

Document 2: Informed Consent Form

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- **Document Type:** Informed Consent Form
- **Description:**

The Informed Consent Form (ICF) was provided to caregivers of chemotherapy patients participating in the study at Van University Hospital, Turkey. The ICF outlines:

- **Study Purpose:** To evaluate the impact of a structured educational intervention on caregivers' family health, nutrition, and psychological well-being.
- **Procedures:** Participation involves completing questionnaires at three time points and, for the intervention group, attending 30–45-minute education sessions.
- **Risks and Benefits:** Minimal risks (e.g., time commitment); potential benefits include improved health knowledge and well-being.
- **Voluntary Participation:** Participants can withdraw at any time without consequences.