

1 WILLIAM BEAUMONT ARMY MEDICAL CENTER  
2 EL PASO, TX  
3  
4

5 **This research consent form is valid only if it contains the IRB stamped date**  
6

7 **Consent for Voluntary Participation in a research study Entitled:**

8 “Prospective Comparison of Sleeve Gastrectomy Outcomes with Different Stapling Devices”  
9

10 **Principal Investigator:** LTC Eric .P. Ahnfeldt, DO, MC, General Surgery, 915-742-2282  
11

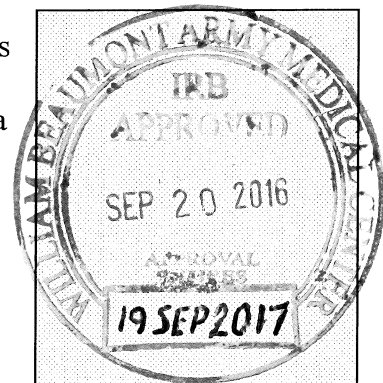
12 **Study Site:** William Beaumont Army Medical Center  
13

14 **1. INTRODUCTION OF THE STUDY**  
15

16 You are being asked to be in this research study because you have elected for a sleeve  
17 gastrectomy for bariatric surgery. Your participation is voluntary. Refusal to participate will not  
18 result in any penalty or loss of benefits to which you are otherwise entitled. That is, if you  
19 choose not to participate in this study, your surgery and the care related to your surgery will not  
20 be affected in any way. Please read the information below, and ask questions about anything you  
21 do not understand, before deciding whether to take part in the study.  
22

23 **2. PURPOSE OF THE STUDY**  
24

25 The purpose of the study is to learn about how surgical outcomes differ between two Food and  
26 Drug Administration (FDA)-approved stapling devices used for sleeve gastrectomies. Both of  
27 these stapling devices are already used for sleeve gastrectomies at WBAMC. The purpose of this  
28 study is to systematically examine differences in surgical outcomes, depending on which device  
29 is used. If you choose to participate in this study, you will be set up for surgery like any other  
30 patient who is not enrolled in this study. However, when the actual surgery takes place, we will  
31 randomly select which one of the two stapling devices (Ethicon Echilon or the Covidien iDrive)  
32 will be used. Random selection will be done by drawing an envelope with the name of one of  
33 the linear cutting and stapling devices. All surgeons are trained on both devices, but the device  
34 chosen will be based on randomization and not the surgeon  
35 preference for the sake of this study. Both staff and resident surgeons  
36 are trained on both devices, and resident surgeons involved in the  
37 procedure will be supervised by staff surgeons. During the surgery, a  
38 research resident will be observing the surgery and timing certain  
39 points, such as how long it takes to staple the stomach and how long  
40 it takes to load the stapler. All data will be recorded on a sheet with  
41 no identifiable patient information and stored on a secure computer  
42 with the patient’s name and date of birth. We will be monitoring  
43 weight loss at follow-up appointments and note any unexpected  
44 outcomes after surgery. All follow-up appointments will be the same



45 regardless of your participation in this study.

46  
47 Other studies have shown that certain practices, such as reinforcing the staple line, decrease the  
48 risk of complications after surgery, and this is our practice at William Beaumont Army Medical  
49 Center. Also, a few studies found similar outcomes between the Covidien and Ethicon devices.  
50 None, to our knowledge, have proven one device is superior to the other. We would like to test  
51 if there are differences in the two devices in an effort to ensure we are providing the best possible  
52 care to our patients.

### 53 54 **3. PROCEDURES TO BE FOLLOWED**

55  
56 If you agree to be in this study, you will be asked to:

57  
58 1. Show up for surgery and your follow-up appointments. You have no extra obligations as a  
59 result of this study.

60  
61 By this point, you have already gone through the pre-operative counseling and work-up, so your  
62 next steps will be to see anesthesia for a pre-operative check, and they will tell you what time to  
63 show up the date of your surgery.

