical Outcome Assessments (COAs)
- Glucose metabolism

To compare the safety and tolerability of semaglutide s.c. 2.4 mg once-weekly versus semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity in subjects with overweight or obesity with and without T2D.

## Primary estimand

The estimand will quantify the average treatment effect of semaglutide relative to semaglutide placebo after 44 weeks, as an adjunct to a reduced-calorie diet and increased physical activity, in all randomised subjects regardless of adherence to treatment and regardless of starting rescue interventions (weight management drugs or bariatric surgery) (“treatment policy” estimand). The estimand will cover all effect-related objectives.

## Primary endpoint

The primary endpoints addressing the primary objective:

- Change from baseline at week 0 to week 44 in body weight (%)
- Subjects who after 44 weeks achieve (yes/no):
  - Body weight reduction  $\geq 5\%$  from baseline at week 0

## Confirmatory secondary endpoints

The confirmatory secondary endpoints are used to compare effect of semaglutide s.c 2.4 mg once weekly versus semaglutide placebo.

Subjects who after 44 weeks achieve (yes/no):

- Body weight reduction  $\geq 10\%$  from baseline at week 0
- Body weight reduction  $\geq 15\%$  from baseline at week 0

Change from baseline at week 0 to week 44 in:

- Waist circumference (cm)
- Systolic blood pressure (mmHg)
- Physical functioning score (SF-36)
- Physical function domain (5-items) score (IWQoL-Lite for CT)

## Overall design:

This is a 44-week, randomised, double-blind, placebo-controlled, two-armed, parallel group, multi-centre, multiregional clinical trial (MRCT) comparing semaglutide s.c. 2.4 mg once-weekly with semaglutide placebo in subjects with obesity or with overweight and weight-related comorbidities.

## Key inclusion criteria

- Male or female, age  $\geq 18$  years at the time of signing informed consent
- History of at least one self-reported unsuccessful dietary effort to lose body weight

### *For subjects without T2D at screening:*

- Body mass index (BMI) of
  - $\geq 30 \text{ kg/m}^2$
  - $\geq 27 \text{ kg/m}^2$  with the presence of at least one of the following weight-related comorbidities (treated or untreated): hypertension, dyslipidaemia, obstructive sleep apnoea or cardiovascular disease

### *For subjects with T2D at screening:*

- Diagnosed with T2D  $\geq 180$  days prior to the day of screening
- Treated with either:
  - diet and exercise alone or
  - stable treatment (same drug(s), dose and dosing frequency) for at least 60 days prior to the day of screening with up to 3 oral antidiabetic medications alone or in any combination (metformin,  $\alpha$ -glucosidase inhibitor (AGI), SU, glinides, SGLT2i or glitazone) according to local label
- HbA<sub>1c</sub> 7.0-10.0% (53-86 mmol/mol) (both inclusive)
- BMI  $\geq 27 \text{ kg/m}^2$

## Key exclusion criteria

- A self-reported change in body weight  $> 5 \text{ kg}$  (11 lbs) within 90 days before screening irrespective of medical records

### *For subjects without T2D at screening:*

- HbA<sub>1c</sub>  $\geq 6.5\%$  (48 mmol/mol) as measured by the central laboratory at screening

### *For subjects with T2D at screening:*

- Renal impairment measured as estimated Glomerular Filtration Rate (eGFR) value of  $< 30 \text{ mL/min/1.73 m}^2$  ( $< 60 \text{ mL/min/1.73 m}^2$  in subjects treated with SGLT2i) according to CKD-EPI creatinine equation as defined by KDIGO 2012<sup>39</sup> by the central laboratory at screening
- Uncontrolled and potentially unstable diabetic retinopathy or maculopathy. Verified by a fundus examination performed within the past 90 days prior to screening or in the period

between screening and randomisation. Pharmacological pupil-dilation is a requirement unless using a digital fundus photography camera specified for non-dilated examination.

**Number of subjects:**

Approximately 625 subjects will be screened to achieve 375 subjects randomly assigned to trial product.

Planned number of subjects to be randomised in China and Hong Kong is 300.

A sub population of 20% - 30% (75-113 subjects) will have T2D at screening, aiming to be evenly distributed between all allocated countries.

**Treatment groups and duration:**

The total trial duration for the individual subject will be approximately 52 weeks. The trial includes a screening period of approximately 1 week. Eligible subjects fulfilling all randomisation criteria at visit 2 will be randomised in a 2:1 manner to receive either semaglutide s.c. 2.4 mg once-weekly or semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity. Subjects will in the first 16 weeks be dose escalated every 4 weeks from 0.25 mg once-weekly until the target dose of 2.4 mg is reached. The treatment continues until the 'end of treatment' visit (week 44) followed by a 7 weeks follow-up period.

The following trial products will be supplied by Novo Nordisk A/S

- Semaglutide B 0.68 mg/mL PDS290 and semaglutide placebo, solution for injection, 1.5 mL PDS290 pen-injector
- Semaglutide B 1.34 mg/mL PDS290, and semaglutide placebo, solution for injection, 1.5 mL PDS290 pen-injector
- Semaglutide B 1.34 mg/mL PDS290, and semaglutide placebo, solution for injection, 3 mL PDS290 pen-injector
- Semaglutide B 2.27 mg/mL PDS290, and semaglutide placebo, solution for injection, 3 mL PDS290 pen-injector
- Semaglutide B 3.2 mg/mL PDS290, and semaglutide placebo, solution for injection, 3 mL PDS290 pen-injector





	Screening	Randomisation	Dose escalation period								Maintenance Period							End of treatment	End of trial
			P3	V4	P5	V6	P7	V8	P9	V10	P11	V12	P13	V14	P15	V16	P17		
Visit	V1	V2																V18	V19
Timing of Visit (Weeks)	-1	0	2	4	6	8	10	12	14	16	18	20	24	28	32	36	40	44	51
Visit Window (Days)	-7/0	±0	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	0/5
Clinical Outcome Assessments <a href="#">(9.1.2)</a>																			
EQOL-lite for Clinical Trials		X										X				X		X	
SF-36 Health Survey		X										X				X		X	
SAFETY																			
Physical examination <a href="#">(9.4.2)</a>	X																	X	
Vital Signs <a href="#">(9.4.3)</a>																			
Pulse	X	X		X		X		X		X		X		X		X		X	X
Eye examination <sup>c</sup> <a href="#">(9.4.5)</a>	X																	X	
ECG <a href="#">(9.4.4)</a>	X											X						X	
Adverse event <a href="#">(9.2, Appendix 4)</a>		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Hypoglycaemic episodes <sup>c</sup> <a href="#">(Appendix 8)</a>		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Technical complaint <a href="#">(9.2.10, Appendix 9)</a>			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Breast neoplasms follow-up <sup>b</sup> <a href="#">(9.4)</a>																		X	X
Colon neoplasms follow-up <a href="#">(9.4)</a>																		X	X
Haematology <a href="#">(Appendix 2)</a>	X											X						X	
Biochemistry <a href="#">(Appendix 2)</a>	X											X						X	
Pregnancy test <sup>b</sup> <a href="#">(9.4.6, Appendix 5)</a>	X	X		X		X		X		X		X		X		X		X	X
Clinical Outcome Assessments <a href="#">(9.4.1)</a>																			
Columbia-Suicide Severity Rating Scale	X	X						X				X				X		X	



	Screening	Randomisation	Dose escalation period								Maintenance Period							End of treatment	End of trial
			V3	V4	V5	V6	V7	V8	V9	V10	P11	P12	P13	P14	P15	P16	P17		
Visit	V1	V2																V18	V19
Timing of Visit (Weeks)	-1	0	2	4	6	8	10	12	14	16	18	20	24	28	32	36	40	44	51
Visit Window (Days)	-7/0	±0	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	0/5
Patient Health Questionnaire - 9	X	X						X				X				X		X	
Anti-Semaglutide Antibody <sup>§</sup> (9.4.7)		X		X		X		X						X				X	X
OTHER ASSESSMENTS																			
Semaglutide plasma concentration <sup>§</sup> (9.5)				X		X		X						X				X	X
TRIAL MATERIAL																			
IWRS session	X	X		X		X		X		X		X		X		X		X	
Administration of trial product (7.1, 7.5)																			
Dispensing visit		X		X		X		X		X		X		X		X			
Drug accountability		X		X		X		X		X		X		X		X		X	
First date on trial product			X																
REMINDERS																			
Criteria for discontinuation (8.1)			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Barriers and motivation interview (9)	X																		
Training in trial product, pen-handling (7.1.1)		X	X	X	X	X		X		X		X		X		X			
Hand out direction for use (7.1.1)		X																	
Hand out dose reminder card (7.1)		X		X		X		X		X									
Diet and physical activity counselling (7.1.2)		X		X		X		X		X	X	X	X	X	X	X	X	X	
Hand out and instruct in PK diary (9)		X		X		X						X				X			

	Screening	Randomisation	Dose escalation period								Maintenance Period								End of treatment	End of trial
Visit	V1	V2	P3	V4	P5	V6	P7	V8	P9	V10	P11	V12	P13	V14	P15	V16	P17	V18	V19	
Timing of Visit (Weeks)	-1	0	2	4	6	8	10	12	14	16	18	20	24	28	32	36	40	44	51	
Visit Window (Days)	-7/0	±0	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	±3	0/5	
Hand out and instruct in diabetes diary <sup>c</sup> (9.1.3)		X		X		X		X		X		X		X		X		X		
Hand out ID card	X																			
Hand out and instruct in BG-meter <sup>c</sup> (7.1)		X																		
Attend visit fasting (6.4.1)		X				X <sup>c</sup>						X						X	X <sup>d,e</sup>	

<sup>a)</sup> Demography consists of date of birth, sex, ethnicity and race (according to local regulation).

<sup>b)</sup> For all female subjects.

<sup>c)</sup> Only applies to subjects with T2D.

<sup>d)</sup> Smoking is defined as smoking at least one cigarette or equivalent daily.

<sup>e)</sup> Subjects without T2D at screening.

<sup>f)</sup> Fasting at V19 is defined as at least 2 hours without food and liquid intake except water before attending the visit.

<sup>g)</sup> For subjects in China only



## 3 Introduction

### 3.1 Trial rationale

The prevalence of obesity has been increasing during the last 30 years<sup>1</sup> and globally, more than 600 million people have obesity<sup>2</sup>. In China, the prevalence of overweight and obesity has increased during the past decade. Over the 20 year period from 1991 to 2011, the prevalence of obesity in China increased from 2.88% to 11.8% among men and from 4.55% to 11.0% among women according to China obesity criteria ( $\text{BMI} \geq 28 \text{ kg/m}^2$ ). Recently published data showed that from 1980 to 2015 the prevalence of obesity increased from 0.33% to 5.02% among men and from 0.9% to 5.51% among women according to WHO obesity criteria ( $\text{BMI} \geq 30 \text{ kg/m}^2$ )<sup>8,40</sup>. Obesity is associated with an increased risk of developing type 2 diabetes (T2D)<sup>3,4</sup>, dyslipidaemia, hypertension<sup>5</sup>, cardiovascular disease, obstructive sleep apnoea<sup>6</sup>, non-alcoholic fatty liver disease/non-alcoholic steatohepatitis (NAFLD/NASH)<sup>7</sup>, urinary incontinence<sup>9</sup>, several types of cancers<sup>10</sup>, and increased mortality<sup>41,42</sup>. In addition to these pathophysiologic changes, individuals with obesity experience reduced health-related quality of life including physical function<sup>13-15</sup>. In recognition of the seriousness of obesity, several professional associations and organisations worldwide<sup>16-18</sup> now classify obesity as a disease.

The risk of obesity-related complications and comorbidities increases with increasing body mass index (BMI), and even a body weight loss of 5–10% has been shown to have significant health benefits in individuals with obesity in terms of decreasing the risk of developing T2D<sup>19</sup>, improving hypertension<sup>20</sup>, dyslipidaemia<sup>21</sup>, NAFLD/NASH<sup>22</sup> and reducing cardiovascular death<sup>23</sup>. In addition, improvements in patient-reported health-related quality of life including physical function have been demonstrated with body weight loss<sup>24</sup>. Therefore, achieving and maintaining body weight loss in individuals with obesity is crucial. Current standard of care consists of lifestyle counselling including reduced-calorie diets and increased physical activity. However, with this first line treatment for obesity only one in five individuals successfully achieves a significant long-term body weight loss<sup>25</sup>.

Glucagon-like peptide-1 (GLP-1) is an incretin hormone with a glucose-dependent stimulatory effect on insulin and inhibitory effect on glucagon secretion from the pancreatic islets<sup>26,27</sup>. In subjects with T2D who have a decreased incretin effect<sup>28</sup> the insulinotropic action of GLP-1 and thus, the ability to lower BG levels, is preserved when GLP-1 is administered at supraphysiological levels<sup>29</sup>. In addition, supraphysiological levels of GLP-1 induce reduction in body weight<sup>30</sup>. This makes GLP-1 an appropriate treatment for obesity in subjects with T2D. GLP-1 is a physiological regulator of appetite<sup>31</sup> and GLP-1 receptors are present in several areas of the brain involved in appetite regulation. Semaglutide is a long-acting GLP-1 analogue with a half-life of 160 hours, making it suitable for once weekly dosing<sup>32</sup>.

## 3.2 Background

### 3.2.1 Semaglutide

Semaglutide is the next generation glucagon-like-peptide (GLP-1) receptor agonist (RA) currently under development by Novo Nordisk for the treatment of weight management (NN9536).

Semaglutide has been optimised resulting in a longer half-life of approximately 160 hours, making it suitable for once-weekly dosing<sup>33</sup>. GLP-1 is a physiological regulator of appetite and GLP-1 receptors are present in several areas of the brain involved in appetite regulation<sup>31</sup>.

A 52-week phase 2 dose-finding trial within weight management (NN9536-4153) has recently been completed. A total of 957 randomised subjects with obesity (without diabetes) were exposed to semaglutide (n=718), liraglutide 3.0 mg (n=103) or placebo (n=136). In this trial, an overall monotone dose-dependent weight loss was observed across the 5 semaglutide doses tested (0.05 to 0.4 mg once-daily). The estimated weight loss at week 52 was 13.8 % at the highest dose tested (0.4 mg once-daily) compared to the weight loss of 2.3% achieved by diet, exercise and placebo alone<sup>43</sup>.

In subjects with T2D, treatment with semaglutide s.c. 1.0 mg once-weekly has shown a body weight loss of up to 7.0% of baseline body weight (and reductions in HbA<sub>1c</sub> of up to 1.85 percentage-point) after 30 weeks with a safety and tolerability profile comparable to other GLP-1 RA<sup>34, 36, 37, 44, 45</sup>. In the trials investigating semaglutide s.c. 1.0 mg, subjects with diabetes were exposed to a lower dose of semaglutide for a shorter period and did not receive any dedicated lifestyle intervention. Consequently, body weight loss is expected to be greater in a population of subjects with T2D receiving a dedicated lifestyle intervention and a higher semaglutide dose.

Clinical<sup>33-38</sup> and non-clinical data<sup>46</sup> indicate that the body weight-reducing effect of semaglutide is mainly mediated by a reduced energy intake. No unexpected safety findings were identified and the tolerability and safety profile was overall consistent with previous findings in the T2D development programme and the GLP-1 RA class in general.

A comprehensive review of results from the non-clinical and clinical studies of semaglutide can be found in the current edition of the investigator's brochure (IB)<sup>43</sup> and any updates hereof.

### 3.2.2 Trial population

The trial population will consist of subjects with obesity or with overweight and weight-related comorbidities. In addition, a group of subjects with obesity or overweight, and T2D will be included. The group of subjects with T2D will be allowed to be on 0-3 OADs, but not on insulin treatment. In total, these subjects represent a clinically relevant population for pharmacotherapeutic weight management, and are likely to benefit from weight reduction. Inclusion of subjects with T2D allows for bridging to the dedicated trial for subjects with T2D in the global phase 3a programme (NN9536-4374).

First line treatment in weight management should always be lifestyle modification through a healthier nutrition and increased physical activity. Thus, only subjects who have tried but failed a dietary weight loss intervention will be included in accordance with regulatory guidelines<sup>47,48</sup>.

### **3.3 Benefit-risk assessment**

#### **3.3.1 Benefits**

Subjects will be treated with a regimen anticipated to be better than or equal to the weight management they receive at the time of entry into the trial. Results from the phase 2 trial (NN9536-4153) demonstrated that semaglutide once-daily as an adjunct to a reduced-calorie diet and increased physical activity was effective for weight loss in subjects with obesity, while displaying a satisfactory tolerability profile. Overall, a monotone dose-dependent weight loss was observed across all tested doses of semaglutide (0.05 to 0.4 mg once-daily). The weight loss was 11.55 percentage points larger for the 0.4 mg group compared with placebo. Weight loss was accompanied by a consistent improvement in the weight-related comorbidities, indicated by cardiovascular risk factors, lipid profile and glycaemic factors, as well as improvements in clinical outcome assessments.

In addition, it is expected that all subjects will benefit from participation through close contact with the trial site and counselling by a dietician or a similar qualified healthcare professional, all of which will most likely result in intensified weight management.

#### **3.3.2 Risks and precautions**

The sections below describe identified and potential risks associated with semaglutide treatment. For classification and further details of the risks, please refer to the current version of the IB<sup>43</sup> or any updates hereof. The identified/potential risks are based on findings in non-clinical studies and clinical trials with semaglutide as well as other GLP-1 RAs. For each of these risks, mitigating actions have been implemented to minimise the risks for subjects enrolled in this trial.

- Gastrointestinal adverse events
  - Consistent with findings with other GLP-1 RAs, the most frequently reported adverse events (AE) in clinical trials with semaglutide were gastrointestinal (GI) AEs. A low starting dose and dose escalation steps will be implemented in the trial to mitigate the risk of gastrointestinal AEs.
- Cholelithiasis
  - Events of cholelithiasis were the most frequently reported gallbladder events in the phase 2 weight management trial (NN9536-4153) and were in a few instances co-reported with the event adjudication committee (EAC) confirmed acute pancreatitis. As a precaution, if cholelithiasis is suspected, appropriate clinical follow-up is to be initiated at the investigator's discretion.
- Acute pancreatitis

- Acute pancreatitis has been observed with the use of GLP-1 RA drug class. As a precaution, subjects with a history of chronic pancreatitis or recent acute pancreatitis will not be enrolled in the trial. In addition, trial product should be discontinued in case of suspicion of acute pancreatitis in accordance to Section [8.1](#).
- Hypoglycaemia (in combination with SU and/or insulin) (identified for T2D patients)
  - There is a low risk of hypoglycaemic episodes when semaglutide is used as monotherapy. Subjects treated with semaglutide in combination with a SU or insulin has an increased risk of hypoglycaemia. The risk of hypoglycaemia can be lowered by reducing the dose of SU when initiating treatment with semaglutide (or insulin if subjects have been allowed to use insulin as rescue therapy).
- Diabetic retinopathy complication (identified for T2D patients)
  - The cardiovascular outcome trial in the semaglutide T2D development programme showed an increased risk of events related to diabetic retinopathy complications in subjects treated with semaglutide compared to placebo, albeit the proportion of subjects with an event of diabetic retinopathy complications was low. The imbalance was driven by subjects with a history of diabetic retinopathy at randomisation and subjects who were treated with insulin. As a precaution, subjects with a history of uncontrolled and potentially unstable diabetic retinopathy or maculopathy will be excluded from the trial, and fundus photography or slit-lamp biomicroscopy examination with pharmacologically dilated pupils will be performed according to flowchart (Section [2](#) and [9.4.5](#)).
- Medullary thyroid cancer (MTC) (based on non-clinical data)
  - Expected proliferative thyroid C-cell changes were seen in the mouse and rat carcinogenicity studies after daily exposure to semaglutide for 2 years. No hyperplasia was observed in monkeys after 52 weeks exposure up to 13-fold above the clinical plasma exposure at 2.4 mg/week. In clinical trials with semaglutide, there have been no clinically relevant changes in calcitonin levels. The C-cell changes in rodents are mediated by the GLP-1 receptor, which is not expressed in the normal human thyroid. Accordingly, the risk of GLP-1 receptor-mediated C-cell changes in humans is considered to be low. However, as a precaution, exclusion and discontinuation criteria related to medical history of multiple endocrine neoplasia type 2 (MEN2) or MTC and elevated plasma levels of calcitonin (biomarker for MTC) have been implemented in the trial.
- Pancreatic cancer
  - There is currently no support from non-clinical studies, clinical trials or post-marketing data that GLP-1 RA-based therapies increase the risk of pancreatic cancer, but pancreatic cancer has been classified as a potential class risk of GLP-1 RAs by European Medicines Agency (EMA). As a precaution, subjects with a history of malignant neoplasms within the past 5 years prior to screening will be excluded from the trial.

- Allergic reactions
  - As is the case with all protein-based pharmaceuticals, subjects treated with semaglutide are at risk of developing immunogenic and allergic reactions. As a precaution, subjects with known or suspected hypersensitivity to semaglutide or related products will not be enrolled in this trial.
- Pregnancy and fertility (based on non-clinical data)
  - Studies in animals have shown reproductive toxicity. There are limited data from the use of semaglutide in pregnant women. Therefore, semaglutide should not be used during pregnancy. Exclusion and discontinuation criteria related to pregnancy have been implemented in the trial.

### **3.3.3 Conclusion on benefit-risk profile**

Necessary precautions have been implemented in the design and planned conduct of the trial in order to minimise the risks and inconveniences of participation in the trial. The safety profile for semaglutide generated from the clinical and non-clinical development programme has not revealed any safety issues that would prohibit administration of semaglutide s.c. 2.4 mg once-weekly. The results of the phase 2 trial (NN9536-4153) indicate that semaglutide will provide a clinically meaningful weight loss.

In conclusion, the potential risk to the subjects in this trial is considered low and outweighed by the anticipated benefits that semaglutide would provide subjects included in the trial.

More detailed information about the known and expected benefits and risks and expected AEs of semaglutide s.c. may be found in the IB<sup>43</sup> and any updates hereof.

## **4 Objectives and endpoints**

### **4.1 Primary and secondary objective(s)**

#### **4.1.1 Primary objective**

To compare the effect of semaglutide s.c. 2.4 mg once-weekly versus semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity in subjects with overweight or obesity and with or without T2D on body weight

#### **4.1.2 Secondary objectives**

To compare the effect of semaglutide s.c. 2.4 mg once-weekly versus semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity in subjects with overweight or obesity and with or without T2D on:

- Cardiovascular risk factors
- Clinical Outcome Assessments (COAs)

- Glucose metabolism
- Glycaemic status
- Use of medication for hypertension and dyslipidaemia
- Use of oral antidiabetic medication (apply to subjects with T2D at screening)
- Liver indices
- Treatment discontinuation

To compare the safety and tolerability of semaglutide s.c. 2.4 mg once-weekly versus semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity in subjects with overweight or obesity and with or without T2D.

### **Primary estimand**

The estimand will quantify the average treatment effect of semaglutide relative to semaglutide placebo after 44 weeks, as an adjunct to a reduced-calorie diet and increased physical activity, in all randomised subjects regardless of adherence to treatment and regardless of starting rescue interventions (weight management drugs or bariatric surgery) (“treatment policy” estimand). The estimand will cover all effect-related objectives.

### **Secondary estimand**

The estimand will quantify the average treatment effect of semaglutide relative to semaglutide placebo after 44 weeks, as an adjunct to a reduced-calorie diet and increased physical activity, in all randomised subjects had they remained on their randomised treatment for the entire planned duration of the trial and not started any rescue intervention (weight management drugs or bariatric surgery) (“hypothetical” estimand). The estimand will cover the primary objective.

## **4.2 Primary and secondary endpoints**

### **4.2.1 Primary endpoint**

The primary endpoints addressing the primary objective:

- Change from baseline at week 0 to week 44 in body weight (%)
- Subjects who after 44 weeks achieve (yes/no):
  - Body weight reduction  $\geq 5\%$  from baseline at week 0

### **4.2.2 Secondary endpoints**

The confirmatory and supportive secondary endpoints addressing the primary and secondary objectives are listed in Section [4.2.2.1](#) and [4.2.2.2](#).

