INFORMED CONSENT FORM

Study Title

Comparison of the Effects of Kinesio Taping and Compression Bandaging on Edema, Range of Motion, Upper Extremity Function, and Grip Strength in Patients With Breast Cancer-Related Lymphedema

Researchers

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Institution Where the Study Will Be Conducted

Istanbul University-Cerrahpaşa Faculty of Medicine Hospital, General Surgery/Oncological Surgery Service

Purpose of the Study

This study aims to compare the effects of two different physiotherapy methods—Kinesio Taping and compression bandaging—on the amount of edema, range of motion, upper extremity function, and grip strength in patients diagnosed with lymphedema following breast cancer.

Application Method

During the study, you will undergo physical assessments and two different treatment methods will be applied sequentially.

Participants will be randomly divided into two groups; one group will receive Kinesio Taping, while the other group will receive compression bandaging treatment. Following the treatment period, the groups will switch and the second treatment method will also be applied.

Both interventions will be performed under the supervision of a qualified physiotherapist.

Throughout the study, data will be collected through circumference measurements, range of motion assessments, and questionnaires.

Voluntary Participation and Participant Rights

Participation in this study is entirely voluntary.

You may refuse to participate in the study or withdraw from the study at any time without providing any reason. This will not affect your treatment process or healthcare services in any way.

Risks and Benefits

The methods to be applied are commonly used physiotherapy interventions that are considered safe and have a very low risk of side effects.

In rare cases, skin redness, sensitivity, or discomfort may occur during the interventions.

The information obtained from this study will contribute to identifying more effective methods for the treatment of lymphedema.

Confidentiality

Your personal information will be kept confidential, and your name and identifying information will not be included in any report.

All data will be used solely for research purposes and will not be shared with third parties.

Legal Approvals

Approval for this study was obtained from the **Haliç University Non-Interventional Clinical Research Ethics Committee**.

In addition, institutional permission was obtained from **Istanbul University-Cerrahpaşa Faculty of Medicine Hospital**.

Written permission for the use of the **QuickDASH questionnaire** was obtained from the relevant persons.

CONSENT STATEMENT

I have read and understood the information provided in this form, and I know that I may contact individuals who can answer my questions.

I voluntarily agree to participate in the study.

Name and Surname: .....

Signature: .....

Date: ...../...../20....