64  
65 2. During this time, you will be randomly assigned into one of two groups by blindly drawing a  
66 card from a folder. You will also be assigned a code name that corresponds to your group. The  
67 group corresponds to the stapling device used. For example:

68       Group 1= Covidien (Code name C01)

69       Group 2= Ethicon (Code name E01)

70 You will not be informed in which group you have been placed. However, you can be assured  
71 that all surgeons involved in this study are trained and proficient on both devices. Both staff  
72 surgeons and resident surgeons will be involved in the study, as staff and resident surgeons are  
73 involved in these procedures in standard practice at WBAMC. All resident surgeons will be  
74 supervised by staff surgeons in accordance with standard practice at WBAMC.

75  
76 3. The morning of surgery you will be given a shot of heparin to prevent blood clots, which is  
77 standard of care at our hospital. You will also receive a dose of antibiotics before the surgery  
78 starts to decrease the risk of a skin infection. A research resident will be in the room to time key  
79 portions of the surgery, as previously mentioned. The resident will record all information on a  
80 sheet of paper with your code name, so if someone else saw it, they would have no way of  
81 knowing who you are. This information will be entered into a secure, hospital computer into a  
82 sheet with your code name and a separate password-protected spreadsheet with your real name  
83 and assigned code name so we can track your progress after surgery. Only researchers on this  
84 study will have access to this document.

85  
86 4. Your follow-up will be identical to anyone not involved in the study, with appointments at 3  
87 weeks, 6 weeks, 3 months, 6 months, and annually. We will track your progress by looking at  
88 the notes from follow-up appointments in clinic for up to a year after surgery. Once all

89 information has been collected, analyzed, and published (without any patient information), the  
90 document with your name will be deleted within a 3-year time-frame. If you are seen by a  
91 surgeon in the emergency room, you may make mention of your involvement in the study, so we  
92 can ensure we document your visit.

#### 94 **4. AMOUNT OF TIME FOR YOU TO COMPLETE THIS STUDY**

95  
96 You will be part of this study for up to a year after your surgery. During this time you will be  
97 asked to visit the clinic 5 times, like any other post-bariatric surgery patient. Each visit will last  
98 approximately 15 minutes. None of these visits are specific to the research study. Your time  
99 commitment related to the surgery will not change if you choose to take part in this study.

#### 101 **5. NUMBER OF PEOPLE THAT WILL TAKE PART IN THIS STUDY**

102  
103 A total of up to 150 subjects are expected to take part in this study.

#### 105 **6. POSSIBLE RISKS OR DISCOMFORTS FROM BEING IN THIS STUDY**

106  
107 There are no additional discomforts expected from being in this study. All risks of surgery are  
108 expected to be equal between the two devices. These were discussed by the operative surgeon  
109 and may be found on the sleeve gastrectomy consent form that you will sign during your pre-  
110 operative appointment (medical consent form). The data collection sheet that we will maintain  
111 in the operating room will have no identifiable information, and the document that has your  
112 name is maintained on a secure hospital computer.

113  
114 There is a risk of breach of confidentiality whenever your name or identifying information are  
115 collected as part of participation in a research study. Your identifying information will be  
116 protected as described above and we will use all necessary precautions to mitigate this risk.

117  
118 While we do not suspect any additional risk between the two different devices, other risks about  
119 which we do not know may occur or be discovered during future studies. If we find that there  
120 was a major risk to you that was not known at the time of your participation in the study, and the  
121 risk might have some effect on your health, you will be informed.

#### 123 **7. POSSIBLE BENEFITS FROM BEING IN THIS STUDY**

124  
125 Taking part in this study may or may not affect your post-operative course. While doctors hope  
126 to find if one stapling device is better for sleeve gastrectomies than another, there is no proof yet.  
127 We do hope that information gained from this study will help us learn more about how different  
128 stapling devices affect outcomes after sleeve gastrectomy.

#### 130 **8. CONFIDENTIALITY/PRIVACY OF YOUR IDENTITY AND YOUR RESEARCH 131 RECORDS**

133 The principal investigator will keep your research records. These records may be looked at by  
134 staff from the WBAMC Department of Clinical Investigation, WBAMC Institutional Review  
135 Board (IRB), the Army Clinical Investigation Regulatory Office (CIRO), and other government  
136 agencies as part of their duties. These duties include making sure that the research participants  
137 are protected. Confidentiality of your records will be protected to the extent possible under  
138 existing regulations and laws but cannot be guaranteed. Complete confidentiality cannot be  
139 promised, especially to military personnel, because information bearing on your health may be  
140 required to be reported to appropriate medical or command authorities. Your name will not  
141 appear in any published paper or presentation related to this study.

142  
143 This research study meets the confidentiality requirements of the Health Insurance Portability  
144 and Accountability Act (HIPAA).

## 145 146 147 **9. ADDITIONAL INFORMATION ABOUT THIS STUDY**

148  
149 A description of this clinical trial will be available on <http://www.ClinicalTrials.gov>, as required  
150 by U.S. law. This Web site will not include information that can identify you. At most, the Web  
151 site will include a summary of the results. You can search this Web site at any time.

## 152 153 154 **10. CONDITIONS UNDER WHICH YOUR PARTICIPATION IN THIS STUDY MAY 155 BE STOPPED WITHOUT YOUR CONSENT**

156  
157 Your taking part in this study may be stopped without your consent if remaining in the study  
158 might be dangerous or harmful to you. Your taking part in this study may also be stopped  
159 without your consent if the military mission requires it, or if you lose your right to receive  
160 medical care at a military hospital. If this should occur, you may discuss with your study doctor  
161 about possible non-Department of Defense (DoD) study sites for you to contact to continue in  
162 the study and, if you like, you may ask to have your study data transferred. Your participation  
163 may also be stopped if you fail to show up for follow-up appointments, get pregnant during the  
164 study period, or start smoking during the follow-up period as these actions increase chance of  
165 complications. Also, if you decide to cancel your surgery or to have a bariatric procedure other  
166 than sleeve gastrectomy, you may not participate in this study.

## 167 168 169 **11. ELIGIBILITY AND PAYMENT FOR BEING IN THIS STUDY**

170  
171 You will not receive any payment for being in this study.

## 172 173 **12. COMPENSATION IF INJURED AND LIMITS TO MEDICAL CARE**

174  
175 There are no plans for you to receive any compensation (payment) should you be injured as a  
176 direct result of being in this study. This is not a waiver or release of your legal rights or any

177 legal remedy available to you. You should discuss this issue thoroughly with the principal  
178 investigator before you enroll in this study.

179  
180  
181 Should you be injured as a result of your participation in this study, you will be given medical  
182 care for that injury at no cost to you. Medical care is limited to the care normally allowed for  
183 Department of Defense health care beneficiaries (patients eligible for TRICARE coverage and  
184 care at military hospitals and clinics). Necessary medical care does not include in-home care or  
185 nursing home care. If you need to be hospitalized, you may have to pay the normal fees for  
186 subsistence (hospital meals), as per standard regulations.

187  
188 If at any time you believe you have suffered an injury or illness as a result of participating in this  
189 research project, you should contact the Department of Clinical Investigation, WBAMC Army  
190 Medical Center at 915-742-2485.

### 191 **13. COSTS THAT MAY RESULT FROM TAKING PART IN THIS STUDY**

192  
193  
194 There is no charge to you for taking part in this study.

### 195 **14. IF YOU DECIDE TO STOP TAKING PART IN THIS STUDY AND** 196 **INSTRUCTIONS FOR STOPPING EARLY**

197  
198  
199 You have the right to withdraw from this study at any time. If you decide to stop taking part in  
200 this study, you should tell the principal investigator as soon as possible; by leaving this study at  
201 any time, you in no way risk losing your right to medical care. Some testing or period of  
202 observation by the investigators may be recommended in order for you to safely stop taking part  
203 in this study.

