

**Sustainment of Mental Health Supports in Under-Resourced Urban Schools**

NCT04869657

September 12, 2022

## **ASSENT TO PARTICIPATE IN A RESEARCH STUDY**

A research study is a way to learn more. We are doing a research study to learn the best way to help students at school who may be having trouble with their behavior or emotions.

There are some things about this study you should know. If you decide you want to be in this study, you either meet at school with a group of a few students each week. The counselor will teach you about different ways to deal with feelings you might have. The group will meet about 8-14 times during your lunch or another time when you are not doing your schoolwork. If the group meets during your lunch time, you can eat lunch during the group. The conversations during each group meeting will be recorded. We will use the recording to help the adult who is running the meeting do a good job. Your teachers will not hear the recordings, and the recordings won't make a difference in your grades.

Before the first meeting and after the last one, you will be asked some questions about yourself and the way you feel. The questions will be read aloud to you, and you will say your answers and a researcher will write it down. We will not tell your parents, teachers, or anyone else at your school how you answered. But if we think that you might be hurting yourself or someone else or thinking about hurting yourself or someone else we have to talk with your counselor or teacher, and parents. If we think someone might be hurting you, we have to talk to your counselor or teacher, and your parents. This is because we want to make sure you are safe. If we meet with you in person to ask the questions you will be given a small gift or snack. This is to say thank you. If we can't ask you these questions in person, we would like to talk to you on the phone or through video chat. Talking to us through video chat or on the phone is a little different from when we meet in person at school or at your home. If we talk through video chat, we will do our best to make sure that the only people who can hear are you and us. We will not record the video chat or phone call.

Some of the things you talk about in the group and some of the questions we ask you might make you upset or uncomfortable. We will try to help you and remind you that you do not have to answer any more questions if you do not want to. There are no right or wrong answers. We just want to learn more about you and how the group might be helping you.

You may benefit from this study. A benefit means something good that happens to you. We think being in this study might help you learn more about yourself and your feelings. You could also learn ways to feel a little better.

When we are done with this study, we will write about what we learned so that other people can learn about it too. We will not include your name or even mention that you were in the study.

Being in this study is up to you. Even if your parent wants you to be in the study, you can still tell us you don't want to be. If you decide to stop after we begin, that's okay too. No one will be upset if you decide not to do this study. You may ask questions about the study at any time.

Do you have any questions? If you decide you want to be in this study, please sign your name. If you are not sure about something in the study or you think of a question later, your parents can call the study doctor, Dr. Ricardo Eiraldi at 215-590-7759. You may also talk to your teacher or school principal about the study. If you decide you want to be in this study, please let me know.

## Documentation of Child Assent to Take Part in this Research Study

I have explained this study and the procedures involved to \_\_\_\_\_ in terms he/she could understand and that he/she freely assented to take part in this study.

\_\_\_\_\_  
Person Obtaining Assent

\_\_\_\_\_  
Signature of Person Obtaining Assent

\_\_\_\_\_  
Date