

INFORMED CONSENT FORM

Study title: ***Proteome Dynamics to Inform Healthy Muscle Ageing***

Document date: ***12th December 2022***

Research Ethics Committee Reference Number: ***22/SPS/075***



PARTICIPANT CONSENT FORM (Healthy, non-exercised trained adults)

Study title: *Proteome Dynamics to Inform Healthy Muscle Ageing*

Research Ethics Committee Reference Number: 22/SPS/075

Principal Investigator: *Dr Jamie Pugh* (Member of LJMU staff)

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LJMU School/Faculty: *Sport and Exercise Science*

LJMU Central telephone number: 0151 231 2121

If you are happy to participate, please complete and sign the consent form below

		<i>Please initial</i>
1.	I confirm that I have read the information sheet dated 23/01/23 (version 2) for the above study, or it has been read to me. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.	
2.	I understand what taking part in the study involves	
3.	I consent voluntarily to be a participant in this study and understand that I can refuse to answer questions I can withdraw from the study at any time, without giving a reason and without penalty or my legal rights being affected.	
4.	I have been advised about potential risks associated with taking part in this study and have taken these into consideration before consenting to participate	
5.	To the best of my knowledge, I do not meet any of the exclusion criteria outlined in the information sheet for this research. If this changes at a later date during study participation, I agree to notify the researchers immediately.	
6.	I understand who will have access to personal data provided, how the data will be stored and what will happen to the data at the end of the project.	
7.	I understand that my information may be subject to review by responsible individuals from Liverpool John Moores University for monitoring and audit purposes	
8.	I understand that personal data will be retained beyond the duration of the study	
9.	I consent to my muscle biopsy sample(s) being stored securely at LJMU until they have been analysed – and used for the research purposes outlined in the Participant Information Sheet.	

10.	I consent to my muscle biopsy sample(s) (or derivatives of) being stored at LJMU indefinitely and used in further ethically approved research, outside the scope of the current project that take place in hospitals, universities, non-profit institutions or commercial laboratories worldwide	YES	NO
11.	I understand that personal data will remain confidential and that all efforts will be made to ensure I cannot be identified in reports or any further outputs		
12.	I agree to take part in this study		

Data Protection. Any personal information we collect and use to conduct this study will be processed in accordance with data protection law as explained in the Participant Information Sheet and the [Privacy Notice for Research Participants](#).

Name of Participant

Date

Signature

For participants unable to sign their name, mark the box instead of signing

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I have witnessed the accurate reading of the consent form with the potential participant and the individual has had the opportunity to ask questions. I confirm that the individual has given consent freely

Name of Investigator

Date

Signature

Name of Person taking consent

Date

Signature

(if different from investigator)

Note: Unless there is good reason not to do so, and if this reason has been explained in the ethics application that received a favourable ethical opinion, the investigator AND the participant should each retain a copy of the signed participant consent form.