

**Comparative Effectiveness of Biologic or Small Molecule Therapies
after Failure of Anti-TNF Treatment in Patients with Crohn's Disease
and Ulcerative Colitis**

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Study Protocol*

Initial study protocol included additional studies that are not part of this clinicaltrials.gov submission. These additional studies have been removed from this version of the protocol we are submitting to clinicaltrials.gov. No other changes have been made to the protocol.

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A. SPECIFIC AIMS

Crohn's disease (CD) and ulcerative colitis (UC), collectively referred to as inflammatory bowel disease (IBD), affect approximately 1.2 million individuals in the United States¹, cost over \$6 billion annually², and cause substantial patient morbidity^{3,4}, missed work⁵ and school⁶, and diminished quality of life.^{7,8} Currently anti-TNF therapy is considered first line treatment for moderate to severe disease.⁹⁻¹³ Yet, primary non-response occurs in up to 30% of patients and secondary loss of response is observed in up to 80% of patients.^{14,15}

When anti-TNF therapy fails, subsequent treatment options for CD include vedolizumab ($\alpha 4 \beta 7$ integrin antibody) and ustekinumab (anti-IL-12/23 antibody). For UC, options include vedolizumab or tofacitinib (small molecule JAK inhibitor with anticipated FDA approval for UC around 3/2018¹⁶). Unfortunately, anti-TNF refractory patients respond less well to subsequent treatments,¹⁷⁻²¹ underscoring the importance of selecting the most effective 2nd line agent. Yet, there is a paucity of comparative effectiveness research (CER) to guide this challenging clinical decision faced by many patients and their providers.^{22,23} Given the expanding therapeutic armamentarium in IBD, the Institute of Medicine, Crohn's & Colitis Foundation (the Foundation), and others have prioritized CER research to guide treatment algorithms.²⁴⁻²⁶

The overarching aim of this project is to compare the effectiveness of non-anti-TNF biologics and small molecules after failure of anti-TNF therapy. We propose to address this pressing, unmet need for CER in IBD with a series of complementary prospective and retrospective cohort studies and through the linkage of PCORnet Health Plan Research Networks (HPRNs) with the CCFA Partners Patient Powered Research Network (PPRN). We will also leverage an existing multi-center clinical cohort sponsored by the Foundation. Through the use of these varied sources of real-world data, our study findings will be broadly generalizable²⁷ and directly inform these important patient treatment decisions.

Aim 1: To compare the effectiveness of second line biologic agents (vedolizumab versus ustekinumab) among patients with Crohn's disease (CD) who are anti-TNF primary or secondary non-responders.

We will perform a prospective cohort study through the recruitment and linkage of participants from our HPRN Partners (HealthCore and Humana) with the CCFA Partners PPRN, and by leveraging an existing multi-center cohort. Outcomes will include disease specific and general patient reported outcomes (PROs) 26 weeks following treatment initiation.

Aim 2: To compare the effectiveness of a second line biologic agent (vedolizumab) versus small molecule (tofacitinib) among patients with ulcerative colitis (UC) who are anti-TNF primary or secondary non-responders.

We will perform parallel prospective cohort study in UC as described for CD above.

B. BACKGROUND

Crohn's disease (CD) and ulcerative colitis (UC), collectively referred to as inflammatory bowel disease (IBD), affect approximately 1.2 million individuals in the U.S.¹ and cost over \$6 billion annually². Typical symptoms (e.g., abdominal pain, bloody diarrhea)²⁸ result in substantial morbidity including,^{3,4} missed work⁵ and diminished quality of life.^{7,8}

The primary treatment goals for all IBD patients are to 1) induce remission by eradicating intestinal inflammation and related symptoms and, 2) maintain remission by preventing disease flares and progression. In 1998, the FDA approval of infliximab, the first anti-tumor necrosis factor (TNF) biologic agent, revolutionized the treatment landscape for IBD. More recently, a number of additional anti-TNF and other biologics have been FDA-approved.²⁸

Currently anti-TNF treatment is considered first line therapy for patients with moderate to severe disease.⁹⁻¹³ However, primary non-response occurs in up to 30% of patients and secondary loss of response is observed in up to 80% of

patients.^{14,15} Fortunately, the therapeutic armamentarium continues to grow. When anti-TNF therapy fails, subsequent treatment options for CD include vedolizumab ($\alpha 4 \beta 7$ integrin antibody) or ustekinumab (anti-IL-12/23 antibody). For UC, options are vedolizumab or tofacitinib (small molecule JAK inhibitor with anticipated FDA approval in March 2018).¹⁶

