

COVER PAGE

OFFICIAL TITLE

Effect of Skin-to-Skin Contact on Father-Infant Bonding: A Randomized Controlled Trial

NCT NUMBER

[if available]

DOCUMENT TYPE

Informed Consent Form (ICF) – Adult Fathers

DOCUMENT DATE

18 Jan 2023

UNIQUE PROTOCOL ID

2023-YÖNP-0008

Informed Consent Form (English Translation)

INFORMED CONSENT FORM (ENGLISH TRANSLATION)

Study Title: Effect of Skin-to-Skin Contact on Father-Infant Bonding: A Randomized Controlled Trial

Protocol ID: 2023-YÖNP-0008

Sponsor/Institution: Çanakkale Onsekiz Mart University (ÇOMÜ)

Introduction

You are invited to take part in a research study about father-infant skin-to-skin contact. Please read this information carefully. You may ask questions before deciding whether to participate.

Purpose

To evaluate whether skin-to-skin contact improves bonding between fathers and their newborns.

Procedures

If you agree, you will be randomly assigned to one of three groups: early one-time skin-to-skin, frequent skin-to-skin, or standard care. You will complete a brief questionnaire at baseline and a follow-up questionnaire at about 3 months postpartum, including the Paternal-Infant Attachment Scale (PIAS). Skin-to-skin involves holding your baby against your bare chest for approximately 15 minutes per session.

Risks/Discomforts

Minimal risks are anticipated (e.g., temporary discomfort from holding position). No medical treatment is provided as part of the study.

Benefits

You may or may not benefit directly. Your participation may help improve understanding of father-infant bonding.

Confidentiality

Your information will be kept confidential. Study data will be de-identified. Results may be published without identifying you.

Voluntary Participation and Withdrawal

Your participation is voluntary. You may withdraw at any time without penalty or loss of benefits to which you are otherwise entitled.

Compensation/Costs

There is no payment for participation and no additional costs to you.

Contacts

If you have questions about the study, please contact the research team. For questions about your rights, you may contact the institutional ethics committee.

Consent

By signing below, you indicate that you have read and understood this form and agree to participate.

(Signature and date lines to be added on the local consent form.)