#### **4.2.2.1 Confirmatory secondary endpoints**

- Subjects who after 44 weeks achieve (yes/no):
  - Body weight reduction  $\geq 10\%$  from baseline at week 0

- Body weight reduction  $\geq 15\%$  from baseline at week 0
- Change from baseline at week 0 to week 44 in:
  - Waist circumference (cm)
  - Systolic blood pressure (mmHg)
  - Physical functioning score (SF-36)
  - Physical function domain (5-items) score (IWQoL-Lite for CT)

#### **4.2.2.2 Supportive secondary endpoints**

##### *Effect endpoints*

The supportive secondary endpoints are used to compare effect of semaglutide s.c. 2.4 mg once weekly versus semaglutide placebo.

- Change from baseline at week 0 to week 44 in:
  - Body weight (kg)
  - BMI ( $\text{kg/m}^2$ )
  - HbA<sub>1c</sub> (% , mmol /mol)
  - Fasting plasma glucose (FPG) (mg/dL)
  - Fasting serum insulin (mIU/L)
  - Diastolic blood pressure (mmHg)
  - Lipids (mg/dL)
    - Total cholesterol
    - High density lipoprotein (HDL) cholesterol
    - Low density lipoprotein (LDL) cholesterol
    - Very low density lipoprotein (VLDL) cholesterol
    - Free fatty acids (FFA)
    - Triglycerides
  - Short Form-36 (SF-36)
    - role-physical score
    - bodily pain score
    - general health score
    - vitality score
    - social functioning score
    - role-emotional score
    - mental health score
    - physical component summary
    - mental component summary



- IWQoL-Lite for CT
  - pain/discomfort domain score
  - psychosocial domain score
  - total score
- Subjects who after 44 weeks achieve (yes/no):
  - Responder definition value for SF-36 physical functioning score
  - Responder definition value for IWQoL-Lite for CT physical function domain (5-items) score
- Change from baseline at week 0 to week 44 in:
  - Glycaemic category (normo-glycaemia, pre-diabetes, T2D)
  - Antihypertensive medication (decrease, no change, increase)
  - Lipid-lowering medication (decrease, no change, increase)
  - Concomitant oral antidiabetic medication (decrease, no change, increase) (only apply to subjects with T2D at week 0)
  - Fatty liver index (FLI) score category (<30, ≥30 and <60, ≥60)
- Subjects who from randomisation at week 0 to week 44 have permanently discontinued randomised trial product (yes/no)
- Time to permanent discontinuation of randomised trial product (weeks)

#### *Safety endpoints*

- Number of treatment emergent adverse events (TEAEs) from week 0 to week 51
- Number of serious adverse events (SAEs) from week 0 to week 51
- Number of treatment emergent severe or blood glucose (BG) confirmed symptomatic hypoglycaemia episodes (yes/no) from week 0 to week 51 (only applies to subjects with T2D at week 0)
- Change from baseline at week 0 to week 44 in:
  - Pulse (bpm)
  - Amylase (U/L)
  - Lipase (U/L)
  - Calcitonin (ng/L)



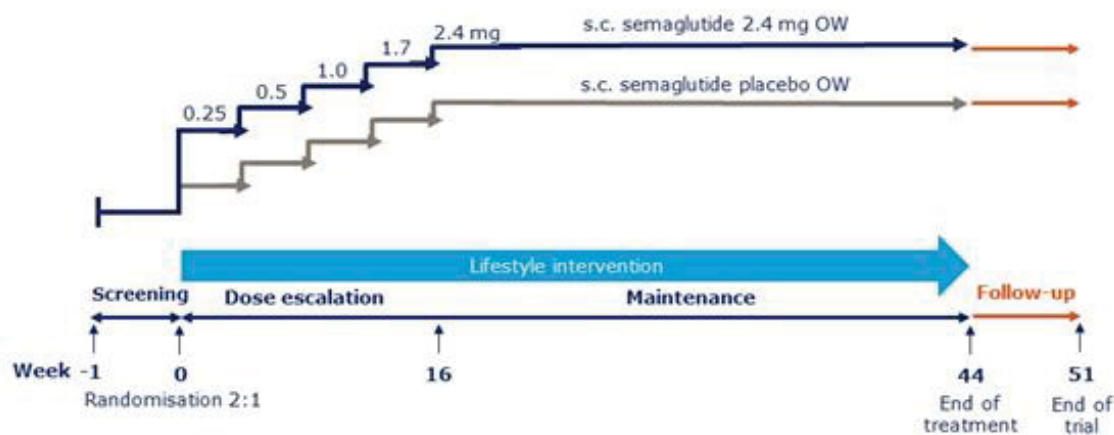
## 5 Trial design

### 5.1 Overall design

This is a 44-week, randomised, double-blind, placebo-controlled, two-armed, parallel group, multi-centre, multiregional clinical trial (MRCT) comparing semaglutide s.c. 2.4 mg once-weekly with semaglutide placebo in subjects with obesity or with overweight and weight-related comorbidities.

The trial includes a screening visit to assess the subject's eligibility followed by visits/phone contacts every 2<sup>nd</sup> week during dose escalation. From week 20, visits/phone contacts will take place every 4<sup>th</sup> week for the remaining maintenance period until end of treatment (week 44). A follow-up visit ('End of trial') for safety assessments is scheduled 7 weeks after end of treatment, to account for the exposure to the long half-life of semaglutide

The trial design is outlined in [Figure 5-1](#).



**Figure 5-1** A schematic diagram of the trial design, with the duration of the trial periods including follow-up period.

Eligible subjects fulfilling all randomisation criteria at visit 2 will be randomised in a 2:1 manner to receive either semaglutide s.c. 2.4 mg once-weekly or semaglutide placebo as an adjunct to a reduced-calorie diet and increased physical activity.

At the time of randomisation subjects will be stratified according to the following categories:

- Subjects without T2D or
- Subjects with T2D

To mitigate SU or glinide induced hypoglycaemia, subjects treated with SU or glinide (either alone or in combination with other OADs) will be asked to reduce the SU or glinide dose by approximately 50% at the discretion of the investigator, from randomisation.

## **5.2 Subject and trial completion**

Approximately 625 subjects will be screened to achieve 375 subjects randomly assigned to trial product.

Planned number of subjects to be randomised in Region China is 300.

### **Trial period completion for a subject:**

Trial period completion is defined as when the randomised subject has completed the final scheduled visit ('end of trial' according to the flowchart).

'Date of trial completion' is the date the subject completed the final scheduled visit.

### **Treatment period completion for a subject:**

Treatment period completion is defined as when the randomised subject has attended the 'end of treatment' visit according to the flowchart.

## **5.3 End of trial definition**

The end of the trial is defined as the date of the last visit of the last subject in the trial

## **5.4 Scientific rationale for trial design**

The treatment duration of the trial is 44 weeks with an additional 7 weeks follow-up (without trial product). The 7 weeks follow-up period is included to account for the exposure and long half-life of semaglutide. A 44-week treatment duration (including 28 weeks on target dose) is considered sufficient to assess weight loss, safety and tolerability in the phase 3 weight management development programme.

A randomised, double-blind, placebo-controlled, multi-centre trial design is chosen to minimise bias in the assessment of the effect and safety of semaglutide 2.4 mg once-weekly versus semaglutide placebo, as an adjunct to a reduced calorie diet and increased physical activity.

## **5.5 Justification for dose**

Results from the phase 2 dose-finding trial (NN9536-4153) showed that the semaglutide s.c. 0.4 mg once-daily dose was most effective in terms of weight loss while displaying an acceptable

tolerability profile. Using population pharmacokinetic (Pop-PK) modelling, it was estimated that a once-weekly maintenance dose of 2.4 mg semaglutide s.c. will result in similar  $C_{\max}$  at steady-state as that obtained by the once-daily 0.4 mg semaglutide s.c. dose in trial NN9536-4153.

A maintenance dose of 2.4 mg semaglutide s.c. once-weekly has been chosen for the phase 3 weight management development programme. The once-weekly dosing is anticipated to ease the burden of drug administration in clinical practice. Subjects will be initiated at a once-weekly dose of 0.25 mg and follow a fixed-dose escalation regimen, with dose increases every 4 weeks (to doses of 0.5, 1.0, 1.7 and 2.4 mg/week), until the target dose is reached after 16 weeks.

It is well known that to mitigate gastrointestinal (GI) side effects with GLP-1 RA treatment, dose escalation to the target dose is required. Based on experience from the semaglutide T2D development programme, a similar fixed-dose escalation regimen was selected, with dose escalation every 4 weeks until the target dose of 2.4 mg was reached after 16 weeks.

Please refer to Section [7.1](#) for more details on treatment doses.

## 6 Trial population

Prospective approval of protocol deviations to recruitment and enrolment criteria, also known as protocol waivers or exemptions, is not permitted.

### 6.1 Inclusion criteria

Subjects are eligible to be included in the trial only if all of the following criteria apply:

*For subjects without T2D at screening, the following four inclusion criteria apply:*

1. Informed consent obtained before any trial-related activities. Trial-related activities are any procedures that are carried out as part of the trial, including activities to determine suitability for the trial
2. Male or female, age  $\geq 18$  years at the time of signing informed consent
3. Body mass index (BMI) of
  - a.  $\geq 30 \text{ kg/m}^2$
  - b.  $\geq 27 \text{ kg/m}^2$  with the presence of at least one of the following weight-related comorbidities (treated or untreated): hypertension, dyslipidaemia, obstructive sleep apnoea or cardiovascular disease
4. History of at least one self-reported unsuccessful dietary effort to lose body weight

*For subjects with T2D at screening, the following five inclusion criteria apply:*

1. Informed consent obtained before any trial-related activities. Trial-related activities are any procedures that are carried out as part of the trial, including activities to determine suitability for the trial
2. Male or female, age  $\geq 18$  years at the time of signing informed consent

3. BMI  $\geq 27$  kg/m<sup>2</sup>
4. T2D diagnosis including:
  - Diagnosed with T2D  $\geq 180$  days prior to the day of screening
  - Treated with either:
    - diet and exercise alone or
    - stable treatment (same drug(s), dose and dosing frequency) for at least 60 days prior to the day of screening with up to 3 oral antidiabetic medications alone or in any combination (metformin,  $\alpha$ -glucosidase (AGI), SU, glinides, SGLT2i or glitazones) according to local label
  - HbA<sub>1c</sub> 7.0-10.0% (53-86 mmol/mol) (both inclusive) as measured by the central laboratory at screening
5. History of at least one self-reported unsuccessful dietary effort to lose body weight

The criteria will be assessed at the investigator's discretion unless otherwise stated.

For country specific requirements, see [Appendix 10](#).

## **6.2 Exclusion criteria**

Subjects are excluded from the trial if any of the following criteria apply:

### **Glycaemia related:**

**For subjects without T2D, the following four exclusion criteria apply:**

1. HbA<sub>1c</sub>  $\geq 6.5\%$  (48 mmol/mol) as measured by the central laboratory at screening
2. History of type 1 or type 2 diabetes mellitus
3. Treatment with glucose-lowering agent(s) within 90 days before screening
4. Treatment with a GLP-1 receptor agonist within 180 days before screening

**For subjects with T2D, the following five exclusion criteria apply:**

5. Treatment with any medication for the indication of diabetes other than stated in the inclusion criteria within the past 60 days prior to the day of screening
6. Receipt of any other anti-diabetic investigational drug within 90 days prior to screening for this trial, or receipt of any investigational drugs not affecting diabetes within 30 days prior to screening for this trial
7. Treatment with a GLP-1 receptor agonist within 180 days prior to screening
8. Renal impairment measured as Glomerular Filtration Rate (eGFR) value of  $< 30$  mL/min/1.73 m<sup>2</sup> ( $< 60$  mL/min/1.73 m<sup>2</sup> in subjects treated with SGLT2i) according to CKD-EPI creatinine equation as defined by KDIGO 2012<sup>39</sup> by the central laboratory at screening

9. Uncontrolled and potentially unstable diabetic retinopathy or maculopathy. Verified by a fundus examination performed within the past 90 days prior to screening or in the period between screening and randomisation. Pharmacological pupil-dilation is a requirement unless using a digital fundus photography camera specified for non-dilated examination.

**The following criteria apply to all subjects.**

**Obesity related:**

10. A self-reported change in body weight > 5 kg (11 lbs) within 90 days before screening irrespective of medical records
11. Treatment with any medication for the indication of obesity within the past 90 days before screening
12. Previous or planned (during the trial period) obesity treatment with surgery or a weight loss device. However, the following are allowed: (1) liposuction and/or abdominoplasty, if performed > 1 year before screening, (2) lap banding, if the band has been removed > 1 year before screening, (3) intragastric balloon, if the balloon has been removed > 1 year before screening or (4) duodenal-jejunal bypass sleeve, if the sleeve has been removed > 1 year before screening
13. Uncontrolled thyroid disease, defined as thyroid stimulating hormone (TSH) > 6.0 mIU/L or < 0.4 mIU/L as measured by central laboratory at screening

**Mental Health:**

14. History of major depressive disorder within 2 years before screening
15. Diagnosis of other severe psychiatric disorder (e.g., schizophrenia, bipolar disorder)
16. A Patient Health Questionnaire-9 (PHQ-9) score of  $\geq 15$  at screening
17. A lifetime history of a suicidal attempt
18. Suicidal behaviour within 30 days before screening
19. Suicidal ideation corresponding to type 4 or 5 on the Columbia-Suicide Severity Rating Scale (C-SSRS) within the past 30 days before screening

**General safety:**

20. Presence of acute pancreatitis within the past 180 days prior to the day of screening
21. History or presence of chronic pancreatitis
22. Calcitonin  $\geq 100$  ng/L as measured by the central laboratory at screening
23. Personal or first degree relative(s) history of multiple endocrine neoplasia type 2 or medullary thyroid carcinoma
24. Renal impairment measured as estimated Glomerular Filtration Rate (eGFR) value of < 15 ml/min/1.73 m<sup>2</sup> as defined by KDIGO 2012<sup>39</sup> by the central laboratory at screening (only subjects without T2D at screening)

25. History of malignant neoplasms within the past 5 years prior to screening. Basal and squamous cell skin cancer and any carcinoma in-situ are allowed
26. Any of the following: myocardial infarction, stroke, hospitalisation for unstable angina or transient ischaemic attack within the past 60 days prior to screening
27. Subject presently classified as being in New York Heart Association (NYHA) Class IV
28. Surgery scheduled for the duration of the trial, except for minor surgical procedures, in the opinion of the investigator
29. Known or suspected abuse of alcohol or recreational drugs
30. Known or suspected hypersensitivity to trial product(s) or related products
31. Previous participation in this trial. Participation is defined as signed informed consent
32. Participation in another clinical trial within 90 days before screening
33. Other subject(s) from the same household participating in any semaglutide trial
34. Female who is pregnant, breast-feeding or intends to become pregnant or is of child-bearing potential and not using a highly effective contraceptive method.
35. Any disorder, unwillingness or inability, not covered by any of the other exclusion criteria, which in the investigator's opinion, might jeopardise the subject's safety or compliance with the protocol.

The criteria will be assessed at the investigator's discretion unless otherwise stated.

For country specific requirements, see [Appendix 10](#).

### **6.3 Randomisation criteria**

Subjects are eligible to be randomised in the trial only if all of the following criteria apply:

1. PHQ-9 score of < 15 at randomisation.
2. No suicidal behaviour in the period between screening and randomisation.
3. No suicidal ideation corresponding to type 4 or 5 on the Columbia–Suicide Severity Rating Scale (C-SSRS) in the period between screening and randomisation.

Subjects not fulfilling the randomisation criteria will be considered screen failure, see Section [6.5](#).

### **6.4 Lifestyle restrictions**

To ensure alignment in regards to performance of assessments across subjects and trial sites, the below restrictions apply.

#### **6.4.1 Meals and dietary restrictions**

- Subjects must attend the visits fasting according to the flowchart.

- Fasting is defined as at least 8 hours overnight before the visit, without food or liquids, except for water. Trial product and any medication which should be taken with or after a meal should be withheld on the day of the visit until blood samples have been obtained.
- **For China:** At the 'end of trial' visit only 2 hours of fasting is required prior to the anti-semaglutide antibody sampling.
- If the subject is not fasting as required, the subject should be called in for a new visit within the visit window to have the fasting procedures done. Procedures requiring subject to fast include blood sampling of FPG, fasting serum insulin and lipids.

#### 6.4.2 Caffeine and tobacco

- Subject should avoid caffeine and smoking at least 30 minutes prior to measuring the blood pressure.

#### 6.5 Screen failures

Screen failures are defined as subjects who consent to participate in the clinical trial but are not eligible for participation according to in/exclusion criteria or randomisation criteria. A minimal set of screen failure information is required to ensure transparent reporting of screen failure subjects to meet requirements from regulatory authorities. Minimal information includes date of informed consent, date of visit, demography, screen failure details, eligibility criteria, and any serious adverse event (SAE). A screen failure session must be made in the interactive web response system (IWRS).

Individuals who do not meet the criteria for participation in this trial may not be rescreened. Re-sampling is not allowed if the subject has failed one of the inclusion criteria or fulfilled one of the exclusion criteria related to laboratory parameters. However, in case of technical issues (e.g. haemolysed or lost), re-sampling is allowed for the affected parameters.

## 7 Treatments

### 7.1 Treatments administered

- All trial products listed in [Table 7-1](#) are considered investigational medicinal products (IMP).
- Trial product must only be used, if it appears clear and colourless.

**Table 7-1 Trial products provided by Novo Nordisk A/S**

Trial product name	Dosage form	Delivery device	Dosing instructions	Route of administration
Semaglutide B 0.68 mg/mL PDS290	Solution for injection	1.5 mL PDS290 pre-filled pen-injector	Once-weekly	s.c.
Semaglutide B 1.34 mg/mL PDS290				
Semaglutide placebo PDS290				
Semaglutide B 1.34 mg/mL PDS290		3 mL PDS290 pre-filled pen-injector		
Semaglutide B 2.27 mg/mL PDS290				
Semaglutide B 3.2 mg/mL PDS290				
Semaglutide Placebo PDS290				

- Dose escalation of semaglutide/semaglutide placebo should take place during the first 16 weeks after randomisation as described in [Table 7-2](#). All subjects should aim at reaching the recommended target dose of semaglutide 2.4 mg once-weekly or the corresponding volume of semaglutide placebo.
- If a subject does not tolerate the designated target dose (2.4 mg once-weekly), the subject may stay at the lower dose level of 1.7 mg once-weekly. This should only be allowed if the subject would otherwise discontinue trial product completely and if considered safe to continue on trial product, as per the investigator's discretion. It is recommended that the subject makes at least one attempt to re-escalate to the designated target dose, as per the investigator's discretion.
- It is recommended that the investigator consults Novo Nordisk in case of persistent deviations from the planned escalation and maintenance regimen.
- A dose reminder card will be handed out to the subjects at each site visit during the escalation period. This is to remind the subjects of the dose to be taken until next site visit and provide a conversion of the dose to value shown in the dose counter. Once the target dose has been reached, the dose reminder card is only handed out as needed.



**Table 7-2 Dose escalation and maintenance of semaglutide 2.4 mg once-weekly/semaglutide placebo**

Trial product name	Dose	Volume	Duration
<b>Dose escalation period</b>			
Semaglutide B 0.68 mg/mL or placebo, PDS290	0.25 mg	0.37 mL	4 weeks
Semaglutide B 1.34 mg/mL or placebo, PDS290	0.5 mg	0.37 mL	4 weeks
Semaglutide B 1.34 mg/mL or placebo, PDS290	1.0 mg	0.75 mL	4 weeks
Semaglutide B 2.27 mg/mL or placebo, PDS290	1.7 mg	0.75 mL	4 weeks
<b>Maintenance period</b>			
Semaglutide B 3.2 mg/mL or placebo, PDS290	2.4 mg	0.75 mL	28 weeks

- Subjects will be instructed to inject semaglutide/semaglutide placebo once-weekly at the same day of the week (to the extent possible) throughout the trial.
- Injections may be administered in the thigh, abdomen or upper arm, at any time of day irrespective of meals.
- If a single dose of trial product is missed, it should be administered as soon as noticed, provided the time to the next scheduled dose is at least 2 days (48 hours). If a dose is missed and the next scheduled dose is less than 2 days (48 hours) away, the subject should not administer a dose until the next scheduled dose. A missed dose should not affect the scheduled dosing day of the week.
- If  $\geq 2$  consecutive doses of trial product are missed, the subject should be encouraged to re-commence the treatment if considered safe as per the investigator's discretion and if the subject does not meet any of the discontinuation criteria (Section 8.1). The trial product should be continued as early as the situation allows. The missed doses should not affect the scheduled dosing day of the week. The start dose for re-initiation of trial product is at the investigator's discretion. In case of questions related to re-initiation of trial product, the investigator should consult Novo Nordisk global medical experts.
- For subject with T2D at screening: If doses are missed BG should be more closely monitored if judged necessary by the investigator.
- Auxiliary supplies will be provided in accordance with the trial materials manual (TMM) please see [Table 7-3](#).

### 7.1.1 Medical devices

Information about the PDS290 pen-injector may be found in the IB<sup>43</sup> and any updates hereof.

Information about the use of the PDS290 pen-injector for semaglutide and semaglutide placebo can be found in the DFU.

### Training in the PDS290 pen-injector

The investigator must document that training in the DFU has been given to the subjects orally and in writing at the first dispensing visit. Training must be repeated, during the trial at regular intervals in order to ensure correct use of the medical device. Training is the responsibility of the investigator or a delegate.

**Table 7-3      Auxiliary supplies provided by Novo Nordisk A/S**

Auxiliary supply	Details
Needles	Needles for pre-filled pen system. Details provided in the TMM. Only needles provided and approved by Novo Nordisk must be used for administration of trial product.
Direction for use (DFU)	DFU for 3 mL PDS290 pre-filled pen injector Not included in the dispensing unit and to be handed out separately.  DFU for 1.5 mL PDS290 pre-filled pen injector Not included in the dispensing unit and to be handed out separately.
BG meters	BG meter includes lancets, test strips, control solutions and instructions. Details are provided in the BG meter manual. Only subjects with T2D at screening

### 7.1.2      Diet and physical activity counselling

All subjects will receive counselling with regards to diet (500 kcal deficit per day relative to the estimated total daily energy expenditure (TEE) calculated once at randomisation) and physical activity (150 min of physical activity per week is encouraged, e.g. walking or using the stairs) taking subject's diabetes into account. Counselling should be done by a dietician or a similar qualified healthcare professional every 4<sup>th</sup> week except between V10 and V12 (every 2 weeks) via visits/phone contacts.

Subjects will be asked to record their food intake and physical activity at least 3 days prior to the phone contacts and clinic visits according to the flowchart to assist their lifestyle intervention. However, the subjects should be encouraged to keep diary of their food intake and physical activity on a daily basis. The subjects can use a tool of their own choice (paper/app/other tool) for recording, ensuring it can be reviewed during diet and physical activity counselling. Subjects must receive instructions in how to capture their physical activity and food intake.

### Calculation of estimated TEE

The TEE is calculated by multiplying the estimated Basal Metabolic Rate (BMR) (see [Table 7-4](#)) with a Physical Activity Level value of 1.3<sup>49</sup>.

$$\text{TEE} = \text{BMR} \times 1.3$$

**Table 7-4 Equation for estimated BMR**

Sex	Age	BMR (kcal/day)
Men	18-30 years	$15.057 \times \text{weight at randomisation in kg} + 692.2$
	31-60 years	$11.472 \times \text{weight at randomisation in kg} + 873.1$
	> 60 years	$11.711 \times \text{weight at randomisation in kg} + 587.7$
Women	18-30 years	$14.818 \times \text{weight at randomisation in kg} + 486.6$
	31-60 years	$8.126 \times \text{weight at randomisation in kg} + 845.6$
	> 60 years	$9.082 \times \text{weight at randomisation in kg} + 658.5$

If a BMI  $\leq 22.5$  kg/m<sup>2</sup> is reached the recommended energy intake should be recalculated with no kcal deficit (maintenance diet) for the remainder of the trial. If deemed necessary the investigator could consult Novo Nordisk to discuss when maintenance diet can be initiated.

## 7.2 Dose modification

- Not applicable for this trial. Please refer to Section [7.1](#) for description of missed dose(s).

## 7.3 Method of treatment assignment

All subjects will be centrally randomised using IWRS and assigned to the next available treatment according to randomisation schedule. 20%-30% of trial population will be subjects with T2D at randomisation. Trial product will be dispensed at the trial visits summarised in the flowchart.

Randomisation will be stratified according to:

- Subjects with T2D at randomisation
- Subjects without T2D at randomisation

## 7.4 Blinding

The active drug and placebo are visually identical for the following trial products:

- Semaglutide B 0.68 mg/mL PDS290 / Semaglutide placebo (1.5 mL pre-filled pen injector)
- Semaglutide B 1.34 mg/mL PDS290 / Semaglutide placebo (1.5 mL pre-filled pen-injector)
- Semaglutide B 1.34 mg/mL PDS290 / Semaglutide placebo (3 mL pre-filled pen-injector)
- Semaglutide B 2.27 mg/mL PDS290 / Semaglutide placebo (3 mL pre-filled pen-injector)
- Semaglutide B 3.2 mg/mL PDS290 / Semaglutide placebo (3 mL pre-filled pen-injector)

The IWRS is used for blind-breaking instructions. The blind may be broken in a medical emergency if knowing the actual treatment would influence the treatment of the subject. Novo Nordisk will be notified immediately after breaking the blind. The date when and reason why the blind was broken must be recorded in the subjects' medical record.

Whenever the blind is broken, the person breaking the blind must print the "code break confirmation" notification generated by the IWRS, and sign and date the document.

When the blind is broken, the treatment allocation will be accessible to the investigator and the Novo Nordisk Global Safety department. If IWRS is not accessible at the time of blind break, the IWRS helpdesk should be contacted. Contact details are listed in [Attachment I](#).

### 7.5 Preparation/Handling/Storage/Accountability

Only subjects enrolled in the trial may receive trial product and only authorised site staff may supply or administer trial product.

**Table 7-5 Trial product storage conditions**

Trial product name	Storage conditions (not-in-use)	In-use conditions	In-use time
Semaglutide B 0.68 mg/mL PDS290	Storage conditions are available on the trial product label and are also provided in the Trial Materials Manual (TMM).	In-use conditions will be available on the trial product label	In-use time will be available on the trial product label
Semaglutide B 1.34 mg/mL PDS290			
Semaglutide placebo PDS290			
Semaglutide B 1.34 mg/mL PDS290			
Semaglutide B 2.27 mg/mL PDS290			
Semaglutide B 3.2 mg/mL PDS290			
Semaglutide placebo PDS290			

- Each trial site will be supplied with sufficient trial products for the trial on an on-going basis controlled by the IWRS. Trial product will be distributed to the trial sites according to number of subjects screened and randomised.
- The investigator must confirm that appropriate temperature conditions have been maintained during transit for all trial products received (see [Table 7-5](#)) and any discrepancies are reported and resolved before use of the trial products.
- All trial products must be stored in a secure, controlled, and monitored (manual or automated) area in accordance with the labelled storage conditions with access limited to the investigator and authorised site staff.
- The investigator must inform Novo Nordisk immediately if any trial product has been stored outside specified conditions. Additional details regarding handling of temperature deviations can be found in the TMM.
- Trial product that has been stored improperly must not be dispensed to any subject before it has been evaluated and approved for further use by Novo Nordisk.
- The investigator is responsible for drug accountability and record maintenance (i.e. receipt, accountability and final disposition records).

- Drug accountability should be performed on a pen level and must be documented in the IWRS.
- The subject must return all used, partly used and unused trial product including empty packaging materials during the trial as instructed by the investigator.
- Destruction of trial products can be performed on an ongoing basis and will be done according to local procedures after accountability is finalised by the site and reconciled by the monitor.
- Destruction of trial products must be documented in the IWRS.
- All returned, expired or damaged trial products (for technical complaint samples see [Appendix 6](#)) must be stored separately from non-allocated trial products. No temperature monitoring is required.
- Non-allocated trial products including expired or damaged products must be accounted as unused, at the latest at closure of the trial site.

## **7.6 Treatment compliance**

Throughout the trial, the investigator will remind the subjects to follow the trial procedures and requirements to ensure subject compliance. If a subject is found to be non-compliant the investigator will remind the subject of the importance of following the instructions given, including taking the trial products as prescribed.

Treatment compliance of trial product will be assessed by asking subject about missed doses and monitoring of pharmacokinetic (PK) dosing diaries. Information about compliance and missed doses should be described in the subject's medical record.

## **7.7 Concomitant medication**

### **7.7.1 Rescue criteria**

For subject with T2D at screening:

Subjects with persistent and unacceptable hyperglycaemia should be offered rescue medication. If any of the FPG values (including protocol scheduled fasting self-measured plasma glucose (SMPG)) exceed 15 mmol/L (270 mg/dL) and no intercurrent cause of the hyperglycaemia can be identified, a confirmatory FPG (at central laboratory) should be obtained by calling the subject for a re-test. If the confirmatory measurement also exceeds 15 mmol/L (270 mg/dL) the subject must be offered rescue medication, at the discretion of the investigator, according to local guidelines<sup>50</sup> (excluding GLP-1 RAs, DPP-4 inhibitors and amylin analogues).

For a description of rescue medication, please refer to Section [7.7.2](#).

### **7.7.2 Rescue medication**

For subject with T2D at screening:

Glycaemic rescue medication, i.e. intensification of background OAD treatment or addition of new OADs or insulin treatment, should be implemented at the discretion of the investigator in case of persistent hyperglycaemia as described in Section [7.7.1](#).

The following guidelines should be used:

1. Rescue medication according to American Diabetes Association (ADA)/European Association for the Study of Diabetes (EASD)<sup>50</sup> or local guidelines (excluding GLP-1 RAs, DPP-4 inhibitors and amylin analogues). Rescue medication should preferably be weight-neutral.
2. If deemed necessary at the discretion of the investigator, insulin rescue therapy can be initiated, if so it should be according to ADA/EASD<sup>50</sup> or local guideline and as short duration as possible.

Subjects that are started on rescue medication should continue to follow the protocol-specified visit schedule and stay on randomised treatment unless the investigator judge that it jeopardise safety. Rescue medication should be documented in medical records and reported in the case report form (CRF).

Rescue medication will not be supplied by Novo Nordisk, but reimbursed as long as the subject is participating in the trial, if required according to local regulations [Appendix 10](#).

### **7.7.3 Concomitant medication criteria**

#### **For all subjects:**

Any medication (including over-the-counter or prescription medicines) other than the trial product that the subject is receiving at the time of the first visit or receives during the trial must be recorded along with:

- Trade name or generic name
- Indication
- Dates of administration including start and stop dates
- Dose (only to be recorded for anti-hypertensive and lipid-lowering medication)

During the trial subjects should not initiate any anti-obesity treatment (e.g. medication) which is not part of the trial procedures. If such treatment is initiated, the subject should be instructed to stop the anti-obesity treatment.

Changes in concomitant medication must be recorded at each visit. If a change is due to an AE, then this must be reported according to Section [9.2](#).

#### **For subject with T2D at screening:**

If the subject receives OADs or insulin as rescue medication, the dose must be recorded in the concomitant medication form.



To mitigate SU or glinide induced hypoglycaemia, subjects treated with SU or glinide (either alone or in combination with other OADs) will be asked to reduce the SU or glinide dose by approximately 50% at the discretion of the investigator, from randomisation. Investigators can switch OAD treatment within the same drug class e.g. in case specific drugs become unavailable. If the investigator judges that treatment intensification is required, but does not meet the rescue criteria of FPG > 15 mmol/L (270 mg/dL), the subject should intensify treatment according to the (ADA/EASD<sup>51</sup> or local guidelines (excluding GLP-1 RAs, DPP-4 inhibitors and amylin analogues). Medication should preferably be weight-neutral and should first be based on intensification of background OAD treatment or addition of new background OADs. This will not be considered as rescue medication and subjects can continue in the trial unchanged.

## 7.8 Treatment after the end of the trial

After the end of the trial the subject should be treated at the discretion of the investigator.

# 8 Discontinuation/Withdrawal criteria

The subject may be discontinued at any time during the trial at the discretion of the investigator for safety, behavioural, compliance or administrative reasons.

Efforts must be made to have the subjects, who discontinue trial product, to continue in the trial. Subjects must be educated about the continued scientific importance of their data, even if they discontinue trial product. Only subjects who withdraw consent will be considered as withdrawn from the trial.

## 8.1 Discontinuation of trial treatment

- Discontinuation of trial treatment can be decided by either the investigator or the subject.
- Subjects who discontinue trial product should continue with the scheduled visits and assessments to ensure continued counselling and data collection.
- If the subject does not wish to attend the scheduled clinic visits efforts should be made to have the visits converted to phone contacts. However all efforts should be made to have the subject attend at least the 'end of treatment' clinic visit containing the final data collection of primary and confirmatory secondary efficacy endpoints, and the 'end of trial' visit.
- If the subject refuses to attend the 'end of treatment' and/or 'end of trial' visit, information about the attempts to follow up with the subject must be documented in the subject's medical record.

The subject must be discontinued from trial product, if any of the following applies:

1. Safety concern as judged by the investigator
2. Calcitonin  $\geq 100$  ng/L (see [Appendix 9](#))
3. Suspicion of pancreatitis
4. Pregnancy

5. Intention of becoming pregnant
6. Simultaneous participation in another clinical trial of an approved or non-approved investigational medicinal product

If acute pancreatitis is suspected appropriate actions should be initiated, including local measurement of amylase and lipase (see [Appendix 4](#) for reporting).

Subjects meeting discontinuation of trial product criterion no. 3 are allowed to resume trial product if the Atlanta criteria<sup>52</sup> are not fulfilled and thus, the suspicion of acute pancreatitis is not confirmed. Trial product may be resumed for subjects with a gallstone-induced pancreatitis in case of cholecystectomy.

Subjects meeting discontinuation of trial product criteria no. 1, 4, and 5 are allowed to resume trial product, if the criteria are no longer met (see Section [8.1.1](#)).

The primary reason for discontinuation of trial product must be specified in the source data at the time of discontinuation, and subject should continue to follow the visit and assessment schedule. A change in 'treatment status' must be made in IWRS to discontinue trial product. If subject is not allowed to resume trial product, then the reason for discontinuation will be recorded in the 'end of treatment' form in the CRF, and final drug accountability must be performed.

### **8.1.1 Temporary discontinuation of trial treatment**

If a subject has discontinued trial product due to temporary safety concern not related to trial product and is allowed to resume, the subject should follow the guide for missed doses (Section [7.1](#)). Similarly, a subject who discontinue trial product on their own initiative should be encouraged to resume trial product (Section [7.1](#)).

Each missed dose should be recorded in the CRF, as per subject's recollection. If a 'treatment status' session previously has been made in IWRS, to indicate discontinuation of trial product, a new 'treatment status' session must be made to resume trial product.

### **8.2 Withdrawal from the trial**

A subject may withdraw consent at any time at his/her own request.

If a subject withdraws consent, the investigator must ask the subject if he/she is willing, as soon as possible, to have assessment performed according to the 'end of treatment' visit. See the flowchart for data to be collected.

Final drug accountability must be performed even if the subject is not able to come to the trial site. The investigator must make a 'treatment status' session in IWRS to discontinue trial product.



If a subject withdraws from the trial, he/she may request destruction of any samples taken and not tested, and the investigator must document this in the medical record.

If the subject withdraws consent, Novo Nordisk may retain and continue to use any data collected before such a withdrawal of consent.

Although a subject is not obliged to give his/her reason(s) for withdrawing, the investigator must make a reasonable effort to ascertain the reason(s), while fully respecting the subject's rights. Where the reasons are obtained, the primary reason for withdrawal must be specified in the end of trial form in the CRF.

### **8.2.1 Replacement of subjects**

Subjects who discontinue trial product or withdraw from trial will not be replaced.

### **8.3 Lost to follow-up**

A subject will be considered lost to follow-up if he or she repeatedly fails to return for scheduled visits and is unable to be contacted by the trial site.

The following actions must be taken if a subject fails to return to the trial site for a required visit:

- The site must attempt to contact the subject and reschedule the missed visit as soon as possible and counsel the subject on the importance of maintaining the assigned visit schedule and ascertain whether or not the subject wishes to and/or should continue in the trial.
- Before a subject is deemed lost to follow-up, the investigator must make every effort to regain contact with the subject (where possible, at least three telephone calls and, if necessary, a certified letter to the subject's last known mailing address or local equivalent methods). If attempts have failed, family members or other contacts consented by the subject can be contacted for alternative contact details. These contact attempts should be documented in the subject's source document.
- Should the subject continue to be unreachable, he/she will be considered to have withdrawn from the trial with a primary reason of lost to 'follow-up'.

## 9 Trial assessments and procedures

- Trial procedures and their timing are summarised in the flowchart.
- Informed consent must be obtained before any trial related activity, see [Appendix 3](#).
- All screening evaluations must be completed and reviewed to confirm that potential subjects meet all eligibility criteria.
- The investigator will maintain a screening log to record details of all subjects screened and to confirm eligibility or record reason for screen failure, as applicable.
- At screening, subjects will be provided with a card stating that they are participating in a trial and giving contact details of relevant trial site staff.
- Adherence to the trial design requirements, including those specified in the flowchart, is essential and required for trial conduct.
- Assessments should be carried out according to the clinic's standard of practice unless otherwise specified in the current section. Efforts should be made to limit the bias between assessments. The suggested order of the assessments:
  1. Electrocardiogram (ECGs) and vital signs
  2. Blood samples
  3. Patient reported outcomes (see Section [9.1.2](#)) and mental health assessment instruments (Section [9.4.1](#))
  4. Other assessments
- Source data of clinical assessments performed and recorded in the CRF must be available and will usually be the subject's medical records. Additional recording to be considered source data includes, but is not limited to laboratory reports, electrocardiogram (ECG), diary recordings and clinical outcome assessments.
- Subjects must receive training in how to collect dosing information prior to PK sampling in a designated paper diary.
- Only the subject can make entries and corrections in the diaries, unless the section is specified for site staff.
- The barriers and motivation interview identifies barriers to and motivation for lifestyle change and compliance with the protocol. The interview must be conducted at screening to assist in identifying subjects who are unable or unwilling to comply with protocol procedures as per the exclusion criteria. In addition, the interview will ensure that any minor barriers are addressed during lifestyle counselling.
- The results of the interview will not be entered into the CRF. It will be at the investigator's discretion to evaluate the motivation of the subject and related eligibility.
- Subject's weight history must be recorded in the subject's medical record.
- Review of diaries, mental health assessment instruments, ECG, and laboratory reports must be documented either on the documents or in the subject's source documents. If clarification of entries or discrepancies is needed, the subject must be questioned and a conclusion made in the subject's source documents. Care must be taken not to bias the subject.

- Repeat laboratory samples may be taken for technical issues and unscheduled samples or assessments may be taken for safety reasons. Please refer to [Appendix 2](#) for further details on laboratory samples.
- For subjects receiving antihypertensive or lipid-lowering or OAD treatment, the investigator should evaluate changes in the subjects' treatment intensity within each therapeutic area. The evaluation should be based on whether an overall change from randomisation until the time of the evaluation has occurred (i.e., either increase, decrease or no change) after reviewing all available relevant information e.g., changes in drug dose, drug class, number of drugs or a combination of these.
- Only for subjects without T2D:  
The investigator will evaluate the subject's glycaemic status periodically during the trial as detailed in the flowchart based on all available relevant information e.g. medical records, concomitant medication, BG parameters (HbA<sub>1c</sub>, FPG) and AEs. The subject's glycaemic status will be categorised as normo-glycaemia, prediabetes or diagnosed with T2D according to the American Diabetes Association's definitions<sup>51</sup>.

## 9.1 Efficacy assessments

Planned time points for all efficacy assessments are provided in the flowchart.

### 9.1.1 Body measurements

- Body weight should be measured at all site visits without shoes, on an empty bladder and only wearing light clothing. It should be measured on a digital scale and recorded in kilograms or pounds (one decimal) using the same scale throughout the trial. The scale must be calibrated yearly as a minimum.
- Height is measured without shoes in centimetres or inches (one decimal). BMI will be calculated by the CRF from screening data and must be in agreement with inclusion criterion no.3.
- Waist circumference is defined as:
  - Abdominal circumference located midway between the lower rib margin and the iliac crest. Measures must be obtained in standing position with a non-stretchable measuring tape and to the nearest cm or inch. The tape should touch the skin but not compress soft tissue and twists in the tape should be avoided. The subject should be asked to breathe normally. The same measuring tape should be used throughout the trial. The measuring tape will be provided by Novo Nordisk to ensure standardisation.

### 9.1.2 Clinical outcome assessments

Subjects should be given the opportunity to complete the questionnaires by themselves without interruption. Each of the questionnaires takes approximately 10 minutes to complete

The following patient reported outcome questionnaires will be used:

- Short Form 36 v2.0 acute (SF-36)
  - SF-36 measures the subject's overall health related quality of life. It is a 36-item generic measure of health status that yields 2 summary scores for physical health and mental health, and 8 domain scores<sup>53</sup>.
- IWQoL-Lite for CT version 3.0
  - The IWQoL-Lite for CT is a 20-item modified version of a questionnaire tool designed to assess the weight-related quality of life<sup>54</sup>

### 9.1.3 Self-measured plasma glucose

For subjects with T2D at screening:

Subjects will be provided with a BG meter including auxiliaries as well as instructions for use. The subjects will be instructed in how to use the device. Investigator should ensure throughout the trial that the subject is able to correctly measure BG at any time

The BG meters use test strips calibrated to plasma values. Therefore, all measurements performed with capillary blood are automatically calibrated to plasma equivalent glucose values, which will be shown on the display.

The BG meter provided by Novo Nordisk should be used for the measurements required in the protocol.

SMPG measurements should be taken fasting (at least 8 hours overnight before the visit), and prior to taking any diabetes medication. SMPG should be taken either on the day of the clinic visit or on the day before, according to the flowchart. In case of suspicion of a hypoglycaemic event a SMPG should also be taken. Subjects should be instructed in how to record the results of the SMPG values in the diaries. The record of each SMPG value should include date, time and value. All data from the diary must be transcribed into the CRF during or following the contact. If obtained via phone and a discrepancy is later detected, the values in the CRF must be corrected.

Occasional review by the investigator of the BG meter values stored in the memory of the BG meter and correct reporting of these in the diary is advised in order to ensure adequacy of the data reported in the CRF.

### 9.1.4 Clinical efficacy laboratory assessments

- All protocol-required laboratory assessments, as defined in [Appendix 2](#), must be conducted in accordance with the flowchart and the laboratory manual.

## 9.2 Adverse events

The definitions of AEs and SAEs can be found in [Appendix 4](#).

The investigator is responsible for detecting, documenting, recording and following up on events that meet the definition of an AE or SAE.

### **9.2.1 Time period and frequency for collecting AE and SAE information**

All AEs will be collected from the first trial-related activity after obtaining informed consent and until ‘end of trial’ visit, at the time points specified in the flowchart.

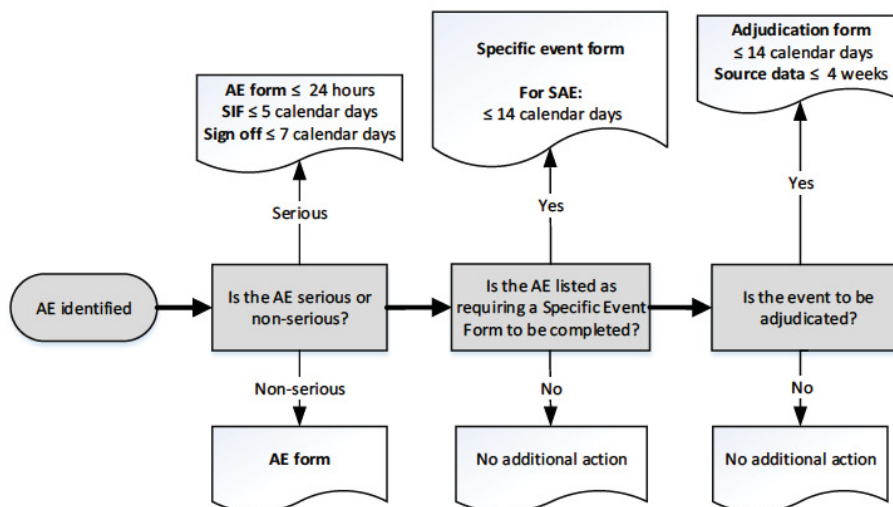
All SAEs will be recorded and reported to Novo Nordisk or designee within 24 hours, as indicated in [Appendix 4](#). The investigator must submit any updated SAE data to Novo Nordisk within 24 hours of it being available.

Investigators are not obligated to actively seek for AE or SAE in former trial subjects. However, if the investigator learns of any SAE, including a death, at any time after a subject has been discontinued from/completed the trial, and the investigator considers the event to be possibly/probably related to the investigational trial product or trial participation, the investigator must promptly notify Novo Nordisk.

The method of recording, evaluating and assessing causality of AE and SAE and the procedures for completing and transmitting SAE reports are provided in [Appendix 4](#).

Timelines for reporting of AEs including events for adjudication are listed in [Figure 9-1](#).

Some AEs require additional data collection via a specific event form. This includes medication errors observed during the trial. The relevant specific events are listed in [Table 9-1](#) and the reporting timelines in [Figure 9-1](#).



Timelines are from the awareness of an AE.  
Queries to be resolved ≤ 14 calendar days.  
AE: Adverse Events, SAE: Serious Adverse Events, SIF: Safety Information Form

**Figure 9-1 Decision tree for determining the event type and the respective forms to complete with associated timelines**

**Table 9-1 AEs requiring additional data collection (via specific event form) and events for adjudication**

Event type	AE via specific event form	Event for adjudication (Section 9.2.1.1)
Medication error	X	
Misuse or abuse of trial product <sup>1</sup>		
Death		X
Cardiovascular events		
Acute Coronary Syndrome		X
Cerebrovascular event		X
Heart failure		X
Coronary artery revascularisation		X
Acute pancreatitis	X	X
Acute gallbladder disease	X	
Malignant neoplasms	X	
Hepatic event	X	
Acute renal failure <sup>2</sup>	X	
Diabetic retinopathy <sup>2</sup>	X	

<sup>1</sup>Additional data for Misuse or abuse of trial product is reported on the medication error event form.

<sup>2</sup>For subjects with T2D only

### 9.2.1.1 Event for adjudication

Event adjudication will be performed for adverse events in randomised subjects. These events are reviewed by an independent external event adjudication committee (EAC) in a blinded manner, refer to [Appendix 3](#) for further details

There are four ways to identify events relevant for adjudication as described below:

- Investigator-reported events for adjudication: When reporting AEs, the investigator must select the appropriate AE category based on pre-defined criteria (see [Table 9-1](#) and [Appendix 4](#))
- Death
- AE Search (standardised screening): All AEs not directly reported by the investigator as requiring adjudication, will undergo screening to identify potential events for adjudication. The investigator can be queried to provide additional information related to the reported AE, e.g. alternative aetiology, underlying cause(s) and/or clinical details.
- EAC-identified events: When reviewing source documents provided for another event for adjudication, the EAC can identify additional events in scope for adjudication that were not initially reported by the investigator. In these instances, the investigator will be notified of the newly identified event and has the option to report the EAC-identified event. Regardless of whether the investigator decides to report the event, it will undergo adjudication. Occasionally, EAC-identified events may require the investigator to collect additional source documents, which should be provided by uploading to the event adjudication system (EAS).

