

Consent form:

I _____ have given my consent for the participation in this research. It is investigating “the comparison between three different brushing techniques for the reduction in plaque accumulation” and is being carried out by _____. The researcher has explained the purpose of the study and assured me the confidentiality of the data. The researcher has given me the right to withdraw from the study.

Instructions:

Participants will be instructed to refrain from brushing 2 days before their appointment to make sure proper plaque has been accumulated for removal. A trained dental student will carry out their brushing to ensure generalization.

Data collection instruments:

Plaque index by Silness J and Loe H is being used in this study to assess the plaque removal by each tooth brushing technique.

The criterion for the index is:

0	No plaque
1	A film of plaque adhering to the free gingiva margin and adjacent area of the tooth. The plaque may be recognized only after application of a disclosing agent or by running the explorer across the tooth surface.
2	Moderate accumulation of the soft deposits within the gingival pocket that can be seen with the naked eye or on the tooth and gingival margin.
3	Abundance of soft matter within the gingival pocket and/or the tooth and gingival margin.

Patient name and signature:

Doctors name and signature: