Study Name: Applying a Family Caregiver Supports Needs Assessment Tool in Home-based Primary Care: An Approach to Elder Mistreatment Risk Reduction and Prevention

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THE UNIVERSITY OF TEXAS MEDICAL BRANCH

FAST FACT SHEET **IRB#: 25-0016**

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Contact Information:
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What is the purpose of this research study?
This study seeks to learn about the stressors, support needs, and well-being of family members who care for older relatives receiving primary care services at home. This study also aims to gather information about the care and safety needs of older patients in home-based primary care. Finally, this research will explore the feasibility and acceptability of using a specific family support program in UTMB home-based primary care and examine its effectiveness at meeting individualized family support needs.

What are the Research Procedures?
If you choose to participate, you will be asked to complete an online survey twice, once at the start of the study period and then a second time roughly one month later. The PI or another research team member will assist you in accessing the survey which should take no longer than 15 minutes to complete. The survey will ask questions about your experienced stress, health, and demographics. It will also include some questions about the care provided to your relative in home-based primary care. As a participant in this study, you also may or may not be asked to complete an additional support questionnaire and then discuss your responses during two separate conversations with your relative's visiting nurse practitioner. These conversations are estimated to last between 10 and 20 minutes each and will occur during two consecutive regularly scheduled visits for your relative. If you are asked to participate in these conversations, we will request your consent for these sessions to be audio recorded for research purposes only. No one outside of the study team will have access to these recordings, and any personal information will remain private and never be shared in reports of our research findings. You can still participate in the study if you choose to decline recording of these conversations between yourself and an NP.

What are the Risks and Benefits?
Any time information is collected, there is a potential risk for loss of confidentiality. Every effort will be made to keep your information confidential; however, this cannot be guaranteed. You may not receive any personal benefits from being in this study. We hope the information learned from this study will benefit other people with similar conditions in the future.

Other risks from participating in this study are minimal and include potential discomfort from being asked to discuss any challenges or stressors you face as a family caregiver.

Costs and Compensation:
Upon completing the second round of the online surveys, you will receive a $40 gift card that can be sent to you via email or physically mailed to you.

How will my information be protected? Information we learn about you in this study will be handled in a confidential manner. Any contact information we collect will not be connected to data gathered from surveys or questionnaires and will be stored in a separate file and only available to the research team. If we publish the results of the study in a scientific journal or book, we will not identify you.

Information from this study will be posted on ClinicalTrials.gov although identifiable participant information will not be included. The National Institutes of Health will be included as one group that may inspect and copy unidentifiable records pertaining to this research.

While we will make every effort to keep your study responses confidential, the research team may have to break confidentiality under certain circumstances to make a report of previously unreported abuse or neglect to the proper authorities, such as the Texas Department of Family and Protective Services.

Who can I contact with questions about this research study? This study has been approved by the UTMB Institutional Review Board (IRB). If you have any complaints, concerns, input or questions regarding your rights as a subject participating in this research study or you would like more information about the protection of human subjects in research, you may contact the IRB Office via email irb@utmb.edu.

For questions about the study, please contact Dr. Schlag at the number or email listed above.

Before you agree to participate, make sure you have read (or been read) the information provided above; your questions have been answered to your satisfaction; you have been informed that your participation is voluntary, and you have freely decided to participate in this research.

This form is yours to keep.