With the exception of EAC-identified events, an event-specific adjudication form for the event in question should be completed in the CRF within 14 calendar days of the investigator's first knowledge of the event.

Copies of collected source documents should be labelled with trial ID, subject and AE number, redacted (anonymised of personal identifiers) and uploaded to the EAS within 4 weeks according to instructions outlined in the event adjudication site manual. If no, or insufficient source documents are provided to the adjudication supplier, the investigator can be asked to complete a clinical narrative to be uploaded to the EAS.

If new information becomes available for an event sent for adjudication, it is the responsibility of the investigator to ensure the new information is uploaded to the EAS

### 9.2.2 Method of detecting AEs and SAEs

Care should be taken not to introduce bias when detecting AEs and/or SAEs. Open-ended and non leading verbal questioning of the subject is the preferred method to inquire about events.



### **9.2.3 Follow-up on AEs and SAEs**

After the initial AE/SAE report, the investigator is required to proactively follow each subject at subsequent visits/contacts. All SAEs, will be followed until resolution, stabilization, or if the event is otherwise explained (e.g. chronic condition) or the subject is lost to follow-up (as defined in Section [8.3](#)). Further information on follow-up procedures is given in [Appendix 4](#).

### **9.2.4 Regulatory reporting requirements for SAEs**

Prompt notification by the investigator to Novo Nordisk of a SAE is essential so that legal obligations and ethical responsibilities towards the safety of subjects and the safety of a trial product under clinical investigation are met.

Novo Nordisk has a legal responsibility to notify both the local regulatory authority and other regulatory agencies about the safety of a trial product under clinical investigation. Novo Nordisk will comply with country-specific regulatory requirements relating to safety reporting to the regulatory authority, IRB/IEC, and investigators.

Investigator safety reports must be prepared for suspected unexpected serious adverse reactions (SUSARs) according to local regulatory requirements and Novo Nordisk policy and forwarded to investigators as necessary.

An investigator who receives an investigator safety report describing a SAE or other specific safety information (e.g. summary or listing of SAEs), from Novo Nordisk will review and then file it along with the IB and will notify the IRB/IEC, if appropriate according to local requirements.

### **9.2.5 Cardiovascular and death events**

Cardiovascular and death events will be handled and reported according to AE/SAEs description in Section [9.2.1](#).

### **9.2.6 Hypoglycaemic episodes**

For subjects without T2D at screening.

Hypoglycaemic episodes must be reported as an AE in accordance with section [9.2](#) and [Appendix 4](#).

For hypoglycaemic episodes in subjects with T2D, see section [9.2.7](#).

### **9.2.7 Disease-related events and/or disease-related outcomes not qualifying as an AE or SAE**

For subject with T2D at screening:



The following Disease-Related Events are common in subjects with T2D and can be serious/life threatening:

- Hypoglycaemic episodes

Definitions, classification and reporting requirements are described in [Appendix 8](#).

## Hypoglycaemia

Non-serious hypoglycaemia must be reported on a hypoglycaemic episode form only.

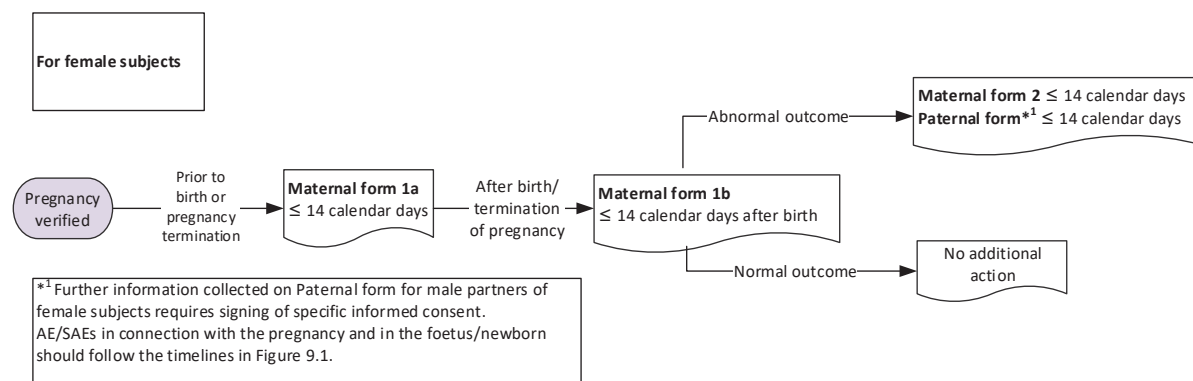
If the hypoglycaemic episode fulfils the criteria for an SAE then in addition to the above, an AE form and a safety information form must also be filled in. One AE form and safety information form can cover several hypoglycaemic episode forms, if the subject has not recovered between the episodes.

### 9.2.8 Pregnancies and associated adverse events

Details of pregnancies in female subjects will be collected after the first-trial-related activity after obtaining informed consent and until the 'end of trial' visit.

If a pregnancy is reported in female subjects, the investigator should inform Novo Nordisk within 14 calendar days of learning of the pregnancy and should follow the procedures outlined in [Figure 9-2](#) and [Appendix 5](#).

Pregnancy outcome should be documented in the subject's medical record. Abnormal pregnancy outcome (e.g. spontaneous abortion, foetal death, stillbirth, congenital anomalies and ectopic pregnancy) is considered an SAE.



**Figure 9-2 Decision tree for determining the forms to complete with associated timelines for pregnancy.**

### 9.2.9 Medical device incidents (including malfunctions)

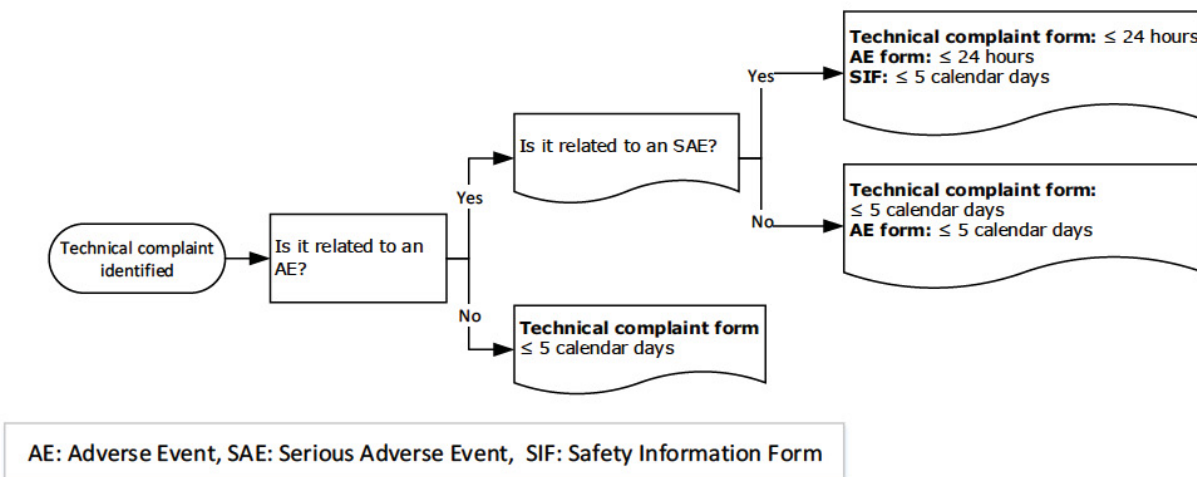
The section is not applicable for this trial. Refer to technical complaints in Section [9.2.10](#).

### 9.2.10 Technical complaints

The investigator must assess whether a technical complaint is related to an AE.

The definitions and reporting process for technical complaints can be found in [Appendix 6](#).

Timelines for reporting technical complaints are listed in [Figure 9-3](#).



**Figure 9-3 Decision tree for determining the forms to complete with associated timelines for technical complaints.**

### 9.3 Treatment of overdose

Overdoses of up to 4 mg in a single dose, and up to 4 mg in a week have been reported in clinical trials. The most commonly reported AE was nausea. All subjects recovered without complications.

There is no specific antidote for overdose with semaglutide. In the event of an overdose, appropriate supportive treatment should be initiated according to subject's clinical signs and symptoms.

The overdose must be reported as a medication error (see [Appendix 4](#)), and for reporting timelines see Section [9.2.1](#).

In the event of an overdose, the investigator should closely monitor the subject for overdose-related AE/SAE and laboratory abnormalities. A prolonged period of observation and treatment may be necessary, taking into account the long half-life of semaglutide of approximately one week.

Decisions regarding dose interruptions or modifications will be made by the investigator based on the clinical evaluation of the subject.

For more information on overdose, also consult the current version of the IB<sup>43</sup> and any updates hereof.

## 9.4 Safety assessments

Planned time points for all safety assessments are provided in the flowchart.

A **concomitant illness** is any illness that is present at the start of the trial (i.e. at the first visit) or found as a result of a screening procedure or other trial procedures performed before exposure to trial product.

**Medical history** is a medical event that the subject has experienced in the past. Only relevant and significant medical history as judged by the investigator should be recorded. Findings of specific medical history should be described in designated forms.

As part of the medical history information related to history of gallbladder disease, breast neoplasm, colon neoplasm, skin cancer, and psychiatric disorder will be recorded. Follow-up questions will be asked at the end of trial related to the breast neoplasm and colon neoplasm.

In case of an abnormal and clinically significant finding, the investigator must record the finding on the Medical History/Concomitant Illness form if it is present at screening. Any new finding fulfilling the AE definition (see [Appendix 4](#)) during the trial and any clinically significant worsening from baseline must be reported as an AE (see Section [9.2](#)).

### 9.4.1 Mental health assessment instruments

- PHQ-9<sup>55</sup> is a 9-item depression module of the patient health questionnaire, which is a self-administered diagnostic tool used for assessment of mental disorders. The questionnaire will be available in a linguistically validated translated version.
- C-SSRS<sup>56</sup> is a detailed questionnaire assessing both suicidal behaviour and suicidal ideation. The questionnaire will be administered as an interview by the investigator or a qualified delegate. The questionnaire (C-SSRS Baseline and C-SSRS Since Last Visit) will be available in a linguistically validated translated version.
- Prior to administering the C-SSRS questionnaire, the investigator or qualified delegate must complete sufficient training.

If a subject has a PHQ-9 score of 10-14 both inclusive the subject should be referred to a mental health professional (MHP) if judged relevant by the investigator. If referral is not deemed relevant this, along with the reason why, must be documented in the subject's medical records.

A subject must be referred to a MHP if:

- the subject has a PHQ-9 score  $\geq 15$  or
- the subject has any suicidal behaviour or
- the subject has any suicidal ideation of type 4 or type 5 on any C-SSRS assessment or

- in the opinion of the investigator, it is necessary for the safety of the subject

If one or more of the referral criteria are met, the investigator should explain to the subject why the referral and psychiatric evaluation by a MHP is needed. If the subject refuses to be referred to a MHP, the subject's decision should be documented in subject's medical record and the investigator must assess if it is safe for the subject to continue in the trial or if the subject should be discontinued from trial product.

If a subject's psychiatric disorder can be adequately treated with psychotherapy and/or pharmacotherapeutic treatment, then the subject, at the discretion of the investigator (and in agreement with the MHP), may continue in the trial. Otherwise, the subject must be discontinued from trial product due to safety concern as judged by the investigator.

#### **9.4.2 Physical examinations**

- A physical examination will include assessments of the general appearance, thyroid gland, breast (females) and abdomen, as well as the cardiovascular and respiratory system.  
Subject with T2D at screening: Physical examination will include central and peripheral nervous systems.
- Investigators should pay special attention to clinical signs related to previous serious illnesses.

#### **9.4.3 Vital signs**

- The method for measuring systolic and diastolic blood pressure needs to follow the standard clinical practice at site.
- Blood pressure (diastolic and systolic) and pulse measurements should be preceded by at least 5 minutes of rest for the subject in a quiet setting without distractions (e.g. television, cell phones).
- Blood pressure and pulse measurements will be assessed in a sitting position with a completely automated device. Manual techniques will be used only if an automated device is not available.

#### **9.4.4 Electrocardiograms**

- 12-lead ECG will be obtained as outlined in the flowchart using an ECG machine that automatically calculates the heart rate and measures PR, QRS and QT intervals.

#### **9.4.5 Eye examination**

For subject with T2D at screening:

Subjects with uncontrolled and potentially unstable diabetic retinopathy or maculopathy are not eligible as this indicates retinopathy that has recently progressed to a level that requires intervention or is approaching intervention, but has yet to be brought under control.

Results of an eye examination performed by an ophthalmologist or another suitably qualified health care provider (e.g. optometrist) must be available and evaluated by the investigator before randomisation to assess eligibility. The eye examination should be performed as a fundus photography (e.g. 2-field 60 degree or better, colour or red-free) or by slit-lamp biomicroscopy examination (e.g. using a pre-corneal or corneal contact lens examination). Pharmacological pupil-dilation is a requirement unless using a digital fundus photography camera specified for non-dilated examination.

If the subject had such an eye examination performed within 90 days prior to screening, the investigator may base his/her evaluation upon the results of that examination. The examination must be repeated before randomisation if the subject has experienced worsening of visual function since the last examination. If the applicable eye examination was performed before the subject signed the informed consent form, it must be documented that the reason for performing the examination was not related to this trial.

After randomisation an eye examination performed according to above must be performed as per the flowchart in section [2](#). The investigator should indicate the outcome of each eye examination. Relevant findings prior to randomisation must be recorded as concomitant illness/medical history, while relevant findings occurring after randomisation should be reported as an AE, if applicable according to section [9.2](#).

#### **9.4.6 Clinical safety laboratory assessments**

All protocol-required laboratory assessments, as defined in [Appendix 2](#), must be conducted in accordance with the flowchart and the laboratory manual.

- If the laboratory finding based on the results from central laboratory meets the criteria for laboratory outliers, a laboratory outlier form in the CRF should be completed. Please refer to [Appendix 2](#) for the criteria for the laboratory outliers.
- Urine pregnancy tests provided by central laboratory must be performed for women of childbearing potential at screening and as specified in the flowchart. Urine pregnancy test must be repeated at any time during the trial if pregnancy is suspected. Further instructions can be found in the laboratory manual.

#### **9.4.7 Immunogenicity assessments**

Blood samples for determination of serum antibodies against semaglutide, including cross reactivity to endogenous GLP-1, will be taken during the trial at visits specified in the flowchart. Antibody samples are only collected in China and not in other participating countries. The results of the

analysis will only be disclosed after completion of the clinical trial report (CTR) if required by local regulation.

## 9.5 Pharmacokinetics

- Single blood samples for measuring plasma concentration of semaglutide will be drawn for both semaglutide and semaglutide placebo subjects on visits specified in the flowchart.
- Subject must be instructed to withhold their trial product dose in the morning of the clinic visit until blood sampling has been performed.
- The PK dosing information should be transcribed into the CRF for the last 2 doses of trial product.
- The exact timing of obtaining the PK sample must be recorded on the laboratory form.
- The dual purpose of measuring plasma semaglutide levels is to perform population pharmacokinetic (Pop- PK) analyses and to assess the level of drug interference in the anti-semaglutide antibody analysis. Having Pop-PK in this trial will further support bridging of Pop-PK from trials conducted in other populations.

Samples will be used to evaluate the PK of semaglutide. Each plasma sample will be divided into 2 aliquots (e.g. one for PK and a backup,) and may also be used to evaluate safety or efficacy aspects that address concerns arising during or after the trial. PK samples are only collected in China and not in other participating countries.

## 9.6 Pharmacodynamics

Not applicable for this trial.

## 9.7 Genetics

Not applicable for this trial.

## 9.8 Biomarkers

Not applicable for this trial.

## 9.9 Severe hypersensitivity

In the event of a severe immediate hypersensitivity reaction to trial product, it is recommended to test locally for tryptase (total and/or mature tryptase) within 3 hours of the hypersensitivity reaction. In case a tryptase sample was collected within 3 hours of the event of hypersensitivity reaction, a baseline tryptase sample should be taken after 1-2 weeks of trial product wash-out.

# 10 Statistical considerations

Taxonomy of week 44 assessments



For each subject a given assessment at week 44 may be available or missing and [Table 10-1](#) describes the taxonomy for this. Note, this is done per assessment and per subject; subjects may be a different type for different assessments (a subject may have “available on randomised treatment (AT)” for body weight but “missing on randomised treatment (MT)” for waist circumference).

**Table 10-1 Taxonomy for subjects based on week 44 assessments**

Assessment at week 44	Subjects on randomised treatment at week 44	Type description	Type Abbreviation
Available	Yes	<b>Available on randomised treatment:</b> Subjects who complete the trial on randomised treatment with an assessment at week 44: Includes those that stop and restart trial product.	AT
	No	<b>Available but discontinued</b> Subjects who discontinued randomised treatment prematurely but returned to have an assessment at week 44. These are also called retrieved subjects	AD
Missing	Yes	<b>Missing on randomised treatment:</b> Subjects who complete the trial on randomised treatment without an assessment at week 44: Includes those that stop and restart trial product.	MT
	No	<b>Missing and discontinued:</b> Subjects who discontinued randomised treatment prematurely and did not return to have an assessment at week 44. These are also called non-retrieved subjects	MD

## 10.1 Sample size determination

The tests of superiority of semaglutide 2.4 mg to semaglutide placebo for the primary and confirmatory secondary endpoints are performed using the fixed-sequence statistical strategy. This strategy tests the endpoints using a predefined hierarchical order, all at the significance level of 5%, moving to test the next endpoint only after a statistically significant superiority result ( $p\text{-value} < 5\%$ ) on the previous endpoint. The test hierarchy is given in [Table 10-2](#) with underlying assumptions, marginal power and effective power. The effective power is calculated under the assumption of independence of endpoints by multiplying the respective marginal powers successively. As the two primary endpoints are included in the statistical testing hierarchy, significant superiority of semaglutide 2.4 mg vs. semaglutide placebo must be demonstrated for each of the primary endpoints.

In the analysis approach addressing the primary estimand, week 44 assessments from retrieved subjects (AD) are used. These data are also used to impute missing measurements at week 44 for non-retrieved subjects (MD). The imputation is done separately within each treatment arm (see description below). However, for the power calculations missing values (MT and MD), regardless of treatment arm, are assumed to be similar to semaglutide placebo subjects. These assumptions are likely conservative with respect to the power, and correspond to the jump to reference sensitivity analysis planned below.

## Assumptions

The common assumptions for the power calculations are

- The significance level is 5%
- The randomisation ratio is 2:1
- For continuous endpoints the t-test on the mean difference assuming equal variances is used
- For binary endpoints the Pearson chi-square test for two independent proportions is used
- 70% of subjects are assumed to be treatment completers, i.e. on randomised treatment (AT) at week 44
- Thus 30% of subjects discontinue trial product permanently and
- $\geq 50\%$  of these are retrieved (AD) at week 44
- 30% of the subjects have T2D
- All subjects in the semaglutide placebo arm are assumed to have same effect as subjects who complete the trial on semaglutide placebo (AT)
- Retrieved subjects (AD) in the semaglutide arm are assumed to have an effect corresponding to half the treatment difference (compared to semaglutide placebo) of subjects who complete the trial on semaglutide (AT)
- Non-retrieved subjects (MD) in the semaglutide arm are assumed to have an effect corresponding to the semaglutide placebo arm
- 80% of the total trial population are Chinese subjects

Further assumptions made to calculate the power for each of the primary and confirmatory secondary endpoints are based on findings from other projects conducted by Novo Nordisk (NN8022 (SCALE), NN9535 (SUSTAIN), NN9924 (PIONEER)), and trial NN9536-4153 and are presented in [Table 10-2](#). Furthermore, the sample size for this trial was determined to reach approximately 95% effective power (corresponding to approximately 90% effective power for the Chinese subpopulation) for the body weight related endpoints in the statistical hierarchy, i.e. body weight change, 5%, 10% and 15% responders and waist circumference change.

Given these assumptions, the sample size of 375 subjects (250 in the s.c. semaglutide 2.4 mg once weekly and 125 in the semaglutide placebo arm), gives an effective power (marginal powers multiplied) of 25% for the last endpoint in the hierarchical testing procedure, i.e. IWQoL-Lite physical function domain score change.

**Table 10-2 Assumptions, marginal power and effective power for each endpoint in the hierarchical testing procedure given an anticipated number of 375 randomised subjects**

Order	Endpoint	Assumed mean or proportion for completers	Expected mean ( $\pm$ SD) or proportion		Marginal power (%)	Effective power (%)
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		[non-T2D][T2D] (±SD)				Expected difference or proportion ratio		
		Semaglutide 2.4 mg	Semaglutide placebo	Semaglutide 2.4 mg	Semaglutide placebo			
1	% weight change #	[12.6] [10.4] (±10)	[3] [1.7] (±10)	9.8 (±11)	2.6 (±11)	7.2%-points	> 99	99
2	5% responders	[78%] [71%]	[42%] [37%]	68%	41%	1.7	> 99	99
3	10% responders	[60%] [52%]	[24%] [20%]	50%	23%	2.2	> 99	99
4	15% responders	[41%] [32%]	[12%] [9%]	31%	11%	2.8	99	99
5	WC change (cm) #	[9.9] [8.2] (±10)	[4] [2.8] (±10)	8.1 (±11)	3.6 (±11)	4.5 cm	96	95
6	sBP change (mmHg) #	[5.6] [4.6] (±13)	[1.5] [0.4] (±13)	4.4 (±14)	1.2 (±14)	3.2 mmHg	55	52
7	SF-36 PF score change	[5.4] [5.4] (±10)	[2] [2] (±10)	4.6 (±11)	2 (±11)	2.6 score-points	59	31
	IWQoL-Lite PFD score change	[21.6] [21.6] (±20)	[13] [13] (±20)	19.7 (±21)	13 (±21)	6.7 score-points	82	25

SD = standard deviation; WC = waist circumference; sBP = systolic blood pressure; SF-36 = Short Form 36 v2.0 acute; PF = physical functioning; IWQoL-Lite = Impact of Weight on Quality of Life-Lite for Clinical Trials; PFD = physical function domain; # shown as a positive number

All tests in the hierarchy are based on the primary estimand

## 10.2 Definition of analysis sets

Two analysis sets are defined:

- The *full analysis set* (FAS) includes all randomised subjects according to the intention-to-treat principle.
- The *safety analysis set* (SAS) includes all randomised subjects exposed to at least one dose of randomised treatment.

Any observation excluded from the analysis will be documented before database lock with the reason for exclusion provided.

Two observation periods are defined for each subject:

- In-trial: The *in-trial period* is defined as the uninterrupted time interval from date of randomisation to date of last contact with trial site.
- On-treatment (with trial product): A time-point is considered as ‘on-treatment’ if any dose of trial product has been administered within the prior 2 weeks (14 days). The *on-treatment period* is defined as all times which are considered on-treatment.

- In general, the on-treatment period will therefore be from the date of first trial product administration to date of last trial product administration excluding potential off-treatment time intervals triggered by at least two consecutive missed doses.
- For the evaluation of adverse events and hypoglycaemic episodes the lag time for each on-treatment time interval is 7 weeks (49 days).

The in-trial and on-treatment periods define the patient years of observation (PYO) and patient years of exposure (PYE), respectively, as the total time duration in the periods.

### 10.3 Statistical analyses

If necessary, a statistical analysis plan (SAP) may be written in addition to the protocol, including a more technical and detailed elaboration of the statistical analyses. The SAP will be finalised before database lock.

Effect endpoints will be analysed using the FAS; safety endpoints will be analysed using the SAS.

Results from statistical analyses will generally be accompanied by two-sided 95% confidence intervals and corresponding p-values. Superiority will be claimed if p-values are less than 5% and the estimated treatment contrasts favours semaglutide 2.4 mg.

#### Handling of missing baseline data

The last available and eligible observation at or before randomisation is used as the baseline value. If no assessments are available, the mean value at randomisation across all subjects is used as the baseline value.