Unfortunately, anti-TNF refractory patients respond less well to subsequent treatments¹⁷⁻²¹, underscoring the importance of selecting the most effective 2nd line agent. This is a *high-risk/ high-reward treatment decision*, requiring patients and their physicians to weigh the potential benefits of these new treatments (improved symptoms and quality of life, halting disease progression, and modifying disease course) against severe, life-threatening short- and long-term risks (serious infectious and malignancy). Yet, there is a paucity of patient-centered comparative effectiveness research

C. Study Design

This comparative effectiveness project comprises two prospective cohorts (CD and UC) and two retrospective cohorts (CD and UC). Each prospective cohort will be a secondary data analysis of data collected through two external cohort studies (IBD Partners and SPARC-IBD). The retrospective cohort studies will utilize health care claims data from HealthCore and Humana, analyzed through the PCORnet distributed research network (Coordinating Center, Harvard Pilgrim).

C.1 Existing Resources and Study Settings

IBD Partners is an internet-based cohort study of patients living with CD and UC. Participants complete a baseline survey, and receive follow-up surveys every 6 months. Surveys are designed to collect discrete data using a variety of formats including radio buttons and/or drop-down menus. This allows for real-time implementation of range and consistency checks, and greatly reduces missing data. To the extent possible, survey items are based on validated instruments and include assessments of medication adherence, exercise, disease symptoms and activity, and QOL/PRO measurements. Measures that are both general (NIH PROMIS) and disease-specific (disease activity indices and QOL measures). Participants can also update their treatment and outcome information on an “on demand” basis on our patient portal.

Participant recruitment and follow-up in the IBD Partners study is ongoing. To facilitate recruitment of patients initiating treatment with vedolizumab, ustekinumab, and tofacitinib, we have partnered with the research divisions leading health plans (HealthCore/Anthem and Humana) to identify new users of these medications and invite them to join the cohort. To encourage retention of such patients, we have created customized email notifications and will be providing a \$25 incentive to participants who complete a follow-up survey 4-10 months after initiating one of these treatments of interest.

In addition to survey data, for participants recruited by the health plans, we will obtain a patient-level dataset derived from claims data that includes basic demographics along with indicators of the following: diagnoses/comorbidities, medication use, and basic measures of health services utilization (hospitalization, surgery, endoscopy) before and after index date.

Study of Prospective Clinical Adult Research Cohort (SPARC) is a prospective, multi-center cohort of adult IBD patients with longitudinal collection of clinical and patient-reported data and biosamples. Clinical and demographic characteristics of all participants are captured at the time of enrollment and updated during follow-up visits and hospitalizations. Data elements include disease phenotype, duration of disease, selected laboratory data, prior surgeries, and prior medication use. Data on validated endoscopic severity scores are also captured.^{33,37} Most clinical data are captured at the point of care through an EHR-based “Smartform” at each site, and subsequently extracted, transformed, and loaded (ETL) into the I2B2-based Plexus data warehouse. This clinical data is supplemented by PROs collected quarterly through electronic surveys.

C.2 Prospective Cohort Studies

Crohn’s disease

Study Population. *Inclusion criteria* will include 1) diagnosis of CD, as reported by the participant (PPRN) and/or treating physician (SPARC); 2) initiation of either ustekinumab or vedolizumab (date of the first dose, as reported by the participant or recorded in the medical record in SPARC, will be considered the index date); 3) age ≥ 18 years; and 4) treatment with anti-TNF prior to index date.

Comparators. As above, new users of ustekinumab or vedolizumab

Outcomes. Co-primary outcomes will be NIH Patient Reported Outcome Measurement and Information System (PROMIS) measures of Pain Interference and Fatigue, which have been prioritized by our patient co-investigators and PPRN Patient Governance Committee. PROMIS scales are continuous measures, calibrated using a T-score metric to the US general population with a mean of 50 and standard deviation of 10. Minimal important differences (MIDs) are in the range of 2 to 6⁴¹. Our primary outcomes will be measured approximately 6 months following treatment initiation. We will use available surveys completed 4-10 months from the index date of qualifying medication, selecting the survey closest to 6 months.

Secondary PROs which may include a disease-specific symptom index (Short Crohn's Disease Activity Index)³² and I PROMIS Social Satisfaction.

Statistical Analysis . We will first describe characteristics of new initiators of each treatment, and compare mean PROMIS T-scores (approximately 6 months after treatment initiation) for Pain Interference and Fatigue. We will then utilize generalized linear mixed models (GLMM) to compare outcomes by treatment group, taking into account clustering by sub-cohort (internal PPRN population, referral from HPRN, and SPARC-IBD), and adjusting for the following covariates of interest: age, gender, race/ethnicity, time from diagnosis (< 2 or ≥ 2 years), smoking status, body mass index (BMI) baseline disease activity disease as measured Short Crohn's Disease Activity Index³², other baseline indicators of health status such as the PROMIS domains listed above, prior use of corticosteroids and other immune suppressive agents (e.g. azathioprine, mercaptopurine, methotrexate, cyclosporine, tacrolimus prior to index date), and ongoing use of concomitant immune suppression.

In addition, each sub-cohort offers the opportunity to evaluate a unique set of expanded covariates. For example, existing PPRN participants will have rich data about health behaviors (i.e. Godin-Shephard Leisure-Time Physical Activity Questionnaire⁴² and the Patient Activation Measure⁴³). HPRN-referred participants will have data on healthcare utilization and data on comorbidities included in the Deyo-Charlson Comorbidity Index (DCCI)⁴⁴ and a validated, IBD specific severity score.^{45,46} SPARC participants will have an expanded array of clinical data including anatomic location of disease, endoscopic severity, body mass index (BMI), and selected laboratory values (ESR, CRP, hemoglobin, albumin).

We will first conduct separate analyses of each population using each sub-cohort's full data extent, and will report sub-cohort-specific estimates of the treatment effects, with 95% confidence intervals (CI). Next, we will compare the covariate characteristics that were measured in each sub-cohort (enumerated in the above paragraph); if those common covariates suggest similar patient populations across sub-cohorts, then we will assess heterogeneity of treatment effects (HTE) in the full data. If treatment effect estimates from the full data suggest homogeneity, then we will report the results from the GLMM as described above.

Missing data: Missing data may occur due to either loss to follow up and/or incomplete responses to survey items. We will make every possible effort to monitor and mitigate against this risk of missing data, and will report on the occurrence of drop-out and summarize results on all patients in the prospective cohort. We will use multiple imputation⁴⁷ to account for missing data, based on the assumption that data will be missing at random conditional on the joint distribution of an extensive set of covariates measured on each participant. We will also perform sensitivity analyses to assess the robustness of findings to plausible alternative assumptions about the missing data.⁴⁸

Pre-specified subgroup analyses and Heterogeneity of Treatment Effects. All analyses will be stratified by time from diagnosis (< 2 or ≥ 2 years), number of prior anti-TNF therapies, age group (18 to <40, 40 to <65, >65), sex, and use of concomitant immune suppressive therapy. For each subgroup analysis, we will estimate treatment effects and 95% CIs within each subgroup, and graphically display results across subgroups. Although the study will not have adequate power for each subgroup analysis, estimating the effect size and precision will provide useful hypothesis-generating data.

Sample size and Power. Our sample size is based upon the co-primary outcomes of this analysis, PROMIS measures of Pain Interference and Fatigue, which will be assessed approximately 6 months after treatment initiation. We estimate our needed sample size on the following assumptions:

- The threshold of a clinically relevant effect size is a difference in mean T scores of ≥ 5. This is based on prior longitudinal data from our CCFA Partners network indicating that a change of 5 points is associated with "improvement" or "worsening" of disease activity.³⁴ In addition, MIDs for these PROMIS measures in other

conditions have been estimated between 3 and 6.⁴⁹ If the true treatment difference falls below this threshold, then other factors such as type of dosing (oral, subcutaneous, intravenous), dosing interval (daily, weekly, monthly) will play a more important role in treatment decisions.

- Based on our preliminary data, the ratio of patients exposed to each treatment may be as high as 2:1
- Loss to follow up rate may be as high as 20%

Based on the above, a total of 180 participants will be needed to achieve 80% power with a two-sided α of 0.05.

Ulcerative colitis

Our UC prospective cohort will be parallel in design to the CD cohort described above, with the following minor changes.

Study population. *Inclusion criteria* will include 1) diagnosis of UC, as reported by the participant (PPRN) and/or treating physician (SPARC); 2) initiation of either tofacitinib or vedolizumab. Other eligibility criteria will remain the same.

Outcomes will remain the same with the substitution of a self-reported UC symptom index.³³

Sample size and recruitment potential. As with the CD cohort, our required sample size is 180 participants.

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