### 204 **15. STEPS TAKEN BEFORE AND DURING THIS STUDY TO PROTECT YOU**

205  
206  
207 If you are pregnant, you cannot take part in this study, since you do not qualify for surgery.  
208 Females of childbearing age must take a urine or blood pregnancy test before surgery. If this test  
209 is positive, you are not eligible for surgery and may not take part in this study. If you are a  
210 female, you should avoid becoming pregnant for at least 2 years after surgery. Pregnancy within  
211 this time after surgery may be a risk to an unborn baby and yourself.

212  
213 You will be monitored in the hospital at least overnight, which is standard for this procedure.  
214 All post-operative care will be identical to that for patients not enrolled in this study.

### 215 **16. OTHER PROCEDURES OR TREATMENTS THAT YOU COULD CHOOSE**

216  
217  
218 Your doctor can provide you with information about obesity and the benefits and risks of the  
219 different treatments available. You are encouraged to discuss this with your doctor.

221 Other treatments for your obesity include, but are not limited to, lifestyle intervention, band  
222 placement, roux-en-y gastric bypass, and duodenal switch. You may also choose not to have any  
223 treatment now. Your doctor can provide you with information about obesity and the benefits and  
224 risks of the different treatments available. You are encouraged to discuss these treatment choices  
225 with your doctor.  
226

227 **17. IMPORTANT NEW FINDINGS THAT MAY AFFECT YOUR WILLINGNESS TO**  
228 **STAY IN THE STUDY**  
229

230 If we learn new information during the study that could affect your decision to remain in this  
231 study, we will tell you this information. For example, if another study is published that has  
232 strong evidence to suggest that one stapling device is safer than another, the study will be  
233 stopped. The results of the research will be provided to you if you so desire.  
234

235 **18. YOUR RIGHTS IF YOU TAKE PART IN THIS STUDY**  
236

237 Taking part in this study is your choice. You may choose either to take part or not to take part in  
238 the study. If you decide to take part in this study, you may leave the study at any time. No  
239 matter what decision you make, there will be no penalty to you and you will not lose any of your  
240 regular benefits. Leaving the study will not affect your medical care.  
241

242 **19. AUTHORIZATION FOR RESEARCH USE OF PROTECTED HEALTH**  
243 **INFORMATION**  
244

245 The Federal Health Insurance Portability and Accountability Act (**HIPAA**) includes a Privacy  
246 Rule that gives special safeguards to Protected Health Information (**PHI**) that is identifiable, in  
247 other words, can be directly linked to you (for example, by your name, Social Security Number,  
248 birth date, etc.). We are required to advise you how your PHI will be used.  
249

250 **(1). What information will be collected?**  
251

252 For this research study, we will be collecting information about time taken to create sleeve and  
253 reload staple cartridges, any bleeding or unexpected outcomes noted during the case, post-  
254 operative complications, and weight loss over time. We will access and record your name, date  
255 of surgery and follow up, and social security number for research purposes. This information will  
256 be used to access data from your medical record.  
257

258 **(2). Who may use your PHI within the Military Healthcare System?**  
259

260 The members of the research team will have access to your health information in order to find  
261 out if you qualify to participate in this study, to monitor your progress, and to analyze the  
262 research data. Additionally, your PHI may be made available to health oversight groups such as  
263 the WBAMC Department of Clinical Investigation and the WBAMC Institutional Review Board.  
264

265 **(3). What persons outside of the Military Healthcare System who are under the HIPAA**  
266 **requirements will receive your PHI?**

267  
268 Nobody outside the Military Healthcare System will have access to your PHI  
269  
270

271 **(4). What is the purpose for using or disclosing your PHI?**  
272

273 The members of the research team need to use your PHI in order to analyze the information to  
274 find out whether the stapling devices we are testing are different from each other and to monitor  
275 your safety. Without using your PHI, we would be unable to track your progress after surgery.  
276