#### 10.3.1 Primary endpoint

*Definition of primary endpoint: % weight change*

Change from baseline (week 0) to week 44 in body weight (%) is defined as

$$\% \text{ weight change} = \frac{(\text{body weight at week 44} - \text{body weight at baseline})}{\text{body weight at baseline}} \times 100.$$

*Definition of primary endpoint: 5% responders*

A body weight reduction of at least 5% from baseline (week 0) to week 44 is defined as

$$5\% \text{ responder} = \begin{cases} 1 & \text{if } \% \text{ weight change} \leq -5\% \\ 0 & \text{if } \% \text{ weight change} > -5\% \end{cases}$$

**Analyses addressing the primary estimand**

The following statistical analyses and imputation methods are designed to address the primary estimand, i.e. to assess the effectiveness of semaglutide 2.4 mg.

The analysis model for % weight change is a linear regression (ANCOVA) of % weight change with randomised treatment and stratification groups as factors and baseline body weight (kg) as covariate. The stratification group is defined by T2D status stratification category. The estimated treatment difference between semaglutide 2.4 mg and semaglutide placebo will be reported together with the associated two-sided 95% confidence interval (CI) and corresponding p-value.

The analysis model for the 5% responder endpoint is a logistic regression using randomised treatment and stratification groups as factors and baseline body weight (kg) as covariate. The stratification group is defined by T2D status stratification category. The estimated odds ratio (OR) between semaglutide 2.4 mg and semaglutide placebo will be reported together with the associated two-sided 95% CI and corresponding p-value.

The superiority tests of semaglutide 2.4 mg vs. semaglutide placebo will be carried out as follows for the two analysis models.

Let  $\mu_{\text{semaglutide}}$  and  $\mu_{\text{semaglutide placebo}}$  denote the true mean of % weight change for semaglutide 2.4 mg and semaglutide placebo group, respectively. The null and alternative hypotheses tested are

$$\begin{aligned} H: \mu_{\text{semaglutide}} &\geq \mu_{\text{semaglutide placebo}} \text{ vs} \\ H_A: \mu_{\text{semaglutide}} &< \mu_{\text{semaglutide placebo}} \end{aligned}$$

The hypothesis will be rejected and superiority claimed, if the upper limit of the estimated two-sided 95% CI is below 0.

Let  $OR_{\text{semaglutide/semaglutide placebo}}$  denote the true odds ratio between semaglutide 2.4 mg and semaglutide placebo. The null and alternative hypotheses tested are

$$\begin{aligned} H: OR_{\text{semaglutide/semaglutide placebo}} &\leq 1 \text{ vs} \\ H_A: OR_{\text{semaglutide/semaglutide placebo}} &> 1. \end{aligned}$$

The hypothesis will be rejected and superiority claimed, if the lower limit of the estimated two-sided 95% CI is above 1.

### *Handling of missing week 44 values for the primary estimand*

All available data at week 44 (AT and AD) are used and missing values (MT and MD) at week 44 will be imputed and the endpoints will be derived from the imputed values. Several approaches for imputation will be applied. First, a description of the primary imputation approach to address the primary estimand for the primary endpoints is given followed by a description of the sensitivity analyses used to assess the robustness of the primary analysis results. The sensitivity analyses investigate how assumptions on body weight development after discontinuation of randomised treatment impact the estimated treatment contrasts between semaglutide 2.4 mg and semaglutide placebo. An illustration of all imputation approaches for the primary estimand is given in [Figure 10-1](#).

### *Primary imputation approach for the primary estimand*

**Multiple imputation approach using retrieved subjects (RD-MI):** The primary imputation approach for the primary estimand is a multiple imputation similar to the one described by McEvoy<sup>57</sup>. Missing body weight measurement at week 44 for non-retrieved subjects (MD) are imputed using assessments from retrieved subjects (AD) in each randomised treatment arm. This will be done according to the timing of last available observation on-treatment (LAO-OT) of body weight. Missing body weight measurements at week 44 for subjects on randomised treatment (MT) are imputed by sampling from available measurements at week 44 from subjects on randomised treatment (AT) in the relevant randomised treatment arm. The multiple imputation approach is done in three steps:

5. **Imputation:** Defines an imputation model using retrieved subjects (AD) from FAS and done within groups defined by randomised treatment and the timing of the LAO-OT of body weight. The model will be a linear regression of body weight (kg) at week 44 with gender (male/female), baseline BMI (kg/m<sup>2</sup>) (in categories 27-<35, 35-<40, ≥40) and stratification groups (defined by stratification categories for T2D status) as factors and baseline body weight (kg) and LAO-OT of body weight (kg) as covariates. No interactions will be included. The grouping of timing will be done by quarters (intervals of 11 weeks). If timing by quarters is too restrictive, halves (intervals of 22 weeks) or excluding timing will be used. If any subjects are MT, an imputation model for missing body weight measurements at week 44 for MT subjects will also be defined using AT subjects in a similar way. The estimated posterior distribution for the parameters (regression coefficients and variances) in the imputation models are then used to impute missing week 44 body weight values for each randomised treatment arm. This will be done 1,000 times and results in 1,000 complete data sets.
6. **Analysis:** Analysis of each of the 1,000 complete data sets, using the analysis models (ANCOVA and logistic regression) results in 1,000 times 2 estimations.
7. **Pooling:** Integrates the 1,000 times 2 estimation results into two final results using Rubin's formula.

Based on NN9536-4153 phase 2 results 1,000 copies should be sufficient to establish stable results. If 1,000 copies are insufficient, 10,000 copies will be used. The multiple imputations will be generated using Novo Nordisk trial number 95364379 as seed number.

### *Sensitivity analyses*

*Jump to reference multiple imputation approach (J2R-MI):* Missing values of body weight at week 44 (MT and MD) for both the semaglutide 2.4 mg and semaglutide placebo group are imputed by sampling among all available assessments at week 44 in the semaglutide placebo group (AT and AD). This approach makes the assumption that subjects instantly after discontinuation lose any effect of randomised treatment beyond what can be expected from semaglutide placebo treatment as adjunct to reduced-calorie diet and increased physical activity<sup>58</sup>. The multiple imputation approach is done as above with the first step replaced by

- **1. Imputation:** Defines an imputation model using semaglutide placebo subjects from FAS with a week 44 measurement (AT and AD). The model will be a linear regression of body weight (kg) at week 44 with gender (male/female), BMI (kg/m<sup>2</sup>) (in categories 27-<35, 35-<40, ≥40) and stratification groups (defined by stratification categories for T2D status) as factors and baseline body weight (kg) as covariate. No interactions will be included. The estimated posterior distribution for the parameters (regression coefficients and variances) in the imputation models are then used to impute missing week 44 body weight values for each randomised treatment arm. This will be done 1,000 times and results in 1,000 complete data sets.

The jump to reference approach is the basis for the sample size calculations.

*A single imputation approach as done by Sacks<sup>59</sup> (S1-SI and S2-SI):* Missing weight measurements at week 44 for non-retrieved subjects (MD) are imputed using a weight regain rate of 0.3 kg/month after LAO but truncated at no change from baseline whenever the extrapolation would lead to a positive weight gain relative to baseline. If a subject's weight at drug discontinuation represented a gain in weight relative to baseline, no additional gain will be imputed, and the unfavourable gain is carried forward to week 44. The weight regain imputation will be done for both randomised arms (S1-SI). Additionally, a version where only the semaglutide 2.4 mg arm uses the regain rate while the semaglutide placebo arm uses last available observation (corresponding to a weight regain rate of 0 kg/month) will be performed (S2-SI). For both versions, missing weight measurements at week 44 for subjects on randomised treatment (MT) are imputed by using LAO.

*Tipping-point multiple imputation analysis (TP-MI):* First, missing data are imputed according to the primary multiple imputation approach. Second, for the semaglutide 2.4 mg treatment arm a penalty will be added to the imputed values at week 44. The approach is to gradually increase this penalty until all confirmed conclusions from the primary analysis are reversed. For each hypothesis tested the specific value of the penalty that reverses the conclusion will be used to evaluate the

robustness of the primary analysis results. This sensitivity analysis evaluates the robustness of the superiority conclusions.

*Mixed model for repeated measurements (MMRM):* This ‘MMRM for effectiveness’ will use all assessments regardless of adherence to randomised treatment, including assessments at week 44 for retrieved drop-outs (AD). The MMRM for effectiveness will be fitted using the same factors and covariate as for the primary analyses all nested within visit. An unstructured covariance matrix for measurements within the same subject will be employed, assuming that measurements for different subjects are independent.

*Non-retrieved subjects as non-responders:* For the 5% responder analysis an analysis using non-retrieved subjects as non-responders in the logistic regressions will be done.

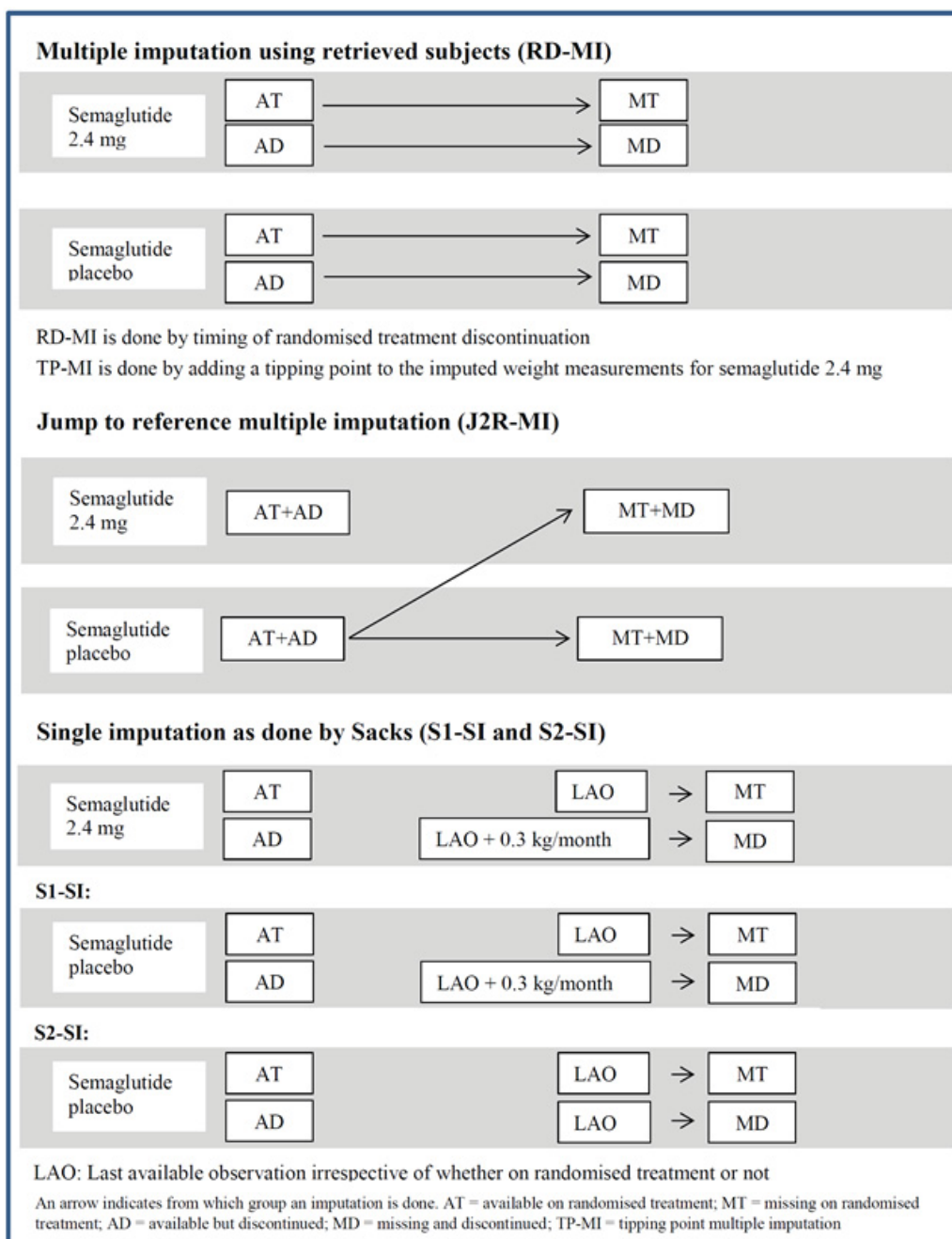


Figure 10-1 Illustration of imputation approaches for the primary estimand



### **Analysis addressing the secondary estimand**

The secondary estimand for % weight change addresses the efficacy of semaglutide 2.4 mg and will be assessed using a 'MMRM for efficacy'. Week 44 assessments for retrieved drop-outs (AD) are not used in this analysis. The MMRM for efficacy will use assessments only from subjects who are taking the randomised treatment until end of treatment or until first discontinuing of randomised treatment. The derived date of the second consecutive missed dose will be used as the latest date for using assessments in this MMRM. The assessment closest in time and before the derived date of the second consecutive missed dose will be used as last assessment on randomised treatment. For subjects who initiate rescue interventions before completion or first discontinuing of randomised treatment, the date of starting weight management drugs or undergoing bariatric surgery will be used as latest date for using assessments in this MMRM. Similarly, the assessment closest in time and before the date of starting weight management drugs or undergoing bariatric surgery will be used as last assessment on randomised treatment. The MMRM for efficacy will be fitted using % weight change and the same factors and covariate as for the primary analyses all nested within visit. An unstructured covariance matrix for measurements within the same subject will be employed, assuming that measurements for different subjects are independent.

The secondary estimand for 5% responders will be assessed using the same MMRM for efficacy. From the MMRM individually predicted values for % weight change at week 44 will be used to classify each subject as 5% responder or not. This classification will then be analysed using a logistic regression model with treatment as the only factor.

An overview of all analysis and imputation methods to address the primary and secondary estimands for the primary endpoints is given in [Table 10-3](#).

### **10.3.2 Secondary endpoints**

#### **10.3.2.1 Confirmatory secondary endpoints**

Confirmatory secondary endpoints are listed in section [4.2.2.1](#) and are all included in the fixed-sequence statistical strategy, see above. All tests are tests of superiority of semaglutide 2.4 mg to semaglutide placebo.

### **Analyses addressing the primary estimand**

All confirmatory secondary endpoints will be analysed using the same imputation approach as used for the primary endpoints and to address the primary estimand. The imputation model is the same as for the primary endpoints with body weight replaced by assessments of the endpoint to be analysed. The statistical model for continuous endpoints will be ANCOVA with factors and covariate as for the primary endpoint % weight change with baseline body weight replaced by the baseline assessment of the endpoint to be analysed. The statistical model for body weight responder endpoints will be logistic regression with factors and covariate as for the primary endpoint 5% responders.

## Analyses addressing the secondary estimand

The confirmatory secondary endpoints which relate to the primary objective will be analysed to address the secondary estimand using the same MMRM for efficacy described for the primary endpoints.

### *Sensitivity analyses for confirmatory secondary endpoints*

For all continuous confirmatory secondary endpoints a sensitivity analysis using jump to reference as imputation approach will be carried out. For all binary confirmatory secondary endpoints a sensitivity analysis using non-retrieved subjects as non-responders will be carried out.

An overview of all analysis and imputation methods to address the primary and secondary estimands for confirmatory secondary endpoints is given in [Table 10-3](#).

**Table 10-3 Analysis and imputation methods to address the primary and secondary estimands for the primary and confirmatory secondary endpoints in the statistical testing hierarchy**

Objective	Endpoint	Test order	Endpoint type	Estimand	Analysis set	Statistical model	Imputation approach	Sensitivity analyses
Primary endpoints								
Primary	% weight change	1	Continuous	Primary	FAS	ANCOVA	RD-MI	J2R-MI S1-SI S2-SI TP-MI MMRM
				Secondary	FAS	MMRM	-	-
Primary	5% responders	2	Binary	Primary	FAS	LR	RD-MI	J2R-MI S1-SI S2-SI TP-MI MMRM Non-responder
				Secondary	FAS	LR	MMRM	-
Confirmatory secondary endpoints								
Primary	10% responders	3	Binary	Primary	FAS	LR	RD-MI	Non-responders
				Secondary	FAS	LR	MMRM	-
Primary	15% responders	4	Binary	Primary	FAS	LR	RD-MI	Non-responders
				Secondary	FAS	LR	MMRM	-
Primary	WC change (cm)	5	Continuous	Primary	FAS	ANCOVA	RD-MI	J2R-MI
				Secondary	FAS	MMRM	-	-
Secondary	sBP change (mmHg)	6	Continuous	Primary	FAS	ANCOVA	RD-MI	J2R-MI
Secondary	SF-36 PF score change	7	Continuous	Primary	FAS	ANCOVA	RD-MI	J2R-MI
Secondary	IWQoL-Lite PFD score change	8	Continuous	Primary	FAS	ANCOVA	RD-MI	J2R-MI

FAS = full analysis set; ANCOVA = analysis of covariance; RD-MI = multiple imputation using retrieved subjects; J2R-MI = jump to reference multiple imputation; S1-SI and S2-SI = single imputation as done by Sacks; TP-MI = tipping point multiple imputation; MMRM = mixed model for repeated measurements; LR = logistic regression; WC = waist circumference; sBP = systolic blood pressure; SF-36 = Short Form 36 v2.0 acute; PF = physical functioning; IWQoL-Lite = Impact of Weight on Quality of Life-Lite for Clinical Trials; PFD = physical function domain

### **10.3.2.2 Supportive secondary endpoints**

Supportive secondary endpoints are listed in Section [4](#). All tests are tests of superiority of semaglutide 2.4 mg to semaglutide placebo.

#### **Analyses addressing the primary estimand**

The effect-related supportive secondary endpoints will be analysed using the same imputation approach as used for the primary endpoints and to address the primary estimand. The imputation model is the same as for the primary endpoints with body weight replaced by assessments of the endpoint to be analysed. The statistical model for continuous endpoints will be ANCOVA with factors and covariate as for the primary endpoint % weight change with baseline body weight replaced by the baseline assessment of the endpoint to be analysed.

The statistical model for responder endpoints relating to COAs will be logistic regression with randomised treatment and stratification groups (defined by stratification categories for T2D status) as factors and the baseline assessment of the endpoint to be analysed as covariate.

For lipids a multiplicative model will be used, i.e. the ratio between post randomisation measurements and baseline will be calculated instead of differences, and both the dependent variable and covariate will be log-transformed.

For glycaemic status, antihypertensive medication, lipid-lowering medication, concomitant oral antidiabetic medication, fatty liver index score category and treatment discontinuation no analysis will be performed. Observed data will be summarised by descriptive statistics.

#### **Analyses addressing the secondary estimand**

The supportive secondary endpoints which relate to the primary objective will be analysed to address the secondary estimand using the same MMRM for efficacy described for the primary endpoints.

#### *Sensitivity analyses for supportive secondary endpoints*

For supportive secondary endpoints no sensitivity analysis will be carried out.

#### **Analysis of safety endpoints**

The safety endpoint pulse will be analysed using an MMRM for efficacy as described in Section [10.3.1](#). For amylase, lipase and calcitonin descriptive statistics will be provided. The analysis of calcitonin will be stratified by gender.

Adverse events will be defined as “treatment-emergent” (TEAE), if the onset of the event occurs in the on-treatment period (see definition in Section [10.2](#)). TEAEs and SAEs will be summarised by

descriptive statistics, such as frequencies and rates. No formal statistical inference will be carried out based on the number of TEAEs and SAEs.

An overview of all analysis and imputation methods to address the primary and secondary estimands for supportive secondary endpoints is given in [Table 10-4](#).

**Table 10-4 Analysis and imputation methods to address the primary and secondary estimands for supportive secondary endpoints**

Objective	Endpoint	Endpoint type	Estimand	Analysis set	Statistical model	Imputation approach	Sensitivity analyses
<b>Supportive secondary endpoints (effect related)</b>							
Primary	Weight change (kg)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
			Secondary	FAS	MMRM	-	-
Primary	BMI change (kg/m <sup>2</sup> )	Continuous	Primary	FAS	ANCOVA	RD-MI	-
			Secondary	FAS	MMRM	-	-
Secondary	HbA <sub>1c</sub> change (%; mmol/mol)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	FPG change (mg/dL)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	Fasting serum insulin change (mIU/L)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	dBp change (mmHg)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	Total cholesterol change (mg/dL)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	HDL change (mg/dL)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	LDL change (mg/dL)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	VLDL change (mg/dL)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	FFA change (mg/dL)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	Triglycerides change (mg/dL)	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 PF score responders #	Binary	Primary	FAS	LR	RD-MI	-
Secondary	SF-36 RP score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 BP score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 GH score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 VT score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 SF score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 RE score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 MH score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 PCS score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	SF-36 MCS score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	IWQoL-Lite PFD score responders##	Binary	Primary	FAS	LR	RD-MI	-
Secondary	IWQoL-Lite PDD score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	IWQoL-Lite PSD score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	IWQoL-Lite total score change	Continuous	Primary	FAS	ANCOVA	RD-MI	-
Secondary	Glycaemic category change	Categorical	Primary	FAS	Descriptive statistics	-	-
Secondary	Antihypertensive medication change	Categorical	Primary	FAS	Descriptive statistics	-	-
Secondary	Lipid-lowering medication change	Categorical	Primary	FAS	Descriptive statistics	-	-
Secondary	Concomitant OAD change	Categorical	Primary	FAS	Descriptive statistics	-	-
Secondary	FLI score category change	Categorical	Primary	FAS	Descriptive statistics	-	-
Secondary	Subjects who have permanently discontinued randomised trial product	Binary	Primary	FAS	Descriptive statistics	-	-
Secondary	Time to permanent discontinuation of randomised trial product	Continuous	Primary	FAS	Descriptive statistics	-	-
<b>Supportive secondary endpoints (safety related)</b>							
Secondary	Number of TEAEs	Continuous	-	SAS	-	-	-
Secondary	Number of SAEs	Continuous	-	SAS	-	-	-
Secondary	Number of hypoglycaemia episodes	Continuous	-	SAS	-	-	-
Secondary	Pulse change (bpm)	Continuous	-	SAS	MMRM	-	-

Secondary	Amylase change (U/L)	Continuous	-	SAS	Descriptive statistics	-	-
Secondary	Lipase change (U/L)	Continuous	-	SAS	Descriptive statistics	-	-
Secondary	Calcitonin change (ng/L)	Continuous	-	SAS	Descriptive statistics	-	-

FAS = full analysis set; ANCOVA = analysis of covariance; RD-MI = multiple imputation using retrieved subjects; MMRM = mixed model for repeated measurements; BMI = body mass index; HbA<sub>1c</sub> = Glycated Haemoglobin A1c; FPG = fasting plasma glucose; DBP = diastolic blood pressure; HDL = high density lipoprotein; LDL = low density lipoprotein; VLDL = very low density lipoprotein; FFA = free fatty acids; LR = logistic regression; SF-36 = Short Form 36 v2.0 acute; PF= Physical Functioning; RP = Role-Physical; BP = Bodily Pain; GH = General Health; VT = Vitality; SF = Social Functioning; RE = Role-Emotional; MH = Mental Health; PCS = Physical component summary; MCS = Mental component summary; IWQoL-Lite = Impact of Weight on Quality of Life-Lite for Clinical Trials; PFD = physical function domain; PDD = pain/discomfort domain; PSD = psychosocial domain; OAD = oral antidiabetic drug; FLI = fatty liver index; TEAEs = treatment emergent adverse events; SAEs = serious adverse events; # responder value = 4.3; ## responder value = 20

### 10.3.3 Explorative statistical analysis for pharmacogenetics and biomarkers

Not applicable for this trial.

### 10.3.4 Other analyses

All collected data that were not defined as endpoints will be summarised by descriptive statistics.

## 10.4 Pharmacokinetic and/or pharmacodynamic modelling

Population PK and exposure-response analyses will be used as supportive evidence for the evaluation of efficacy and safety and further to support the recommended dose of semaglutide in subjects with obesity. First, plasma semaglutide concentrations will be analysed using a population pharmacokinetic model, quantifying covariate (such as baseline body weight, age, gender, race, ethnicity, and injection site) effects on semaglutide exposure. Second, model based estimates of steady-state average concentrations will be derived for each subject, in order to facilitate subsequent exposure-response analyses. Relevant efficacy and safety endpoints will be related to steady-state average concentrations and subjected to model based analysis.

The analyses will be conducted separately for each trial and be combined into a meta-analysis, including the phase 2 trial and phase 3a trials with PK sampling. A modelling analysis plan will be prepared before first database lock in the semaglutide phase 3a programme for weight management, outlining details of the analyses. The modelling will be performed by Quantitative Clinical Pharmacology at Novo Nordisk and will be reported separately from the clinical trial reports.

## 11 Appendices

### Appendix 1 Abbreviations and Trademarks

AD	available but discontinued
ADA	American Diabetes Association
AE	adverse event
ALT	alanine aminotransferase
ANCOVA	analysis of covariance
AST	aspartate aminotransferase
AT	available on randomised treatment
BG	blood glucose
BMI	body mass index
BMR	basal metabolic rate
CI	confidential interval
CLAE	clinical laboratory adverse event
CRF	case report form
COA	Clinical Outcome Assessments
C-SSRS	Columbia-Suicide Severity Rating Scale
CTR	clinical trial report
DFU	direction for use
DUN	dispensing unit number
EAC	event adjudication committee
EAS	event adjudication system
EASD	European Association for the Study of Diabetes
ECG	electrocardiogram
eGFR	estimated glomerular filtration rate
EMA	European Medicines Agency
FAS	full analysis set
FDA	U.S. Food and Drug Administration
FDAAA	FDA Amendments Act
FPG	fasting plasma glucose

FSH	follicle-stimulating hormone
GCP	Good Clinical Practice
GI	Gastrointestinal
GLP-1	glucagon-like peptide-1
HbA <sub>1c</sub>	glycated haemoglobin
HDL	high density lipoprotein
HRT	hormone replacement therapy
IB	investigator's brochure
ICH	International Council for Harmonisation
IEC	independent ethics committee
IMP	investigational medicinal product
IRB	institutional review board
IWQoL-Lite for CT	Impact of Weight on Quality of Life-Lite for Clinical Trials
IWRS	interactive web response system
KDIGO	kidney disease improving global outcome
LAO-OT	last available observation on treatment
LDL	low-density lipoprotein
MD	missing and discontinued
MEN2	multiple endocrine neoplasia type 2
MHP	mental health professional
MMRM	mixed model for repeated measurements
MT	missing on treatment
MTC	medullary thyroid cancer
OAD	oral antidiabetic drug
OR	odds ratio
PCD	primary completion date
PG	plasma glucose
PHQ-9	Patient Health Questionnaire -9
PK	Pharmacokinetic
Pop	population
PYO	patient years of observation



PYE	patient years of exposure
RA	receptor agonist
SAE	serious adverse event
SAP	statistical analysis plan
SAS	safety analysis set
sBP	systolic blood pressure
s.c.	Subcutaneous
SD	standard deviation
SF-36	Short Form-36 v2.0 acute
SGLT2i	sodium–glucose co-transporter 2 inhibitor
SMPG	self-measured plasma glucose
SU	Sulphonylurea
T2D	type 2 diabetes
TEE	total energy expenditure
TEAE	treatment emergent adverse event
TMM	trial materials manual
TSH	thyroid stimulating hormone
UNL	upper normal limit
WC	waist circumference
WOCBP	woman of child bearing potential

## Appendix 2 Clinical laboratory tests

- The tests detailed in [Table 11-1](#) and [Table 11-2](#) will be performed by the central laboratory.
- Laboratory samples specified in the protocol should be sent to the central laboratory for analysis.
- Additional tests may be performed at local laboratory at any time during the trial as determined necessary by the investigator or required by local regulations.
- The laboratory equipment may provide analyses not requested in the protocol but produced automatically in connection with the requested analyses according to specifications in the laboratory standard operating procedures. Such data will not be transferred to the trial database, but the values will be reported to the investigator.
- The investigator must review all laboratory results for concomitant illnesses and AEs.
- Laboratory samples will be destroyed no later than at finalisation of the CTR except, antibody samples which will be stored until marketing authorisation or destroyed at the latest 15 years from end of trial.
- For haematology samples (differential count) where the test result is not normal, then a part of the sample may be kept according to local regulations.

**Table 11-1 Protocol-required efficacy laboratory assessments**

Laboratory assessments	Parameters
Glucose metabolism / Glycaemic control	<ul style="list-style-type: none"> <li>• Fasting plasma glucose<sup>1</sup></li> <li>• HbA<sub>1c</sub></li> <li>• Fasting serum insulin</li> </ul>
Lipids	<ul style="list-style-type: none"> <li>• Cholesterol</li> <li>• High density lipoprotein (HDL) cholesterol</li> <li>• Low density lipoprotein (LDL) cholesterol</li> <li>• Triglycerides</li> <li>• Very-low-density lipoprotein (VLDL) cholesterol</li> <li>• Free fatty acids</li> </ul>
<p>NOTES :</p> <p><sup>1</sup>A FPG result ≤3.9 mmol/L (70 mg/dL) in relation to planned fasting visits should not be reported as a hypoglycaemic episode but as a clinical laboratory adverse event (CLAE) at the discretion of the investigator (<a href="#">Appendix 4</a>).</p> <p>For subjects with T2D at screening:</p> <p>A FPG result &gt;16.7 mmol/L (300 mg/dL) should not be reported as a hyperglycaemic episode but as a CLAE at the discretion of the investigator (<a href="#">Appendix 4</a>).</p>	

**Table 11-2 Protocol-required safety laboratory assessments**

Laboratory assessments	Parameters
Haematology	<ul style="list-style-type: none"> <li>• Basophils</li> <li>• Eosinophils</li> <li>• Erythrocytes</li> <li>• Haematocrit</li> <li>• Haemoglobin</li> <li>• Leucocytes</li> <li>• Lymphocytes</li> <li>• Monocytes</li> <li>• Neutrophils</li> <li>• Thrombocytes</li> </ul>
Biochemistry <sup>1</sup>	<ul style="list-style-type: none"> <li>• Alanine Aminotransferase (ALT)<sup>2</sup></li> <li>• Albumin</li> <li>• Albumin corrected calcium</li> <li>• Alkaline phosphatase</li> <li>• Amylase</li> <li>• Aspartate Aminotransferase (AST)<sup>2</sup></li> <li>• Bicarbonate (only subjects with T2D at screening)</li> <li>• Calcitonin</li> <li>• Creatine kinase</li> <li>• Creatinine</li> <li>• Gamma Glutamyl Transferase (GGT)</li> <li>• Lipase</li> <li>• Potassium</li> <li>• Sodium</li> <li>• Thyroid stimulating hormone (TSH)/Thyrotropin<sup>3</sup></li> <li>• Total Bilirubin</li> <li>• Urea</li> </ul>
Pregnancy Testing	<ul style="list-style-type: none"> <li>• Urine human chorionic gonadotropin (hCG) pregnancy test (as needed for women of childbearing potential)<sup>4</sup></li> </ul>
Other tests	<ul style="list-style-type: none"> <li>• Anti-semaglutide antibodies</li> <li>• Semaglutide plasma concentration</li> <li>• eGFR calculated according to CKD-EPI creatinine equation as defined by KDIGO 2012<sup>39</sup> by the central laboratory at screening</li> <li>• (Tryptase in case of severe hypersensitivity, see Section 9.9)</li> </ul>
<p>Notes :</p> <p><sup>1</sup>Details of required actions and follow-up assessments for increased liver parameters including any discontinuation criteria are given in <a href="#">Appendix 4</a> (Hy's Law) and Section 8.1.</p> <p><sup>2</sup>If ALT or AST &gt;3 upper normal limit (UNL) additional blood samples should be taken from subjects to analyse, international normalised ratio (INR) by central laboratory (except at screening visit). Repeat testing of the abnormal lab assessments should be performed via central lab. for the subject until abnormalities return to normal or baseline state.</p> <p><sup>3</sup>If TSH level is out of normal range, additional testing will be performed by central lab: total and free T3 and T4 except at screening visit</p> <p><sup>4</sup>Local urine testing will be standard unless serum testing is required by local regulation or IRB/IEC</p>	

- Anti-semaglutide antibodies and semaglutide plasma concentration will be performed at a specialised laboratory.
- Laboratory results that could unblind the trial (e.g. antibodies) will only be disclosed after completion of the CTR if required by local regulation.
- Laboratory outlier: If the following laboratory parameters are above/below the cut-off values in [Table 11-3](#) they are considered to be laboratory outliers and should be reported by completing a laboratory outlier form in the CRF:

**Table 11-3 Criteria for laboratory outliers**

	Cut-off
<b>Haematology</b>	
Leucocytes	$< 1 \times 10^9/L$
Lymphocytes	$< 0.2 \times 10^9/L$
Thrombocytes	$< 25 \times 10^9/L$
<b>Biochemistry</b>	
Albumin corrected calcium	$< 1.50 \text{ mmol/L}$ or $> 3.4 \text{ mmol/L}$
Alkaline phosphatase	$> 20 \times \text{UNL}$
Calcitonin	$> 100 \text{ ng/L}$
Creatinine	$> 6 \times \text{UNL}$
Creatine kinase	$> 10 \times \text{UNL}$
Potassium	$< 2.50 \text{ mmol/L}$ or $> 7.0 \text{ mmol/L}$
Sodium	$< 120 \text{ mmol/L}$ or $> 160 \text{ mmol/L}$

- Hepatic laboratory outlier: If the following hepatic laboratory parameters are above the cut-off values in [Table 11-4](#), it is considered to be a hepatic laboratory outlier and should be reported by completing a hepatic event form in the CRF. It is at the investigator's discretion to determine whether it should also be reported as an adverse event (see [Appendix 4](#)).

**Table 11-4 Criteria for hepatic laboratory outliers**

	Cut-off
Alkaline phosphatase	$> 20 \times \text{UNL}$
ALT	$> 5 \times \text{UNL}$
AST	$> 5 \times \text{UNL}$
Total bilirubin	$> 10 \times \text{UNL}$

Please note that in case of a hepatic event defined as ALT or AST  $> 3 \times \text{UNL}$  and total bilirubin  $> 2 \times \text{UNL}$ , where no alternative aetiology exists (Hy's law), this must be reported as an SAE using the important medical event criterion if no other seriousness criteria are applicable

## **Appendix 3 Trial governance considerations**

### **1) Regulatory and ethical considerations**

- This trial will be conducted in accordance with the protocol and with the following:
  - Consensus ethical principles derived from international guidelines including the Declaration of Helsinki<sup>60</sup> and applicable ICH Good Clinical Practice (GCP) Guideline<sup>61</sup>
  - Applicable laws and regulations
- The protocol, informed consent form, IB (as applicable) and other relevant documents (e.g. advertisements), must be submitted to an IRB/IEC and reviewed and approved by the IRB/IEC before the trial is initiated.
- Regulatory authorities will receive the clinical trial application, protocol amendments, reports on SAEs, and the CTR according to national requirements.
- Any amendments to the protocol will require IRB/IEC approval before implementation of changes made to the trial design, except for changes necessary to eliminate an immediate safety hazard to trial subjects.
- Before a trial site is allowed to start screening subjects, written notification from Novo Nordisk must be received.
- The investigator will be responsible for:
  - providing written summaries of the status of the trial annually or more frequently in accordance with the requirements, policies, and procedures established by the IRB/IEC and/or regulatory authorities
  - notifying the IRB/IEC of SAEs or other significant safety findings as required by IRB/IEC procedures
  - providing oversight of the conduct of the trial at the site and adherence to requirements of ICH guidelines, the IRB/IEC, and all other applicable local regulations
  - ensuring submission of the CTR synopsis to the IRB/IEC.

### **2) Financial disclosure**

Investigators and subinvestigators will provide Novo Nordisk with sufficient, accurate financial information as requested to allow Novo Nordisk to submit complete and accurate financial certification or disclosure statements to the appropriate regulatory authorities. Investigators are responsible for providing information on financial interests during the course of the trial and one year after completion of the trial.

### **3) Informed consent process**

- The investigator or his/her representative will explain the nature of the trial to the subject and answer all questions regarding the trial.

- The investigator must ensure the subject ample time to come to a decision whether or not to participate in the trial.
- Subjects must be informed that their participation is voluntary.
- Subjects will be required to sign and date a statement of informed consent that meets the requirements of local regulations, ICH guidelines<sup>61</sup>, Declaration of Helsinki<sup>60</sup> and the IRB/IEC or trial site.
- The medical record must include a statement that written informed consent was obtained before any trial related activity and the date when the written consent was obtained. The authorised person obtaining the informed consent must also sign and date the informed consent form before any trial related activity.
- The responsibility of seeking informed consent must remain with the investigator, but the investigator may delegate the task of informing to a medically qualified person, in accordance with local requirements.
- Subjects must be re-consented to the most current version of the informed consent form(s) during their participation in the trial.
- A copy of the informed consent form(s) must be provided to the subject.

#### **4) Information to subjects during trial**

The site will be offered a communication package for the subject during the conduct of the trial. The package content is issued by Novo Nordisk. The communication package will contain written information intended for distribution to the subjects. The written information will be translated and adjusted to local requirements and distributed to the subject at the discretion of the investigator.

All written information to subjects must be sent to IRB/IEC for approval/favourable opinion and to regulatory authorities for approval or notification according to local regulations.

Different initiatives for subject retention will be implemented throughout this trial. Site retention activities may include cooking classes, group meetings and others. Materials and items will be supplied if locally acceptable. The retention items will be relevant for the subjects' participation in the trial and/or their obesity and will not exceed local fair market value.

The initiatives for subject retention must be sent to IRB/IEC for approval/favourable opinion and to regulatory authorities for approval or notification according to local regulations.

#### **5) Data protection**

- Subjects will be assigned a 6-digit unique identifier, a subject number. Any subject records or datasets that are transferred to Novo Nordisk will contain the identifier only; subject names or any information which would make the subject identifiable will not be transferred.
- The subject and any biological material obtained from the subject will be identified by subject number, visit number and trial ID. Appropriate measures such as encryption or

leaving out certain identifiers will be enforced to protect the identity of subjects as required by local, regional and national requirements.

- The subject must be informed that his/her personal trial related data will be used by Novo Nordisk in accordance with local data protection law. The disclosure of the data must also be explained to the subject.
- The subject must be informed that his/her medical records may be examined by auditors or other authorised personnel appointed by Novo Nordisk, by appropriate IRB/IEC members, and by inspectors from regulatory authorities.

## **6) Committee structure**

### **Novo Nordisk safety committee**

Novo Nordisk will constitute an internal Semaglutide s.c. safety committee to perform ongoing safety surveillance. The Semaglutide s.c. safety committee may recommend unblinding of any data for further analysis, and in this case an independent ad hoc group will be established in order to maintain the blinding of the trial personnel.

### **Event adjudication committee**

An independent external EAC is established to perform ongoing blinded adjudication of selected types of events and deaths (see [Table 9-1](#) and [Appendix 4](#)). The EAC will evaluate events sent for adjudication using pre-defined definitions and guidelines in accordance with the EAC Charter. The evaluation is based on review of pre-defined clinical data collected by the trial sites.

The EAC is composed of permanent members covering all required medical specialties. EAC members must disclose any potential conflicts of interest and must be independent of Novo Nordisk. The EAC will have no authorisations to impact on trial conduct, trial protocol or amendments.

The assessment made by both the EAC and the investigator will be presented in the CTR. In this trial, cardiovascular events will be adjudicated in order to adequately characterize the cardiovascular safety profile, since cardiovascular disease is an important and serious comorbidity of obesity<sup>62</sup>. In addition, events of acute pancreatitis will be adjudicated because Novo Nordisk monitors these events closely as treatment with GLP-1 RA has been associated with acute pancreatitis.

## **7) Publication policy**

The information obtained during the conduct of this trial is considered confidential, and may be used by or on behalf of Novo Nordisk for regulatory purposes as well as for the general development of the trial product. All information supplied by Novo Nordisk in connection with this trial shall remain the sole property of Novo Nordisk and is to be considered confidential information.



No confidential information shall be disclosed to others without prior written consent from Novo Nordisk. Such information shall not be used except in the performance of this trial.

The information obtained during this trial may be made available to other investigators who are conducting other clinical trials with the trial product, if deemed necessary by Novo Nordisk. Provided that certain conditions are fulfilled, Novo Nordisk may grant access to information obtained during this trial to researchers who require access for research projects studying the same disease and/or trial product studied in this trial.

Novo Nordisk may publish on its clinical trials website a redacted CTR for this trial.

One (or two) investigator(s) will be appointed by Novo Nordisk to review and sign the CTR (signatory investigator) on behalf of all participating investigators. The signatory investigator(s) will be appointed based upon the criteria defined by the International Committee of Medical Journal Editors for research publications<sup>63</sup>.

### **Communication of results**

Novo Nordisk commits to communicate and disclose results of trials regardless of outcome. Disclosure includes publication of a manuscript in a peer-reviewed scientific journal, abstract submission with a poster or oral presentation at a scientific meeting or disclosure by other means.

The results of this trial will be subject to public disclosure on external web sites according to international and national regulations. Novo Nordisk reserves the right to defer the release of data until specified milestones are reached, for example when the CTR is available. This includes the right not to release the results of interim analyses, because the release of such information may influence the results of the entire trial.

At the end of the trial, one or more scientific publications may be prepared collaboratively by the investigator(s) and Novo Nordisk. Novo Nordisk reserves the right to postpone publication and/or communication for up to 60 days to protect intellectual property.

In all cases the trial results will be reported in an objective, accurate, balanced and complete manner, with a discussion of the strengths and limitations. In the event of any disagreement on the content of any publication, both the investigators' and Novo Nordisk opinions will be fairly and sufficiently represented in the publication.

### **Authorship**

Novo Nordisk will work with one or more investigator(s) and other experts who have contributed to the trial concept or design, acquisition, analysis or interpretation of data to report the results in one or more publications.

Authorship of publications should be in accordance with the Recommendations for the Conduct, Reporting, Editing and Publication of Scholarly Work in Medical Journals by the International Committee of Medical Journal Editors<sup>63</sup>.

All authors will be provided with the relevant statistical tables, figures, and reports needed to evaluate the planned publication.

Where required by the journal, the investigator from each trial site will be named in an acknowledgement or in the supplementary material, as specified by the journal.

#### **Site-specific publication(s) by investigator(s)**

For a multicentre clinical trial, analyses based on single-site data usually have significant statistical limitations and frequently do not provide meaningful information for healthcare professionals or subjects, and therefore may not be supported by Novo Nordisk. Thus, Novo Nordisk may deny a request or ask for deferment of the publication of individual site results until the primary manuscript is accepted for publication. In line with Good Publication Practice, such individual reports should not precede the primary manuscript and should always reference the primary manuscript of the trial.

#### **Investigator access to data and review of results**

As owner of the trial database, Novo Nordisk has the discretion to determine who will have access to the database.

Individual investigators will have their own research subjects' data, and will be provided with the randomisation code after results are available.

### **8) Dissemination of clinical trial data**

Information of the trial will be disclosed at [clinicaltrials.gov](http://clinicaltrials.gov), [chinadrugtrials.org.cn](http://chinadrugtrials.org.cn) and [novonordisk-trials.com](http://novonordisk-trials.com). It will also be disclosed according to other applicable requirements such as those of the International Committee of Medical Journal Editors (ICMJE)<sup>64</sup>, the Food and Drug Administration Amendment Act (FDAAA)<sup>65</sup>, European Commission Requirements<sup>66, 67</sup> and other relevant recommendations or regulations. If a subject requests to be included in the trial via the Novo Nordisk e-mail contact at these web sites, Novo Nordisk may disclose the investigator's contact details to the subject. As a result of increasing requirements for transparency, some countries require public disclosure of investigator names and their affiliations.

The Primary Completion Date (PCD) is the last assessment of the primary endpoint, and is for this trial Last Subject First Treatment + 44 weeks corresponding to V18 ('End of treatment' visit). If the last subject is withdrawn early, the PCD is considered the date when the last subject would have completed 'end of treatment' visit. The PCD determines the deadline for results disclosure at [clinicaltrials.gov](http://clinicaltrials.gov) according to FDAAA.

## 9) Data quality assurance

### Case Report Forms (CRFs)

- Novo Nordisk or designee is responsible for the data management of this trial including quality checking of the data.
- All subject data relating to the trial will be recorded on electronic CRFs unless transmitted electronically to Novo Nordisk or designee (e.g. laboratory data). The investigator is responsible for verifying that data entries are accurate and correct by physically or electronically signing the CRF.
- For some data both electronic and paper CRFs are used.
- The following will be provided as paper CRFs:
  - Pregnancy forms
- The following will be provided as paper CRFs to be used when access to the electronic CRF is revoked or temporarily unavailable:
  - AE forms
  - Safety information forms
  - Technical complaint forms (also to be used to report complaints that are not subject related, e.g. discovered at trial site before allocation)
- Corrections to the CRF data may be made by the investigator or the investigator's delegated staff. An audit trail will be maintained in the CRF application containing as a minimum: the old and the new data, identification of the person entering the data, date and time of the entry and reason for the correction. If corrections are made by the investigator's delegated staff after the date when the investigator signed the CRF, the CRF must be signed and dated again by the investigator.
- The investigator must ensure that data is recorded in the CRF as soon as possible, preferably within 5 working days after the visit. Once data has been entered, it will be available to Novo Nordisk for data verification and validation purposes

### Monitoring

- The investigator must permit trial-related monitoring, audits, IRB/IEC review, and regulatory agency inspections and provide direct access to source data documents (original documents, data and records). Direct access includes permission to examine, analyse, verify and reproduce any record(s) and report(s) that are important to the evaluation of the trial. If the electronic medical record does not have a visible audit trail, the investigator must provide the monitor with signed and dated printouts. In addition the relevant trial site staff should be available for discussions at monitoring visits and between monitoring visits (e.g. by telephone).

- Trial monitors will perform ongoing source data verification to confirm that data entered into the CRF by authorised site personnel are accurate, complete and verifiable from source documents; that the safety and rights of subjects are being protected, to monitor drug accountability and collect completed paper CRF pages, if applicable, and that the trial is being conducted in accordance with the currently approved protocol and any other trial agreements, ICH GCP, and all applicable regulatory requirements.
- Monitoring will be conducted using a risk based approach including risk assessment, monitoring plans, centralised monitoring (remote assessment of data by Novo Nordisk) and visits to trial sites.
- Monitors will review the subject's medical records and other source data e.g. the diaries and mental health assessment instruments, to ensure consistency and/or identify omissions compared to the CRF.

### **Protocol compliance**

Deviations from the protocol should be avoided. If deviations do occur, the investigator must inform the monitor without delay and the implications of the deviation must be reviewed and discussed.

Deviations must be documented and explained in a protocol deviation by stating the reason, date, and the action(s) taken. Some deviations, for which corrections are not possible, can be acknowledged and confirmed via edit checks in the CRF or via listings from the trial database.

### **10) Source documents**

- All data entered in the CRF must be verifiable in source documentation other than the CRF.
- The original of the completed diaries must not be removed from the trial site, unless they form part of the CRF and a copy is kept at the site. For food and physical activity diary, if the subject uses an app or a tool other than the paper diaries, the medical record or dietician's notes from the diet and physical activity counselling can be used as source document.
- Source documents provide evidence for the existence of the subject and substantiate the integrity of the data collected. Source documents are filed at the trial site.
- Data reported in the CRF that are transcribed from source documents must be consistent with the source documents or the discrepancies must be explained. The investigator may need to request previous medical records or transfer records. Also, current medical records must be available.
- It must be possible to verify subject's medical history in source documents such as subject's medical record.
- Subjects completing electronic patient reported outcome instruments are the data originators. Data will be transmitted to a technology service provider database, thus the service provider database is the source.

