

Appendix A.

Consent form

2. Consents

IntroCons

{If Quota2=Include}

We are so pleased you want {CNam1} to be part of the Growing Well Study!
This study looks at children's food, growth, and dental health. It is being carried out in two stages:

Stage 1 (January – June 2026):

- Online questions about your child's food intake and background: this takes around 15–20 minutes.
- Book an appointment at a local venue where, with your permission, we'll take some measurements of <Child's name>.
- Record what <Child's name> eats and drinks over three separate days (each record will take about 10 minutes to complete).

Stage 2 (January – June 2027):

- Same as stage 1, including a dental check.

Tokens of appreciation

As a thank you, we will offer you up to £50 pounds in shopping vouchers. At both stages we will offer you:

- A £10 voucher after submitting the first food record and booking your appointment.
- A £15 voucher after the appointment and submission of two more food records.

Please press 'Continue'

{If Quota2=Include}

Cons1

"Consent form version 6

Date: 24 September 2025

IRAS project ID: 347332

Now, please read the following statements to confirm your consent for {CNam1}'s participation in the Growing Well Study. You will be directed to the survey questions afterwards. More information about how the survey handles your child's data can be found in our Privacy Notice.

I am the parent/guardian of the child named above.

- I have read the information sheet version 3 and understand the purpose of the 'Growing Well Study: looking at health and growth of preschool children' and what taking part involves.
- I understand that my and {CNam1}'s participation is voluntary and that we are free to withdraw at any time without giving a reason.

- I understand that information about myself and {CNam1} will be stored securely at the University of Leeds and in the National Centre for Social Research, in accordance with data protection regulations. Data will only be shared within the project research team.
- I agree for my child to take part in the above study.”
 1. I am happy with the statements above and want to continue.
 2. I do not wish to continue

{IF (Cons1=1) AND (RespQre1=1 (Parent)) AND (PName1=RESPONSE) AND (PNAME2=RESPONSE) THEN}

ConsPNamA

We need to record your consent. Please confirm the name below is correct.”

^PName1 ^PName2

ANALYSIS: Confirm consent name”

1. Correct
2. Not correct

{IF (Cons1=1) AND (RespQre1=2(Not parent)) OR ((RespQre1=1(Parent) AND (PName1<>RESPONSE) OR (ConsPNamA=2(Not correct)) THEN}

{If Cons1=1}

ConsPNam1

We need to record {Proxy1} agreement. Please enter {Proxy2} first name here.”

ANALYSIS: “Consent parent name1”

STRING [40]

{PROGRAMMER: PLEASE MAKE ENTRY MANDATORY}

{If Cons1=1}

ConsPNam2

And {Proxy2} surname or family name here.”

ANALYSIS: “Consent parent name2”

STRING [40]

{PROGRAMMER: PLEASE MAKE ENTRY MANDATORY}

SOFTCHECK: IF ConsPNam1 and/or ConsPNam2 is <2 characters: “The name you have given is only a few characters long. Are you sure you have given {Proxy1} full name?”

{If Cons1=2 I do not wish to continue}

ThxOut6

Thank you for your interest in the Growing Well Study. As we don’t have {Proxy1} consent we cannot continue with the questionnaire.

If you have entered this information incorrectly, please click “Previous” to change your answer.

Otherwise, please press 'Next' to exit the questionnaire.”

= Ncoutcome 440 {did not consent/respond to key info}. END