



INTEGRATING HEPATOLOGICAL, NUTRITIONAL, AND
COGNITIVE BEHAVIORAL THERAPY-BASED PSYCHOLOGICAL
SUPPORT IS AN EFFECTIVE MULTIDISCIPLINARY APPROACH TO
IMPROVE LONG-TERM CLINICAL OUTCOMES IN THE
MANAGEMENT OF MASLD PATIENTS: A RANDOMIZED
CLINICAL TRIAL [THE "COCONUT" STUDY]

Informed consent form

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INFORMED CONSENT FORM FOR THE STUDY

Brief title of the study	Integrating hepatological, nutritional, and psychological support as a multidisciplinary management to improve long-term clinical outcomes in MASLD
ACRONYM	CoCoNut

The undersigned _____

Born on _____ to _____ resident in _____

Participant Declaration:

I have received detailed and understandable explanations regarding the proposed study. I have read and understood all the information contained in the information leaflet. I have had the opportunity to speak with the doctor and ask all the necessary questions. I am satisfied with the answers I received. I have had sufficient time to reflect on the invitation and make a decision. I understand that I can withdraw my consent at any time (verbally or in writing) without providing any reason and without this impacting my usual healthcare.

I have received a copy of the study information, the informed consent form, the privacy policy, and the consent to the processing of personal data. The originals are kept at the center.

I received the information letter from the practice to forward to my doctor.

I declare that I am voluntarily willing to participate in the above-mentioned study, therefore:

I consent to the processing of my demographic, clinical, anthropometric and therapeutic data

Date _____ Patient's signature _____

Date _____ Signature of the doctor who informed the patient _____

Date _____ Signature of the participant's legal representative/guardian
(only in case of patient inability)