- The investigator must document any attempt to obtain external medical information by noting the date(s) when information was requested and who was contacted.
- Definition of what constitutes source data can be found in a source document agreement at each trial site. There will only be one source document defined at any time for any data element.

### **11) Retention of clinical trial documentation**

- Records and documents, including signed informed consent forms, pertaining to the conduct of this trial must be retained by the investigator for 15 years after end of trial unless local regulations or institutional policies require a longer retention period. No records may be destroyed during the retention period without the written approval of Novo Nordisk. No records may be transferred to another location or party without written notification to Novo Nordisk.
- The investigator must be able to access his/her trial documents without involving Novo Nordisk in any way. If applicable, electronic CRF and other subject data will be provided in an electronic readable format to the investigator before access is revoked to the systems and/or electronic devices supplied by Novo Nordisk. Site-specific CRFs and other subject data (in an electronic readable format or as paper copies or prints) must be retained by the trial site. If the provided electronic data (e.g. the CD-ROM) is not readable during the entire storage period, the investigator can request a new copy. A copy of all data will be stored by Novo Nordisk.
- Subject's medical records must be kept for the maximum period permitted by the hospital, institution or private practice

### **12) Trial and site closure**

Novo Nordisk reserves the right to close the trial site or terminate the trial at any time for any reason at the sole discretion of Novo Nordisk. If the trial is suspended or terminated, the investigator must inform the subjects promptly and ensure appropriate therapy and follow-up. The investigator and/or Novo Nordisk must also promptly inform the regulatory authorities and IRBs/IECs and provide a detailed written explanation.

Trial sites will be closed upon trial completion. A trial site is considered closed when all required documents and trial supplies have been collected and a trial site closure visit has been performed.

The investigator may initiate trial site closure at any time, provided there is reasonable cause and sufficient notice is given in advance of the intended termination.

Reasons for the early closure of a trial site by Novo Nordisk or investigator may include but are not limited to:

- failure of the investigator to comply with the protocol, the requirements of the IRB/IEC or local health authorities, Novo Nordisk procedures or GCP guidelines

- inadequate recruitment of subjects by the investigator
- discontinuation of further trial product development.

### **13) Responsibilities**

The investigator is accountable for the conduct of the trial at his/her site and must ensure adequate supervision of the conduct of the trial at the trial site. If any tasks are delegated, the investigator must maintain a log of appropriately qualified persons to whom he/she has delegated specified trial-related duties. The investigator must ensure that there is adequate and documented training for all staff participating in the conduct of the trial. It is the investigator's responsibility to supervise the conduct of the trial and to protect the rights, safety, and well-being of the subjects.

A qualified physician, who is an investigator or a sub-investigator for the trial, must be responsible for all trial-related medical decisions.

The investigator is responsible for filing essential documents (i.e. those documents which individually and collectively permit evaluation of the conduct of a trial and the quality of the data produced) in the investigator trial master file. The documents, including the subject identification code list must be kept in a secure locked facility so that no unauthorized persons can get access to the data.

The investigator will take all necessary technical and organisational safety measures to prevent accidental or wrongful destruction, loss or deterioration of data. The investigator will prevent any unauthorised access to data or any other processing of data against applicable law. The investigator must be able to provide the necessary information or otherwise demonstrate to Novo Nordisk that such technical and organisational safety measures have been taken.

During any period of unavailability, the investigator must delegate responsibility for medical care of subjects to a specific qualified physician who will be readily available to subjects during that time.

If the investigator is no longer able to fulfil the role as investigator (e.g. if he/she moves or retires) a new investigator will be appointed in consultation with Novo Nordisk.

The investigator and other site personnel must have sufficient English skills according to their assigned task(s).

### **14) Indemnity statement**

Novo Nordisk carries product liability for its products, and liability as assumed under the special laws, acts and/or guidelines for conducting clinical trials in any country, unless others have shown negligence.

Novo Nordisk assumes no liability in the event of negligence or any other liability of the sites or investigators conducting the trial or by persons for whom the site or investigator are responsible.

Novo Nordisk may pay additional costs incurred in relation to assessments relevant for following the safety of the subject. Investigator must contact Novo Nordisk on a case by case basis for whether the costs will be covered.



## Appendix 4 Adverse events: definitions and procedures for recording, evaluation, follow-up, and reporting

### AE definition

- An AE is any untoward medical occurrence in a clinical trial subject that is temporally associated with the use of a medicinal product, whether or not considered related to the medicinal product.
- An AE can be any unfavourable and unintended sign, including an abnormal laboratory finding, symptom or disease (new or exacerbated) temporally associated with the use of a medicinal product.

### Events meeting the AE definition

- Any abnormal laboratory test results or safety assessments, including those that worsen from baseline, considered clinically significant in the medical and scientific judgment of the investigator.
- A CLAE: a clinical abnormal laboratory finding which is clinically significant, i.e. an abnormality that suggests a disease and/or organ toxicity and is of a severity that requires active management. Active management includes active treatment or further investigations, for example change of medicine dose or more frequent follow-up due to the abnormality.
- Exacerbation of a chronic or intermittent pre-existing condition including either an increase in frequency and/or intensity of the condition.
- Signs, symptoms or the clinical sequelae of a suspected drug-drug interaction.
- Signs, symptoms or the clinical sequelae of a suspected overdose of trial product regardless of intent.
- A "lack of efficacy" or "failure of expected pharmacological action" per se will not be reported as an AE or SAE. Such instances will be captured in the efficacy assessments. However, the signs, symptoms and/or clinical sequelae resulting from lack of efficacy will be reported as AE or SAE if they fulfil the definition.

### Events NOT meeting the AE definition

- Pre-existing conditions, anticipated day-to-day fluctuations of pre-existing conditions, including those identified during screening or other trial procedures performed before exposure to trial product.

Note: pre-existing conditions should be recorded as medical history/concomitant illness.

- Pre-planned procedures, unless the condition for which the procedure was planned has worsened from the first trial related activity after the subject has signed the informed consent.

### Definition of an SAE

An SAE is an AE that fulfils at least one of the following criteria:

#### • Results in death

#### • Is life-threatening

The term 'life-threatening' in the definition of 'serious' refers to an event in which the subject was at risk of death at the time of the event. It does not refer to an event which hypothetically might have caused death, if it were more severe.

#### • Requires inpatient hospitalisation or prolongation of existing hospitalisation

- Hospitalisation signifies that the subject has been detained at the hospital or emergency ward for observation and/or treatment that would not have been appropriate in the physician's office or outpatient setting. Complications that occur during hospitalisation are AEs. If a complication prolongs hospitalisation or fulfils any other serious criteria, the event is serious. When in doubt as to whether "hospitalisation" occurred or was necessary, the AE should be considered serious.
- Hospitalisation for elective treatment of a pre-existing condition that did not worsen from baseline is not considered an AE.

Note:

<ul style="list-style-type: none"> <li>Hospitalisations for administrative, trial related and social purposes do not constitute AEs and should therefore not be reported as AEs or SAEs.</li> <li>Hospital admissions for surgical procedures, planned before trial inclusion, are not considered AEs or SAEs.</li> </ul>
<ul style="list-style-type: none"> <li><b>Results in persistent or significant disability/incapacity</b> <ul style="list-style-type: none"> <li>The term disability means a substantial disruption of a person's ability to conduct normal life functions.</li> <li>This definition is not intended to include experience of relatively minor medical significance such as uncomplicated headache, nausea, vomiting, diarrhoea, influenza, and accidental trauma (e.g. sprained ankle), which may interfere with or prevent everyday life functions but do not constitute a substantial disruption.</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li><b>Is a congenital anomaly/birth defect</b></li> </ul>
<ul style="list-style-type: none"> <li><b>Important medical event:</b> <ul style="list-style-type: none"> <li>Medical or scientific judgment should be exercised in deciding whether SAE reporting is appropriate in other situations. This includes important medical events that may not be immediately life-threatening or result in death or hospitalisation, but may jeopardise the subject or may require medical or surgical intervention to prevent one of the other outcomes listed in the above definition. These events should usually be considered serious and reported as SAEs using the important medical event criterion.</li> <li>The following adverse events must always be reported as SAEs using the important medical event criterion, if no other seriousness criteria are applicable: <ul style="list-style-type: none"> <li>suspicion of transmission of infectious agents via the trial product.</li> <li>risk of liver injury defined as alanine aminotransferase (ALT) or aspartate aminotransferase (AST) &gt;3 x UNL and total bilirubin &gt;2 x UNL, where no alternative aetiology exists (Hy's law).</li> </ul> </li> </ul> </li> </ul>

**Description of AEs requiring additional data collection (via specific event form) and events for adjudication.**

**AEs requiring additional data collection**

AEs requiring additional data collection are AEs where the additional data will benefit the evaluation of the safety of the trial product (see [Table 9-1](#)). The selection of these events is based on the non-clinical and clinical data with semaglutide, knowledge from the GLP-1 RA drug class as well as regulatory requirements.

Event type	Description
Acute gallbladder disease	Events of symptomatic acute gallbladder disease (including gallstones and cholecystitis)
Acute pancreatitis	The diagnosis of acute pancreatitis requires two of the following three features: <ol style="list-style-type: none"> <li>abdominal pain consistent with acute pancreatitis (acute onset of a persistent, severe, epigastric pain often radiating to the back)</li> <li>serum lipase activity (and/or amylase activity) at least three times greater than the upper limit of normal</li> <li>characteristic findings of acute pancreatitis on imaging.</li> </ol>
Malignant neoplasm	Malignant neoplasm by histopathology or other substantial clinical evidence
Hepatic event	Hepatic event defined as: <ul style="list-style-type: none"> <li>Disorders of the liver including cholestatic conditions and liver related signs and symptoms</li> <li>ALT or AST &gt; 3x UNL and total bilirubin &gt; 2x UNL or INR &gt; 1.5*</li> <li>ALT or AST &gt; 3x UNL with the appearance of fatigue, nausea, vomiting, right upper quadrant pain or tenderness, fever, rash, and/or eosinophilia (&gt;5%)</li> </ul>

	*Please note that in case of a hepatic event defined as ALT or AST > 3x UNL and total bilirubin > 2x UNL, where no alternative aetiology exists (Hy's law), this must be reported as an SAE using the important medical event criterion if no other seriousness criteria are applicable.
Acute renal failure	Events of an abrupt or rapid decline in renal filtration function. This condition is usually marked by a rise in serum creatinine concentration or by azotemia (a rise in blood urea nitrogen [BUN] concentration)
Diabetic retinopathy	New onset or worsening of diabetic retinopathy
Medication error	A medication error concerning trial products is defined as: <ul style="list-style-type: none"> <li>Administration of wrong drug. Note: Use of wrong dispensing unit number (DUN) is not considered a medication error unless it results in a confirmed administration of wrong drug.</li> <li>Wrong route of administration, such as intramuscular instead of subcutaneous.</li> <li>Accidental administration of more than 2.4 mg/week or a higher dose than intended during dose escalation, however, the administered dose must deviate from the intended dose to an extent where clinical consequences for the trial subject were likely to happen as judged by the investigator, although they did not necessarily occur.</li> </ul>
Misuse or abuse of trial product <sup>2</sup>	Misuse is when the trial product is intentionally and inappropriately used. Abuse of trial product is persistent or sporadic, intentional excessive use, which is accompanied by harmful physical or psychological effects (e.g. overdose with the intention to cause harm).

<sup>2</sup>Additional data for misuse or abuse of trial product is reported on the medication error event form.

#### Events for adjudication

Event type	Description	Adjudication outcome
Death	All-cause death	<ul style="list-style-type: none"> <li>Cardiovascular death (including undetermined cause of death)</li> <li>Non-Cardiovascular death</li> </ul>
Acute Coronary Syndrome	Acute Coronary Syndrome conditions include all types of acute myocardial infarction and hospitalisation for unstable angina pectoris	<ul style="list-style-type: none"> <li>Acute myocardial infarction (including subgroup classifications)</li> <li>Hospitalisation for unstable angina pectoris</li> </ul>
Cerebrovascular events	Episode of focal or global neurological dysfunction that could be caused by brain, spinal cord, or retinal vascular injury as a result of haemorrhage or infarction	<ul style="list-style-type: none"> <li>Ischaemic stroke</li> <li>Haemorrhagic stroke</li> <li>Undetermined stroke</li> <li>Transient Ischaemic Attack</li> </ul>
Coronary artery revascularisation	Coronary revascularisation procedure is a catheter-based (PCI) or a surgical procedure (CABG) designed to improve myocardial blood flow	<ul style="list-style-type: none"> <li>Coronary revascularisation procedure</li> </ul>

Heart failure	Presentation of the patient for an urgent, unscheduled clinic/office/emergency department visit or hospital admission, with a primary diagnosis of heart failure (new episode or worsening of existing heart failure)	<ul style="list-style-type: none"> <li>Heart failure hospitalisation</li> <li>Urgent heart failure visit</li> </ul>
Acute pancreatitis	<p>The diagnosis of acute pancreatitis requires two of the following three features:</p> <p>(1) abdominal pain <b>consistent</b> with acute pancreatitis (acute onset of a persistent, severe, epigastric pain often radiating to the back)</p> <p>(2) serum lipase activity (and/or amylase activity) at least three times greater than the upper limit of normal</p> <p>(3) characteristic findings of acute pancreatitis on imaging</p>	<ul style="list-style-type: none"> <li>Acute pancreatitis</li> <li>Mild</li> <li>Moderately severe</li> <li>Severe</li> </ul>

#### **AE and SAE recording**

- The investigator will record all relevant AE/SAE information in the CRF.
- The investigator will attempt to establish a diagnosis of the event based on signs, symptoms, and/or other clinical information. In such cases, the diagnosis (not the individual signs/symptoms) will be documented as the AE/SAE.
- When an AE/SAE occurs, it is the responsibility of the investigator to review all documentation (e.g. hospital progress notes, laboratory and diagnostics reports) related to the event.
- There may be instances when copies of source documents (e.g. medical records) for certain cases are requested by Novo Nordisk. In such cases, all subject identifiers, with the exception of the subject number, will be redacted on the copies of the source documents before submission to Novo Nordisk.
- For all non-serious AEs the applicable forms should be signed when the event is resolved or at the end of the trial at the latest. For sign-off of SAE related forms refer to “SAE reporting via paper CRF” later in this section.
- Novo Nordisk products used as concomitant medication if an AE is considered to have a causal relationship with a Novo Nordisk marketed product used as concomitant medication in the trial, it is important that the suspected relationship is reported to Novo Nordisk, e.g. in the alternative aetiology section on the safety information form. Novo Nordisk may need to report this adverse event to relevant regulatory authorities.

#### **Assessment of severity**

The investigator will assess intensity for each event reported during the trial and assign it to one of the following categories:

- Mild:** An event that is easily tolerated by the subject, causing minimal discomfort and not interfering with everyday activities.
- Moderate:** An event that causes sufficient discomfort and interferes with normal everyday activities.
- Severe:** An event that prevents normal everyday activities.

Note: Severe is a category used for rating the intensity of an event; and both an AE and SAE can be assessed as severe. An event is defined as ‘serious’ when it meets at least one of the outcomes described in the definition of an SAE and not when it is rated as severe.

#### **Assessment of causality**

The investigator is obligated to assess the relationship between trial product and the occurrence of each AE/SAE.

Relationship between an AE/SAE and the relevant trial product(s) should be assessed as:

- Probable - Good reason and sufficient documentation to assume a causal relationship.
- Possible - A causal relationship is conceivable and cannot be dismissed.
- Unlikely - The event is most likely related to aetiology other than the trial product.

Alternative aetiology, such as underlying disease(s), concomitant medication, and other risk factors, as well as the temporal relationship of the event to trial product administration will be considered and investigated.

The investigator should use the IB for the assessment. For each AE/SAE, the investigator must document in the medical records that he/she has reviewed the AE/SAE and has provided an assessment of causality.

There may be situations in which an SAE has occurred and the investigator has minimal information to include in the initial report. However, **it is important that the investigator always makes an assessment of causality for every event before the initial transmission of the SAE data.**

The investigator may change his/her opinion of causality in light of follow-up information and send a follow-up report with the updated causality assessment.

The causality assessment is one of the criteria used when determining regulatory reporting requirements.

#### Final outcome

The investigator will select the most appropriate outcome:

- **Recovered/resolved:** The subject has fully recovered, or by medical or surgical treatment the condition has returned to the level observed at the first trial-related activity after the subject signed the informed consent.
- **Recovering/resolving:** The condition is improving and the subject is expected to recover from the event. This term is only applicable if the subject has completed the trial or has died from another AE.
- **Recovered/resolved with sequelae:** The subject has recovered from the condition, but with lasting effect due to a disease, injury, treatment or procedure. If a sequelae meets an SAE criterion, the AE must be reported as an SAE.
- **Not recovered/not resolved:** The condition of the subject has not improved and the symptoms are unchanged or the outcome is not known.
- **Fatal:** This term is only applicable if the subject died from a condition related to the reported AE. Outcomes of other reported AEs in a subject before he/she died should be assessed as “recovered/resolved”, “recovering/resolving”, “recovered/resolved with sequelae” or “not recovered/not resolved”. An AE with a fatal outcome must be reported as an SAE.
- **Unknown:** This term is only applicable if the subject is lost to follow-up.

#### Follow-up of AE and SAE

The investigator is obligated to perform or arrange for the conduct of supplemental measurements and/or evaluations as medically indicated or as requested by Novo Nordisk to elucidate the nature and/or causality of the AE or SAE as fully as possible (e.g. severe hypersensitivity reactions). This may include additional laboratory tests (e.g. skin prick test) or investigations, histopathological examinations, or consultation with other health care professionals.

If a subject dies during participation in the trial or during a recognised follow-up period, the investigator should provide Novo Nordisk with a copy of autopsy report including histopathology.

New or updated information will be recorded in the CRF.

#### SAE reporting via electronic CRF

- Relevant forms (AE and safety information form) must be completed in the CRF.

- For reporting and sign-off timelines, see box below.
- If the CRF is unavailable for more than 24 hours, then the site will use the paper AE form and if the CRF is unavailable for more than 5 calendar days then the site will use the safety information form (see box below).
- The site will enter the SAE data into the CRF as soon as it becomes available, see [9.2.1](#).
- After the trial is completed at a given site, the CRF will be decommissioned to prevent the entry of new data or changes to existing data. If a site receives a report of a new SAE from a subject or receives updated data on a previously reported SAE after CRF decommission, then the site can report this information on a paper AE and safety information form (see box below) or to Novo Nordisk by telephone.

#### **SAE reporting via paper CRF**

- Relevant CRF forms (AE and safety information form) must be forwarded to Novo Nordisk either by fax, e-mail or courier.
- Initial notification via telephone is acceptable, although it does not replace the need for the investigator to complete the AE and safety information form within the designated reporting time frames (as illustrated in [Figure 9-1](#)):
  - AE form within 24 hours.
  - Safety information form within 5 calendar days.
  - Both forms must be signed within 7 calendar days.

Contact details for SAE reporting can be found in the investigator trial master file.



## **Appendix 5 Contraceptive guidance and collection of pregnancy information**

It must be recorded in the CRF whether female subjects are of childbearing potential.

### **Definitions**

#### **Woman of childbearing potential (WOCBP)**

A woman is considered fertile following menarche and until becoming postmenopausal unless permanently sterile.

If fertility is unclear (e.g. amenorrhea in adolescents or athletes), and a menstrual cycle cannot be confirmed before first dose of trial treatment, additional evaluation should be considered.

#### ***Females in the following categories are not considered WOCBP***

1. Premenarcheal

2. Females with one or more of the following:

- Documented total hysterectomy
- Documented bilateral salpingectomy
- Documented bilateral oophorectomy

Females with permanent infertility due to an alternate medical cause other than the above (e.g. Müllerian agenesis, androgen insensitivity), investigator discretion should be applied in determining trial enrolment.

3. Postmenopausal female:

- A postmenopausal state is defined as amenorrhoea for 12 months without an alternative medical cause.
- Females  $\geq 50$  years of age can be considered postmenopausal (irrespective of treatment with a hormonal contraception or hormone replacement therapy (HRT)) if they have both:
  - Amenorrhoea and
  - Documentation of 2 high follicle stimulating hormone (FSH) measurements in the postmenopausal range and one of these was observed  $\geq 1$  year prior to screening.
- Females  $\geq 60$  years of age can be considered postmenopausal.

Females on HRT and whose menopausal status is in doubt are considered of childbearing potential and will be required to use one of the highly effective/acceptable contraception methods.

Note: Documentation regarding categories 1-3 can come from the site staff's review of subject's medical records, medical examination or medical history interview.

## Contraception guidance

### Male subjects

No contraception measures are required for male subjects as the risk of teratogenicity/fetotoxicity caused by transfer of semaglutide in seminal fluid is unlikely.

### Female subjects

Female subjects of childbearing potential are eligible to participate if they agree to use methods of contraception consistently and correctly. Such methods include:

**Table 11-5 Highly effective contraceptive methods**

<b>Highly effective contraceptive methods that are user dependent<sup>a and b</sup></b>
Failure rate of <1% per year when used consistently and correctly.
Combined (oestrogen and progestogen containing) hormonal contraception associated with inhibition of ovulation <sup>b</sup>
<ul style="list-style-type: none"><li>• oral</li><li>• intravaginal</li><li>• transdermal</li></ul>
Progestogen only hormonal contraception associated with inhibition of ovulation
<ul style="list-style-type: none"><li>• oral</li><li>• injectable</li></ul>
<b>Highly effective methods that are user independent<sup>b</sup></b>
<ul style="list-style-type: none"><li>• Implantable progestogen only hormonal contraception associated with inhibition of ovulation</li><li>• Intrauterine Device (IUD)</li><li>• Intrauterine hormone-releasing System (IUS)</li><li>• Bilateral tubal occlusion</li></ul>
<b>Vasectomised partner</b>
A vasectomised partner is a highly effective contraception method provided that the partner is the sole male sexual partner of the WOCBP and the absence of sperm has been confirmed. If not, an additional highly effective method of contraception should be used.
<b>Sexual abstinence<sup>b</sup></b>
Sexual abstinence is considered a highly effective method only if defined as refraining from heterosexual intercourse during the entire period of risk associated with the trial product. The reliability of sexual abstinence needs to be evaluated in relation to the duration of the trial and the preferred and usual lifestyle of the subject.
Notes:
<sup>a</sup> Failure rates may differ from 1% per year, if not used consistently and correctly. Use should be consistent with local regulations regarding the use of contraceptive methods for subjects participating in clinical trials.
<sup>b</sup> Contraception should be utilised during the treatment period and for at least 49 days after the last dose of trial product

In certain cases, it is accepted to use double barrier methods (a condom combined with an occlusive cap (e.g. diaphragm) with/without the use of spermicide). This should only be allowed in females with:

- 1) known intolerance to the highly effective methods mentioned in [Table 11-5](#) or where the use of any of the listed highly effective contraceptive measures are contraindicated in the individual subject,

and/or

- 2) if the risk of initiating treatment with a specific highly effective method outweighs the benefit for the female.

Justification for accepting double barrier method should be at the discretion of the investigator taking into consideration his/her knowledge about the female's obesity history, concomitant illness, concomitant medication and observed AEs. The justification must be stated in the medical records.

### **Pregnancy testing**

- WOCBP should only be included after a negative highly sensitive urine pregnancy test.
- Urine pregnancy testing should be performed at every site visit (every 4-8 weeks) during the treatment period, at end of treatment and after the 7 weeks off-drug follow-up period according to the flow chart.
- Additional urine pregnancy testing should be performed at monthly intervals during the treatment period, if required locally ([Appendix 10](#)).
- Pregnancy testing should be performed whenever a menstrual cycle is missed or when pregnancy is otherwise suspected.