277 **(5). How long will the researchers keep your PHI?**  
278

279 The research team in the General Surgery Service will keep the research data for up to three  
280 years after the end of the study. Then all the information will be destroyed. The master code  
281 (which includes the information that could directly identify you, such as your name and social  
282 security number) will be destroyed as soon as all data collection is completed. However, the  
283 consent form and HIPAA authorization will be kept for up to six years after the conclusion of the  
284 study.  
285

286 **(6). Can you review your own research information?**  
287

288 You will not be able to look at your research information until the study has ended.  
289

290 **(7). Can you cancel this Authorization?**  
291

292 Yes. You can cancel your authorization at any time. If you cancel this Authorization, however,  
293 you will no longer be included in the research study, but you will still undergo surgery as  
294 originally planned.  
295

296 However, the information that has already been collected will be kept by the research team to  
297 assure patient safety.  
298

299 If you want to cancel your Authorization, please contact the Principal Investigator in writing.  
300

301 **(8). What will happen if you decide not to grant this Authorization?**  
302

303 If you decide not to grant this Authorization, you will not be able to participate in this research  
304 study. Refusal to grant this Authorization will not result in any loss of your medical benefits.  
305

306 **(9). Can your PHI be disclosed to parties not included in this Authorization who are not**  
307 **under the HIPAA requirements?**  
308

309 There is a potential that your research information will be shared with another party not listed in  
310 this Authorization in order to meet legal or regulatory requirements. Examples of persons who  
311 may access your PHI include representatives of the Army Clinical Investigation Regulatory  
312 Office, the Food and Drug Administration (FDA), the Department of Health and Human  
313 Services (DHHS) Office for Human Research Protections (OHRP), and the DHHS Office for  
314 Civil Rights. This disclosure is unlikely to occur, but in that case, your health information would  
315 no longer be protected by the HIPAA Privacy Rule.

316 **(10). Who should you contact if you have any complaints?**

317  
318 If you believe your privacy rights have been violated, you may file a written complaint with the  
319 WBAMC HIPAA Officer, 5005 N. Piedras Street El Paso, TX 79920. Telephone: 915-742-2198.

320  
321 Your signature at the end of this document acknowledges that you authorize WBAMC personnel  
322 to use and disclose your Protected Health Information (PHI) collected about you for research  
323 purposes as described above.

324  
325 **22. CONTACTS FOR QUESTIONS ABOUT THE STUDY**

326  
327 If you have questions about the study, or if you think you have a study-related injury, you should  
328 contact the Principal Investigator, LTC Eric P. Ahnfeldt, DO, MC, at 915-742-2282. For  
329 questions about your rights as a research participant, contact the WBAMC Department of  
330 Clinical Investigation at 915-742-2485, or the WBAMC Staff Judge Advocate Office, telephone  
331 915-742-2131.

332  
333 A copy of this signed consent form will be provided to you.

334  
335 **SIGNATURE OF RESEARCH SUBJECT**

336  
337 You have read (or someone has read to you) the information in this consent form. You have  
338 been given a chance to ask questions and all of your questions have been answered to your  
339 satisfaction.

340  
341 **BY SIGNING THIS CONSENT FORM, YOU FREELY AGREE TO TAKE PART IN**  
342 **THE RESEARCH IT DESCRIBES.**

343  
344 \_\_\_\_\_  
345 Subject's Signature

345 \_\_\_\_\_  
Date

346  
347 \_\_\_\_\_  
348 Subject's Printed Name

349  
350 **SIGNATURE OF INVESTIGATOR / PERSON CONDUCTING CONSENT**

351  
352 \_\_\_\_\_  
You have explained the research to the volunteer, and answered all of his/her questions. You



353 believe that the volunteer subject understands the information described in this document and  
354 freely consents to participate.

355  
356 \_\_\_\_\_  
357 Investigator's/Person Conducting Consent Signature      Date (must be same as the subject's)

358  
359 \_\_\_\_\_  
360 Investigator's/Person Conducting Consent Printed Name