

Athens, 23. 04. 2025

The effectiveness and efficacy of the combination of pharmacotherapy and cognitive behavioral psychotherapy under the recovery perspective for patients with anxiety disorders, depressive disorders, PTSD, obsessive-compulsive disorders, personality disorders, bipolar disorders, schizophrenia and psychotic disorders.

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Athens, 23/04/2025

Informed consent to the research protocol

Dr. Stavroula Rakitzi, a clinical psychologist and cognitive behavioral psychotherapist, and Dr. Polyxeni Georgila, M.D., psychiatrist, will conduct a research protocol regarding the effectiveness and efficacy of the combination of pharmacotherapy with individual cognitive behavioral psychotherapy

The research protocol begins on 20. 05.2025. The tests will be administered before the therapy, after the therapy and in a follow-up after 6 months (24 weeks).

The test results will be used for statistical analysis to research the effectiveness and efficacy of the treatments. Results will be anonymous, and no personal data will be displayed from any individual participating in the groups. I will let you know about the results. My participation in these research protocol is voluntary. I certify that I have been informed of the above and that I agree with them.

Athens,

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