### **Collection of pregnancy information**

#### **Female subjects who become pregnant**

- Investigator will collect pregnancy information on any female subject, who becomes pregnant while participating in this trial.
- Information will be recorded on the appropriate form and submitted to Novo Nordisk within 14 calendar days of learning of a subject's pregnancy.
- Subject will be followed to determine the outcome of the pregnancy. The investigator will collect follow-up information on subject and neonate, which will be forwarded to Novo Nordisk. Generally, follow-up will not be required for longer than 1 month beyond the delivery date.
- Any termination of pregnancy will be reported, regardless of foetal status (presence or absence of anomalies) or indication for procedure.
- While pregnancy itself is not considered to be an AE or SAE, any pregnancy complication or elective termination of a pregnancy for medical reasons will be reported as an AE or SAE.
- A spontaneous abortion is always considered to be an SAE and will be reported as such.

- Any SAE occurring as a result of a post-trial pregnancy which is considered possibly/probably related to the trial product by the investigator will be reported to Novo Nordisk as described in [Appendix 4](#). While the investigator is not obligated to actively seek this information in former subjects, he or she may learn of an SAE through spontaneous reporting.

Any female subject who becomes pregnant while participating in the trial will discontinue trial product.

## Appendix 6 Technical complaints: Definition and procedures for recording, evaluation, follow-up and reporting

### Technical complaint definition

- A technical complaint is any written, electronic or oral communication that alleges product (medicine or device) defects. The technical complaint may be associated with an AE, but does not concern the AE itself.

Examples of technical complaints:

- Problems with the physical or chemical appearance of trial products (e.g. discoloration, particles or contamination).
- Problems with packaging material including labelling.
- Problems related to medical devices (e.g. to the injection mechanism).

### Time period for detecting technical complaints

All technical complaints, which occur from the time of receipt of the product at trial site until the time of the last usage of the product, must be collected for products predefined on the technical complaint form.

### Reporting of technical complaints to Novo Nordisk

Contact details (fax, e-mail and address) for Customer Complaint Center – refer to [Attachment I](#)

Technical complaints must be reported on a separate technical complaint form:

1. One technical complaint form must be completed for each affected DUN
2. If DUN is not available, a technical complaint form for each batch, code or lot number must be completed

### Timelines for reporting of technical complaints to Novo Nordisk

The investigator must complete the technical complaint form in the CRF within the timelines specified in [Figure 9-3](#).

If the CRF is unavailable or when reporting a technical complaint that is not subject related, the information must be provided on a paper form by fax, e-mail or courier to Customer Complaint Center, Novo Nordisk, within the same timelines as stated above. When the CRF becomes available again, the investigator must enter the information on the technical complaint form in the CRF.

### Follow-up of technical complaints

The investigator is responsible for ensuring that new or updated information will be recorded on the originally completed form

### Collection, storage and shipment of technical complaint samples

The investigator must collect the technical complaint sample and all associated parts that were packed in the same DUN and notify the monitor within 5 calendar days of obtaining the sample at trial site. The sample and all associated parts must be sent as soon as possible to Customer Complaint Center, Novo Nordisk, together with a copy of the completed technical complaint form. The technical complaint sample should contain the batch, code or lot number and, if available, the DUN. If the technical complaint sample is unobtainable, the reason must be stated on the technical complaint form. If several samples are shipped in one shipment, the sample and the corresponding technical complaint form should be kept together.

Storage of the technical complaint sample must be done in accordance with the conditions prescribed for the product.

## **Appendix 7 Retention of human biosamples**

### **Antibody samples**

- Antibody samples will be retained for potential later analysis for further characterisation of antibody responses towards drug, if required by health authorities or for safety reasons<sup>1</sup>.
- Only Novo Nordisk staff and personnel from the specialised laboratory will have access to the stored specimens<sup>1</sup>.
- The samples will be stored at the specialised laboratory or Novo Nordisk after end of trial and until marketing authorisation approval or until the research project terminates, or according to local regulation, but no longer than 15 years from end of trial after which they will be destroyed<sup>1</sup>.
- Samples might be transferred to other countries, if not prohibited by local regulations.
- The subject's identity will remain confidential and the samples will be identified only by subject number, visit number and trial identification number. No direct identification of the subject will be stored together with the samples. The analyses will not have any medical consequences for the subjects or their relatives<sup>1</sup>.

Subjects can contact the investigator if they wish to be informed about results derived from stored biosamples obtained from their own body<sup>1</sup>.

For country specific requirements, see [Appendix 10](#).

## Appendix 8 Hypoglycaemic episodes

### For subject with T2D at screening

#### Novo Nordisk classification of hypoglycaemia

In normal physiology, symptoms of hypoglycaemia occur below a plasma glucose (PG) level of 3.1 mmol/L (56 mg/dL)<sup>68</sup>. Therefore, Novo Nordisk has included hypoglycaemia with PG levels below this cut-off point in the definition of BG confirmed hypoglycaemia.

Novo Nordisk uses the following classification ([Figure 11-1](#)) in addition to the ADA classification<sup>69</sup>:

1. Severe hypoglycaemia according to the ADA classification<sup>69</sup>.
2. Symptomatic BG confirmed hypoglycaemia: An episode that is BG confirmed by PG value <3.1 mmol/L (56 mg/dL) **with** symptoms consistent with hypoglycaemia.
3. Asymptomatic BG confirmed hypoglycaemia: An episode that is BG confirmed by PG value <3.1 mmol/L (56 mg/dL) **without** symptoms consistent with hypoglycaemia.
4. BG confirmed hypoglycaemia: The union of 2. and 3.
5. Severe or BG confirmed symptomatic hypoglycaemia: The union of 1. and 2.
6. Severe or BG confirmed hypoglycaemia: The union of 1., 2. and 3.

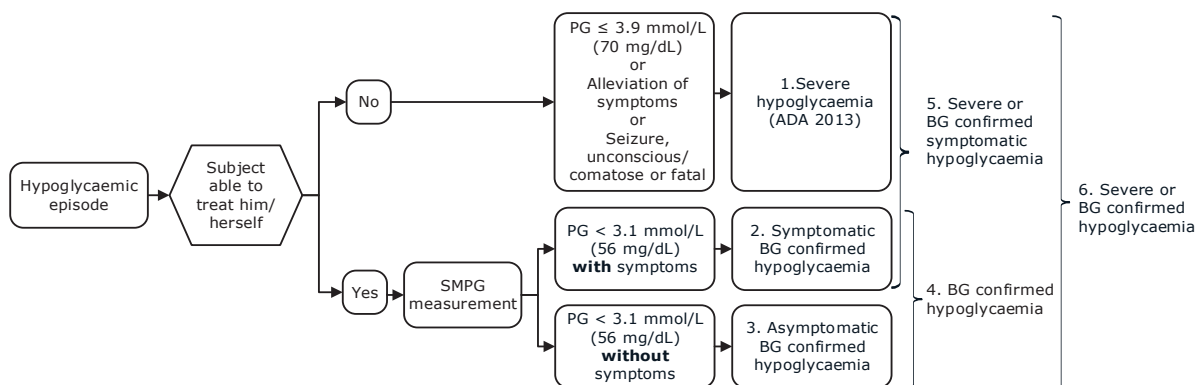
For hypoglycaemic episodes reported with missing information related to the classification, the following applies when classifying the episode according to the Novo Nordisk classification:

- A hypoglycaemic episode with missing information on symptoms will be classified as without symptoms.
- A hypoglycaemic episode with missing information on being able to self-treat will be regarded as an episode where the subject was able to self-treat and classified in accordance with the able to self-treat classifications.

Episodes that cannot be classified according to the above, are included in one of the following categories:

- 'Novo Nordisk unclassifiable' includes episodes where subjects were able to self-treat and with PG  $\geq 3.1$  mmol/L (56 mg/dL) and hypoglycaemic episodes for a subject able to self-treat with missing PG as it is to be treated as an episode with PG  $> 3.9$  mmol/L (70 mg/dL).
- 'Not able to self-treat – unclassifiable' includes episodes where the subjects were not able to self-treat but neither of the following conditions were reported: PG  $\leq 3.9$  mmol/L (70 mg/dL), alleviation of symptoms, seizure, unconscious/comatose or fatal.





Note: Glucose measurements are performed with capillary blood calibrated to plasma equivalent glucose values

BG: blood glucose PG: plasma glucose SMPG: Self-measured plasma glucose

**Figure 11-1 Novo Nordisk classification of hypoglycaemia**

### ADA classification <sup>69</sup> of hypoglycaemia

- Severe hypoglycaemia: An episode requiring assistance of another person to actively administer carbohydrate, glucagon or take other corrective actions. PG concentrations may not be available during an event, but neurological recovery following the return of PG to normal is considered sufficient evidence that the event was induced by a low PG concentration.
- Asymptomatic hypoglycaemia: An episode not accompanied by typical symptoms of hypoglycaemia, but with a measured PG concentration  $\leq 3.9$  mmol/L (70 mg/dL).
- Documented symptomatic hypoglycaemia: An episode during which typical symptoms of hypoglycaemia are accompanied by a measured PG concentration  $\leq 3.9$  mmol/L (70 mg/dL).
- Pseudo-hypoglycaemia: An episode during which the person with diabetes reports any of the typical symptoms of hypoglycaemia with a measured PG concentration  $> 3.9$  mmol/L (70 mg/dL) but approaching that level.
- Probable symptomatic hypoglycaemia: An episode during which symptoms of hypoglycaemia are not accompanied by a PG determination but that was presumably caused by a PG concentration  $\leq 3.9$  mmol/L (70 mg/dL).

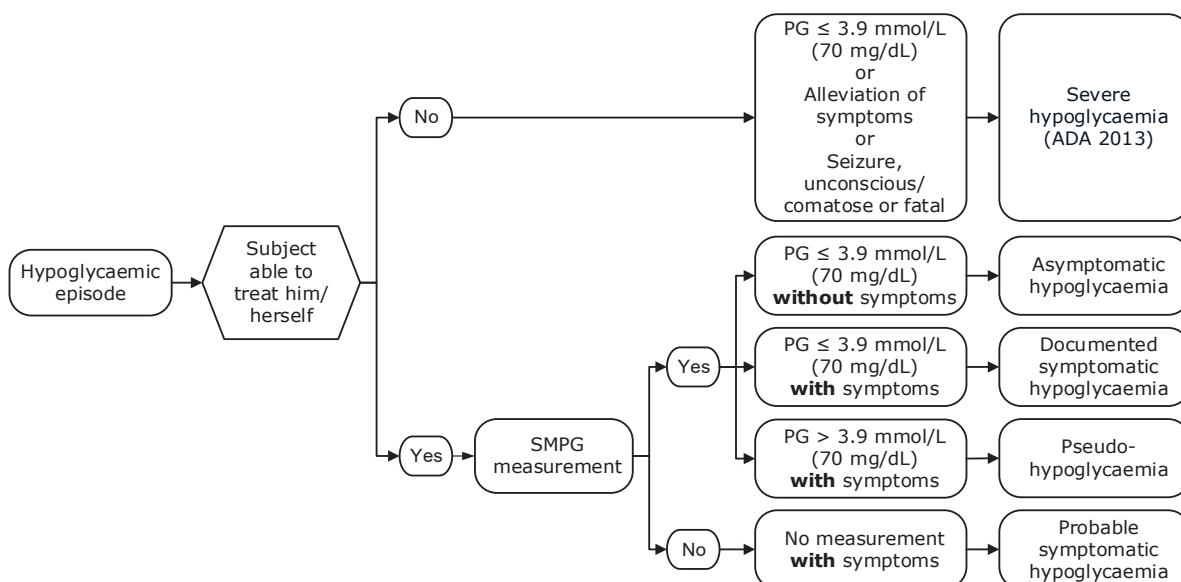
For hypoglycaemic episodes reported with missing information related to the classification, the following applies when classifying the episode according to the ADA classification:

- A hypoglycaemic episode with missing information on symptoms will be classified as without symptoms.

- A hypoglycaemic episode with missing information on being able to self-treat will be regarded as an episode where the subject was able to self-treat and classified in accordance with the able to self-treat classifications

Episodes that cannot be classified according to the above, are included in one of the following categories

- ‘ADA unclassifiable’ includes episodes where subjects were able to self-treat and with PG > 3.9 mmol/L (70 mg/dL) or missing PG, and with no information on symptoms.
- ‘Not able to self-treat – unclassifiable’ includes episodes where the subjects were not able to self-treat but neither of the following conditions were reported: PG ≤ 3.9 mmol/L (70 mg/dL), alleviation of symptoms, seizure, unconscious/comatose or fatal



Note: Glucose measurements are performed with capillary blood calibrated to plasma equivalent glucose values

PG: plasma glucose SMPG: Self-measured plasma glucose

## Figure 11-2 ADA classification of hypoglycaemia

Treatment-emergent: hypoglycaemic episodes will be defined as treatment-emergent, if the onset of the episode occurs in the on-treatment period (see definition in Section [10.2](#))

Nocturnal hypoglycaemic episodes: episodes occurring between 00:01 and 05:59 both inclusive.

Hypoglycaemic episodes are classified according to the Novo Nordisk classification of hypoglycaemia and the ADA classification of hypoglycaemia<sup>69</sup>.

### **Reporting of hypoglycaemic episodes:**

PG should always be measured and recorded when a hypoglycaemic episode is suspected.

All PG values:

$\leq 3.9$  mmol/L (70 mg/dL) or

$> 3.9$  mmol/L (70 mg/dL) occurring in conjunction with hypoglycaemic symptoms should be reported as a hypoglycaemic episode according to the flowchart and instructions below. When a subject experiences a hypoglycaemic episode, subject should record the general information in relation to the hypoglycaemia (timing, PG measurements, symptoms etc. as described in the diary). In case a subject is not able to fill in the diary (e.g. in case of hospitalisation or at the 'follow-up phone contact'), then investigator should report the hypoglycaemic episode directly in the CRF.

Upon onset of a hypoglycaemic episode the subject is recommended to measure PG every 15 minutes until the SMPG value is  $> 3.9$  mmol/L (70 mg/dL) and/or symptoms have been resolved in accordance with current guidelines<sup>69</sup>.

Repeated SMPG measurements and/or symptoms will by default be considered as one hypoglycaemic episode until a succeeding SMPG value is  $> 3.9$  mmol/L (70 mg/dL) and/or symptoms have been resolved. One hypoglycaemic episode form is to cover these measurements and/or symptoms.

In case of several low SMPG values within the hypoglycaemic episode, the lowest value is the one that will be reported as the SMPG value for the hypoglycaemic episode but the start time of the episode will remain as the time for the first low SMPG value and/or symptom.

The investigator must review the diary for low SMPG values not reported as hypoglycaemic episodes. The subject must be questioned whether any of the low values were severe, i.e. whether the subject was able to self-treat or not. If the subject was not able to self-treat, it has to be reported as a severe hypoglycaemic episode.

For low SMPG values for hypoglycaemic episodes where the subject was able to self-treat: If a hypoglycaemic episode form is not completed within 7 calendar days of the SMPG measurement, the episode should be reported on a hypoglycaemic episode form with as much information as possible. Novo Nordisk will not query for additional data except for the start date, SMPG value and whether the subject was able to self-treat due to decreased validity of such data<sup>70, 71</sup>.

The subject must be re-trained in how to report hypoglycaemic episodes if the investigator identifies low SMPG values not reported as hypoglycaemic episodes.

## **Appendix 9    Monitoring of calcitonin.**

### **Background**

Treatment with GLP-1 RAs has been shown to be associated with thyroid C-cell changes in rodents but not in non-human primates. The human relevance of this finding is unknown. However, based on the findings in rodents, monitoring of serum calcitonin (a sensitive biomarker for C-cell activation) is currently being performed in clinical trials with semaglutide.

While there is general agreement on the clinical interpretation of substantially elevated calcitonin levels ( $> 100$  ng/L) as likely indicative of C-cell neoplasia, the interpretation of values between upper normal range (5.0 and 8.4 ng/L for women and men, respectively) and 100 ng/L is less clear with regards to indication of disease.

There are several known confounding factors affecting calcitonin levels, e.g.:

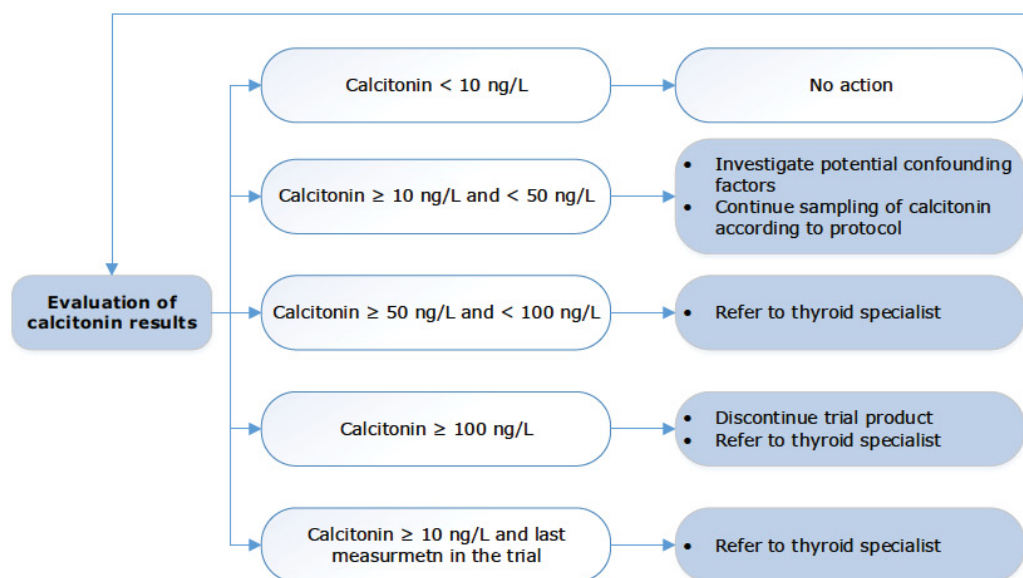
- renal dysfunction
- tobacco use
- autoimmune thyroiditis
- several drug classes (e.g. proton pump inhibitors, beta-blockers, H2-blockers and glucocorticoids)

Physiology of C-cell activation in various clinical conditions and in different patient populations (i.e. with various comorbidities) is poorly understood. There may be various clinical conditions not identified so far which mildly or moderately affect calcitonin secretion by C-cells.

### **Calcitonin monitoring**

A blood sample will be drawn at pre-specified trial visits for measurement of calcitonin.

In case a subject has a calcitonin value  $\geq 10$  ng/L, the algorithm outlined in [Figure 11-3](#) and described below should be followed. The algorithm applies for all calcitonin values in the trial.



**Figure 11-3 Flow of calcitonin monitoring**

### **Calcitonin $\geq 100$ ng/L**

**Action:** The subject (even if a screen failure) must immediately be referred to a thyroid specialist for further evaluation and the trial product must be discontinued (see Section 8.1). The subject should remain in the trial; however, all medications suspected to relate to this condition must be discontinued until diagnosis has been established.

**Background:** These values were found in 9 (0.15%) of a population of 5817 patients with thyroid nodular disease<sup>72</sup>. All of these patients were diagnosed with MTC, resulting in a positive predictive value of 100 %.

Diagnostic evaluation should include:

- thyroid ultrasound examination
- fine needle aspiration of any nodules > 1 cm
- potentially, surgery with neck dissection

In case a subject is diagnosed with MTC, it is common clinical practice to explore the family history of MTC or MEN2 and perform a genetic test for RET proto-oncogene mutation.

### **Calcitonin $\geq 50$ and < 100 ng/L**

**Action:** The subject (even if a screen failure) should be referred to a thyroid specialist for further evaluation. The subject should remain in the trial and can continue on trial product.

**Background:** These values were found in 8 (0.14%) of the population of 5817 patients with thyroid nodular disease<sup>72</sup>. Two of these subjects were diagnosed with MTC and two were diagnosed with C cell hyperplasia, resulting in a positive predictive value of a C-cell anomaly of 50%.

Diagnostic evaluation should include:

- thyroid ultrasound examination
- if available, and if there are no contraindications, a pentagastrin stimulation test should be done. For subjects with positive pentagastrin stimulation test, surgery should be considered.
- if pentagastrin stimulation test is not available, thyroid ultrasound and fine needle aspiration biopsy may add important clinical information about the need for surgery.

### **Calcitonin $\geq 10$ and $< 50$ ng/L**

**Action:** The subject can continue in the trial on trial product. Continue sampling of calcitonin according to the protocol.

If the subject is a screen failure, or if the value is from the last sample taken in the trial, the subject should be referred to a thyroid specialist for further evaluation.

**Background:** Calcitonin values from 20–50 ng/L were found in up to 1% of subjects of the population of 5817 patients with thyroid nodular disease<sup>72</sup>. The predictive value of a C-cell anomaly for this calcitonin level was 8.3%. However, the likelihood of having a medullary carcinoma  $>1$  cm with calcitonin in this range is extremely low.

For calcitonin values between 10-20 ng/L Costante et al.<sup>72</sup> identified 216 (3.7%) patients. One patient out of the 216 had a subsequent basal (unstimulated) calcitonin value of 33 ng/L, and had C-cell hyperplasia at surgery. Two other studies used a cut-off of calcitonin  $> 10$  ng/L to screen for C-cell disease, but they do not provide sufficient information on patients with basal CT  $> 10$  and  $< 20$  ng/L to allow conclusions<sup>73, 74</sup>.

## Appendix 10 Country-specific requirements

The below list is not an exhausted list of country specific requirements. The list will only be updated in case of a global protocol amendment.

### Section 5.2 Subject and trial completion

**For China:** Planned number of subjects to be randomised in China and Hong Kong is 300.

### Section 6.2 Exclusion criteria

#### For Brazil:

32: Participation in other trials within one year prior to screening visit unless there is a direct benefit to the subject at the investigator's discretion.

### Section 7.5 Preparation/Handling/Storage/Accountability

**For South Korea:** In-use storage conditions:

#### Storage conditions:

- Store in refrigerator (2°C-8°C)
- Do not freeze
- Protect from light

#### In-use conditions:

- Store at 8-30°C
- Do not refrigerate
- Use within 8 weeks
- Protect from light

### Section 7.8 Treatment after the end of the trial

**For Brazil:** After the end of the trial the subject should be treated at the discretion of the investigator. Or the recommended treatment will be made available according to local regulations.

## Appendix 2 Clinical laboratory results

**For Brazil:** All laboratory results will be communicated to the investigators.

## Appendix 3, Section 1

1) Regulatory and ethical considerations

- Regulatory authorities will receive the clinical trial application, protocol amendments, reports on SAEs, and the CTR according to national requirements. For China, an international cooperative relevant report of related China's Human Genetic Resources will be submitted based on local regulation requirement.

### **Appendix 3, Section 8**

**For China:** Information of the trial will be disclosed at [clinicaltrials.gov](http://clinicaltrials.gov), [chinadrugtrials.org.cn](http://chinadrugtrials.org.cn) and [novonordisk-trials.com](http://novonordisk-trials.com).

**For South Korea:** Rescue medication will not be reimbursed in South Korea.

### **Appendix 5 Contraceptive guidance and collection of pregnancy information**

**For Brazil:** For women who expressively declare free of the risk pregnancy, either by not engaging in sexual activity or by having sexual activity with no birth potential risk (e.g. sex with a same sex partner), use of contraceptive method will not be mandatory.

### **Appendix 7 Retention of human biosamples**

**For China:** the laboratory samples for Chinese subjects will be destroyed at the latest at the completion of the CTR, including samples for anti-semaglutide antibody analysis. All laboratory samples will be destroyed according to local regulatory requirement.

**For Brazil:** Biological samples from Brazil will not be stored but destroyed after completion of the trial.



## Appendix 11 Protocol amendment history

### Protocol version 5.0 (17 February 2020)

#### Overall rationale for preparing protocol, version 5.0:

To ensure that pregnancy test is performed “For all female subjects” before randomisation at visit 2.

Section # and name	Description of change	Brief rationale
Section 2 Flowchart	In the flowchart at Pregnancy test (9.4.6, Appendix 5) add “Pregnancy test <sup>b</sup> ” and “X” at Randomisation, V2	“ <sup>b</sup> ” after pregnancy test and “X” are missing in protocol version 4.0. To ensure pregnancy test is performed for all female subjects before randomisation.

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