

**HomeStyles-2: Shaping HOME Environments and
LifeSTYLES to Prevent Childhood Obesity**

Informed Consent

NCT04802291

March 31, 2021

Dear Parents of Elementary School-Age Children (ages 6 to 11 years),

Want even happier, healthier, safer kids? This project is for you!

Researchers at Rutgers University are inviting parents of elementary school-age children to join the HomeStyles program. It helps them shape their homes and lifestyles to raise happy, healthy, safe kids.

Here is what HomeStyles families do. At each level, you'll earn money and may receive gifts to help you make changes.

- **Level 1:** Sign up and spend about 45 minutes on surveys about your home environment, lifestyle, and family. Finish this Level and you'll earn \$15.
- **Level 2:** Review 1 new HomeStyles mini-magazine program guide each week for the next 8 weeks. Reviewing a guide takes about 15 minutes. Then, spend a few minutes each day making quick, easy changes to your lifestyle and home. Take about 45 minutes to do surveys. Finish this Level and you'll earn \$25.
- **Level 3:** A few weeks after Level 2, spend about 45 minutes on surveys. Finish this Level and you'll earn \$50.

Between each Level, you can visit the HomeStyles website, chat with a HomeStyles Specialist, or reply to friendly reminders we send you. To stay active in HomeStyles, you will need to complete the Levels in order. It takes about 5 months to move through all the Levels.

Joining the HomeStyles project is voluntary, cost-free, and has little risk. All information you provide is confidential and won't be traceable to you. At the end of the study, we will destroy all records associated with it. You may be released from the project if you are unwilling to comply with the spirit of the project.

If you have any questions about the HomeStyles project or your rights as a study participant, please contact the HomeStyles Team at 855-333-7724 or HomeStyles@sebs.rutgers.edu. You also may contact the Rutgers Office of Research and Sponsored Programs at 732-235-9806 or humansubjects@orsp.rutgers.edu.

If you agree to participate in the HomeStyles project, please click the AGREE button below. Please print a copy of this letter for your records. We look forward to your participation – we're sure you'll enjoy it!

- I agree
- I disagree