

Statistical Analysis Plan

Official Title: Sleep Promotion Program Primary Care (SPP PC) Open Trial

ClinicalTrials.gov ID (NCT number): NCT06239792; STUDY23010211 (Open)

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We used descriptive analyses (means, standard deviation) to characterize the sample in terms of demographic variables, feasibility, acceptability, and appropriateness, and in terms of change in depression severity. While we had intended to calculate the average improvement/worsening in sleep, psychiatric symptoms, and overall health via the CGI-I, the data needed to calculate the sleep means was inadvertently not collected. Thus, we only report the average improvement/worsening in psychiatric symptoms (scale of 1 (very much improved) to 4 (no change) to 7 very much worse).